



Des Moines County *Community Action* Food Resources OF SOUTHEAST IOWA

Community Action Neighborhood Center

700 Jefferson St, Burlington
319-753-2893
Emergency Food Pantry & Hygiene Items
Mon – Fri, 8 am – 4 pm
ID & Appointment requested but not required

The Salvation Army

216 Columbus Dr, Burlington
319-753-2038
Tues & Thurs, 9am - 12pm & 1pm – 2:45pm
Once a month with ID requested
Daily meal: 11:15 am - 12:30 pm, Mon – Fri
Senior Breakfast Fridays 9:30am (55+)

St Vincent de Paul

Anyone living in Burlington
700 Division Street, Burlington
319-752-9332
Mon – Fri, 1 pm – 3 pm
Social security card and photo ID

The Cupboard with City Hope

914 Maple St, Burlington
319-237-8400 ext 114 or
angie@harmonybiblechurch.org
Mon, Wed, Fri 8a-11am, Tues 4-7pm
No documentation necessary
Assistance provided 1x/month

Lend a Paw Pantry

2132 Madison Avenue, Burlington
Wednesdays, 3:45pm – 6:30pm
Families may visit twice per month

Foursquare Gospel Church

200 Curran St, Burlington
319-752-0261
By appointment only, 1x/month
ID requested but not required

Zion United Church of Christ

412 North 5th St, Burlington
319-752-2305
Mon and Fri 9 am – 12 pm, Wed 1 – 4 pm
Lower side entrance under fire escape
Client choice/shopping style food pantry
w/personal care items
Non-perishable items
No documentation required
No frequency limitations

Love Thy Neighbor

First Church of the Nazarene
1015 S Roosevelt Ave, Burlington
319-752-4245 ask or ext 113
Monthly Free Food Box (income-based)
Call the church by the 10th of the month
Pick-up is on the 3rd Wed of the month

Little Free Food Pantry

Burlington Public Library, 210 Court St
Pantry is at the Main Street entrance
Available anytime for anyone

Mediapolis Community Food Pantry

801 Middle Street **Mediapolis**
Mediapolis First United Presbyterian Church
319-394-3330
Tuesdays 3-4:30pm

Meals

Salvation Army – See listing on top left

Daily meal: 11:15 am - 12:30 pm, Mon – Fri
Senior Breakfast Fridays 9:30am (55+)

Shepherd's Table Free Community Dinner

First Congregational & First Presbyterian Churches
313 N 4th St Burlington
Last Wed of every month 4:30-6pm

Free End of Month Community Meal

Grace United Methodist Church Parish Hall
1100 Angular, Burlington
Last Thurs of every month 5:30-6:30pm

Food Benefit Cards (EBT)

SNAP, Supplemental Nutrition Assistance Program through HHS (previously DHS)

To enroll online: <https://www.iowa.gov/how-do-i-apply-food-assistance>

Or call: 855-944-3663

3535 E Agency St Suite 102, Burlington
Burlington HHS Office: (319) 754-4622

WIC, Special Supplemental Nutrition

Program for Women, Infants and Children

Women: pregnant, nursing, <6 months post-partum
Children: 0-5

To enroll online: <https://caofseia.org/services/wic/>

Call: 319-209-2850 or Text: 319-759-4322

Clinic location: 801 S. Roosevelt, Burlington