

Lee County Food Resources



Keokuk

Community Action (Tallarico)

220 South 22nd St., 319-524-6383

Food Pantry: Closed Wednesdays

Center Hours: Mon-Fri 8:30-4pm.

Appointments Preferred ID requested but not required

Bel Air Baptist Church

319-524-2715

2101 Orleans, Keokuk

2nd and 4th Fridays 9:30-11:30am

No documentation required

Salvation Army

31 South 30th St., 319-524-1144

Food Pantry Mon – Thurs 10 am - 4 pm

Appointments encouraged. Visits every 30 days.

Need: ID, SS cards for household, proof of income,

documentation of household expenses (Lee Co only)

Extra food in the lobby area Mon - Fri

Heating & cooling centers in winter & summer

Mobile Food Pantry (Food Bank of Iowa)

New Testament Christian Church, 1578 Hilton Rd

641-682-3403 or 319-524-8727

Every month on the 4th Tuesday 4 - 5:30 pm

Bring bags/boxes to carry food

Asked to be under 125% federal poverty level

(no documentation required)

New Testament Christian Church

1578 Hilton Road, 319-524-8727

Non-perishable Food Pantry Tues 10 am - 4 pm

Anyone, appointments preferred

God's Way Christian Center

1629 Des Moines St, 319-524-8329

Food Pantry and Community Lunch

Mon - Thurs 10 am - noon

KFC pick up on Thurs on a first come basis

Anyone, once a month, no documentation required

Clothes closet & household supplies are also available

First Baptist Church

25 N 8th, Keokuk - 319-524-3684

3rd Thursday 9am-2pm

No documentation required

Keokuk Community Café

Free Community Meal for those in need

First Tuesday of the month 6-7pm

Lake Cooper Foundation, 810 Main St

Jared 319-520-9525

Special Connection Dinner

Free meal

3rd Saturday of the month, 1-3pm at 210 N 5th St

Eat in or take out, delivery for elderly & disabled

Hosted by [River City Bikers](#) Questions: 319-795-3025

Little Free Pantries (outdoor boxes)

Trinity United Methodist Church

2330 Plank Road, Keokuk

Keokuk Nazarene Church

3116 Plank Road, Keokuk



Montrose:

Community Meal Church of Nazarene

102 N 5th Street, 319-463-5837

All are welcome. Last Thursday of each month, 5 - 6:30pm

Fort Madison

Community Action (Eichacker)

3433 Ave. O, 319-372-4471

Food Pantry: Tues – Thurs 8:30-4pm

Center Hours: Mon-Thurs 8:30-4pm.

Appointments preferred. ID requested but not required.

Fort Madison Food Pantry

3421 Ave. L, 319-372-8071

Mon, Wed, Fri 9am - noon & 1-3pm, Wed until 4pm

Bring ID & proof of current address every visit

One visit per month

End of Month Meals St John's United Church

501 10th Street, 319-372-1688

Last full week of the month hot dinner Mon-Fri 5-6pm

The Cupboard

3301 Avenue L, 319-759-0185

idority@cityhopefoundation.org Walk-ins Welcome!

Saturdays 8am -12pm No documentation necessary.

Salvation Army (The Dimond Center)

1415 Ave M., 319-372-2770

Food Pantry Mon - Thurs 10 am - 4 pm

Appointments encouraged. Visits every 30 days.

Need: ID, SS cards for household, proof of income,

documentation of household expenses (Lee Co only)

Fort Madison Community School

Jr/Sr High School (2001 Avenue B)

1st & 3rd Wed 3:30-5:30pm

Elementary School (502 48th Street)

2nd & 4th Wed 3:30-5:30pm

Or by appointment by call or text: (712) 746-7413

susan.astheimer@fmcpsd.org

Available to staff & all families with students in district

Other Food Resources

Weekend Food for Kids (WFFK)

or Fort Madison Backpack program

Contact your child's school for more information

Open to any family in **Lee County** Including those home

schooled Not income based 319.372.2770

SNAP, Supplemental Nutrition Assistance

Program through HHS (previously DHS)

To enroll online: [https://www.iowa.gov/how-do-i-apply-food-](https://www.iowa.gov/how-do-i-apply-food-assistance)

[assistance](https://www.iowa.gov/how-do-i-apply-food-assistance) or call: 855-944-3663

Milestones Area Agency on Aging

Home delivered meals for seniors (60+)

(855)-410-6222 (donation suggested)

WIC, Special Supplemental Nutrition Program for

Women, Infants and Children

Women: pregnant, nursing, <6 months post-partum

Children 0-5 To enroll online: <https://caofseia.org/services/wic/>

Call: 319-209-2850 or Text: 319-759-4322