

Residential Treatment Centers

Name	Location	Contact	Additional Info	Email or Website
ADDs	Burlington	319-753-6567	Men & Women	martha@addsiowa.org
River Cross	Burlington	319-754-4689	Dual diagnosis with Mental Health	
ASAC	Cedar Rapids & Clinton	319-390-4611	Men & Women	krgitzler@asac.us
Heart of Iowa – ASAC	Cedar Rapids	319-862-1050	Women & Children	info@asac.us www.asac.us
Zion Recovery	Clarinda	712-542-3720	Men	residentialintake@zioniowa.org
Teen Challenge of the Midlands	Colfax	515-674-3713	Men 18 & up	https://www.mysheepgate.org/
The Abbey	Davenport	563-355-4707	Men & Women	info@TheAbbeyCenter.com
Country Oaks	Davenport	563-326-1150	Men & Women	vicki.conner@unitypoint.org
One Eighty	Davenport	563-424-4589	Men & Women	oneeighty@oneeighty.org
Bridges of Iowa	Des Moines	515-287-8255	Men & Women	
House of Mercy	Des Moines	515-643-6500	Women & Kids	DKnowlton@mercydesmoines.org
Bethel Mission Door of Faith Program	Des Moines	515-244-5445	Men	fede@hopeiowa.org
Hope Center	Des Moines	515-264-0144	Women & kids	kschmidt@hopeiowa.org
Community & Family Resources	Des Moines & Iowa City	866-801-0085	Youth & Men & Women	information@cfrhelps.org Janiam@cfrhelps.org
Thrive	Iowa City	319-224-5433	Detox & Residential	info@thrivenowrc.com
GuideLink Center	Iowa City	319-688-8000	Detox & Crisis Stabilization 24/7	
Community & Family Resources	Fort Dodge	515-576-7261	Men, Women, kids	amyp@cfrhelps.org
YWCA	Fort Dodge	515-573-3931	Women, kids	https://ywcafd.org/
Manning Recovery	Manning	712-655-2300	Men & Women	recoverycenter@mrhcia.com
Prairie Ridge	Mason City	641-424-2391	Anyone ages 3 & up	https://prairieridge.net/residential/
Oak Meadows	Ottumwa	641-954-8925	Men & Women	https://www.firstresources.us/copy-of-residential-services
Hope House	Ottumwa	641-954-9924	Women & kids Men & kids	hopehouse433@gmail.com
Clearview	Prairie City	515-994-3562	Women & kids	https://www.clearviewrecoveryinc.org/
Rosecrance Jackson Centers	Sioux City	712-226-1800	Men	https://rosecrancejackson.org/
Pathways	Waterloo	319-235-6571	Men	treatmentquestions@pathways.org

Sober/Transitional Living

Brave Heart Sober Living	Mt Pleasant, IA	641-919-2510	Men	https://braveheartsoberliving.com/
Lydia's House	Keokuk, IA	309-331-0248	Women	lydiashousetristate@gmail.com
Talbot Sober Living	Keokuk, IA	319-795-5535	Men	https://www.facebook.com/supportcommunityliving/
The Refuge House	Olds, IA	319-201-8187	Men, Faith based	https://www.facebook.com/refugehouse4men/
New Life	Wayland, IA	319-201-8187	Women, Faith based	https://www.facebook.com/NewLifeHouseSoberLiving/
Cedar River Haven	Letts, IA	319-726-2360	Women	info@cedarriverhaven.org
Unity House	Davenport, IA	563-210-1513	Men	https://unityhouseofdavenport.org/
Rhonda's House	DeWitt, IA	563-659-1171	Peer Recovery	https://lifeconnectionsrecovery.org/services/rhondas-house/

For **Homeless Shelters** see the Resource Webpage: <http://caofseia.org/resources/>

Other and Support Groups

Celebrate Recovery Burlington, Fort Madison, Mt Pleasant	319-392-4229	Faith based	https://www.harmonybiblechurch.org/city-hope-foundation
Alcohol Anonymous & Narcotics Anonymous Groups (AA/NA) Contact ADDs for Southeast Iowa locations	319-753-6567	https://www.nar-anon.org/	https://www.addsiowa.org https://aaseiowa.org/meetings/ https://www.na.org/
Your Life Iowa	Online	855-581-8111	https://yourlifeiowa.org/
LIFE Recovery	Burlington	319-209-0916	dselmon431@gmail.com
Al-Anon	Burlington	319-754-7591	For friends/family https://iowa-al-anon.org/
Young House Behavioral Health	Burlington &/or Telehealth	319-752-4000	Outpatient Treatment https://www.younghouse.org/