



COMMUNITY SUMMER FOOD RESOURCES



FARMERS MARKET NUTRITION PROGRAM (FMNP)

- * FMNP helps eligible WIC participants and income-eligible adults age 60 and older buy fresh, locally grown fruits and vegetables from authorized farmers markets and farmstands.
- * WIC participants should contact their local WIC clinic for information. Adults age 60+ can get connected by calling LifeLong links at 866-468-7887.
- * Vouchers may be used from June 1 through October 31.
- * Iowa farmers markets/farmstand directory includes locations and schedules to help find local food near you: data.iowaagriculture.gov/fmnp



DOUBLE UP FOOD BUCKS

- * Double Up Food Bucks (DUFBIowa) is a program that allows SNAP users to double their dollars when purchasing fresh produce and earn up to \$15 per day back on your card to bring home twice the fresh produce.
- * Shop for fresh fruits and veggies at participating grocery stores, farmers markets, farm stands, CSAs, and co-ops across Iowa.
- * How it works:
 1. Sign up online at doubleupiowa.org or with a cashier at participating site.
 2. Check the website to see participating locations in your area.
 3. Program will match up to \$15 per day on fruits & vegetable purchases, doubling your fruit and vegetable budget.
 4. DUFBIowa can be sent on any fresh fruits or vegetables at participating stores.



SUMMER MEAL SITES

- * Summer Food Programs are offered across Iowa for both Youth and Older Adults
- * Find a Meal Site for **Youth**
 - Iowa children and teens (18 and under) can access free meals from eligible sites through the SUN Meals program or SUN Meals To-Go in rural areas.
 - To find the nearest meal site:
 - Visit www.fns.usda.gov/summer/sitefinder
 - Call 2-1-1 or 1-866-3HUNGRY OR 1-877-8HAMBRE for Spanish



- * Find a Congregate Meal Site for **Older Adults**
 - These meal programs provide nutritious meals to older adults in group setting.
 - Registration is required: Call system navigator at 1-800-779-2001

SUN BUCKS PROGRAM (SUMMER EBT)

SUN Bucks provides eligible Iowa families with \$120 per child in grocery benefits over the summer to help ensure children have access to nutritious food while school is out.

ELIGIBILITY

Children are automatically eligible if:

- They were in grades K-12 during 2025-2026 school year AND school took part in the National School Lunch Program **OR** are 6-16 years old between July 1, 2025-August 14, 2026
- PLUS at least one of the following:
 - Household receives SNAP or FIP
 - Household receives Medicaid
 - They are in foster care
 - They were approved for Free or Reduced-Priced school meals

Your child will automatically receive SUN Bucks if: (no application necessary)

- The household currently receives SNAP and child meets eligibility above.
 - The \$120 will appear on your SNAP EBT card and SUN Bucks will be used before your SNAP benefits as they do expire 122 days after issuance.

You will need to apply if:

- Your child is eligible but you are not yet enrolled in SNAP.
 - Application opens early June.



To learn more about eligibility and how to apply, visit the Iowa [SUN Bucks webpage](#).



Food items that can be purchased with SNAP and SUN Bucks include:

Fruits and Vegetables, Meats, Dairy Items, Grains

Due to recent SNAP changes, taxable foods are **not** SNAP eligible.

ADDITIONAL RESOURCES IN SOUTHEAST IOWA

- [Des Moines County Food Resource List](#) – 2/18/2026
 - [Food Resources listed by day](#) – 11/6/2025
- [Healthy Henry County Food Resource Webpage](#)
 - [Online Henry County Food Resource Webpage](#)
- [Food Resources listed by day](#) – 11/6/2025
- [Lee County Food Resources List](#) – 4/27/2026
 - [Food Resources listed by day](#) – 4/27/2026
- [Louisa County Food Resources List](#) – 5/20/2026
 - [Food Resources listed by day](#) – 5/20/2026
- [Food Resource Brochure for Southeast Iowa](#) – 4/27/2026
 - Includes: Des Moines, Henry, Lee, Louisa, Van Buren
- [Community Action Food Pantry Information Webpage](#)



Food Resources

<https://caofseia.org/resources/#foodresources>