

Lee County

Resource Guide

*Community*  
*Action*  
OF SOUTHEAST IOWA

2023

This can be found online at:

<http://caofseia.org/resources/>

Updated: 5.30.2023





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# Community Action

**OF SOUTHEAST IOWA**

**Is your life affected by economic hardship?  
We're here to help.**

**Programs** may vary by center, have income guidelines,  
and may have limited funding available.

- \* Budget Counseling
- \* Child and Adult Care Food Program (CACFP)
- \* Children's Bed Program
- \* Clothing Assistance
- \* Disaster Assistance
- \* Early Head Start
- \* Emergency Rent and Utilities
- \* Employment Counseling
- \* Energy Crisis Assistance (Project Share)
- \* Family Development and Self Sufficiency Program (FaDSS)
- \* Food Pantry
- \* Furnace Repair and Replacement
- \* General Information and Referral
- \* Head Start
- \* Homeless Assistance
- \* Housing Assistance
- \* Hygiene Assistance
- \* Low Income Home Energy Assistance Program (LIHEAP)
- \* Preschool Scholarships
- \* Rent Reimbursement Form Assistance
- \* Senior Home Repair
- \* Transportation Assistance
- \* Water Assistance
- \* Weatherization
- \* (WIC) Special Supplemental Nutrition Program for Women, Infants and Children

More details on our website or contact your local center.

## **Community Action Centers**

Burlington, Mt Pleasant, Ft Madison, Keokuk

Open weekdays 8:00 a.m. to 4:30 p.m.

Columbus Junction (open Tues-Thurs)

**CAOFSEIA.ORG**



# Lee County Food Resources

## Bel Air Baptist Church

319-524-2715

2101 Orleans, Keokuk

2<sup>nd</sup> and 4<sup>th</sup> Fridays 9:30-11:30am

No documentation required.

## Community Action

**Fort Madison** (Eichacker)

3433 Ave. O, 319-372-4471

**Keokuk** (Marie Tallarico)

220 South 22nd St., 319-524-6383

Food Pantry, Rent, and utility assistance.

Mon. - Fri. 8 a.m. - 4:30 p.m. appointments preferred.

Once a month.

Please bring a Photo ID, SS card, and proof of income

## Salvation Army

**Fort Madison** (The Dimond Center)

1415 Ave M., 319-372-2770

**Keokuk**

31 South 30<sup>th</sup> St., 319-524-1144

Food Pantry Mon. - Thurs. 10 a.m. - 4 p.m.

By appointment only. Once a month.

Need: ID, SS cards for household, proof of income,

documentation of household expenses

Extra food in the lobby area for public Mon. - Fri.

Heating and cooling centers in the summer and winter

Free take-home meals on Fridays for students, sign up

at local schools

## Fort Madison Food Pantry

**Fort Madison**

3421 Ave. L, 319-372-8071

Mon./Wed. Fri., 9 a.m. - noon and 1 p.m. - 3p.m.

First visit: ID, current address, documentation of

income, 12 visits per year

## End of Month Meals at St John's United Church

**Fort Madison**

501 10<sup>th</sup> St., 319-372-1688

Last full week of the month, hot dinner Mon. - Fri. 5

p.m. - 6 p.m.

All are welcome

## Backpack Program

Contact your child's school to ask about their backpack program

## First Baptist Church

319-524-3684

25 N 8<sup>th</sup>, Keokuk

3<sup>rd</sup> Thursday 9am-2pm

No documentation required

## The Cupboard

**Fort Madison**

1219 Ave. H 319-237-8400 ext 114

angie@harmonybiblechurch.org

Saturdays 9am -12pm

No documentation necessary

Walk-ins Welcome!

## Mobile Food Pantry (Food Bank of Iowa) Keokuk

641-682-3403

New Testament Christian Church, 1578 Hilton Rd.,

319-524-8727

Every other month on the 4th Tuesday 4 p.m.- 5:30 p.m.

Bring bags/boxes to carry food

Asked to be under 125% federal poverty level (no documentation required)

## New Testament Christian Church

**Keokuk**

1578 Hilton Rd., 319-524-8727

Non-perishable Food Pantry Tues. 10 a.m. - 4 p.m.

Anyone, appointments preferred

## God's Way Christian Center

**Keokuk**

1629 Des Moines St, 319-524-8329

Food Pantry. Lunch served outside

Mon. - Thurs. 10 a.m. - 5p.m. KFC pick up on Thursdays after 11 a.m.

Anyone, once a month, no documentation required

Clothes closet and household supplies are also available

## Community Meal Montrose Church of Nazarene

**Montrose**

102 N 5th St., 319-463-5837

Community dinner, all are welcome

Last Thursday of each month, 5- 6:30 p.m.



*Community*  
**Action**  
OF SOUTHEAST IOWA

# **ABUSE**

## **Child & Dependent Adult Abuse Hotline**

800-362-2178

Report Child and adult abuse.

## **Child Abuse Hotline - National**

800-422-4453

If you would like more information on child abuse, need assistance reporting abuse, or to speak with a Childhelp counselor, please call or text the Childhelp National Child Abuse Hotline. You can also live chat with a trained counselor. The hotline is available 24 hours a day and all calls are confidential.

[www.childhelp.org/hotline](http://www.childhelp.org/hotline)

## **Domestic Violence Intervention Program (DVIP)**

800.373.1043

PO Box 644 Burlington, IA 52601

Provides comprehensive domestic violence services. 24-hour crisis line, medical advocacy, legal advocacy, court advocacy support, individual counseling, referrals, protection orders, educational presentations, emergency cellular phones, domestic violence support group, sexual assault support group, child support group, pictures of injuries, agency training, volunteer and staff training.

<https://dvi Iowa.org/> <https://www.facebook.com/iowadvip/>

## **Iowa Department of Health and Human Services (HHS) (previously DHS)**

Keokuk: 319-524-1052 M-F 8:00-4:30

307 Bank St, Keokuk, IA 52632

Fort Madison: 319-372-3651 M-F 8:00-4:30

933 Ave H, Ft Madison, IA 52627

To report child or dependent adult abuse in Iowa 800-362-2178

To report a change to Medicaid, Food Assistance or FIP 877-347-5678

<https://hhs.iowa.gov/>

## **Iowa Domestic Violence Hotline**

800-942-0333

They provide help to victims of domestic violence, sexual assault, homicide, human trafficking and other violent crimes. They are staffed 24/7 and provide culturally specific services.

<http://survivorshelpline.org/>

### **Iowa Sexual Abuse Hotline**

800-284-7821

Comprehensive sexual abuse hotline which offers support, information and referral to survivors of all forms of sexual abuse, as well as their family, friends and partner

### **Iowa Victim Service Call Center**

800-770-1650

text "IOWAHELP" to 20121 for support for crime victims and concerned loved ones.

<https://survivorshelpline.org>

### **Journey House, Transitional Housing (Burlington)**

800-693-1399

Transitional housing for up to three months and supportive services for those who have experienced domestic violence. Domestic Violence Intervention Program (DVIP)

<http://www.burlingtony.org/womens-shelter>

### **Prevent Child Abuse Iowa**

515-244-2200 or 800-362-2178

SW 7th Suite G1, Des Moines, IA 50309

Our mission is to empower community prevention efforts to provide safe and happy childhoods through collaboration with diverse partners, leading to a better future for Iowa.

<https://pcaiowa.org/>    <https://www.facebook.com/pcaiowa/>

### **Quad County Community Partnerships for Protecting Children (CPPC)**

319-385-8126 or 515-991-0299

CPPC is a community based approach to child protection. Partnerships work to prevent child abuse, neglect, re-abuse, safely decrease the number of out-of-home placements and promote timely reunification when children are placed in foster care. Des Moines, Lee, Henry, & Louisa Counties.

<https://www.facebook.com/quadcountycppc>

### **Rape Crisis Line**

800-228-1625

If you or someone you know has experienced sexual violence, remember that you are not alone. Iowa has 24 victim service programs that can help.

## **Rape Victim Advocacy Program (RVAP)**

319-541-9809

801 Main St Ste 1B, Keokuk, IA 52632

M-F 9:00-5:00 24-Hour Support, Advocacy & Referrals RVAP Crisis Line: 800-228-1625 Iowa Sexual Abuse Hotline: 800-284-7821 Provides free, confidential and trauma-informed services, healing, support, education and advocacy for victims to all persons affected by sexual violence.

<https://rvap.uiowa.edu/>

<https://www.facebook.com/RVAPiowa>

## **BRAIN HEALTH**

### **988 Suicide & Crisis Lifeline**

988

24/7 free, confidential support for people in distress.

### **Alcohol and Drug Dependency Services (ADDS)**

319-524-4397

928 Main Street, Keokuk, Iowa 52632

M-F 8:00-5:00

Outpatient substance abuse treatment, residential substance treatment (Burlington), problem gambling treatment, Drug Free Workplace programming, prevention education, substance abuse screenings, OWI screenings and classes, Juvenile Diversion. Problem gambling crisis intervention 800-BETS-OFF

<https://addsiowa.org/>

<https://www.facebook.com/ADDSIA>

### **Alzheimer's Association**

800-272-390000

We have a variety of services in person, virtual, phone and online to offer the community. All service information, educational opportunities, support group information etc. is located on our website at alz.org or by calling, which is answered by a live person 24/7 to assist callers. Support group meets at Burlington Public Library the 2nd Tuesday of the month at 10:30 a.m.

<https://www.alz.org/iowa>



**Birthright**

319-524-3733

24 Hours 800-550-4900

629 Blondeau, Suite 106, Keokuk, IA 52632

M, F, Sat 10:00-12:00/ W 12:00-4:00

We offer love, friendship, and support to women who are pregnant or think they may be pregnant. Birthright is interdenominational and is not involved in any political activities, or lobbying. Birthright's focus is on loving the mother, reminding her that there is hope and ensuring she is not alone. Services: Information about: Pregnancy, Childbirth, Adoption, Prenatal Care, Community Programs, Parenting skills, Child Care, Referrals for: Medical Support, Financial Resources, Housing, Legal, Social Assistance, Professional Counseling, Free Resources, Pregnancy Tests, Maternity and Baby Items.

<https://birthright.org/keokuk>**Counseling Associates, Inc**

319-524-0510

1522 Morgan Street Keokuk, IA

319-372-7689

1014 Ave H., Fort Madison, IA

Serving Lee and Des Moines Counties. Individuals are eligible for Integrated Health Home (IHH) services if the individual is enrolled in Medicaid and is an adult with a serious mental illness

<https://www.counselingassociatesonline.com/><https://www.facebook.com/CounselingAssociatesInc/>**Disabilities & Community Services Office**

319-524-1052

307 Bank St, Keokuk, IA 52632

Coordinates services for persons with mental illness, and disabilities.

**Families First Counseling Services**

888-316-3025

214 N 4th St, Ste 1A, Burlington, IA 52601

M-F 8:00-4:30

In-office therapy. In home counseling for youth and adults. May cover the following or other topics: Communication skills, anger management, conflict resolution, coping skills, decision making, ADHD, oppositional defiant disorder (ODD), sexual abuse (survivors), crisis intervention.

<https://www.families-first.net/>

**Ft Madison Community Hospital**

319-376-1130

5409 Ave O, Ste 125, Ft Madison, IA 52627

Psychiatry

**Great Prairie Area Education Agency/Early ACCESS**

641-682-8591 or 800-622-0027

3601 West Ave, Burlington, IA 52601

M-F 8:00-4:30

Specialized services for children and students with diverse learning needs, including identification, diagnosis, planning, and therapies for those with disabilities.

<https://www.gpaea.org/> <https://www.facebook.com/pg/gpaea/posts/>

**Grinstead and Associates**

319-754-8035

610 N. 4th St, River Park Place, Ste. 110A, Burlington, IA 52601

Individual, family counseling, group couple therapy, etc.

<https://www.ogpassociates.com/>

**GuideLink Center**

319-688-8000

300 Southgate Ave, Iowa City, IA

A welcoming center offering urgent mental health and substance use care for adults. Services include behavioral health crisis stabilization, sobering service, detoxification, and referrals to affiliated partners.

<https://www.guidelinkcenter.org>

**Hope Haven**

319-372-7555

605 7th St, Ft Madison, IA 52627

Organization provides rehabilitation, employment, housing, & case management services for physically and mentally challenged persons.

<https://www.hopehavencorp.com/>

**Innovative Family Therapy and Play Therapy Center**

319-208-9648

409 N 4th St, PO Box 12, Burlington, IA 52601

M-F 8:00-7:00

Outpatient therapy with individuals, families, children and adults.

Therapists are: Registered Play Therapist, Licensed Marriage and Family Therapist, Licensed Independent Social Worker and Licensed Mental Health Counselor. Private pay, Medicaid and most commercial insurances accepted.

## **Iowa Crisis Counseling Helpline**

800-332-4224

We are a volunteer-driven organization that provides non-judgmental support for individuals facing emotional crisis.

## **Iowa Office of Consumer Affairs (OCA)**

855-622-4692

Statewide Children and Adult Mental Health Resources. A program run by peers with personal lived experience with mental illness. Free and confidential service. Information on providers, Day services, legal issues, housing/homelessness, guardianship, crisis referral, out-of-home placement, employment, support groups and classes, insurance, peer support and disability.

<https://www.ocaiaowa.org/>

<https://www.facebook.com/ocaiaowa>

## **Lee County Health Department**

800-458-6672 ext 3524

#3 John Bennett Drive, PO Box 1426, Ft Madison, IA

Homecare, Hospice, Community Health, HOPES, Oral Health, Maternal and Child Health, Environmental Services, Screenings, Vaccinations, Home Visits, Health Clinics, Parenting Programs, and more.

<https://leecountyhd.org/>

## **Life Connections Peer Recovery Services**

563-659-1171

DeWitt, Iowa

Rhonda's House- peer run respite that supports individuals who are experiencing mental health and substance addiction issues and who want to work on their recovery goals and situations before getting into a crisis situation. 7 day free stay.

<https://www.lifeconnectionsrecovery.org>

## **Mental Health Southeast Iowa Regional Medical Center**

319-376-1130

5409 Ave O Ste 125, Ft Madison, IA 52627

Southeast Iowa Regional Medical Center provides treatment for adults and children with mental health conditions. Our staff works with patients and their families to help them optimize the management of addictions and illnesses. Some of services we offer include medication management, diagnostic evaluations, and addiction medical management and counseling. We treat many psychiatric conditions, from clinical depression to anxiety and personality disorders.

<https://www.greatriverhealth.org/health-services/mental-health/>

## **National Alliance on Mental Illness (NAMI)**

319-750-2220

The Loft 416 Jefferson Street, Burlington, IA 52601

NAMI Southeast Iowa has Mental health educational and informational programs and classes for people with mental health conditions and those who love them. Mental Health support groups meet on the first and third Monday of the month on the mezzanine of The Loft

[namisoutheastiowa@gmail.com](mailto:namisoutheastiowa@gmail.com)

<https://nami.org/>

[https://m.facebook.com/NAMI-Southeast-Iowa-mental-health-](https://m.facebook.com/NAMI-Southeast-Iowa-mental-health-106975114255600/)

[106975114255600/](https://m.facebook.com/NAMI-Southeast-Iowa-mental-health-106975114255600/)

## **New Life Link Counseling Services**

319-931-9013

1578 Hilton Road, Keokuk, IA 52632

by appointment only

Faith based individual, marriage and family counseling, training.

Telehealth options. Insurance and self-pay options available.

<https://newlifelink.org/services>

## **Optimae Life Services**

319- 372-3566

509 Avenue F, Ft Madison, IA 52627

Individual counseling, couples counseling, family and children's counseling, psychiatry, psychiatric evaluations, individual community support services, respite services, day program, intensive services, and waiver home services.

<http://www.optimaelifeservices.com/>

## **REM Iowa**

319-524-8701

402 Main Street, Keokuk, IA 52632

M-F 8-5

Home and Community Based Services to people with Intellectual Disabilities, Brain Injury, and/or Mental Health challenges. People receiving REM services may live in their own home or apartment with or without roommates; hours of service are based on the needs of the individual. Adults & Children with Disabilities, Residential Services, Dual Diagnosis Services, Specialized Services, Neurological, Brain and Spinal Cord Injury Services, Supported Living.

<https://www.remiowa.com/>

### **River Cross, Dual Diagnosis Program Hope Haven**

319-754-4689 or 319-237-1072

River Cross is a 15 bed community based Residential Care Facility developed to provide individualized supportive services to adults who are dually diagnosed with mental illness and substance abuse addiction.

<https://www.hopehavencorp.com/dual-diagnosis-service>

### **Southeast Iowa Link (SEIL) Mental Health and Disability Services**

Southeast Iowa Link (SEIL) is a Mental Health & Disability Services (MHDS) Region comprised of eight counties. Each county has a local office where people may apply for service funding, receive referrals and get questions answered. The local Coordinator of Disability Services (CDS) or other staff is available to assist applicants.

<https://seiowalink.org>

### **Therapy Group**

319-209-2084

2115 Des Moines Ave, Burlington, IA 52601

Counseling and therapy for couples, individuals and children, play therapy, anger management, and mediation.

<https://www.therapygroupinc.com/>

<https://www.facebook.com/therapygroupinc/>

### **Your Life Iowa**

call 855-581-8111 Text 855-895-8398

Spanish Speaking Helpline 515-895-3936

Free, confidential support for issues with alcohol, drugs, gambling, suicidal thoughts and mental health. Available 24/7

<https://yourlifeiowa.org/>

## **CHILD CARE**

### **Child Care Resource & Referral (CCR&R)**

563-324-3236 or 866-324-3236

500 E. 59th St, Davenport, IA 52807

To assist families in finding and selecting child care providers who best meet the needs of a child and their family.

<https://iowaccrr.org/>

**Iowa Department of Health and Human Services (HHS) (previously DHS)**

Keokuk: 319-524-1052 M-F 8:00-4:30

307 Bank St, Keokuk, IA 52632

Fort Madison: 319-372-3651 M-F 8:00-4:30

933 Ave H, Ft Madison, IA 52627

To report child or dependent adult abuse in Iowa 800-362-2178

To report a change to Medicaid, Food Assistance or FIP 877-347-5678

<https://hhs.iowa.gov/>

**Lee County Head Start & Early Head Start**

**Community Action of Southeast Iowa**

Keokuk: 319-524-6383 220 S 22nd St. Keokuk, IA 52632

Fort Madison: 319-372-5462 1020 34th St, Ft Madison, IA 52627

319-372-4471 3433 Ave O, Ft Madison, IA 52627

Head Start and Early Head Start provide educational & social activities, nutritious meals and snacks and medical & dental screenings, at no cost, to qualifying low-income children ages 0 to five. Applications are taken year round. Pregnant mothers, homeless and foster families, and families that have children with disabilities are encouraged to apply.

<http://caofseia.org/services/head-start/>

**SEIDA Head Start Harmony Center**

**SIEDA Community Action**

319-592-3235

33727 Rt J40 Farmington, IA 52626

Full day 3 year old preschool at the Harmony Center.

<https://www.sieda.org/>

## **CHILDREN, YOUTH & FAMILIES**

**ActivStyle**

800-651-6223 ext 3202

Children over four and on Medicaid. Children with disabilities may be eligible for diapers, pull-ups, liners and more under Iowa Medicaid with free home delivery.

<https://activstyle.com/>

### **Birthright**

319-524-3733

24 Hours

800-550-4900

629 Blondeau, Suite 106, Keokuk, IA 52632

M, F, Sat 10:00-12:00/ W 12:00-4:00

We offer love, friendship, and support to women who are pregnant or think they may be pregnant. Birthright is interdenominational and is not involved in any political activities, or lobbying. Birthright's focus is on loving the mother, reminding her that there is hope and ensuring she is not alone. Services: Information about: Pregnancy, Childbirth, Adoption, Prenatal Care, Community Programs, Parenting skills, Child Care, Referrals for: Medical Support, Financial Resources, Housing, Legal, Social Assistance, Professional Counseling, Free Resources, Pregnancy Tests, Maternity and Baby Items.

<https://birthright.org/keokuk>

### **Boy Scouts Field Office**

319-754-8413

3007 Flint Hills Drive, Burlington, IA 52601

M-F 9:30-5:30

Boy Scouts and Cub Scouts are programs in each school neighborhood for boys in grades 1 – 12 (co-ed in high school) that build self-esteem, resourcefulness and leadership skills.

<https://www.mississippivalleybsa.org/>

<https://www.facebook.com/MississippiValleyCouncil/>

### **Child and Adult Care Food Program (CACFP)**

Community Action of Southeast Iowa

319-209-2864

CACFP is available to registered child care providers. Early childhood education and support for child care professionals.

<http://caofseia.org/services/child-and-adult-care-food-program/>

### **Child Health Specialty Clinics (CHSC)**

641-682-8145

609 Church St, Ottumwa IA 52501

M-Th 8:00-4:30

CHSC provides gap-filling clinical services, care coordination, and family to family support through wide array of special programs for children with special needs.

<https://chsciowa.org/>

### **Child Support Recovery Unit**

319-753-6322

409 N. 4th St, Ste. 2, PO Box 638 Burlington, IA 52601

Iowa HHS provides high quality programs and services that protect and improve the health and resiliency of individuals, families, and communities.

<https://hhs.iowa.gov/node/931>

### **Community Action of Southeast Iowa Central Office**

319-753-0193

2850 Mt Pleasant St, Ste 108, Burlington, IA 52601

M-F 8:30-4:30

Community Action of Southeast Iowa is dedicated to alleviating the conditions and causes of poverty by building partnerships and strengthening people through quality services. There are over 20 programs and services offered. These are listed on page 2.

<https://www.caofseia.org>

### **Cradle of Hope**

319-986-5336

503 22nd St, Ft Madison, IA 52627. (Living Hope Church of the Nazarene)

Th 10:00-5:00 or by appointment

All services are a no cost and confidential. Pregnancy testing/verification, consultation on all your options, compassionate & non-judgmental care, limited ultrasound, and ongoing pregnancy support. Referrals for community support services such as health care, legal, adoption, support after an abortion, earn while you learn program, and fatherhood mentoring programs.

[www.cradleofhopeiowa.com](http://www.cradleofhopeiowa.com)

### **Disabilities & Community Services Office**

319-372-5681

307 Bank St, Keokuk, IA 52632

Serves clients that are mentally disabled, developmentally disabled, and/or have a mental illness.

### **Empowering Families in Lee County**

Building positive community connections, reducing and preventing child abuse.

<https://www.facebook.com/EmpoweringFamiliesLeeCounty/>



### **Families First Counseling Services**

888-316-3025

214 N 4th St, Ste 1A, Burlington, IA 52601

M-F 8:00-4:30

In-office therapy. In home counseling for youth and adults. May cover the following or other topics: Communication skills, anger management, conflict resolution, coping skills, decision making, ADHD, oppositional defiant disorder (ODD), sexual abuse (survivors), crisis intervention.

<https://www.families-first.net/>

### **Family Development Self-Sufficiency Program (FaDDS)**

Community Action of Southeast Iowa

319-753-0193

Home visit, goal based program for low-income families with a child under 18. Contact local center or Central Office.

<https://www.caofseia.org>

### **Family Planning of Southeast Iowa by Great River Health**

319-768-1225 10-6 Mon, Tues, Thurs; 1-5 Wed; 8-1 Fri

Walk-ins welcome

801 S Roosevelt, Suite C Burlington, IA 52601

Affordable reproductive health services. Comprehensive, confidential care including testing, treatment and health education. Well-woman and well-man examinations, Birth-control methods on site – pills, implants, IUDs, shots, spermicide and emergency contraception and free condoms, Pap smears and breast examinations, Sexually transmitted disease (STD) testing and treatment, Rapid HIV testing, Genital wart treatment, Urinary-tract and vaginal infection testing and treatment, Pregnancy testing, counseling and referral, Gardasil vaccinations. Preventive and reproductive health education.

<https://www.greatriverhealth.org/family-planning/>

### **Girl Scouts**

319-752-3639

1308 Broadway, West Burlington, IA 52655

M-F 8:00-5:00

Girls build character and skills for success in the real world. This is for school age girls. (Girl Scouts of Eastern IA & Western IL)

<https://www.girlscoutstoday.org/>

**Great Prairie Area Education Agency/Early ACCESS**

641-682-8591 or 800-622-0027

3601 West Ave, Burlington, IA 52601

M-F 8:00-4:30

Specialized services for children and students with diverse learning needs, including identification, diagnosis, planning, and therapies for those with disabilities

<https://www.gpaea.org/> <https://www.facebook.com/pg/gpaea/posts/>

**HOPES**

319-372-5225 ext 3523

Healthy Families Iowa in-home parent education, Prenatal, birth- 5 years.

Provided by Lee County Health Department.

<http://www.leecountyhd.org/index.php/comm/>

**Informed Choices**

319-208-9445

1013 S Central Ave, Burlington, IA 52601

Phone answered 24 hrs/day Pregnancy testing, limited obstetrical ultrasound, STD risk assessments, STD testing, diagnosis & treatment, early prenatal care, information- abortion: procedures, risks, side effects, referrals for OB care and social services, adoption services, certified adoption liaisons and referrals for adoption services, abstinence education for middle & high school, post abortion recovery groups, & natural family planning education.

<https://www.informedchoicesclinic.com/burlington-clinic/>

**Iowa Department of Health and Human Services (HHS)  
(previously DHS)**

Keokuk: 319-524-1052 M-F 8:00-4:30

307 Bank St, Keokuk, IA 52632

Fort Madison: 319-372-3651 M-F 8:00-4:30

933 Ave H, Ft Madison, IA 52627

To report child or dependent adult abuse in Iowa 800-362-2178

To report a change to Medicaid, Food Assistance or FIP 877-347-5678

<https://hhs.iowa.gov/>

**Iowa State University Extension and Outreach Lee County**

319-835-5116

414 N. Main St, Donnellson, IA 52625

Connects parents to age appropriate resources like Just in Time Parenting and Science of Parenting

<https://www.extension.iastate.edu/lee/>

## **Lee County Head Start & Early Head Start**

### **Community Action of Southeast Iowa**

Keokuk: 319-524-6383                      220 S 22nd St. Keokuk, IA 52632

Fort Madison:    319-372-5462   1020 34th St, Ft Madison, IA 52627

319-372-4471    3433 Ave O, Ft Madison, IA 52627

Head Start and Early Head Start provide educational & social activities, nutritious meals and snacks and medical & dental screenings, at no cost, to qualifying low-income children ages 0 to five. Applications are taken year round. Pregnant mothers, homeless and foster families, and families that have children with disabilities are encouraged to apply.

<http://caofseia.org/services/head-start/>

## **Lee County Health Department**

800-458-6672 ext 3524

#3 John Bennett Drive, PO Box 1426, Ft Madison, IA 52627

Maternal Child Adolescent Health

<http://www.leecountyhd.org/index.php/comm/>

## **Mississippi Valley Child Protection Center**

563-264-0580                      1600 Mulberry Ave, Muscatine, IA 52761

Forensic Interviews, family advocacy and medical examinations for child abuse victims and their non-offending caregivers. Also provides community education and training. Referrals for most services must come from DHHS and/or law enforcement. Community medical providers can make referrals for potential abuse victims to be seen by specialized MVCPC medical providers.

<https://www.foreverchild.org/>

## **National Maternal Mental Health Hotline**

833-943-5746    24/7 Free Confidential Hotline for pregnant and new moms in English and Spanish. Phone or text access to professional counselors, real time support and information, resources, referrals, culturally sensitive support, services in over 60 languages

<https://mchb.hrsa.gov/national-maternal-mental-health-hotline>

## **Neighborhood Centers: Lee County**

<https://caofseia.org>

**Community Action of Southeast Iowa**    M-F 8-4:30

Keokuk            319-524-6383    220 S 22nd, Keokuk, IA 52632

Fort Madison    319-372-4471    3433 Ave O, Ft. Madison, IA 52627

20+ programs and services for those of low income. Food, utilities, weatherization, senior home repair, WIC, Head Start, family development, information and referral, etc. See the inside front cover for program list.

**Quad County Community Partnerships for Protecting Children (CPPC)**

319-385-8126 or 515-991-0299

CPPC is a community based approach to child protection. Partnerships work to prevent child abuse, neglect, re-abuse, safely decrease the number of out-of-home placements and promote timely reunification when children are placed in foster care. Des Moines, Lee, Henry, & Louisa Counties.

<https://www.facebook.com/quadcountycppc>

**Salvation Army**

Keokuk: 319-524-6164 M-F 9:00-4:30

31 S 30th St, Keokuk, IA 52632

Fort Madison: 319-372-2770 M-F 10:00-4:00

1415 Ave M, Ft Madison, IA 52627

Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men's ministries, boys & girls club, character building programs, community recreation programs, provides meals.

<https://www.facebook.com/SAKeokuk/>

**SEIDA Head Start Harmony Center SIEDA Community Action**

319-592-3235

33727 Rt J40 Farmington, IA 52626

Full day 3 year old preschool at the Harmony Center.

<https://www.sieda.org/>

**Special Supplemental Nutrition Program for Women, Infants and Children (WIC) Community Action of Southeast Iowa**

319-209-2850 M-F 8:30-4:30

2850 Mt. Pleasant St, Ste. 108, Burlington, IA 52601

Provides medical and nutritional assessments, education and supplemental foods for pregnant women, breast feeding and non-nursing mothers, infants and children up to 5 years old.

<http://caofseia.org/services/wic/>

## **Wrightslaw Yellow Pages for Kids. (IA)**

Yellow pages for kids with disabilities, find educational consultants, psychologists, diagnosticians, health care specialists, academic tutor, speech language therapists, advocates and attorneys. You will also find government programs, grassroots organizations, special education school, and parent support groups

<https://www.yellowpagesforkids.com/help/ia.htm>

## **YMCA**

319-372-2403 220 26th St, Ft Madison, IA 52627.

M-F 5:00-9:00/ Sat 8:00-5:00/ Sun 10:00-5:00

Adults, children & youth programs, aquatics, sports activities, family activities, dances, health & fitness, 55+ program, child care center, babysitting, before & after school programs, parent's day out, kids' gym daycare. Scholarships are available on a need bases.

<https://www.fortmadison.org/>

<https://www.facebook.com/FMYMCA/>

## **YMCA**

319-524-6724 2126 Plank Rd, Keokuk, IA 52632

M-Th 5:00-9:30/ F- 5:00-7:00/ Sat 8:00-5:00/ Sun 11:00-5:00

Adults, children & youth programs, aquatics, sports activities, family activities, dances, health & fitness, 55+ program, child care center, babysitting, before & after school programs, parent's day out, kids' gym daycare. Scholarships are available on a need bases.

<https://hoernerymca.org/>

<https://www.facebook.com/HoernerYMCA/>

## **YMCA Test Kitchen**

319-250-9052

807 Ave G, Ft Madison, IA 52627

The goal of the Test Kitchen Education Foundation is to provide a safe environment and qualified assistance for students who need extra help with homework for required subjects, test preparation and advice with college entrance requirements. Students enjoy a healthy and delicious meal prepared by area chefs

<https://www.tkef.org/>

# DISABILITIES

## **ASK Resources**

800-450-8667

5665 Greendale Road, Suite D, Johnson, IA 50131

The state of Iowa's Parent Training and Information Center for families of children with disabilities. A family –focused nonprofit organization whose mission is to empower individuals with disabilities and their family members by providing innovative and collaborative advocacy, training, resources and supports. Its vision is access, empowerment and acceptance for all.

<https://www.askresource.org/>

## **Child Health Specialty Clinics (CHSC)**

641-682-8145

609 Church St, Ottumwa IA 52501

M-Th 8:00-4:30

CHSC provides gap-filling clinical services, care coordination, and family to family support through wide array of special programs for children with special needs.

<https://chsciowa.org/>

## **Disabilities & Community Services Office**

319-524-105200

307 Bank St, Keokuk, IA 52632

Coordinates services for persons with mental illness, and disabilities.

## **Disability Rights Iowa**

800-779-2502 666 Walnut St. Ste 1440, Des Moines, IA 50309

Intake hours- M,W,F 9:00-2:00

Spanish intake hours- T 11:00-1:00/ TH 4:00-6:00

Disability Rights Iowa aims to defend and promote the human and legal rights of Iowans with disabilities and mental illness. We promote safety, opportunity, access and self-determination for all Iowans. Online intake are available.

<https://disabilityrightsiowa.org/>

**Great Prairie Area Education Agency/Early ACCESS**

641-682-8591 or 800-622-0027 M-F 8:00-4:30

3601 West Ave, Burlington, IA 52601

Specialized services for children and students with diverse learning needs, including identification, diagnosis, planning, and therapies for those with disabilities

<https://www.gpaea.org/>

<https://www.facebook.com/pg/gpaea/posts/>

**Hope Haven**

319-372-7555

605 7th St, Ft Madison, IA 52627

Organization provides rehabilitation, employment, housing, & case management services for physically and mentally challenged persons.

<https://www.hopehavencorp.com/>

**Iowa Department for the Blind**

515-281-1333 800-362-2587

524 Fourth Street, Des Moines, IA 50309

Vocational Rehabilitation Programs, Independent Living Program, Adult Orientation and Adjustment Center, Library for the Blind and Print Disabled, Business Enterprises Program, Public Education and In-Service Training

<https://blind.iowa.gov/>

**Iowa Vocational Rehabilitation**

319-753-2231 M-Th 8:00-4:30

550 S. Gear Ave Ste 35, West Burlington, IA 52655

Work with job candidates who have disabilities to reach their employment goals.

<https://ivrs.iowa.gov/>

**Optimae Life Services**

319- 372-3566

509 Avenue F, Ft Madison, IA 52627

Individual counseling, couples counseling, family and children's counseling, psychiatry, psychiatric evaluations, individual community support services, respite services, day program, intensive services, and waiver home services.

<http://www.optimaelifeservices.com/>

### **REM Iowa**

319-524-8701

402 Main Street Keokuk, IA 52632

M-F 8-5

Home and Community Based Services to people with Intellectual Disabilities, Brain Injury, and/or Mental Health challenges. People receiving REM services may live in their own home or apartment with or without roommates; hours of service are based on the needs of the individual. Adults & Children with Disabilities, Residential Services, Dual Diagnosis Services, Specialized Services, Neurological, Brain and Spinal Cord Injury Services, Supported Living

<https://www.remiowa.com/>

### **Social Security Office**

866-338-4183

3920 Division St, Burlington, IA 52601

M-F 9:00-3:30

<https://www.ssa.gov/>

### **U of I Children's Hospital**

877-686-0031

100 Hawkins Drive, Iowa City, IA 52242

<https://uihc.org/>

### **Wrightslaw Yellow Pages for Kids. (IA)**

Yellow pages for kids with disabilities, find educational consultants, psychologists, diagnosticians, health care specialists, academic tutor, speech language therapists, advocates and attorneys. You will also find government programs, grassroots organizations, special education school, and parent support groups

<https://www.yellowpagesforkids.com/help/ia.htm>

## **EMPLOYMENT & EDUCATION**

### **America's Small Business Development Center of Iowa**

319-208-5381

Offers loan packaging, financial projections, feasibility and business plan writing assistance, coaching for new and existing business owners, and a wide variety of business classes.

<http://www.iowasbdc.org/>



## **Americorps Senior Volunteer Program (previously RSVP)**

United Way of the Great River Region

319-372-8043

[rsvp@unitedwaygrr.org](mailto:rsvp@unitedwaygrr.org)

A network of national service programs for Americans 55 years and older, made up of three primary programs that each take a different approach to improving lives and fostering civic engagement.

AmeriCorps Seniors volunteers commit their time to address critical community needs including academic tutoring and mentoring, elderly care, disaster relief support, and more.

<https://unitedwaygrr.org/amicorps/>

## **AmeriCorps Seniors Volunteer Program**

319-372-804300

AmeriCorps Seniors is a network of national service programs for Americans 55 years and older, made up of three primary programs that each take a different approach to improving lives and fostering civic engagement.

<https://unitedwaygrr.org/amicorps/>

## **Bridges Out of Poverty**

319-371-7465

1702 Avenue I, Fort Madison, IA, United States, Iowa

Classes to empower individuals that are struggling in poverty reach their fullest potential, develop their future story, and build a support system.

<https://www.facebook.com/leecountybuildingbridges>

## **Center for Cultural Initiatives (CCI)**

319-750-3898

Provides support of minority and diversity business initiatives and support and resources for New Iowans.

[sal@printgroupusa.com](mailto:sal@printgroupusa.com)

## **Community Action of Southeast Iowa Central Office**

319-753-0193

M-F 8:30-4:30

2850 Mt Pleasant St, Ste 108, Burlington, IA 52601

Community Action of Southeast Iowa is dedicated to alleviating the conditions and causes of poverty by building partnerships and strengthening people through quality services. There are over 20 programs and services offered.

<http://caofseia.org>

### **Family Development Self-Sufficiency Program (FaDDS)**

Community Action of Southeast Iowa

319-153-0193

Home visit, goal based program for low-income families with a child under 18. Contact local center or Central Office.

<https://www.caofseia.org>

### **Great Prairie Area Education Agency/Early ACCESS**

641-682-8591 or 800-622-0027 M-F 8:00-4:30

3601 West Ave, Burlington, IA 52601

Specialized services for children and students with diverse learning needs, including identification, diagnosis, planning, and therapies for those with disabilities

<https://www.gpaea.org/>

<https://www.facebook.com/pg/gpaea/posts/>

### **Helms Career Resource Center Goodwill**

319-208-0292

1226 Main St, Keokuk, IA

M, T, W 1:00-5:00/ Th, F 10:00-2:00

The career center offers career exploration, assistance accessing community resources, computer and digital skill development, using online tools, interviewing and completing resumes and cover letters and job applications. The center will also coordinate job fair events to connect area employers with job seekers. No appointment is necessary and services are free to all. Low cost clothing.

<https://www.goodwillheartland.org/>

### **Hope Haven**

319-372-7555

605 7th St, Ft Madison, IA 52627

Organization provides rehabilitation, employment, housing, & case management services for physically and mentally challenged persons.

<https://www.hopehavencorp.com/>

### **Iowa Safe Schools**

515-381-0588 or 800-770-1650 24/7 crisis hotline

Provides safe, supportive, and nurturing learning environments and communities for LGBTQ and allied youth through education, outreach, advocacy, and direct services.

<http://iowasafeschools.org>

## **Iowa Vocational Rehabilitation**

319-753-2231

550 S. Gear Ave Ste 35, West Burlington, IA 52655

M-Th 8:00-4:30

Work with job candidates who have disabilities to reach their employment goals.

<https://ivrs.iowa.gov/>

## **Iowa Workforce Development**

**IowaWORKS**

319-753-1671

550 S Gear Ave Ste 35, West Burlington, IA 52655

M, T, TH, F 8:30-4:30/ W 9:00-4:30

Assists individuals of all ages, income and skill levels with pre-employment assistance such as career guidance and assessment, labor market information, career counseling, job search assistance, resume and interviewing assistance and much more. IowaWORKS is able to make direct connections between individuals looking for work and businesses who need employees. Short term training, occupational skills training, work experiences and internships are available. Assistance with unemployment insurance is also available.

[BurlingtoniowaWORKS@iwd.iowa.gov](mailto:BurlingtoniowaWORKS@iwd.iowa.gov)

<https://www.iowaworks.gov/vosnet/Default.aspx>

## **Lee County Head Start & Early Head Start**

**Community Action of Southeast Iowa**

Keokuk: 319-524-6383                      220 S 22nd St. Keokuk, IA 52632

Fort Madison: 319-372-5462   1020 34th St, Ft Madison, IA 52627

319-372-4471   3433 Ave O, Ft Madison, IA 52627

Head Start and Early Head Start provide educational & social activities, nutritious meals and snacks and medical & dental screenings, at no cost, to qualifying low-income children ages 0 to five. Applications are taken year round. Pregnant mothers, homeless and foster families, and families that have children with disabilities are encouraged to apply.

<http://caofseia.org/services/head-start/>

## **Manpower**

319-753-1663   3101 Flint Hills Dr, Burlington, IA 52601M-F8:00-5:00

Provides career opportunities with the flexibility to match vitally any lifestyle. Offers Part Time, Full Time, Temporary, Permanent, and Temporary to Permanent employment.

<https://www.manpowergroupusa.com/>

**Milestones Area Agency on Aging**

319-752-5433

509 Jefferson St, Burlington, IA 52601

M-F 8:00-4:30

Information and referrals, senior nutrition, family caregiver programs, counseling, wellness and safety, elder rights and abuse prevention, older worker employment programs. Services for those with disabilities, veterans and family caregivers

<https://www.milestonesaaa.org/>

<https://www.facebook.com/milestonesaaa/>

**Neighborhood Centers: Lee County**

<https://caofseia.org>

**Community Action of Southeast Iowa** M-F 8-4:30

Keokuk 319-524-6383 220 S 22nd, Keokuk, IA 52632

Fort Madison 319-372-4471 3433 Ave O, Ft. Madison, IA 52627

20+ programs and services for those of low income. Food, utilities, weatherization, senior home repair, WIC, Head Start, family development, information and referral, etc. See the inside front cover for program list.

**Proteus, Inc**

800-397-9675

1548 South Gilbert Street, Iowa City, IA 52240

Proteus provides agricultural workers and their families with affordable health care, education assistance and job training. For those currently employed or having recent vocation in farm work, Proteus strives to assist in any way, allowing all farmworkers to enjoy the fruit of their labor. Migrant, seasonal and low-income farmers may participate.

<https://www.proteusinc.net/>

**QPS Employment Group**

319-850-3270

214 Jefferson St, Burlington, IA 52601

We specialize in finding placements in clerical, light industrial, and factory settings. Our office has a team of Professional Placement Recruiters who can find a direct hire fit for you in industrial, technical, professional, and office roles.

<https://www.qpsemployment.com/>

## **SEIDA Head Start Harmony Center**

### **SEIDA Community Action**

319-592-3235

33727 Rt J40 Farmington, IA 52626

Full day 3 year old preschool at the Harmony Center.

<https://www.sieda.org/>

## **Southeastern Community College (SCC)**

866-722-4692 or 319-752-2731

355 Messenger Rd, Keokuk, IA 52632

A variety of free and low cost training programs alongside traditional college courses. E.S.L. (English and a Second Language) Classes are available to help non-english speaking adults learn English. Classes are free; books may be purchased at a low cost. General Adult Assistance-Help with reading, writing, math, and thinking abilities in order to enter a college or vocational training program or to upgrade employment skills. Assistance in preparing for high school equivalency diploma testing. Call for class times.

<https://www.scciowa.edu/>

## **Taske Force Inc. Staffing Agency**

319-524-8767

1013 Main St, Keokuk, IA 52632

Equal opportunity employer. The job is important, but the people are more important. Short Term and Long Term Staffing, Part and Full Time, Temp to Hire. Specializing in Administrative, light industrial, production, technical and project payrolling

<http://www.taskeforce.com>

## **Team Staffing**

319-753-9844 1734 N Roosevelt Ave #124, Burlington, IA 52601

At Team Staffing Solutions, we connect great people with top companies. We offer workforce solutions throughout eastern Iowa, western Illinois and northeast Missouri in the areas of temporary staffing, temp-to-hire, direct hire and on-site management.

<https://www.teamssi.com/>

## **Temp Associates**

319-754-8857 M-F 8:00-4:30

2535 Mt Pleasant St Suite 104W, Burlington, IA 52601

Temp helps to find temporary (sometimes permanent) jobs out in the workforce. Based on experience in some fields, tests may be required.

[Burlington@tempassociates.com](mailto:Burlington@tempassociates.com)

<https://www.tempassociates.com>

# EMERGENCY

## **988 Suicide & Crisis Lifeline**

988

24/7 free, confidential support for people in distress.

## **Ambulance, Fire, Police**

911

## **American Red Cross**

800-733-2767

Assistance with house fires, floods, winter storms, tornadoes, disaster relief, help for qualified military personnel

<https://www.redcross.org/>

## **Child & Dependent Adult Abuse Hotline**

800-362-2178

Report Child and adult abuse.

## **Child Abuse Hotline - National**

800-422-4453

If you would like more information on child abuse, need assistance reporting abuse, or to speak with a Childhelp counselor, please call or text the Childhelp National Child Abuse Hotline. You can also live chat with a trained counselor. The hotline is available 24 hours a day and all calls are confidential.

<http://www.childhelp.org>

## **Child Abuse Prevention Council of Lee County**

319-316-2812

Child Abuse Prevention Council of Lee County is a Charitable Organization headquartered

## **Des Moines Township Fire and Rescue**

319-838-2722

2955 179th Avenue Argle, Ia

## **Donellson Police Department**

319-835-5714

PO Box 50 Donnellson, IA

## **Donnellson Fire Association**

319-835-5154

616 North Main St Donnellson, IA

**Foundation 2 Crisis Services**

319-362-2174 800-332-4224

Full service crisis line for general problems, family issues, financial issues, abuse, rape, suicide, etc.

<https://foundation2.org/>

**Ft. Madison Fire Department Station 2**

319-372-6472

2335 Avenue L Ft. Madison, IA

**Ft. Madison Fire Department Station 1**

319-372-8531

811 Avenue E Ft. Madison, IA

**Ft. Madison Police Department**

319-372-2525

PO Box 240 Ft. Madison, IA

**Iowa Crisis Counseling Helpline**

800-332-4224

We are a volunteer-driven organization that provides non-judgmental support for individuals facing emotional crisis.

**Iowa Domestic Violence Hotline**

800-942-0333

They provide help to victims of domestic violence, sexual assault, homicide, human trafficking and other violent crimes. They are staffed 24/7 and provide culturally specific services.

<http://survivorshelpline.org/>

**Iowa Sexual Abuse Hotline**

800-284-7821

Comprehensive sexual abuse hotline which offers support, information and referral to survivors of all forms of sexual abuse, as well as their family, friends and partner

**Iowa State Patrol**

800-525-5555 or 319-385-8715

Hwy 218 S., Mt. Pleasant, IA 52641

<https://dps.iowa.gov/>

**Iowa Victim Service Call Center**

800-770-1650

text "IOWAHELP" to 20121 for support for crime victims and concerned loved ones.

[https://survivorshelpline.org](https://survivorshelpline.org/)

**Jackson Township Fire Association**

319-524-4550

3640 Argyle Road Keokuk, Ia

**Keokuk Fire Department**

319-524-5225

111 South 13th St Keokuk, Ia

**Keokuk Police Department**

319-524-3132

1222 Johnson St Keokuk, IA

**Lee County Emergency Management**

319-372-4124

811 Avenue E Ft. Madison, IA

During emergencies or larger disasters it is important that residents and visitors stay informed. Lee County Emergency Management has multiple ways for you to get the most updated disaster-related information.

<https://www.leecounty.org/pview.aspx?id=20834&cat>

**Lee County EMS Ambulance**

319-835-5912

315 S Main St Donnellson, IA

**Lee County Jail**

319-376-2355

2530 255th St, Montrose, IA 52639

**Lee County Sherriff**

319-372-1152

2530 255th St Montrose, IA

**Montrose Fire and Rescue**

319-463-7479

406 Main St Montrose, IA

**Montrose Police Department**

319-463-7411

102 S 2nd St Montrose, IA

**Poison Control Center**

800-222-1222

Get help from Poison Control right away if you suspect a poisoning.

<https://www.poison.org/>



## **2Rape Crisis Line**

800-228-1625

If you or someone you know has experienced sexual violence, remember that you are not alone. Iowa has 24 victim service programs that can help.

## **Rape Victim Advocacy Program (RVAP)**

319-541-9809

801 Main St Ste 1B, Keokuk, IA 52632

M-F 9:00-5:00

24-Hour Support, Advocacy & Referrals RVAP Crisis Line: 800-228-1625 Iowa Sexual Abuse Hotline: 800-284-7821 Provides free, confidential and trauma-informed services, healing, support, education and advocacy for victims to all persons affected by sexual violence.

<https://rvap.uiowa.edu/https://www.facebook.com/R>

## **West Point Fire Department**

319-372-1152

616 Ave F West Point, IA

## **West Point Police**

319-837-6107

313 5th St West Point, IA

## **Wever Fire and Rescue**

319-372-1310

1692 354th Avenue Wever, IA

# **FOOD, CLOTHING & FINANCIAL**

## **Acts 2:45 Closet**

319-470-3154

701 Blondeau St Keokuk, IA 52632

A mission of a small group of caring, friendly and nonjudgmental people here to help anyone in need in the tristate area. Clothing, small household items, etc.

<https://www.facebook.com/acts245closet>

## **Affordable Connectivity Program**

FCC benefit program that provides discounts to eligible households toward internet service and computers.

<http://fcc.gov/acp>

### **American Red Cross**

800-733-276700

Assistance with house fires, floods, winter storms, tornadoes, disaster relief, help for qualified military personnel

<https://www.redcross.org/>

### **Backpack Food Program**

Contact your child's school to ask about the backpack food program.

### **Birthright**

319-524-373324 Hours                      800-550-4900

629 Blondeau, Suite 106, Keokuk, IA 52632

M, F, Sat 10:00-12:00/ W 12:00-4:00

We offer love, friendship, and support to women who are pregnant or think they may be pregnant. Birthright is interdenominational and is not involved in any political activities, or lobbying. Birthright's focus is on loving the mother, reminding her that there is hope and ensuring she is not alone. Services: Information about: Pregnancy, Childbirth, Adoption, Prenatal Care, Community Programs, Parenting skills, Child Care, Referrals for: Medical Support, Financial Resources, Housing, Legal, Social Assistance, Professional Counseling, Free Resources, Pregnancy Tests, Maternity and Baby Items.

<https://birthright.org/keokuk>

### **Bridges Out of Poverty**

319-371-7465

1702 Avenue I, Fort Madison, IA, United States, Iowa

Classes to empower individuals that are struggling in poverty reach their fullest potential, develop their future story, and build a support system.

<https://www.facebook.com/leecountybuildingbridges>

### **Child and Adult Care Food Program (CACFP)**

Community Action of Southeast Iowa

319-209-2864

CACFP is available to registered child care providers. Early childhood education and support for child care professionals.

<http://caofseia.org/services/child-and-adult-care>

**Community Action of Southeast Iowa**

<http://caofseia.org>

Central Office Burlington: 319-753-0193 M-F 8:30-4:30

2850 Mt Pleasant St, Ste 108, Burlington, IA 52601

Community Action of Southeast Iowa is dedicated to alleviating the conditions and causes of poverty by building partnerships and strengthening people through quality services. There are over 20 programs and services offered. These are listed on page 2.

**Neighborhood Centers: Lee County**

Community Action of Southeast Iowa M-F 8-4:30

Keokuk 319-524-6383 220 S 22nd, Keokuk, IA 52632

Fort Madison 319-372-4471 3433 Ave O, Ft. Madison, IA 52627

20+ programs and services for those of low income. Food, utilities, weatherization, senior home repair, WIC, Head Start, family development, information and referral, etc. See the inside front cover for program list.

**Family Development Self-Sufficiency Program (FaDDS)**

Community Action of Southeast Iowa

Home visiting and goal based program for low-income families with a child under 18. Contact local center or Central Office.

<http://caofseia.org>

**Community Services Office/ General Relief**

319-372-5681 307 Bank St, Keokuk, IA

Assistance may include rent, medical, funeral and/or transportation assistance

<https://leecounty.org/pview.aspx?id=20933&catid=2>

**Food Pantries – See list on page 4**

**First Baptist Church**

319-524-3684

8th and Blondeau Keokuk Enter at the door with the ramp

Food pantry every Sun around 11:30/ right after church & 3rd Th 9:00-2:00.

**First Christian Church**

319-372-4193 M,W,Th 9:00-12:30/ T 9:00-4:30

608 10th St, Ft Madison, IA 52627.

Rent, gas, electric, water, gas vouchers, food vouchers

<https://www.fccfmdisciples.org/>

### **Ft Madison United Methodist Church**

319-372-6426 510 9th St, Ft Madison, IA 52627.

Rent, gas, electric, water, gas vouchers

<https://fortmadisonumc.org/>

### **God's Way Christian Center**

319-524-8329

1629 Des Moines St, Keokuk, IA 52632

Soup kitchen, hygiene, ministry, bread ministry, emergency grocery, clothing closet, assistance to Iowa City Hospital.

<https://www.facebook.com/godswaychristiancenter/>

### **Harmony Bible Church, City Hope Foundation**

319-392-4229 M-F 9:00-4:00

Benevolence (helping) ministry, food pantry, groups, Celebrate Recovery, etc. City Hope exists to promote the flourishing of individuals, families, and communities in Southeast Iowa and West-Central Illinois through building relationships, meeting needs, and sharing hope.

#### **The Cupboard with City Hope**

319-237-8400 ext 114 [info@cityhopefoundation.org](mailto:info@cityhopefoundation.org)

1219 Ave H, Fort Madison

Sat 9-noon Food pantry. No documentation necessary

<https://www.cityhopefoundation.org/>

### **Helms Career Resource Center Goodwill**

319-208-0292

1226 Main St, Keokuk, IA

M, T, W 1:00-5:00/ Th, F 10:00-2:00

The career center offers career exploration, assistance accessing community resources, computer and digital skill development, using online tools, interviewing and completing resumes and cover letters and job applications. The center will also coordinate job fair events to connect area employers with job seekers. No appointment is necessary and services are free to all. Low cost clothing.

<https://www.goodwillheartland.org/>

### **Holy Family Parrish**

319-372-2127

1111 Ave E, Ft Madison, IA 52627

Utility assistance

<https://www.holyfamilyfm.com/>

**Iowa Department of Health and Human Services (HHS) (previously DHS)**

Keokuk: 319-524-1052 M-F 8:00-4:30

307 Bank St, Keokuk, IA 52632

Fort Madison: 319-372-3651 M-F 8:00-4:30

933 Ave H, Ft Madison, IA 52627

To report child or dependent adult abuse in Iowa 800-362-2178

To report a change to Medicaid, Food Assistance or FIP 877-347-5678

<https://hhs.iowa.gov/>

**Iowa State University Extension and Outreach Lee County**

319-835-5116 414 N. Main St, Donnellson, IA 52625

Connects parents to age appropriate resources like Just in Time Parenting and Science of Parenting

<https://www.extension.iastate.edu/lee/>

**IRS Volunteer Income Tax Assistance (VITA) Program**

Offers free tax preparation and electronic filing for low- to moderate-income Iowans.

[irs.treasury.gov/freetaxprep](https://irs.treasury.gov/freetaxprep)

<http://irs.treasury.gov>

**Milestones Area Agency on Aging**

319-752-5433509 Jefferson St, Burlington, IA 52601

M-F 8:00-4:30

Information and referrals, senior nutrition, family caregiver programs, counseling, wellness and safety, elder rights and abuse prevention, older worker employment programs. Services for those with disabilities, veterans and family caregivers

<https://www.milestonesaaa.org/>

**Rural Development**

319-986-5800

Grants for home repairs for clients 62 years and up & homeowners. Low interest loans for low income families. Loans to purchase a home at low or very low interest.

<https://www.rd.usda.gov/ia>

### **Salvation Army**

Keokuk: 319-524-6164 M-F 9:00-4:30

31 S 30th St, Keokuk, IA 52632

Fort Madison: 319-372-2770 M-F 10:00-4:00

1415 Ave M, Ft Madison, IA 52627

Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men's ministries, boys & girls club, character building programs, community recreation programs, provides meals.

<https://www.facebook.com/SAKeokuk/>

### **Seventh Day Adventist Church Community Center**

319-520-8592

Community Center: T 9:00-4:00

1631 Ave I, Ft Madison, IA 52627

Free clothing and household items. Furniture available on their Facebook

Church: M-Th 10:00-2:00

1700 Ave I, Ft Madison, IA 52627 319-371-7465

Church offers some financial assistance towards various needs.

<http://fortmadisonia.adventistchurch.org/>

### **Social Security Office**

866-338-4183

3920 Division St, Burlington, IA 52601

M-F 9:00-3:30

<https://www.ssa.gov/>

### **Southeast Iowa Regional Planning**

319-753-5107

211 N Gear Ave, West Burlington, IA 52655

Strengthening the abilities of local communities to meet their individual needs related to home ownership. Grants and low interest loans for home repair and purchasing. SEIRP exists to "Strengthen Southeast Iowa."

<https://www.seirpc.com/>

**Special Supplemental Nutrition Program for Women, Infants and Children (WIC)** Community Action of Southeast Iowa

319-209-2850

2850 Mt. Pleasant St, Ste. 108, Burlington, IA 52601

M-F 8:30-4:30

Provides medical and nutritional assessments, education and supplemental foods for pregnant women, breast feeding and non-nursing mothers, infants and children up to 5 years old.

<http://caofseia.org/services/wic/>

**Spend Smart Eat Smart**

A website from Iowa State University Extension and Outreach. Learn how to feed your family nutritious meals for less money! Find recipes and ideas to help you eat healthy, save money, and stretch your food budget.

[spendsmart.extension.iastate.edu](http://spendsmart.extension.iastate.edu)

**Transitions DMC**

319-209-2217

515 South Main St, Burlington, IA 52601

Emergency Shelter- 30-45 days, 13 beds, intake 10:00-3:00

Day Services- Showers, laundry, warming and cooling centers. Helping the homeless find shelter, homes, food, furniture, clothes, household basics, emergency assistance, and mentoring with a hand up, not a hand out.

<https://www.transitionsdmc.org/>

**Victory Faith Church**

319-372-8484

2359 53rd St, Ft Madison, IA 52627.

Utility and rent help

<https://victoryfaith.online/>

# HEALTH SERVICES

## **Advanced Home Health Care**

319-524-2144

1603 Morgan St, Ste 8, Keokuk, IA 52632

Advanced Home Health Care is a premier provider of services in home care in Burlington and Southeast Iowa to support health, safety and independence. We offer exceptional customer care, comply with all applicable federal civil rights laws, do not discriminate on the basis of race, color, ethnicity, age, disability or gender, and offer sign and other language interpreters and translated written materials on request.

<https://advanced-homehealthcare.com/>

## **Alzheimer's Association**

800-272-3900

We have a variety of services in person, virtual, phone and online to offer the community. All service information, educational opportunities, support group information etc. is located on our website at alz.org or by calling, which is answered by a live person 24/7 to assist callers.

Support group meets at Burlington Public Library the 2nd Tuesday of the month at 10:30 a.m.

<https://www.alz.org/iowa>

## **Birthright**

319-524-3733

24 Hours 800-550-4900

629 Blondeau, Suite 106, Keokuk, IA 52632

M, F, Sat 10:00-12:00/ W 12:00-4:00

We offer love, friendship, and support to women who are pregnant or think they may be pregnant. Birthright is interdenominational and is not involved in any political activities, or lobbying. Birthright's focus is on loving the mother, reminding her that there is hope and ensuring she is not alone. Services: Information about: Pregnancy, Childbirth, Adoption, Prenatal Care, Community Programs, Parenting skills, Child Care, Referrals for: Medical Support, Financial Resources, Housing, Legal, Social Assistance, Professional Counseling, Free Resources, Pregnancy Tests, Maternity and Baby Items.

<https://birthright.org/keokuk>



### **Blessing Health Keokuk Clinic**

319-524-0123

1414 Main St, Keokuk, IA 52632

M-F 8:00-5:00

This clinic provides primary care, specialty care including occupational health services to resident of the Tri-State area.

<https://www.blessinghealth.org/keokukclinic>

### **Brain Injury Alliance of Iowa**

855-444-6443

1556 S. First Ave, Suite A, Iowa City, Iowa 52240

M-F 8-4:30

We provide fee-free services such as Neuro Resource Facilitation to help people with brain injuries, their families, caregivers, and the community navigate medical & general life challenges. We also offer support groups, resource library, education/training, case consultation, and our Iowa Brain Injury Resource Network (IBIRN).

<https://biaia.org/>

### **Child Health Specialty Clinics (CHSC)**

641-682-8145

609 Church St., Ottumwa IA 52501

M-Th 8:00-4:30

CHSC provides gap-filling clinical services, care coordination, and family to family support through wide array of special programs for children with special needs

<https://chsciowa.org/>

### **Community Health Centers of Southeast Iowa (CHC)**

319-524-5734

400 N 17th St, Keokuk, IA 52632 General Health

1620 Main St, Keokuk, IA 52632 Dental

Primary Care, Dental, Behavioral Health, Pain Clinic, and Addiction Services. Accepts most Insurances, and Iowa, Illinois, and Missouri Medicaid. A Sliding fee discount is available for households that qualify.

<https://www.chcseia.com/>

### **Domestic Violence Intervention Program (DVIP)**

800.373.1043 PO Box 644 Burlington, IA 52601

Provides comprehensive domestic violence services. 24-hour crisis line, medical advocacy, legal advocacy, court advocacy support, individual counseling, referrals, protection orders, educational presentations, emergency cellular phones, domestic violence support group, sexual assault support group, child support group, pictures of injuries, agency training, volunteer and staff training.

<https://dvipiowa.org/> <https://www.facebook.com/iowadvip/>

### **Every Step Hospice**

319-385-4472 118 N. Main, Mt. Pleasant, IA 52641

Hospice Care & ExtraCare services care for the terminally ill that include nursing, home health aides, chaplain services, volunteers, social workers, pharmacists, medical equipment, and bereavement counseling. HCI Palliative Medicine available to chronically and seriously ill individuals that are still seeking treatment but are looking for comfort care.

<https://www.everystep.org/services/hospice>

### **Family Planning of Southeast Iowa by Great River Health**

319-768-1225 10-6 Mon, Tues, Thurs; 1-5 Wed; 8-1 Fri

Walk-ins welcome

801 S Roosevelt, Suite C Burlington, IA 52601

Affordable reproductive health services. Comprehensive, confidential care including testing, treatment and health education. Well-woman and well-man examinations, Birth-control methods on site – pills, implants, IUDs, shots, spermicide and emergency contraception and free condoms, Pap smears and breast examinations, Sexually transmitted disease (STD) testing and treatment, Rapid HIV testing, Genital wart treatment, Urinary-tract and vaginal infection testing and treatment, Pregnancy testing, counseling and referral, Gardasil vaccinations. Preventive and reproductive health education.

<https://www.greatriverhealth.org/family-planning/>

### **Great Prairie Area Education Agency/Early ACCESS**

641-682-8591 or 800-622-0027

3601 West Ave, Burlington, IA 52601

M-F 8:00-4:30 Specialized services for children and students with diverse learning needs, including identification, diagnosis, planning, and therapies for those with disabilities

<https://www.gpaea.org/> <https://www.facebook.com>

### **Hawk-I**

800-257-8563

Health & Dental insurance coverage for newborn to age 19. For those who do not qualify for Medicaid.

<https://dhs.iowa.gov/hawki>

### **Heritage Medical Equipment & Supplies**

319-768-4300

624 S. Roosevelt Ave, Burlington, IA 52601

1223 S. Gear Ave, Eastman Plaza West Burlington, IA 52655

M-F 9:00-5:00 Offered medical supply equipment.

<https://www.greatriverhealth.org/our-locations/he>

### **InfantSEE**

888-396-3937

Public health program, local optometrists who provide a no-cost infant eye exam to infants, age 6 months – 1 year.

<https://www.infantsee.org/>

### **Iowa Department of Health and Human Services (HHS) (previously DHS)**

Keokuk: 319-524-1052                      M-F 8:00-4:30

307 Bank St, Keokuk, IA 52632

Fort Madison: 319-372-3651        M-F 8:00-4:30

933 Ave H, Ft Madison, IA 52627

To report child or dependent adult abuse in Iowa                      800-362-2178

To report a change to Medicaid, Food Assistance or FIP    877-347-5678

<https://hhs.iowa.gov/>

### **Iowa Department of Public Health**

515-601-0142

Division of behavioral health, bureau of HIV, STD and Hepatitis, rural outreach covers Lee County

<https://idph.iowa.gov/>

### **Iowa Managed Care Organizations (MCOs) Iowa Total Care**

Member Services: 1-833-404-1061                      State Health Insurance

<https://www.iowatotalcare.com/>

### **Iowa Managed Care Organizations (MCOs) Amerigroup Iowa, Inc.**

Member Services: 800-600-4441                      State Health Insurance

[www.myamerigroup.com/ia](http://www.myamerigroup.com/ia) <http://www.myamerigroup.com>

### **Iowa Medicaid Providers**

800-338-7909

<https://hhs.iowa.gov/ime/providers>

### **Iowa Office of Consumer Affairs (OCA)**

855-622-4692

Statewide Children and Adult Mental Health Resources. A program run by peers with personal lived experience with mental illness. Free and confidential service. Information on providers, Day services, legal issues, housing/homelessness, guardianship, crisis referral, out-of-home placement, employment, support groups and classes, insurance, peer support and disability.

<https://www.ocaiowa.org/>

### **Lee County Health Department**

800-458-6672 ext 3524

#3 John Bennett Drive, PO Box 1426, Ft Madison, IA

Homecare, Hospice, Community Health, HOPES, Oral Health, Maternal and Child Health, Environmental Services, Screenings, Vaccinations, Home Visits, Health Clinics, Parenting Programs, and more.

<https://leecountyhd.org/>

### **Lions Club**

State contact: 515-232-2215

[iowalions@aol.com](mailto:iowalions@aol.com)

Local Contact: [Greg.Fleming@edwardjones.com](mailto:Greg.Fleming@edwardjones.com) 319-524-8023

Lions Clubs are working to end preventable blindness. Preschool vision screening. Assistance obtaining corrective lenses.

[https://e-clubhouse.org/sites/fort\\_madison/](https://e-clubhouse.org/sites/fort_madison/)

<http://clubs.iowalions.org/fortmadison/contact.html>

### **Mental Health Southeast Iowa Regional Medical Center**

319-376-1130

5409 Ave O Ste 125, Ft Madison, IA 52627

Southeast Iowa Regional Medical Center provides treatment for adults and children with mental health conditions. Our staff works with patients and their families to help them optimize the management of addictions and illnesses. Some of services we offer include medication management, diagnostic evaluations, and addiction medical management and counseling. We treat many psychiatric conditions, from clinical depression to anxiety and personality disorders.

<https://www.greatriverhealth.org/health-services/>

### **My Care Walk-In Clinic**

319-376-2134

5409 Ave O, Suite 1, Ft Madison, IA 52627

M-F 10:00-6:00/ Sat 8:00-2:00

Our walk-in clinic provides services for sudden illnesses or injuries that are not life-threatening. We have on-site laboratory and X-ray services.

### **My IA Condoms**

Sexual health. Find where free condoms are available in the community. Discover where STD testing is offered and other resources.

<https://www.myiacondoms.org/>

### **Physicians & Surgeons**

319-376-2134

5409 Ave O, Ft Madison, IA 52627

Doctor office

### **Quincy Medical Group**

319-524-4300

1603 Morgan St, Keokuk, IA 52632

With over 155 doctors, nurse practitioners, & physician assistants, QMG offers care in 16 locations throughout Illinois, Iowa, & Missouri.

### **Ryan White Program**

319-800-5561

[jmuller@riverhillshealth.org](mailto:jmuller@riverhillshealth.org)

A program that works with persons living with HIV. The program is for those who do not have sufficient health care coverage or financial resources for coping with HIV disease. Fills gaps in care not covered by these other sources.

### **Southeast Iowa Regional Medical Center**

319-372-6530

5445 Avenue O, Ft Madison, IA 52627

Southeast Iowa Regional Medical Center is a 378-bed regional, integrated health-care system that includes acute, skilled and long-term care, retail pharmacies, retail medical equipment and supplies services, an outpatient renal dialysis center, and a network of specialty and primary-care clinics.

<https://www.greatriverhealth.org/>

### **St Luke's (Cedar Rapids)**

319-369-7211

1026 A Ave NE, Cedar Rapids, IA 52406

<https://www.unitypoint.org/cedarrapids/default.as>

### **U of I Children's Hospital**

877-686-0031

100 Hawkins Drive, Iowa City, IA 52242

<https://uihc.org/>

### **Unity Point Health - St. Luke's (Cedar Rapids)**

319-369-7211

1026 A Ave. NE, Cedar Rapids, IA 52406

<https://www.unitypoint.org/cedarrapids/default.as>

### **University of Iowa Health Care**

319-356-1616

200 Hawkins Dr., Iowa City, IA 52242

<https://uihc.org/>

### **Urgent Care: Outpatient Services Plaza**

319-768-4320

1321 S. Gear Ave, West Burlington, IA 52601

M-F 7:00-7:00/ Sat-Sun 9:00-4:00

No appointment necessary. Open to anyone 18 months or older.

<https://www.greatriverhealth.org/health-services/>

### **Veterans Memorial Hospital**

319-338-0581 or 866-687-7382

601 Hwy 6 West, Iowa City, IA 52246

Veterans Memorial Hospital enhances the lives of those we serve by providing an exceptional healthcare experience with compassion.

<https://www.va.gov/iowa-city-health-care/>

## **HOUSING**

### **Burlington Area Homeless Shelter**

319-754-6791

123 N. Marshall St, Burlington, IA 52601

We provide emergency shelter and support to those in need. We work with outside resources, work on personal goals and budget planning and provide most needs during their stay. Must have an Iowa ID and be willing to work. We do not take sex offenders or anyone with an active warrant. Funded by the community and United Way.

<https://burlingtonareahomelessshelter.wordpress.com>

### **Coordinated Entry**

833-739-0065

Assistance for persons experiencing homelessness or at risk of a housing crisis in Iowa.

[iowahousinghelp.com](http://iowahousinghelp.com) [homeforwardiowa.org/coordina](http://homeforwardiowa.org/coordina)

### **Eagle Bluff Apartments**

319-376-1311

2803 Ave A, Ft Madison, IA 52627

Income based housing for 62 & older or disabled/handicapped.

### **Emma Cornelis Hospitality House**

319-372-3983

2733 Ave N, Ft Madison, IA

Temporary housing for those who are homeless.

### **Ft Madison Housing Authority**

319-372-6083

1102 48th St, Ft Madison, IA 52627

To apply for housing vouchers

<https://www.fortmadison-ia.com/390/Fort-Madison-H>

### **Ft Madison Park Apartments**

319-376-1311

1125 – 48th St, Ft Madison, IA

Income based housing for 62 & older or disabled/handicapped.

### **Housing Search**

866-265-7811

<https://iowahousingsearch.org/>

### **HUD (Housing and Urban Development)**

800-955-2232

Helps with housing assistance.

### **Iowa Finance Authority**

800-432-7230

Mortgage, down payment and closing costs assistance programs

<https://www.iowafinance.com/find-a-program>

### **Iowa Homeowner Assistance Fund Program**

888-668-0927

Assist eligible Iowa homeowners in avoiding foreclosure

[iowafinance.com/IHAF](http://iowafinance.com/IHAF) <http://iowafinance.com/IHAF>

**Journey House, Transitional Housing (Burlington)**

319-850-8699

Transitional housing for up to three months and supportive services for those who have experienced domestic violence. Domestic Violence Intervention Program (DVIP)

<http://www.burlingtony.org/womens-shelter>

**Keokuk Housing Authority**

319-850-8699 111 S. 2nd St, Keokuk, IA 52632

To apply for housing vouchers

[http://www.homelessnessinamerica.com/html/Low\\_Inc](http://www.homelessnessinamerica.com/html/Low_Inc)

**Keokuk Park Apartments**

319-524-4176

868 Johnson St Rd #H5, Keokuk, IA 52632

Income based 2-3 bedroom units. No pets. Family based.

**Keokuk Senior Lofts**

319-774-1251

925 Main St, Keokuk, IA 52632

Income based housing for 55 years & up.

<https://www.mvahpartners.com/properties/keokuk-se>

**Lydia's House**

309-331-0248

PO Box 1317, Keokuk, IA 52632 Lydia's House is a faith based transitional living experience that assists women who choose to leave an environment of addiction or abuse.

<https://www.lydiashousetrystate.org/>

**Neighborhood Centers: Lee County**

<https://caofseia.org>

Community Action of Southeast Iowa M-F 8-4:30

Keokuk 319-524-6383 220 S 22nd, Keokuk, IA 52632

Fort Madison 319-372-4471 3433 Ave O, Ft. Madison, IA 52627

20+ programs and services for those of low income. Food, utilities, weatherization, senior home repair, WIC, Head Start, family development, information and referral, etc. See the inside front cover for program list.

**River Terrace**

319-524-8856

128 Bank St, Keokuk, IA 52632 Income based housing for 62 years & older, or disabled.



## **Rural Development**

319-986-5800

Grants for home repairs for clients 62 years and up & homeowners. Low interest loans for low income families. Loans to purchase a home at low or very low interest.

<https://www.rd.usda.gov/ia>

## **Salvation Army**

Keokuk: 319-524-6164 M-F 9:00-4:30

31 S 30th St, Keokuk, IA 52632

Fort Madison: 319-372-2770 M-F 10:00-4:00

1415 Ave M, Ft Madison, IA 52627

Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men's ministries, boys & girls club, character building programs, community recreation programs, provides meals.

<https://www.facebook.com/SAKeokuk/>

## **Serenity House**

319-850-8699

Up to 3 months of transitional living for victims of domestic violence (women, men families) while we work on helping them to transition to living independently

24-Hour Crisis Line: 800-693-1399

<https://dviopiowa.org/> <https://www.facebook.com>

## **Southeast Iowa Regional Housing Authority (Section 8)**

319-753-5109

218 N 3rd St, Ste 309, Burlington, IA 52601

Rental assistance under section 8 housing choice voucher program outside of Burlington city limits, includes Des Moines, Henry, Lee, and Louisa Counties

<http://www.seirha.com/>

## **Southeast Iowa Regional Planning**

319-753-5107

211 N Gear Ave, West Burlington, IA 52655

Strengthening the abilities of local communities to meet their individual needs related to home ownership. Grants and low interest loans for home repair and purchasing. SEIRP exists to "Strengthen Southeast Iowa."

<https://www.seirpc.com/>

**Talbot Sober Living House**

319-795-5535 810 Timea St, Keokuk, Iowa 52632

Housing for men in recovery. Must be clean on arrival. Low-income apartments in Ft Madison & Keokuk.

<https://www.facebook.com/supportcommunityliving/>

**Transitional Living**

DVIP Journey House	Burlington, IA	319-850-8699
DVIP Serenity House	Keokuk, IA	319-850-8699
Talbot Sober Living	Keokuk, IA	319-795-5535
Lydia’s House (Women)	Keokuk, IA	309-331-0248
The Refuge House (Men)	Olds, IA	319-201-8187
New Life (Women)	Wayland, IA	319-201-8187
Transitions DMC	Burlington, IA	319-209-2217

**Transitions DMC**

319-209-2217

515 South Main St, Burlington, IA 52601

Emergency Shelter- 30-45 days, 13 beds, intake 10:00-3:00

Day Services- Showers, laundry, warming and cooling centers. Helping the homeless find shelter, homes, food, furniture, clothes, household basics, emergency assistance, and mentoring with a hand up, not a hand out.

<https://www.transitionsdmc.org/>

**USDA Rural Development**

319-986-5800

709 S. Iris St., Ste 103, Mt. Pleasant

Provides loans and grants for home purchases and home repairs outside the city limits of Burlington/West Burlington.

[usda.gov/topics/rural/housing-assistance](https://usda.gov/topics/rural/housing-assistance)

**Westport Terrace Apartments**

319-313-8027

950 Johnson St Rd, Keokuk, IA 52632

Affordable family housing. 2-, 3- and 4-bedroom. Income Limits Apply.

<https://westportterraceapts.com/>

# LEGAL

## **Attorney Referral Services of the Iowa State Bar Association**

800-532-1108

Find a lawyer and get a referral for a lawyer.

<https://www.iowafindalawyer.com/>

## **Bar Association Volunteer Board**

800-325-2909 or 515-243-3179

625 E. Court Ave, Des Moines, IA 50309

M-F 8:00-5:00

Its mission is to support members and their service to clients, community, and the judicial system.

## **Disability Rights Iowa**

800-779-250200

666 Walnut St. Ste 1440, Des Moines, IA 50309

Intake hours- M,W,F 9:00-2:00

Spanish intake hours- T 11:00-1:00/ TH 4:00-6:00

Disability Rights Iowa aims to defend and promote the human and legal rights of Iowans with disabilities and mental illness. We promote safety, opportunity, access and self-determination for all Iowans. Online intake are available.

<https://disabilityrightsowa.org/>

## **Eight Judicial District**

319-524-6591

1508 Morgan St, Keokuk, IA 52632

Provide community-based correctional services to the fourteen counties in southeast Iowa that comprise the Eighth Judicial District

## **Eight Judicial District**

319-372-6678

811 Ave G, Ft Madison, IA 52627

Juvenile Court Services

710 Avenue F, Ft Madison, IA 52627

Provide community-based correctional services to the fourteen counties in southeast Iowa that comprise the Eighth Judicial District

## **Iowa Concern Line by ISU**

800-447-1985

Financial questions. Legal education stress counseling, disaster resources and referral.

<https://www.extension.iastate.edu/iowaconcern/>

**Iowa Legal Aid**

800-532-1275

1700 S. 1st Ave, Ste. 10, Iowa City, IA 52240

M-F 9:00-11:00 & 1:30-3:30 Provides critical legal assistance to low-income and vulnerable Iowans who have nowhere else to turn.

[www.iowalegalaid.org](http://www.iowalegalaid.org) <https://www.iowalegalaid.org/>

**Iowa State Public Defender**

319-753-5163

216 S. 3rd St., Burlington, IA 52601

M-F 8:00-4:30

Attorney for people who can not afford one.

<https://spd.iowa.gov/>

**Iowa Victim Service Call Center**

800-770-1650 text "IOWAHELP" to 20121 for support for crime victims and concerned loved ones.

<https://survivorshelpline.org>

**Lee County Sherriff**

319-372-1152

2530 255th St Montrose, IA

**Residential Facility (Halfway House)**

319-753-5178

835 Valley St, Burlington, IA 52601

T, Th, Sat, 6:30pm-9:00pm/ Sun 1:30-4:30A 63-bed male facility that provides highly structured live-in supervision for higher need offenders exiting prison (on parole or probation). Provides an alternative between street supervision and incarceration.

<https://doc.iowa.gov/about-us/about-community-base>

**State Attorney General**

515-281-5926 or 888-777-4590 or 800-373-5044

Consumer Protection Division protects Iowa consumers from fraud, and Crime Victim Assistance Division provides services and assistance to victims of violent crimes

<https://www.iowaattorneygeneral.gov/>

# LIBRARIES

## **Donnellson Public Library**

319-835-5545

411 Main St, Donnellson, IA 52625

## **Ft Madison Public Library**

319-372-5721

1920 Avenue E, Ft Madison, IA 52627

## **Iowa Department for the Blind**

515-281-1333 800-362-258700

524 Fourth Street, Des Moines, IA 50309

Vocational Rehabilitation Programs, Independent Living Program, Adult Orientation and Adjustment Center, Library for the Blind and Print Disabled, Business Enterprises Program, Public Education and In-Service Training

<https://blind.iowa.gov/>

## **Keokuk Public Library**

319-524-1483 210 N. 5th St, Keokuk, IA 52632

<https://www.keokuklibrary.org/>

## **Montrose Public Library**

319-463-5532 200 Main St, Montrose, IA 52639

<https://www.leeco.lib.ia.us/montrose>

## **Southeastern Community College Library**

319-524-1483

3350 Messenger Rd, Keokuk, IA 52632

<https://www.sciowa.edu/aboutscc/ourlocations/keokuk>

## **West Point Public Library**

319-524-1483

317 5th St, PO Box 236, West Point, IA 52656

<https://www.westpoint.lib.ia.us/>

# RECREATION

## **4-H Clubs Iowa State University Extension and Outreach Lee County**

319-671-7165

414 N. Main St, Donnellson, IA 52625

4H Clubs and 4H Clover Kids Clubs are through the Iowa State University Extension and Outreach Office

<https://www.extension.iastate.edu/desmoines/page/>

### **Boy Scouts Field Office**

319-754-8413

3007 Flint Hills Drive, Burlington, IA 52601

M-F 9:30-5:30

Boy Scouts and Cub Scouts are programs in each school neighborhood for boys in grades 1 – 12 (co-ed in high school) that build self-esteem, resourcefulness and leadership skills.

<https://www.mississippivalleybsa.org/>

### **Girl Scouts**

319-752-3639

1308 Broadway, West Burlington, IA 52655

M-F 8:00-5:00

Girls build character and skills for success in the real world. This is for school age girls. (Girl Scouts of Eastern IA & Western IL)

<https://www.girlscoutstoday.org/>

### **Keokuk Iowa Tourism Bureau and Visitor Center**

319-524-5599

428 Main Street, Keokuk, IA 52632

M-F 8:00-5:00 Come learn what you didn't know about keokuk.

<https://keokukiowatourism.org/>

### **Lee County Conservation**

319-463-7673

2652 Highway 61, Montrose, IA 52639

M-F 8:00-4:30

Lee County Conservation manages 30 individual parks, wildlife areas, historic sites, and water recreation access points - encompassing some 2,796 acres across the county. LCC offers a wide variety of environmental education programs and outdoor recreational opportunities, including camping, hiking, fishing, hunting, kayaking, swimming, and more!

<https://www.leecounty.org/pview.aspx?id=20840&cat>

### **Local Community Events and Links**

A place to find out about community events and links.

[www.caofseia.org/events](http://www.caofseia.org/events)

## **YMCA**

319-524-6724

2126 Plank Rd, Keokuk, IA 52632

M-Th 5:00-9:30/ F- 5:00-7:00/ Sat 8:00-5:00/ Sun 11:00-5:00Adults, children & youth programs, aquatics, sports activities, family activities, dances, health & fitness, 55+ program, child care center, babysitting, before & after school programs, parent's day out, kids' gym daycare. Scholarships are available on a need bases.

<https://hoernerymca.org/> <https://www.facebook.com>

## **YMCA**

319-372-2403

220 26th St, Ft Madison, IA 52627.

M-F 5:00-9:00/ Sat 8:00-5:00/ Sun 10:00-5:00

Adults, children & youth programs, aquatics, sports activities, family activities, dances, health & fitness, 55+ program, child care center, babysitting, before & after school programs, parent's day out, kids' gym daycare. Scholarships are available on a need bases.

<https://www.fortmadisonny.org/>

# **SENIORS**

## **Alzheimer's Association**

800-272-3900

We have a variety of services in person, virtual, phone and online to offer the community. All service information, educational opportunities, support group information etc. is located on our website at alz.org or by calling, which is answered by a live person 24/7 to assist callers. Support group meets at Bulington Public Library the 2nd Tuesday of the month at 10:30 a.m.

<https://www.alz.org/iowa>

## **Americorps Senior Volunteer Program (previously RSVP)**

United Way of the Great River Region

319-372-8043 [rsvp@unitedwaygrr.org](mailto:rsvp@unitedwaygrr.org)

A network of national service programs for Americans 55 years and older, made up of three primary programs that each take a different approach to improving lives and fostering civic engagement.

AmeriCorps Seniors volunteers commit their time to address critical community needs including academic tutoring and mentoring, elderly care, disaster relief support, and more.

<https://unitedwaygrr.org/amicorps/>

### **AmeriCorps Seniors Volunteer Program**

319-372-8043

AmeriCorps Seniors is a network of national service programs for Americans 55 years and older, made up of three primary programs that each take a different approach to improving lives and fostering civic engagement.

<https://unitedwaygrr.org/americorps/>

### **Donnellson Health Center**

319-835-5621 901 State St, Donnellson, IA 52625

Long term care center, rehabilitation, memory care unit.

### **Heritage Senior Center**

319-524-5464 508 Main St, Keokuk, IA 52632

M- 8:30-9:00/ T- F 8:30-1:30/ Sun 11:30-3:00

Meals and camaraderie for seniors. Activities include daily lunches, BINGO, exercise classes, etc.

### **Milestones Area Agency on Aging**

319-752-5433

509 Jefferson St, Burlington, IA 52601

M-F 8:00-4:30

Information and referrals, senior nutrition, family caregiver programs, counseling, wellness and safety, elder rights and abuse prevention, older worker employment programs. Services for those with disabilities, veterans and family caregivers

<https://www.milestonesaaa.org/>

### **Neighborhood Centers: Lee County**

<https://caofseia.org>

Community Action of Southeast Iowa M-F 8-4:30

Keokuk 319-524-6383 220 S 22nd, Keokuk, IA 52632

Fort Madison 319-372-4471 3433 Ave O, Ft. Madison, IA 52627

20+ programs and services for those of low income. Food, utilities, weatherization, senior home repair, WIC, Head Start, family development, information and referral, etc. See the inside front cover for program list.

### **Rural Development**

319-986-5800

Grants for home repairs for clients 62 years and up & homeowners. Low interest loans for low income families. Loans to purchase a home at low or very low interest.

<https://www.rd.usda.gov/ia>



### **Salvation Army**

Keokuk: 319-524-6164 M-F 9:00-4:30

31 S 30th St, Keokuk, IA 52632

Fort Madison: 319-372-2770 M-F 10:00-4:00

1415 Ave M, Ft Madison, IA 52627

Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men's ministries, boys & girls club, character building programs, community recreation programs, provides meals.

<https://www.facebook.com/SAKeokuk/>

### **Senior Health Insurance Information Program (SHIIP)**

319-768-3342

1221 S. Gear Ave, West Burlington, IA 52655

Free, confidential service of the State of Iowa that provides unbiased information to help Iowans make decisions about Medicare and other health coverage

<https://www.greatriverhealth.org/about-us/senior->

### **Social Security Office**

866-338-4183

3920 Division St, Burlington, IA 52601

M-F 9:00-3:30

<https://www.ssa.gov/>

## **SUBSTANCE USE**

### **Alcohol and Drug Dependency Services (ADDS)**

319-524-4397

928 Main Street Keokuk, Iowa 52632

M-F 8:00-5:00

Outpatient substance abuse treatment, residential substance treatment (Burlington), problem gambling treatment, Drug Free Workplace programming, prevention education, substance abuse screenings, OWI screenings and classes, Juvenile Diversion. Problem gambling crisis intervention 800-BETS-OFF

<https://addsiowa.org/> <https://www.facebook.com/>

### **Celebrate Recovery**

319-237-8400 ext 301

1602 Ave F, Ft Madison, IA 52627 (Harmony Bible)

Tuesday 6:30 Meal, 7:00 program

A Christ Centered Recovery Program. Childcare provided for 0-3 year olds.

<https://www.harmonybiblechurch.org/celebrate-recovery>

### **Counseling Associates, Inc**

319-524-0510

1522 Morgan Street Keokuk, IA

319-372-7689

1014 Ave H., Fort Madison, IA

Serving Lee and Des Moines Counties. Individuals are eligible for Integrated Health Home (IHH) services if the individual is enrolled in Medicaid and is an adult with a serious mental illness

<https://www.counselingassociatesonline.com/>

<https://www.facebook.com/CounselingAssociatesInc/>

### **GuideLink Center**

319-688-8000

300 Southgate Ave, Iowa City, IA

A welcoming center offering urgent mental health and substance use care for adults. Services include behavioral health crisis stabilization, sobering service, detoxification, and referrals to affiliated partners.

<https://www.guidelinkcenter.org>

### **Iowa State University Extension and Outreach Lee County**

319-835-5116

414 N. Main St, Donnellson, IA 52625

Connects parents to age appropriate resources like Just in Time Parenting and Science of Parenting

<https://www.extension.iastate.edu/lee/>

### **Life Connections Peer Recovery Services**

563-659-1171 DeWitt, Iowa

Rhonda's House- peer run respite that supports individuals who are experiencing mental health and substance addiction issues and who want to work on their recovery goals and situations before getting into a crisis situation. 7 day free stay.

<https://www.lifeconnectionsrecovery.org>

## **National Alliance on Mental Illness (NAMI)**

319-750-2220

The Loft 416 Jefferson Street, Burlington, IA 52601

NAMI Southeast Iowa has Mental health educational and informational programs and classes for people with mental health conditions and those who love them. Mental Health support groups meet on the first and third Monday of the month on the mezzanine of The Loft

[namisoutheastiowa@gmail.com](mailto:namisoutheastiowa@gmail.com)   <https://nami.org/>

## **Quitline Iowa**

800-784-8669

Quitting tobacco is a process. Whether you are thinking about quitting, are not yet ready to quit, or have already quit, Quitline Iowa can help you with each step of the way.

<https://www.quitlineiowa.org/en-US/>

## **River Cross, Dual Diagnosis Program Hope Haven**

319-754-4689 or 319-237-1072

River Cross is a 15 bed community based Residential Care Facility developed to provide individualized supportive services to adults who are dually diagnosed with mental illness and substance abuse addiction.

<https://www.hopehavencorp.com/dual-diagnosis-service>

## **Southeast Iowa Regional Medical Center**

319-372-6530

5445 Avenue O, Ft Madison, IA 52627

Southeast Iowa Regional Medical Center is a 378-bed regional, integrated health-care system that includes acute, skilled and long-term care, retail pharmacies, retail medical equipment and supplies services, an outpatient renal dialysis center, and a network of specialty and primary-care clinics.

<https://www.greatriverhealth.org/>

## **The Best You Collation**

319-293-2579

1313 1st Street Keosauqua, IA 52565

2285 Middle Rd, Keokuk, IA 52632 with a virtual option (Zoom 2nd Tuesday of the Month at 4:00 at Keokuk Community High School) The Best You Coalition is a comprehensive substance use prevention and healthy lifestyles group that seeks to stimulate

community involvement to promote responsible behaviors among youth and adults.

<https://www.facebook.com/The-Best-You-11042887067>

# SUPPORT GROUPS

## **Al-Anon**

319-754-7591

2411 West Ave, Burlington, IA 52601 (in Messiah Lutheran Church)

T 12:00

Help and hope for families and friends of alcoholics.

<https://al-anon.org/>

## **Alcohol Anonymous and Narcotics Anonymous Groups (AA/NA)**

319-753-6567

Call ADDS for current listing of group meetings where and when.

<https://addsiowa.org/> <https://www.facebook.com/>

## **Alzheimer's Association**

800-272-3900

We have a variety of services in person, virtual, phone and online to offer the community. All service information, educational opportunities, support group information etc. is located on our website at alz.org or by calling, which is answered by a live person 24/7 to assist callers. Support group meets at Burlington Public Library the 2nd Tuesday of the month at 10:30 a.m.

<https://www.alz.org/iowa>

## **Building Bridges Out of Poverty**

(319) 371-7465

1702 Avenue I, Fort Madison, IA, United States, Iowa

Classes to empower individuals that are struggling in poverty reach their fullest potential, develop their future story, and build a support system.

<https://www.facebook.com/leecountybuildingbridges>

## **Celebrate Recovery**

319-237-8400 ext 301

1602 Ave F, Ft Madison, IA 52627 (Harmony Bible)

Tuesday 6:30 Meal, 7:00 program

A Christ Centered Recovery Program. Childcare provided for 0-3 year olds.

<https://www.harmonybiblechurch.org/celebrate-recovery>

## **Greif Share**

Steve Johnson 319-520-8658

Evangelical Free Church: 2315 S 7th St, Keokuk, IA

Mondays 630-830 Join anytime. For anyone who is experiencing grief through a loss. Video and book based group.

### **National Alliance on Mental Illness (NAMI)**

319-750-2220

The Loft 416 Jefferson Street, Burlington, IA 52601

NAMI Southeast Iowa has Mental health educational and informational programs and classes for people with mental health conditions and those who love them. Mental Health support groups meet on the first and third Monday of the month on the mezzanine of The Loft

[namisoutheastiowa@gmail.com](mailto:namisoutheastiowa@gmail.com)   <https://nami.org/>

### **National Maternal Mental Health Hotline**

833-943-5746

24/7 Free Confidential Hotline for pregnant and new moms in English and Spanish. Phone or text access to professional counselors, real time support and information, resources, referrals, culturally sensitive support, services in over 60 languages

<https://mchb.hrsa.gov/national-maternal-mental-health>

### **Stroke Support Group**

319-768-4200

1221 S. Gear Ave, West Burlington, IA 52655

Meets the 3rd Wednesday of every month at 10 am at GRMC's Blackhawk Room, below the Center for Rehab.

Stroke survivors and/or caregivers are welcome to attend. Different speaker every month with time to share/support others if interested.

<https://www.greatriverhealth.org/>

### **Wrightslaw Yellow Pages for Kids. (IA)**

Yellow pages for kids with disabilities, find educational consultants, psychologists, diagnosticians, health care specialists, academic tutor, speech language therapists, advocates and attorneys. You will also find government programs, grassroots organizations, special education school, and parent support groups

<https://www.yellowpagesforkids.com/help/ia.htm>

### **Your Life Iowa**

call 855-581-8111 Text 855-895-8398

Spanish Speaking Helpline 515-895-3936

Free, confidential support for issues with alcohol, drugs, gambling, suicidal thoughts and mental health. Available 24/7

<https://yourlifeiowa.org/>

# TRANSPORTATION

## **Amerigroup Iowa (Access2Care)**

844-544-1389

Mileage reimbursement or non-emergency Medicaid transportation.

## **Amtrak Train Depot**

800-872-7245

300 S. Main St, Burlington, IA 52601

1601 20th St, Ft Madison, IA 52627.

<https://www.amtrak.com/>

## **Lee County Treasurer**

Keokuk: 319-526-8569 M-F 8:30-4:30 25 North 7th Street Keokuk, IA

Fort Madison: (319) 372-3405 933 Ave H, Fort Madison, IA

The Treasurer is responsible for the proper receipt, accounting and disbursement of county funds within proper policies established by the State of Iowa. License Plate

<https://www.iowatreasurers.org/>

## **SEIBUS (Public Transportation)**

319-753-5107 or 866-753-5107

211 N. Gear Ave, West Burlington, IA 52655

Providing Public Transit Service for Southeast Iowa including Lee, Henry, Louisa and rural Des Moines Counties. From these counties to Iowa City. Curb to Curb service available to general public and those with disabilities. Wheelchair Accessible. Call at least 24 hours in advance for reservations

<https://seibus.org/>

## **Trailways**

319-524-6782 800-992-4618

629 Blondeau St, Keokuk, IA 52632

5002 Ave O, Ft Madison, IA 52627.

<https://trailways.com/>

# VETERANS

## **American Legion**

319-524-7831 727 Main St, Keokuk, IA 52632

319-837-6711 309 5th St, West Point, IA 52656

319-878-3908 103 S Front St, Farmington, IA 52626

Focusing on service to veterans, service members and communities.

<https://www.legion.org/>

## **Burlington VA Outpatient Clinic**

319-752-3722

1000 N. Roosevelt Ave Ste 7, Burlington, IA 52601

M-F 8:00-4:00

Primary healthcare for veterans

[https://www.va.gov/find-locations/facility/vha\\_63](https://www.va.gov/find-locations/facility/vha_63)

## **Home Base Iowa**

A one-of-a-kind program assisting veterans and transitioning service members. Visit the website to learn more about the Veteran's welcome package, participating employers, and other resources.

[homebaseiowa.gov/resources/communitites/des-moines](http://homebaseiowa.gov/resources/communitites/des-moines)

## **Lee County Veterans Affairs**

319-372-5853 701 Ave F, Ft Madison, IA 52627

319-524-7831 727 Main St, Keokuk, IA 52632

This office assists Veterans with obtaining benefits at county, state and federal level, and provides help in filing VA service-connected disability claims.

<https://www.leecounty.org/pview.aspx?id=20855&cat>

## **Salvation Army**

Keokuk: 319-524-6164 M-F 9:00-4:30

31 S 30th St, Keokuk, IA 52632

Fort Madison: 319-372-2770 M-F 10:00-4:00

1415 Ave M, Ft Madison, IA 52627

Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men's ministries, boys & girls club, character building programs, community recreation programs, provides meals.

<https://www.facebook.com/SAKeokuk/>

**VA Home Front**

877-424-3838

Help for vets with housing, jobs, health care, education, and more.

**VA Homeless Programs**

877-424-3838 (877-4AID-VET)

24-hour hotline Provides assistance to veterans who are homeless or at risk of being homeless.

<https://www.va.gov/homeless>

**Veteran's Assistance at Iowa Workforce**

319-753-1671 ext 31411

Veteran Career Planners (VCPs) are located in most IowaWORKS Centers across the state. VCPs work directly with eligible veterans and other eligible persons by providing individualized career services to prepare for and secure suitable employment. Such services include: Comprehensive assessments of skills levels.

[Burlington.WFC@iwd.iowa.gov](mailto:Burlington.WFC@iwd.iowa.gov) <https://www.iowawork.com/veterans>

**Veteran's Homelessness Assistance**

877-424-3838

If you are a Veteran who is homeless or at imminent risk of becoming homeless, call the National Call Center for Homeless Veterans

<https://www.va.gov/homeless/>

**Veterans Memorial Hospital**

319-338-0581 or 866-687-7382

601 Hwy 6 West, Iowa City, IA 52246

Veterans Memorial Hospital enhances the lives of those we serve by providing an exceptional healthcare experience with compassion.

<https://www.va.gov/iowa-city-health-care/>



# INFORMATION HELP LINES

211 – General resource & referral information.....	2-1-1
988 Suicide & Crisis Lifeline.....	9-8-8
ADDS – Alcohol & Drug Dependency Services.....	319-753-6567
AIDS Hotline.....	IOWA 800-232-4636
AIDS Hotline.....	IOWA-Spanish 800-344-7432
Alcoholism & Drug Dependence.....	800-622-2255
Alcohol – Drug Treatment Referral Network.....	800-996-3784
Alzheimer’s Association.....	800-272-3900
Alzheimer’s & Related Disorders.....	800-272-3900
American Cancer Society.....	800-227-2345
American Heart Association.....	800-242-8721
American Lung Association of Iowa.....	800-586-4872
American Red Cross .....	800-733-2767
Answer Line.....	800-262-3804
Better Business Bureau.....	563-355-6344 or 515-243-8137
Bets Off – Gambling Help.....	800-Betsoff or (800-586-4872)
Birth Certificate	
North Lee County Recorder’s Office.....	319-372-4662
South Lee County Recorder’s Office.....	319-524-1126
Bureau of Vital Statistics.....	515-281-4944
CDC Workplace Safety and Health Topics.....	800-232-4636
Center for Missing & exploited Children, National.....	800-843-5678
Center for Substance Abuse Prevention, Workplace Helpline.....	800-662-4357 or 800-967-5752
Child Abuse Council.....	309-736-7170
Child Abuse Hotline, National.....	800-422-4453
Child Support Recovery Unit.....	319-753-6322
Child Care Resource Referral.....	866-324-3236 or 563-324-3236
Civil Rights Commission.....	319-753-8178 or 800-457-4416

Community Health Center – Dental.....	319-752-5540
Community Health Center – Medical.....	319-768-5858
COMPASS, Iowa (for disabled and their families).....	800-779-2001
Cyber Tip Hotline (exploitation of children on internet & missing children).....	800-843-5678
Department of Human Services – DHS Ft. Madison.....	319-372-3651
Department of Human Services – DHS Keokuk.....	319-524-1052
Lee County Assessor.....	319-524-1375
Department of Inspections.....	319-753-8175
Des Moines County Animal Control.....	319-753-8371
Des Moines County Assessor.....	319-753-8224
Des Moines County Community Services.....	319-754-8556
Des Moines County Housing Code Inspector.....	319-753-8135
DNA Diagnostics – DNA Testing (Paternity Testing).....	800-362-2368
Domestic Abuse Hotline.....	800-799-7233
Equal Opportunity Employer.....	800-669-4000
Families Extension Answer Line (ISU – home and family questions).....	800-262-3804
Foundation II Crisis Line, 24 hours (full service crisis line).....	800-332-4224
53 Gambling Hotline.....	800-238-7633
General Relief Lee County.....	319-372-5681
Healthy Families (prenatal health care).....	800-369-2229
Insurance Commissioner of Iowa.....	877-955-1212
Internal Revenue Service (IRS – Federal Income Tax Info).....	800-829-1040
Iowa Concern Hotline.....	800-447-1985
Iowa Family Caregiver.....	866-468-7887
Iowa – Illinois Safety Council.....	515-276-4724 or 800-568-2495
Iowa Occupational Safety & Health Division of Labor.....	515-281-5387 or 800-562-4692

Iowa Office of Consumer Affairs.....	855-622-4692
Iowa OSHA.....	515-281-8066 or 515-284-4794
Iowa Substance Abuse Information Center.....	866-242-4111
IOWA Weather & Road Conditions.....	800-288-1047
Lead Poisoning.....	800-972-2026
Legal Aid.....	800-272-0008
Medicare/Social Security Office.....	800-772-1213
Medicare Hotline.....	800-633-4227
Mold questions.....	515-281-8561
Narcotics Hotline (report suspected meth labs).....	800-532-0052
National Crisis Hotline.....	800-521-7128
National Maternal Mental Health Hotline.....	833-943-5746
National Safety Council.....	800-621-7615
54 National Youth Crisis Hotline.....	800-448-4663
Poison Control Center.....	515-281-8561
Quitline Iowa .....	800-QUIT-NOW ..800-784-8669
Rape, Abuse, & Incest National Network (RAINN).....	800-656-4673
Sexual Abuse Hotline.....	800-284-7821
Social Security Hotline and Administration.....	866-338-4183
Social Security Disability (SSDI) Info.....	866-338-4183
Suicide Lifeline.....	800-273-8255
Supplemental Security Income (SSI).....	866-338-4183
Substance Abuse Center IOWA.....	866-242-4111
TMS (Transportation Management Group).....	866-572-7662
Teen Line.....	800-443-8336
University of Iowa Hospitals & Clinics.....	800-777-8442
Veterans Services.....	319-753-1671
Weather & Road Information IDOT Travelers Info.....	800-288-1047
Your Life Iowa.....	call 855-581-8111...text 855-895-8398
Your Life Iowa Spanish Speaking Helpline.....	515-895-3936

Spanish Speaking Help Line .....515-344-3936

M-F 8:00-5:00

Iowa Department for Human Rights. This line is to help the Spanish speaking community in the state of Iowa with the goal of providing information, resources and support for the Iowa community. The line is answered by professionals from the Latino community. All the information is confidential.

515-344-3936

Horario: lunes a viernes de 8:00-5:00 55

Linea de Ayuda en Iowa. Esta linea es para ayudar a la comunidad hispanohablante en el estado do Iowa con el objetivo de proporcionar informacion, recursos y apoyo para la comunidad de Iowa. La linea es respondida por profesionales do la comunidad latina. Todo la informacion es confidencial.

<https://humanrights.iowa.gov/1%C3%ADnea-de-ayuda-en-iowa>

## Do you need help with your heating bill?

**Community Action of Southeast Iowa** will start taking applications for the Low-Income Home Energy Assistance Program (LIHEAP) on:

10/1/2022—for the disabled & elderly (60+)

11/1/2022—for all other applicants

This program is not designed to pay a household's total energy costs. The program will provide supplemental assistance based on several factors. Those factors include total household income, household size, dwelling type, and type of heating fuel, among others.

Please note our income guidelines have changed. If you were not eligible last year, you may be eligible this year. Income guidelines are established by the following Federal Household Income Guidelines:

Household Size	1 Month Income	Annual Income
1	\$2,265	\$27,180
2	\$3052	\$36,620
For each additional member:	\$787	\$9,440

The following is required for all household members to apply:

- Proof of income for the last 4 weeks OR your most recent income tax return (2021 or 2022 when applicable)
- Current heat bill
- Current electric bill
- Date of Birth
- Social Security Cards for all household members



Where to call for your appointment:

- Des Moines County Des Moines County Center...319-753-2893
- Henry County Tolson Center.....319-385-2310
- Louisa County Community Action Center.....319-728-2314
- North Lee County Eichacker Center.....319-372-4471
- South Lee County Marie Tallarico Center.....319-524-6383

Or apply online: <http://caofseia.org/services/energy-assistance/>

Program ends 4/30/2023

**PROGRAMA ASISTENCIAL DE ENERGÍA PARA HOGARES  
DE IOWA 2021-2022**

**ATENCIÓN: CLIENTES RESIDENCIALES**

**¿NECESITA AYUDA CON SU PAGO DE CALEFACCIÓN?**

El Programa Asistencial de Energía para Hogares de Bajos Ingresos (LIHEAP) se ha establecido para ayudar a propietarios de viviendas de bajos ingresos e inquilinos de Iowa, que califiquen, a pagar una porción del costo primario de la calefacción durante la temporada de invierno. La ayuda se basa en los ingresos del hogar, el tamaño y tipo de la vivienda, y el tipo del combustible. Si usted no está seguro de dónde aplicar, por favor visite

<https://humanrights.iowa.gov/dcaa/where-apply> para contactar a su agencia de acción comunitaria local, Marque 2-1-1, o escriba a:

**LIHEAP**

**Iowa Department of Human Rights**

**Capitol Complex**

**Des Moines, IA 50319**

**CUANDO DEBE APLICAR:**

- **Adultos mayores (60 años y más) y/o personas con discapacidades**  
**1 de octubre de 2021 al 30 de abril de 2022**
- **Todos los otros hogares**  
**1 de noviembre de 2021 al 30 de abril de 2022**

**QUE DEBE PRESENTAR:**

- **Prueba de sus ingresos (de todos los miembros de su hogar que tienen 19 años y más)**  
**Talones de cheques los últimos 30 días, carta de verificación del por la Seguro Social o su declaración de impuestos**
- **Número de Seguro Social de todos los miembros de su hogar (documentos requeridos)**
- **Factura de calefacción reciente**
- **Factura de electricidad reciente**

## **PERSONAS ASALARIADAS:**

Por favor traiga copias de sus talones de cheques de los 30 días antes de la fecha de la aplicación, o una copia de su declaración de impuestos.

## **PERSONAS CON INGRESOS FIJOS:**

Este ingreso puede incluir: Beneficios del Seguro Social, de Ingresos Suplementarios, Programa de Inversión Familiar, Asistencia para Veteranos, Seguro de Desempleo, y Pensiones. Por favor, traiga copias de sus talones de cheques de los últimos 30 días.

## **TRABAJADORES AUTÓNOMOS/GRANJEROS:**

Por favor, traiga una copia de su declaración de impuestos federales más reciente.

## **BENEFICIARIOS de FIP:**

Por favor traiga su Aviso de Decisión del Departamento de Servicios Humanos o comuníquese con su oficina local para información de documentos admisibles.

Si usted recibe manutención o ayuda para sus niños, también necesitará verificarlo

*Community*  
*Action*  
**OF SOUTHEAST IOWA**

*Community  
Action*  
**OF SOUTHEAST IOWA**

**Eichacker Community Action Center**

3433 Ave O  
Ft Madison, IA 52627  
319- 372-4471

**Richardson School Head Start**

1020 34<sup>th</sup> St  
Ft Madison, IA 52627  
319-372-5462

**Marie Tallarico Community Action Center**

220 South 22<sup>nd</sup>  
Keokuk, IA 52632  
319- 524-6383

**Central Office**

2850 Mt Pleasant St, Suite 108  
Burlington, IA 52601  
319-753-0193

[community.action@caofseia.org](mailto:community.action@caofseia.org)

\* To update agency information email central office.