



# FaDSS 101

## Family Development and Self-Sufficiency Program

### Who does FaDSS serve?

- Low-income Iowa families in all 99 counties
- All family members are: parents/caretakers and children
- In Fiscal Year 2022:
  - 92% had a female head of household
  - 52% had a head of household age 24 to 34
  - 51% were non-white
  - 98% had less than a college degree at entry

### How does FaDSS help?

- Assessment
- Goal setting
- Home visits
- Referrals and collaboration
- Support
- Advocacy and empowerment

### What does FaDSS focus on?

- Transportation
- Housing
- Mental health
- Substance abuse
- Health
- Income
- Employment
- Nurturing, parenting and attachment
- Child care
- Child development
- Adult education
- Language
- Support network
- Relationship with partner

# Family Development and Self-Sufficiency Program FY2022

FaDSS increases self-sufficiency for Iowa families, which reduces the use of the Family Investment Program (FIP) by FaDSS program participants.



## 240% Increased Employment

FaDSS families increased employment by 240% between program start and exit.



## \$2,445.66 Increased Income

FaDSS families employed at program exit experienced an average increase in household income of \$2,445.66 per month.



## \$1,033,373 FIP Savings

The increased employment and earnings of FaDSS program participants reduced FIP usage and resulted in \$1,033.373 of FIP savings to the State.



## FAMILY DEVELOPMENT AND SELF-SUFFICIENCY (FADSS)

### What is FaDSS?

- Evidence-informed program focusing on long-term change for low-income Iowa families.
- The Iowa Department of Human Rights collaborates with Community Action Agencies and other non-profit organizations to provide FaDSS in all 99 counties.
- Fiscal Year 2022: FaDSS served 2,322 families (including 2,398 children)

### What services does FaDSS provide?

- Skill development, including:
  - Budgeting
  - Parenting
  - Healthy Behaviors
  - Self-advocacy
- Work readiness
- Community connections
- Help communities in understanding poverty
- Strengths and barriers assessments
- Goal-setting and attainment

### How has FaDSS helped Iowans overcome barriers?

#### Domestic Violence

**68**

FAMILIES EXPERIENCED DOMESTIC VIOLENCE

**87%**

ACCESSED ASSISTANCE

**87%**

ACCESSED ASSISTANCE WITH THE HELP OF FADSS

#### Mental Health Issues

**580**

ADULTS WITH SUBSTANTIATED MENTAL HEALTH ISSUES

**89%**

ACCESSED TREATMENT

**89%**

ACCESSED TREATMENT WITH THE HELP OF FADSS

#### Substance Abuse

**155**

FAMILIES EXPERIENCED DOMESTIC VIOLENCE

**83%**

ACCESSED TREATMENT

**83%**

ACCESSED TREATMENT WITH THE HELP OF FADSS

# FAMILY DEVELOPMENT AND SELF-SUFFICIENCY (FADSS)

Families increased self-sufficiency

Housing: 32% of families improved

Child Care: 30% of families improved

Transportation: 31% of families improved

Support Network: 39% of families improved

FaDSS family wages generated savings in FIP.

$$\begin{array}{ccc} \$7,727,658 & = & \$1,033,373 \\ \text{TOTAL FADSS FAMILY WAGES} & & \text{TOTAL FIP SAVINGS} \end{array}$$

Improved level of employment at exit increased family income.

$$\begin{array}{ccc} \$1,456 & \uparrow & \$1,189 \\ \text{AVERAGE MONTHLY INCOME} & & \text{INCREASE IN AVERAGE MONTHLY INCOME} \end{array}$$

670 families participated in FaDSS activities to increase work readiness.

190 adults exited FaDSS with a change in education status.

