



Residential Treatment Centers				
Name	Location	Contact	Additional Info	Email or Website
<a href="#">ADDS</a>	Burlington	319-753-6567	Men & Women	<a href="mailto:martha@addsiowa.org">martha@addsiowa.org</a>
<a href="#">River Cross</a>	Burlington	319-754-4689	Dual diagnosis with Mental Health	
ASAC	Cedar Rapids & Clinton	319-390-4611	Men & Women	<a href="mailto:krgitzler@asac.us">krgitzler@asac.us</a>
Heart of Iowa – ASAC	Cedar Rapids	319-862-1050	Women and Children	<a href="mailto:info@asac.us">info@asac.us</a> <a href="http://www.asac.us">www.asac.us</a>
Zion Recovery	Clarinda	712-542-3720	Men	<a href="mailto:residentialintake@zioniowa.org">residentialintake@zioniowa.org</a>
Teen Challenge of the Midlands	Colfax	515-674-3713	Men 18 & up	<a href="https://www.mysheepgate.org/">https://www.mysheepgate.org/</a>
The Abbey	Davenport	563-355-4707	Men & Women	<a href="mailto:info@TheAbbeyCenter.com">info@TheAbbeyCenter.com</a>
Country Oaks	Davenport	563-326-1150	Men & Women	<a href="mailto:vicki.conner@unitypoint.org">vicki.conner@unitypoint.org</a>
One Eighty	Davenport	563-424-4589	Men & Women	<a href="mailto:oneeighty@oneeighty.org">oneeighty@oneeighty.org</a>
Bridges of Iowa	Des Moines	515-287-8255	Men & Women	
House of Mercy	Des Moines	515-643-6500	Women & Kids	<a href="mailto:DKnowlton@mercydesmoines.org">DKnowlton@mercydesmoines.org</a>
Bethel Mission Door of Faith Program	Des Moines	515-244-5445	Men	<a href="mailto:fede@hopeiowa.org">fede@hopeiowa.org</a>
Hope Center	Des Moines	515-264-0144	Women & kids	<a href="mailto:kschmidt@hopeiowa.org">kschmidt@hopeiowa.org</a>
Community & Family Resources	Des Moines & Iowa City	515-262-0349	Men & Women	<a href="mailto:robinh@cfrrhlp.org">robinh@cfrrhlp.org</a>
Community & Family Resources	Fort Dodge	515-576-7261	Men, Women, kids	<a href="mailto:amyp@cfrrhelps.org">amyp@cfrrhelps.org</a>
YWCA	Fort Dodge	515-573-3931	Women, kids	<a href="https://ywcafd.org/">https://ywcafd.org/</a>
Manning Recovery	Manning	712-655-2300	Men & Women	<a href="mailto:recoverycenter@mrhcia.com">recoverycenter@mrhcia.com</a>
Prairie Ridge	Mason City	641-424-2391	Anyone ages 3 & up	<a href="https://prairieridge.net/residential/">https://prairieridge.net/residential/</a>
Oak Meadows	Ottumwa	641-954-8925	Men & Women	<a href="https://www.firstresources.us/copy-of-residential-services">https://www.firstresources.us/copy-of-residential-services</a>
Hope House	Ottumwa	641-954-9924	Women & kids Men & kids	<a href="mailto:hopehouse433@gmail.com">hopehouse433@gmail.com</a>
Clearview	Prairie City	515-994-3562	Women & kids	<a href="https://www.clearviewrecoveryinc.org/">https://www.clearviewrecoveryinc.org/</a>
Rosecrance Jackson Centers	Sioux City	712-226-1800	Men	<a href="https://rosecrancejackson.org/">https://rosecrancejackson.org/</a>
Pathways	Waterloo	319-235-6571	Men	<a href="mailto:treatmentquestions@pathways.org">treatmentquestions@pathways.org</a>
Sober/Transitional Living				
Brave Heart Sober Living	Mt Pleasant, IA	641-919-2510	Men	<a href="https://braveheartsoberliving.com/">https://braveheartsoberliving.com/</a>
Lydia's House	Keokuk, IA	309-331-0248	Women	<a href="mailto:lydiashousetristate@gmail.com">lydiashousetristate@gmail.com</a>
Talbot Sober Living	Keokuk, IA	319-795-5535	Men	<a href="https://www.facebook.com/supportcommunityliving/">https://www.facebook.com/supportcommunityliving/</a>
The Refuge House	Olds, IA	319-201-8187	Men, Faith based	<a href="https://www.facebook.com/refugehouse4men/">https://www.facebook.com/refugehouse4men/</a>
New Life	Wayland, IA	319-201-8187	Women, Faith based	<a href="https://www.facebook.com/NewLifeHouseSoberLiving/">https://www.facebook.com/NewLifeHouseSoberLiving/</a>
Cedar River Haven	Letts, IA	319-726-2360	Women	<a href="mailto:info@cedarriverhaven.org">info@cedarriverhaven.org</a>
Unity House	Davenport, IA	563-210-1513	Men	<a href="https://unityhouseofdavenport.org/">https://unityhouseofdavenport.org/</a>
Rhonda's House	DeWitt, IA	563-659-1171	Peer Recovery	<a href="https://lifeconnectionsrecovery.org/services/rhondas-house/">https://lifeconnectionsrecovery.org/services/rhondas-house/</a>
For <b>Homeless Shelters</b> see the Resource Webpage: <a href="http://caofseia.org/resources/">http://caofseia.org/resources/</a>				
Support Groups				
Celebrate Recovery Burlington, Fort Madison, Mt Pleasant		319-392-4229	Faith based	<a href="https://www.harmonybiblechurch.org/city-hope-foundation">https://www.harmonybiblechurch.org/city-hope-foundation</a>
Alcohol Anonymous & Narcotics Anonymous Groups (AA/NA) Contact ADDS for Southeast Iowa locations		319-753-6567	<a href="https://www.nar-anon.org/">https://www.nar-anon.org/</a>	<a href="https://www.addsiowa.org">https://www.addsiowa.org</a> <a href="https://aaseiowa.org/meetings/">https://aaseiowa.org/meetings/</a> <a href="https://www.na.org/">https://www.na.org/</a>
Your Life Iowa	Online	855-581-8111		<a href="https://yourlifeiowa.org/">https://yourlifeiowa.org/</a>
LIFE Recovery	Burlington	319-209-0916		<a href="mailto:dselmon431@gmail.com">dselmon431@gmail.com</a>
Al-Anon	Burlington	319-754-7591	For friends/family	<a href="https://iowa-al-anon.org/">https://iowa-al-anon.org/</a>