



**2022
Des Moines
County
Resource
Guide**

This can be found online at:

<http://caofseia.org/resources/>

Updated: Dec 1, 2022



Des Moines County Food Resources



Neighborhood Center

700 Jefferson, Burlington
319-753-2893

Emergency Food Pantry
Mon – Fri, 8 am – 4 pm

ID requested but not required



Salvation Army

323 Columbia St, Burlington
319-753-2038

Tues & Thurs, 9 am - 11 am & 1 pm - 3 pm

Once a month, need photo ID, proof of
residency, and income

Daily meal: 11:15 am - 12:30 pm, Mon - Fri



St Vincent de Paul

Anyone living in Burlington
700 Division Street, Burlington
319-752-9332

Mon – Fri, 1 pm – 3 pm

Social security card and photo ID

DIVINE MERCY PARISH

Burlington - West Burlington, IA

The Cupboard with City Hope

914 Maple St, Burlington
319-237-8400 ext 114 or

angie@harmonybiblechurch.org

Mon, Wed, Fri 8am - 11am

No documentation necessary

Assistance provided 1x/month

Zion Church (In Burlington)

412 North 5th St, Burlington
319-752-2305

Lower side entrance under fire escape

Client choice/shopping style food pantry
w/personal care items

Mon and Fri 9 am – 12 pm, Wed 1 – 4 pm

Non-perishable items. No documentation
required No frequency limitations



Zion
UNITED CHURCH
OF CHRIST Burlington, Iowa
Here, God Is Still Speaking

Lend a Paw Pantry

2132 Madison Avenue, Burlington
Wednesdays, 3 pm – 6 pm

Families may visit twice per month



Foursquare Gospel Church

200 Curran St, Burlington
319-752-0261

By appointment only, 1x/month

ID requested but not required



Love Thy Neighbor

First Church of the Nazarene

1015 S Roosevelt Ave, Burlington

319-752-4245 ask or ext 113

Monthly Free Food Box (income-based)

Call the church by the 10th of the month

Pick-up is on the 3rd Wed of the month



Little Free Food Pantry

Burlington Public Library, 210 Court St

Pantry is at the main street entrance

Available anytime for anyone

Mediapolis Community Food Pantry

801 Middle Street Mediapolis

Mediapolis First United Presbyterian Church

319-394-3330

Tuesdays 3-5pm

Backpack Program

Contact your child's school to ask about
their backpack food program



Updated 6.17.2022

Community Action

OF SOUTHEAST IOWA

**Is your life affected by poverty?
We're here to help.**

Programs may vary by center, have income guidelines,
and may have limited funding available.

- Food Pantry
- (WIC) Special Supplemental Nutrition Program for Women, Infants and Children
- Low Income Home Energy Assistance Program (LIHEAP)
- Low Income Home Water Assistance Program (LIHWAP)
- Head Start
- Energy Crisis Assistance (Project Share)
- Furnace Repair and Replacement
- Clothing Assistance
- Disaster Assistance
- General Information and Referral
- Early Head Start
- Family Development and Self Sufficiency Program (FaDSS)
- Parents as Teachers (PAT)
- Preschool Scholarships
- Children's Bed Program
- Budget Counseling
- Employment Counseling
- Child and Adult Care Food Program (CACFP)
- Homeless Assistance
- Housing Assistance
- Emergency Rent and Utilities
- Senior Home Repair
- Rent Reimbursement Form Assistance
- Transportation Assistance
- Weatherization

More details on our website or contact your local center.

Community Action Centers
Burlington, Mt Pleasant, Ft Madison, Keokuk
Open weekdays 8:00 a.m. to 4:30 p.m.
Columbus Junction (open T,W,Th)



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ABUSE

Child Abuse Hotline

800-422-4453

If you would like more information on child abuse, need assistance reporting abuse, or to speak with a Childhelp counselor, please call or text the Childhelp National Child Abuse Hotline. You can also live chat with a trained counselor. The hotline is available 24 hours a day and all calls are confidential.

www.childhelp.org/hotline

Child & Dependent Adult Abuse Hotline

800-362-2178

Domestic Violence Intervention Program (DVIP) 800-373-1043

1616 Dill St I, Burlington, IA 52601 in the Apple Trees Museum Provides comprehensive domestic violence services. 24-hour crisis line, medical advocacy, legal advocacy, court advocacy support, individual counseling, referrals, protection orders, educational presentations, emergency cellular phones, domestic violence support group, sexual assault support group, child support group, pictures of injuries, agency training, volunteer and staff training.

<https://dvipiowa.org/>

<https://www.facebook.com/iowadvip/>

24-Hour Crisis Line: 800-693-1399

Iowa Department of Health and Human Services 319-754-4622

3535 E. Agency St, Ste102, Burlington, IA 52601 866-849-3537
M-F 8:00-4:30

To report child or dependent adult abuse call 1-800-362-2178.

To report a change to Medicaid, Food Assistance or FIP case call 1-877-347-5678.

<https://dhs.iowa.gov/node/1905>

Journey House, Transitional Housing

319-850-8699

Transitional housing for up to three months and supportive services for those who have experienced domestic violence, men & women.

<https://www.facebook.com/pg/journeyhouseburlington/posts/>

Prevent Child Abuse Iowa

515-244-2200 or 800-362-2178

501 SW 7th Suite G1, Des Moines, IA 50309

<https://pcaiowa.org/> <https://www.facebook.com/pcaiowa/>

Quad County Community Partnerships for Protecting Children (CPPC)

319-385-8126 or 515-991-0299

127 N. Main, Mt Pleasant, IA 52641 local office in ISU Extension
CPPC is a community based approach to child protection.

Partnerships work to prevent child abuse, neglect, re-abuse, safely decrease the number of out-of-home placements and promote timely reunification when children are placed in foster care.

<https://dhs.iowa.gov/child-welfare/CPPCFamilies>

<https://www.facebook.com/quadcountycppc/>

Rape Victim Advocacy Program (RVAP)

319-541-9809

M-F 9:00-5:00

24-Hour Support, Advocacy & Referrals

RVAP Crisis Line: 800-228-1625

Iowa Sexual Abuse Hotline: 800-284-7821

Provides free, confidential and trauma-informed services, healing, support, education and advocacy for victims to all persons affected by sexual violence.

<https://rvap.uiowa.edu/>

<https://www.facebook.com/RVAPiowa>

CHILD CARE

Corse Early Childhood Center 319-753-6791 or 319-753-2211

700 South Starr Ave, Burlington, IA 52601

Burlington Public School

<https://www.bcsds.org/>

<https://www.facebook.com/BurlingtonCommunitySchoolDistrict/>

Child Care Resource & Referral 563-324-3236 or 866-324-3236

500 E. 59th St, Davenport, IA 52807

<https://iowaccrr.org/>

Head Start and Early Head Start

319-752-5692

See details under Children, Youth and Families

<http://caofseia.org/>

Iowa Department of Health and Human Services 319-754-4622
3535 E. Agency St, Ste102, Burlington, IA 52601 866-849-3537
M-F 8:00-4:30
Financial childcare assistance.
<https://dhs.iowa.gov/>

PIECES After School Program 319-753-6791 ext 1410
1429 West Ave, Burlington, IA 52601
M-F From school dismissal to 6:00
Burlington School District after school program for students grades
K-8
<https://www.bcsds.org/>
<https://www.facebook.com/BurlingtonCommunitySchoolDistrict/>

YMCA 319-753-6734
2410 Mt. Pleasant St, Burlington, IA 52601
M-F 5:00am-10:00pm Sat 7:30-4:00/ Sun 1:00-4:00
<http://www.burlingtony.org/>
<https://www.facebook.com/burlingtony>

CHILDREN, YOUTH AND FAMILIES

ActivStyle 800-651-6223 ext 3202
Children over four and on Medicaid. Children with disabilities
may be eligible for diapers, pull-ups, liners and more under Iowa
Medicaid with free home delivery.
<https://activstyle.com/>
<https://www.facebook.com/ActivStyle/>

Birthright 319-753-2702
1113 S. Main St, Burlington, IA 52601
24 Hours 800-550-4900
Offers confidential help to those who wish an alternative solution
to abortion. Provide pregnancy counseling.
<https://birthright.org/birthright-of-burlington>
<https://www.facebook.com/pages/category/Nonprofit-organization/Birthright-of-Burlington-IA-113017923461366/>

Boy Scouts Field Office 319-754-8413

3007 Flint Hills Drive, Burlington, IA 52601

M-F 9:30-5:30

Boy Scouts and Cub Scouts are programs in each school neighborhood for boys in grades 1 – 12 (co-ed in high school) that build self-esteem, resourcefulness and leadership skills.

<https://www.mississippivalleybsa.org/>

<https://www.facebook.com/MississippiValleyCouncil/>

Child Health Specialty Clinics (CHSC)

641-682-8145

609 Church St, Ottumwa IA 52501

M-Th 8:00-4:30

CHSC provides gap-filling clinical services, care coordination, and family to family support through wide array of special programs for children with special needs.

<https://chsciowa.org/>

Child Support Recovery Unit

319-753-6322

409 N. 4th St, Ste. 2, PO Box 638 Burlington, IA 52601

<https://dhs.iowa.gov/node/931>

Community Action of Southeast Iowa Central Office

2850 Mt. Pleasant St, Ste108, Burlington, IA 52601 319-753-0193

M-F 8:30-4:30

Community Action of Southeast Iowa is dedicated to alleviating the conditions and causes of poverty by building partnerships and strengthening people through quality services. There are over 20 programs and services offered. These are listed on page 2.

<https://caofseia.org/>

<https://pages.facebook.com/CommunityActionofSoutheastIowa/>

Neighborhood Center: Community Action of Southeast Iowa

700 Jefferson St, Burlington, IA 52601

319-753-2893

M-F 8:00-4:30

See inside of front cover, variety of assistance programs.

<http://caofseia.org/>

Family Development Self-Sufficiency Program (FaDDS)

Community Action of Southeast Iowa

319-753-0193

Home visit, goal based program for low-income families with a child under 18

<http://caofseia.org/services/family-development-and-self-sufficiency/>

Head Start & Child Development 319-752-5692

Head Start Preschool & Early Learning Center houses our Head Start and Early Head Start programs that provide educational & social activities, nutritious meals and snacks and medical & dental screenings, at no cost, to qualifying low-income children ages 0 to five. Applications are taken year round. Pregnant mothers, homeless and foster families, and families that have children with disabilities are encouraged to apply.

<http://caofseia.org/services/head-start/>

Child & Adult Care Food Program (CACFP)

Community Action of Southeast Iowa 319-209-2864

CACFP is available to registered child care providers. Early childhood education and support for child care professionals.

<http://caofseia.org/services/child-and-adult-care-food-program/>

HOPES through Des Moines County Public Health 319-753-8290

522 N. 3rd St, Burlington, IA 52601

Healthy Families Iowa in-home parent education, prenatal, birth – 5 years.

<https://idph.iowa.gov/hopes>

Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

Community Action of Southeast Iowa 319-209-2850

Provides medical and nutritional assessments, education and supplemental foods for pregnant women, breast feeding and non-nursing mothers, infants and children up to 5 years old.

<http://caofseia.org/services/wic/>

Cradle of Hope Pregnancy Resource Center 319-986-5336

Call/text/24 hour hotline.

1400 East Washington St, Mt Pleasant, IA 52641

M-F 9:00-4:00 / Open until 8 pm every Thursday by apt only

Burlington: For appointment call 319-986-5336

All services are a no cost and confidential. Pregnancy testing/verification, consultation on all your options, compassionate & non-judgmental care, limited ultrasound, and ongoing pregnancy support. Referrals for community support services such as health care, legal, adoption, support after an abortion, earn while you learn program, and fatherhood mentoring programs.

www.cradleofhopeiowa.com

<https://www.facebook.com/cradleofhopeiowa/>

Families First Counseling Services

319-433-0395

or 888-316-3025

560 Division St, Ste. 270, Burlington, IA 52601

M-F 8:00-4:30

Provides family safety, risk and permanency services. Also provide Behavioral Health Intervention Services and assessments with an LPHA. These services are available for both children and adults.

<https://www.families-first.net/>

Family Planning of Southeast Iowa by Great River

801 S Roosevelt, Suite C Burlington, IA 52601 319-768-1225

Affordable reproductive health services. Comprehensive, confidential care including testing, treatment and health education. Walk-ins welcome.

<https://www.greatriverhealth.org/family-planning/>

Girl Scouts

319-752-3639

1308 Broadway, West Burlington, IA 52655

M-F 8:00-5:00

Girls build character and skills for success in the real world. This is for school age girls. (Girl Scouts of Eastern IA & Western IL)

<https://www.girlscoutstoday.org/>

Great Prairie Area Education Agency/Early ACCESS 641-682-8591

3601 West Ave, Burlington, IA 52601

800-622-0027

Specialized services for children and students with diverse learning needs, including identification, diagnosis, planning, and therapies for those with disabilities.

<https://www.gpaea.org/>

<https://www.facebook.com/pg/gpaea/posts/>

Hetta Gilbert Foundation

319-759-7091

Michelle LeKander

Mechell62@msn.com

Assistance for children under 18 health and medical needs.

Residents of Des Moines County only. Prescriptions, glasses, dental, doctor visits, shoes, and coats.

Obria Medical Clinic

319-208-9445

1013 S Central Ave, Burlington, IA 52601

Pregnancy testing, UTI testing, limited obstetrical ultrasound, STD risk assessments, STD testing, diagnosis & treatment, early prenatal care, information- abortion: procedures, risks, side effects, referrals for OB care and social services, adoption services, certified adoption liaisons and referrals for adoption services, abstinence education for middle & high school, post abortion recovery groups, & natural family planning education.

<https://www.informedchoicesclinic.com/burlington-clinic/>

Iowa Department of Health and Human Services 319-754-4622

3535 E. Agency St, Ste102, Burlington, IA 52601 866-849-3537

M-F 8:00-4:30

Economic Programs: Family Investment Program (FIP), food assistance, medical assistance (Medicaid), referrals/funding for service programs including: foster care, shelter care, institutional care, adoption, independent living, day care, family home studies, and child abuse assessments.

<https://dhs.iowa.gov/node/1905>

Iowa State University (ISU) Cooperative Extension, Des Moines County Extension & Outreach Office

319-671-7165

1700 W Mt Pleasant St, West Burlington, IA 52655

M-Th 8:00- 4:30/ F 8:00-12:00

Iowa State University Extension builds partnerships and provides research-based learning opportunities to improve the quality of life in Iowa. ISU Ext. reaches out to families across the lifespan. Provides research-based information and education to help families make decisions that improves and transforms their lives. The

outreach arm of the College of Human Sciences at Iowa State University, works in partnership with other organizations and agencies to meet the needs of Iowa families.

<https://www.extension.iastate.edu/desmoines/>

<https://www.facebook.com/dmcextension/>

4-H Clubs

319-671-7165

4H Clubs and 4H Clover Kids Clubs are through the Iowa State University Extension and Outreach Office

<https://www.extension.iastate.edu/desmoines/page/4-h-clubs-and-4-h-clover-kids-club>

National Maternal Mental Health Hotline

833-943-5746

24/7 Free Confidential Hotline for pregnant and new moms in English and Spanish. Phone or text access to professional counselors, real time support and information, resources, referrals, culturally sensitive support, services in over 60 languages.

<https://mchb.hrsa.gov/national-maternal-mental-health-hotline>

The Nest of Des Moines County

319-753-3150

214 N. 4th St, Ste. 3-C, Burlington, IA 52601
M 10:00 – 6:00

The Nest of Des Moines County is a Parent Education Program for prenatal and parents. Nest participants must have a child in the home, and be a Des Moines County resident. They are encouraged to bring a support person with them to the Nest classes. Those enrolled in the Nest Family Support Program receive points for attending Nest classes; which are then redeemed for “Nest Incentive Items.” All must call the Burlington Nest to make an appointment to register.

<https://www.facebook.com/pages/category/Nonprofit-Organization/The-Nest-of-Des-Moines-County-1326639130816177/>

Rec Plex

319-758-9419

501 S. Broadway St, West Burlington, IA 52655

Rec Plex has baseball diamonds, batting cages, soccer fields, sand volleyball, and a Tot Lot for the young fans.

<https://www.burlingtoniowa.org/2308/Burlington-Regional-Rec-Plex>

<https://www.facebook.com/BurlingtonRecPlex/>

Wrightslaw Yellow Pages for Kids. (IA)

Yellow pages for kids with disabilities, find educational consultants, psychologists, diagnosticians, health care specialists, academic tutor, speech language therapists, advocates and attorneys. You will also find government programs, grassroots organizations, special education school, and parent support groups.
<https://www.yellowpagesforkids.com/help/ia.htm>

YMCA

319-753-6734

2410 Mt. Pleasant St, Burlington, IA 52601

M-F 5:00am- 10:00pm/ Sat 7:30-5:00

Open Sundays, October – April, 1:00-5:00

Adults, children & youth programs, aquatics, sports activities, family activities, dances, health & fitness, 55+ program, child care center, babysitting, before & after school programs, parent’s day out, kids’ gym daycare. Scholarships are available on a need bases.

<http://www.burlingtony.org/>

<https://www.facebook.com/burlingtony>

Young House Family Services

400 S. Broadway, P.O. Box 845, Burlington, IA 52601

319-752-4000

M-F 8:00-4:30 (Burlington Hours)

629 Blondeau, Suite 201, Keokuk, IA 52632

319-524-2386

W, TH 8:00-5:00/ F 9:00-12:00 (Keokuk Hours)

Comprehensive array of services provided to individuals, children and families. Services include counseling services for individuals, families, couples, children and adolescents; Pediatric Integrated Health Home Program (PIHP), a free service for families with Medicaid benefits and have a child or children with emotional or behavioral health issues; Brief Intensive In-Home Services for children ages 6-17 without DHS or JCS involvement; Behavioral Health Intervention Services (BHIS) skills development services to children with disruptive behaviors connected to mental health needs; Early Parenting Intervention and Coaching (EPIC) for children ages 2-5 who are displaying behavioral issues; Adult and Adolescent Substances Abuse Program (ASAP), outpatient treatment for individuals experiencing struggling with drug or alcohol use.

<https://www.younghouse.org/>
<https://www.facebook.com/younghousefamilyservices>

COUNSELING

Alcohol and Drug Dependency Services (ADDS) 319-753-6567

1340 Mt. Pleasant St, Burlington, IA 52601

M-F 8:00-5:00

Outpatient substance abuse treatment, residential substance treatment (Burlington), problem gambling treatment, Drug Free Workplace programming, prevention education, substance abuse screenings, OWI screenings and classes, Juvenile Diversion.

Problem gambling crisis intervention 800-BETS-OFF

<https://addsiowa.org/>

<https://www.facebook.com/ADDSIA>

Birthright 319-753-2702

1113 S. Main St, Burlington, IA 52601

M-Th 11:30-4:30/ F 9:00-1:00/ Sat 11:30- 3:30

24-Hour Hotline: 800-550-4900

International pregnancy service, pregnancy testing. Free and confidential. Call, a friend is waiting.

<https://birthright.org/birthright-of-burlington>

<https://www.facebook.com/pages/category/Nonprofit-organization/Birthright-of-Burlington-IA-113017923461366/>

Counseling Associates, Inc.

1225 Ave H, Ft Madison, IA 52627

319-372-7689

1522 Morgan Street Keokuk, IA

319-524-0510

Serving Lee and Des Moines Counties. Individuals are eligible for Integrated Health Home (IHH) services if the individual is enrolled in Medicaid and is an adult with a serious mental illness.

<https://www.counselingassociatesonline.com/>

<https://www.facebook.com/CounselingAssociatesInc/>

Des Moines County Community Services 319-754-8556

910 Cottonwood, Ste. 1000, Burlington, IA 52601

M-F 8:00-4:30

Case Management services for persons with Iowa Medicaid to access Waiver Services. Information available on local options for mental health and intellectual disabilities services.

<https://www.desmoinescounty.iowa.gov/109/Community-Services>

Families First

888-316-3025

214 N 4th St, Ste 1A, Burlington, IA 52601

In-office therapy. In home counseling for youth and adults. May cover the following or other topics: Communication skills, anger management, conflict resolution, coping skills, decision making, ADHD, oppositional defiant disorder (ODD), sexual abuse (survivors), crisis intervention.

<https://www.families-first.net/>

Great Prairie Area Education Agency/Early ACCESS 641-682-8591

3601 West Ave, Burlington, IA 52601

800-622-0027

M-F 8:00-4:30

Speech and language, hearing/audiology services, psychology, school social work, early childhood at risk, special education consultation, transition services, visually impaired, autism resource, assistive technology, and occupational & physical therapy services for Birth-21 years.

<https://www.gpaea.org/>

<https://www.facebook.com/pg/gpaea/posts/>

Grinstead and Associates

319-754-8035

610 N. 4th St, River Park Place, Ste. 110A, Burlington, IA 52601

Individual, family counseling, group couple therapy, etc.

<https://www.ogpassociates.com/>

<https://www.facebook.com/ogpassociates>

Heart Connections Therapy

319-850-4646

304 E Main St, New London, IA 52645

Counseling for children and families. Certified in EMDR for children and adults. Counselors have special training in anxiety and eating disorders.

<https://www.heartconnectionstherapy.com/>

<https://www.facebook.com/heart.connections.therapy/>

The Holistic Healing Center, LLC

319-316-2262

Tiffany Siefken, LMT, LISW

Individual and couple's therapy available. Specializing in trauma-based therapy, including EMDR and DBT and work with emergency responders and medical personnel. Telehealth available.

<https://holistichealingcenterllc.com/>

HOPES through Des Moines County Public Health 319-753-8290

522 N. 3rd St, Burlington, IA 52601

Healthy Families Iowa in-home parent education, prenatal, birth – 5 years.

<https://idph.iowa.gov/hopes>

Innovative Family Therapy and Play Therapy Center 319-208-9648

409 N 4th St, PO Box 12, Burlington, IA 52601

M-F 8:00-7:00

Outpatient therapy with individuals, families, children and adults.

Therapists are: Registered Play Therapist, Licensed Marriage and Family Therapist, Licensed Independent Social Worker and Licensed Mental Health Counselor. Private pay, Medicaid and most commercial insurances accepted.

Mental Health- Southeast Iowa Regional Medical Center

1225 S. Gear Ave, Ste. 251, West Burlington, IA 52655 319-768-3700

5409 Ave O Ste 125, Ft Madison, IA 52627 319-376-1130

Southeast Iowa Regional Medical Center provides treatment for adults and children with mental health conditions. Our staff works with patients and their families to help them optimize the management of addictions and illnesses. Some of services we offer include medication management, diagnostic evaluations, and addiction medical management and counseling. We treat many psychiatric conditions, from clinical depression to anxiety and personality disorders.

<https://www.greatriverhealth.org/health-services/mental-health/>

Optimae Life Services

319-754-4618

823 N 6th St Ste 1, Burlington, IA 52601

M, W, Th, F 8:00-5:00/ T 8:00-7:00pm

Individual counseling, couples counseling, family and children's counseling, psychiatry, psychiatric evaluations, individual community support services, respite services and waiver home services.

<http://www.optimaelifeservices.com/>

River Cross, Dual Diagnosis Program

319-237-1072

Hope Haven, Burlington, IA 52601

319-754-4689

River Cross is a 15 bed community based Residential Care Facility developed to provide individualized supportive services to adults who are dually diagnosed with mental illness and substance abuse addiction.

<https://www.hopehavencorp.com/dual-diagnosis-service>

Therapy Group

319-209-2084

2115 Des Moines Ave, Burlington, IA 52601

Counseling and therapy for couples, individuals and children, play therapy, anger management, and mediation.

<https://www.therapygroupinc.com/>

<https://www.facebook.com/therapygroupinc/>

Young House Family Services

400 S. Broadway, P.O. Box 845, Burlington, IA 52601 319-752-4000

M-F 8:00-4:30 (Burlington Hours)

629 Blondeau, Suite 201, Keokuk, IA 52632

319-524-2386

W, TH 8:00-5:00/ F 9:00-12:00 (Keokuk Hours)

Comprehensive array of services provided to individuals, children and families. Services include counseling services for individuals, families, couples, children and adolescents; Pediatric Integrated Health Home Program (PIHP), a free service for families with Medicaid benefits and have a child or children with emotional or behavioral health issues; Brief Intensive In-Home Services for children ages 6-17 without DHS or JCS involvement; Behavioral Health Intervention Services (BHIS) skills development services to children with disruptive behaviors connected to mental health needs; Early Parenting Intervention and Coaching (EPIC) for children ages 2-5 who are displaying behavioral issues; Adult and Adolescent Substances Abuse Program (ASAP), outpatient treatment for individuals experiencing struggling with drug or alcohol use.

<https://www.younghouse.org/><https://www.facebook.com/younghousefamilyservices>

DISABILITIES

ASK Resources

800-450-8667

5665 Greendale Road, Suite D, Johnson, IA 50131

The state of Iowa's Parent Training and Information Center for families of children with disabilities. A family-focused nonprofit organization whose mission is to empower individuals with disabilities and their family members by providing innovative and collaborative advocacy, training, resources and supports. Its vision is access, empowerment and acceptance for all.

<https://www.askresource.org/>

Child Health Specialty Clinics (CHSC)

641-682-8145

See information under heading Children, Youth and Families

Disability Rights Iowa

800-779-2502

666 Walnut St. Ste 1440, Des Moines, IA 50309

Intake hours- M,W,F 9:00-2:00

Spanish intake hours- T 11:00-1:00/ TH 4:00-6:00

Disability Rights Iowa aims to defend and promote the human and legal rights of Iowans with disabilities and mental illness. We promote safety, opportunity, access and self-determination for all Iowans. Intake hours are listed, online intake available as well.

<https://disabilityrightsowa.org/>

Goodwill

165 W Burlington Ave, Burlington, IA 52601 866-466-7881

We provide supported employment, job development and Occupational Skills training that result in a certification for those with barriers to independence.

www.goodwilloftheheartland.org

Hope Haven

319-754-4689

1819 Douglas St, Burlington, IA 52601

Can Redemption: M-F 9:00-4:00

Hopefully Yours Thrift Store: M-F 9:30-5:00 Sat 9:30-4:00

Organization provides rehabilitation, employment, housing, & case management services for physically and mentally challenged persons.

<https://www.hopehavencorp.com/>

<https://www.facebook.com/www.hopehavencorp/>

Insight Partnership Group

319-208-1891

1105 Derek Lincoln Dr, West Burlington, IA 52655

M-F 8:00-4:00

Respite services, money management/payee services, mediation management, obtain/maintain living environment, psychiatric and physical health symptom management, and social activities/opportunities.

<https://insightpartnership.vpweb.com/>

Iowa Department for the Blind

515-281-1333 800-362-2587

524 Fourth Street, Des Moines, IA 50309

Vocational Rehabilitation Programs, Independent Living Program, Adult Orientation and Adjustment Center, Library for the Blind and Print Disabled, Business Enterprises Program, Public Education and In-Service Training.

<https://blind.iowa.gov/>

Iowa Vocational Rehabilitation

319-753-2231

550 S. Gear Ave Ste 35, West Burlington, IA 52655

M-Th 8:00-4:30

Work with job candidates who have disabilities to reach their employment goals.

<https://ivrs.iowa.gov/>

Optimae Life Services

319-237-1732

823 N. 6th St, Ste 1, Burlington, IA 52601

M, W, Th, F - 8:00-5:00 / T 8:00-7:00pm

Individual counseling, couples counseling, family and children's counseling, psychiatry, psychiatric evaluations, individual community support services, respite services, day program, intensive services, and waiver home services.

<http://www.optimaeliveservices.com/>

Partners of Des Moines County

319-752-6952

This organization serves persons with disabilities, providing for their social needs as well as some financial assistance.

<https://www.facebook.com/Partnerscatlady2DMC/>

Special Needs Foundation

319-752-8711

829 Harrison Ave, Burlington, IA 52601

M, W, F 10:00-2:00

Free loans of medical equipment for residents

<https://specialneedsdmc.org/>

<https://m.facebook.com/Special-Needs-Foundation-928957960528376/>

Social Security Office

866-338-4183

3920 Division St, Burlington, IA 52601

M-F 9:00-3:30

<https://www.ssa.gov/>

Veterans: Please see listing under Veterans' category

Wrightslaw Yellow Pages for Kids. (IA)

Yellow pages for kids with disabilities Find educational consultants, psychologists, diagnosticians, health care specialists, academic tutor, speech language therapists, advocates and attorneys. You will also find government programs, grassroots organizations, special education school, and parent support groups.

<https://www.yellowpagesforkids.com/help/ia.htm>

EDUCATION

Burlington Community Schools 319-753-6791 or 319-753-2211
1429 West Ave, Burlington, IA 52601
<https://www.bcsds.org/>
<https://www.facebook.com/BurlingtonCommunitySchoolDistrict/>

Danville Community Schools 319-392-4223
419 S. Main St, Danville, IA 52623
<https://www.danvillecsd.org/>
<https://www.facebook.com/danvillecsd.org/>

Des Moines County Conservation 319-753-8260
13700 Washington Rd., West Burlington, IA 52655
M-F 7:00-3:30
Camping, Environmental Education, Fishing, Hunting, Nature, Parks, Planting Services, Shooting Ranges, Youth Summer Camps, Witte Observatory, and more. Parks include: Big Hollow Recreation Area, Chautauqua Park, 4th Pumping Plant Recreation Area, Hickory Bend, Hunt Woods, Luckenbill Woods, Starr's Cave Park & Preserve, Waters Park, and Welter Recreation Area (Skunk River Access).
<https://www.desmoinescounty.iowa.gov/110/Conservation>

Great River Christian School 319-753-2255
426 Harrison Ave, Burlington, IA 52601
<http://www.greatriverchristianschool.org/wordpress/>
<https://www.facebook.com/greatriverchristian/>

Goodwill Career Resource Center 866-466-7881
165 W Burlington Ave, Burlington, IA
Des Moines County offers Day Habilitation Services to those with disabilities. Goodwill also offers job development and supported employment. There is also a computer lab within the employment services open to all for any skill building/job seeking activities.
<https://www.goodwillheartland.org>
<https://www.facebook.com/GoodwillBurlington/>

Great Prairie Area Education Agency/Early ACCESS 641-682-8591
3601 West Ave, Burlington, IA 52601 800-622-0027
M-F 8:00-4:30
Great Prairie AEA provides professional development opportunities for teachers in the areas of curriculum, instructional strategies and assessments - all to help students achieve and schools improve.

Specialized services for children and students with diverse learning needs, including identification, diagnosis, planning and therapies for those with disabilities. Children from birth to age 21 are included.

<https://www.gpaea.org/>

<https://www.facebook.com/pg/gpaea/posts/>

Head Start & Early Head Start Programs 319-752-5692

700 S Starr

Community Action of Southeast Iowa 319-753-0193

Covers ages birth to 5 years at no cost. Applications are taken year round.

<https://www.facebook.com/Community-Action-of-Southeast-Iowa-Head-StartEHS-130710046946854/>

Iowa State University Cooperative Extension 319-671-7165

1700 W. Mt Pleasant St, West Burlington, IA 52655

This organization provides educational programs to youth, adults, parents, and volunteer leaders.

<https://www.extension.iastate.edu/>

<https://www.facebook.com/dmccextension/>

Mediapolis Community Schools 319-394-3101 or 319-394-3237

725 N. Northfield St, Mediapolis, IA 52637

<https://www.meposchools.org/>

<https://www.facebook.com/pages/category/Public---Government-Service/Mediapolis-Community-School-157150494325229/>

The Nest of Des Moines County 319-753-3150

214 N. 4th St, Ste. 3-C, Burlington, IA 52601

M 10:00-6:00

The Nest of Des Moines County is a Parent Education Program for prenatal and parents. Nest participants must have a child in the home. They are encouraged to bring a support person with them to the Nest Classes. Those enrolled in the Nest Family Support Program receive points for attending Nest classes; which are then redeemed for “New Store Incentive Items” at the Nest in Burlington. All must call the Burlington Nest to make an appointment to register.

<https://www.facebook.com/pages/category/Nonprofit-Organization/The-Nest-of-Des-Moines-County-1326639130816177/>

Notre Dame School 319-754-8431

702 S. Roosevelt, Burlington, IA 52601

<https://burlingtonnotredame.com/>

<https://www.facebook.com/BurlingtonNotreDame/>

Proteus, Inc

800-397-9675

1548 South Gilbert Street, Iowa City, IA 52240

Proteus provides agricultural workers and their families with affordable health care, education assistance and job training. For those currently employed or having recent vocation in farm work, Proteus strives to assist in any way, allowing all farmworkers to enjoy the fruit of their labor. Migrant, seasonal and low-income farmers may participate.

<https://www.proteusinc.net/>

Southeastern Community College (SCC)

1500 West Agency Rd., West Burlington, IA 52655

319-208-5000

335 Messenger Rd., Keokuk, IA 52632

319-524-3321

HSED (GED) classes and testing. Financial aid is available through Community Action. College courses, training programs trades education, certificate programs, business training, and more.

<https://www.scciowa.edu/>

<https://www.facebook.com/scciowa/>

West Burlington Independent Schools

319-752-8747

211 Ramsey St, West Burlington, IA 52655

<https://www.wbisd.com/>

<https://www.facebook.com/wbisd/>

Iowa Workforce Development

319-753-1671

550 S Gear Ave Ste 35, West Burlington, IA 52655

M, T, TH, F 8:30-4:30/ W 9:00-4:30

<https://www.iowaworkforcedevelopment.gov/>

EMERGENCY

AMBULANCE

911 or 319-753-8396

City of Burlington 418 Valley St, Burlington, IA 52601

Fire & Ambulance 24/7. Administration: M-F 7:30-4:30

City & County Emergency Fire/Ambulance Response, HAZMAT, Confined Space, Crash Fire Rescue. High School Diploma or GED equivalent to take Civil Service testing process. Must obtain State of Iowa Paramedic License within three years of hire date.

[Fire | Burlington, IA \(burlingtoniowa.org\)](http://Burlington, IA (burlingtoniowa.org))

AMBULANCE/Superior Ambulance

319-768-4990

703 W Agency Rd, West Burlington, IA 52655

24/7

Critical and noncritical-care transfer services.

<https://www.greatriverhealth.org/health-services/emergency-care/>

American Red Cross

800-733-2767

Assistance with house fires, floods, winter storms, tornadoes, disaster relief, help for qualified military personnel.

<https://www.redcross.org/>

Child Abuse & Neglect

800-362-2178

Des Moines County Emergency Management

319-753-8206

512 N. Main St, Ste. 1, Burlington, IA 52601

M-F 8:00-4:30

Provides workshops, presentations and literature to businesses, industry, groups, clubs, social organizations, & individuals on how to be prepared for, respond to, and recovery from any type of natural, technological and manmade disasters/emergencies. They also are available to assist with development of facility emergency plans or plans for a local community event.

<https://www.desmoinescounty.iowa.gov/113/Emergency-Management>

Des Moines County Sheriff

319-753-8212

512 N. Main St, Burlington, IA 52601

<https://www.desmoinescounty.iowa.gov/122/Sheriff>

Fire

911 or 319-753-8396

City of Burlington 418 Valley St, Burlington, IA 52601

Fire & Ambulance 24/7 Administration: M-F 7:30-5:00

City & county emergency fire & ambulance response, HAZMAT, confined space, crash fire rescue. EMT-B certification to take Civil Service testing and Paramedic Certification. Payment plans accepted on ambulance billing.

<https://www.greatriverhealth.org/health-services/emergency-care/>

Foundation 2 Crisis Services

319-362-2174 800-332-4224

Full service crisis line for general problems, family issues, financial issues, abuse, rape, suicide, etc.

<https://foundation2.org/>

Iowa State Patrol

800-525-5555 or 319-385-8715

Hwy 218 S., Mt. Pleasant, IA 52641

<https://dps.iowa.gov/>

Poison Control Center

800-222-1222

<https://www.poison.org/>

Police

911 or 319-753-8366

201 Jefferson St, Burlington, IA 52601

<https://www.burlingtoniowa.org/2158/Police>

Salvation Army

319-753-2038

216 Columbus, Burlington, IA 52601

Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men's ministries, boys & girls club, character building programs, community recreation programs, provides meals.

<https://centralusa.salvationarmy.org/burlington/contact-us/>

EMPLOYMENT

Family Development Self-Sufficiency Program (FaDDS)

Community Action of Southeast Iowa

319-753-0193

Home visit, goal based program for low-income families with a child under 18

<http://caofseia.org/services/family-development-and-self-sufficiency/>

Goodwill

165 W Burlington Ave, Burlington, IA 52601

866-466-7881

We provide supported employment, job development and Occupational Skills training that result in a certification for those with barriers to independence.

<https://www.goodwillheartland.org/>

Hope Haven

319-754-4689

1819 Douglas St, Burlington, IA 52601

Can Redemption: M-F 9:00-4:00

Hopefully Yours Thrift Store: M-F 9:30 - 5:00/ Sat 9:30-4:00

Organization provides rehabilitation services for physically and mentally challenged persons.

<https://www.hopehavencorp.com/>

<https://www.facebook.com/www.hopehavencorp/>

<https://www.facebook.com/hopefullyyours03>

IowaWORKS/Iowa Workforce Development

319-753-1671

550 S Gear Ave Ste 35, West Burlington, IA 52655

M, T, TH, F 8:30-4:30/ W 9:00-4:30

Assists individuals of all ages, income and skill levels with pre-employment assistance such as career guidance and assessment, labor market information, career counseling, job search assistance, resume and interviewing assistance and much more. IowaWORKS is able to make direct connections between individuals looking for work and businesses who need employees. Short term training, occupational skills training, work experiences and internships are available. Assistance with unemployment insurance is also available.

BurlingtoniowaWORKS@iwd.iowa.gov

<https://www.iowaworks.gov/vosnet/Default.aspx>

Iowa Vocational Rehabilitation

319-753-2231

550 S. Gear Ave Ste 35 West Burlington, IA 52655

M-F 8:00-4:30

Works with individuals who have disabilities to achieve their employment, independence and economic goals.

<https://ivrs.iowa.gov/>

Manpower

319-753-1663 or 800-373-1236

3101 Flint Hills Dr., Burlington, IA 52601

M-F 8:00-5:00

Provides career opportunities with the flexibility to match virtually any lifestyle. Offers PT, FT, temporary, permanent, & temp to permanent.

<https://www.manpowergroupusa.com/>

Milestones Area Agency on Aging

319-752-5433

509 Jefferson St, Burlington, IA 52601

M-F 8:00-4:30

Information and referrals, senior nutrition, family caregiver programs, counseling, wellness and safety, elder rights and abuse prevention, older worker employment programs. Services for those with disabilities, veterans and family caregivers.

<https://www.milestonesaaa.org/>

<https://www.facebook.com/milestonesaaa/>

OPS Employment Group

319-850-3270

214 Jefferson St, Burlington, IA 52601

M-F 8:00-5:00

We specialize in finding placements in clerical, light industrial, and factory settings. Our office has a team of Professional Placement Recruiters who can find a direct hire fit for you in industrial, technical, professional, and office roles.

<https://www.qpsemployment.com/>

RSVP

319-753-8155

400 Washington St, Burlington, IA 52601

M-Th 9:00-2:00

Tutoring/reading with school children, journaling project volunteers with students in the 4th – 6th grades, entertainers, singers & dancers, nursing home activity volunteers, summer reading program volunteers, craft projects (knitting, crocheting, quilting, sewing), senior center volunteers, delivery of meals to homebound, transportation assistance, clerical assistance, court mediation, library assistance, hospital volunteers, museum services, and more.

<https://www.facebook.com/RSVP-Retired-Senior-Volunteer-Program-of-Des-Moines-County-536887499675283/>

Team Staffing

319-753-9844

1734 N Roosevelt Ave #124, Burlington, IA 52601

At Team Staffing Solutions, we connect great people with top companies. We offer workforce solutions throughout eastern Iowa, western Illinois and northeast Missouri in the areas of temporary staffing, temp-to-hire, direct hire and on-site management.

<https://www.teamssi.com/>

Temp Associates

319-754-8857

2535 Mt Pleasant St Suite 104W, Burlington, IA 52601

M-F 8:00-4:30

Temp helps to find temporary (sometimes permanent) jobs out in the workforce. Based on experience in some fields tests may be required.

Burlington@tempassociates.com <https://www.tempassociates.com/>

FOOD, CLOTHING, FINANCIAL

American Red Cross

800-733-2767

Assistance with house fires, floods, winter storms, tornadoes, disaster relief, help for qualified military personnel.

<https://www.redcross.org/>

Backpack Program

Contact your child's school to ask about the backpack food program.

BILA (Burlington Innovative Learning Academy)

For any high school student in Burlington 319-753-2211
Clothes, shoes, coats, gloves, prom dresses, etc. ext 1304
Open through all three lunches and Houndroom. Call for appointment.
<https://www.facebook.com/pages/category/Campus-Building/Burlington-Innovative-Learning-Academy-319520099373/>

Birthright

1113 S. Main St, Burlington, IA 52601 319-753-2702
24/7
Confidential help to those who wish an alternative solution to abortion.
Provide pregnancy counseling. Baby Baskets, some infant/ maternity
clothing and other baby necessities.
<https://birthright.org/birthright-of-burlington>
<https://www.facebook.com/pages/category/Nonprofit-organization/Birthright-of-Burlington-IA-113017923461366/>

Church of the Nazarene

1015 S. Roosevelt Hwy 61, Burlington, IA 52601 319-752-4245
2nd Sat of the month 8:00-2:00
Free Clothing Closet.
<https://www.iowanazarene.org/burlington-first>
<https://www.facebook.com/burfirstnaz/>

Community Clothes Closet

102 Meadow St (Cornerstone Community Church) 319-931-9305
Mediapolis, IA 52637
T 3:00-5:00/ 1st and 3rd Sat 9:00-12:00
<http://www.cornerstonecommunitybiblechurch.com/>

The Cupboard with City Hope

914 Maple St 319-237-8400 ext 114
M, W, F 8:00-11:00
Food pantry assistance provided 1x/month No documentation necessary
<https://www.harmonybiblechurch.org/city-hope-foundation>
<https://www.facebook.com/CityHopeBurlington/>

Donation Connection

309 West Agency Rd, West Burlington, IA 52655 319-520-0863
M-F 11:00-5:00 and by apt Sat 10:00-2:00
Clothing, household items, etc.
<https://www.facebook.com/pages/category/Local-service/Donation-Connection-100125088844915/>

Foursquare Gospel Church

319-752-0261

200 Curran St, Burlington, IA 52601

Food Pantry by appointment only, 1 time per month. ID requested but not required.

Goodwill

319-208-0290

165 West Burlington Ave, Burlington, IA 52601

Low cost clothing.

www.goodwilloftheheartland.org

Harmony Bible Church

319-392-4229

21589 Hwy 79, Danville, IA 52623

Maple St Center: 904 Maple St, Burlington, IA 52601

M-F 9:00-4:00

<https://www.harmonybiblechurch.org/>

Hetta Gilbert Foundation

319-759-7091

Michelle LeKander

Mechell62@msn.com

Assistance for children’s medical needs. Prescriptions, glasses, dental, doctor visits, shoes, and coats

Hopefully Yours

319-237-1140

617 Jefferson, Burlington

M-F 9:30-5:00, Sat 9:30-4:00

Resale shop for low cost clothing & household items benefiting Hope Haven.

<http://www.hopehavencorp.com/>

<https://www.facebook.com/hopefullyyours03>

Lend a Paw Pantry

319-435-1151

2132 Madison Avenue

M, W 3:00-6:00

Families may visit twice per month

<https://www.facebook.com/LendAPawPantry/>

Love Thy Neighbor

First Church of the Nazarene

319-752-4245 Ext 113

1015 S. Roosevelt Ave, Burlington, IA 52601

Monthly free food box (income based). Call the church by the 10th of the month. Pick-up I son the 3rd Wed of the month.

<https://www.facebook.com/burfirstnaz/>

<https://b1naz.com/>

Mediapolis Community Food Pantry 319-394-3330
801 Middle St, (First United Presbyterian Church), Mediapolis, IA 52637
T 3:00-5:00
https://www.facebook.com/Mediapollis-Community-Food-Pantry-107784180861227/?ref=py_c

Milestones Area Agency on Aging 319-752-5433
509 Jefferson St, Burlington, IA 52601
M-F 8:00-4:30
See senior services for more details.
<https://www.milestonesaaa.org/>
<https://www.facebook.com/milestonesaaa/>

Neighborhood Center: Community Action 319-753-2893
700 Jefferson St, Burlington, IA 52601
M-F 8:00-4:30
Food pantry, homeless prevention program, utility assistance, hygiene items, etc. See the inside front cover for program list.
<http://caofseia.org/>

Rural Development 319-986-5800
Grants for home repairs for clients 62 years and up, homeowner. Low interest loans for low income families. Loans to purchase a home at low or very low interest.
<https://www.rd.usda.gov/ia>

Salvation Army 319-753-2038
216 Columbus, Burlington, IA 52601
Salvation Army Store 323 Columbus Dr. Burlington, IA 52601
M-Th 9:00-3:00/ F 9:00-12:00
Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men's ministries, boys & girls club, character building programs, community recreation programs, provides daily noon meals, food pantry.
<https://satruck.org/>
<https://www.facebook.com/SABurlington/>

Southeast Iowa Regional Planning 319-753-5107
211 N Gear Ave, West Burlington, IA 52655
Strengthening the abilities of local communities to meet their individual needs related to home ownership. Grants and low interest loans for home

repair and purchasing. Regional programs managed by SEIRP include: SEIBUS, Great River Housing Trust Fund, Region 16 Transportation Planning Affiliate, Revolving Loan Funds and US EDA Economic Development District. Consultative services include: Planning, grant writing, grant administration, technical assistance and all other matters. SEIRP exists to “Strengthen Southeast Iowa.”

<https://www.seirpc.com/>

St Vincent de Paul

319-752-9332

700 Division St, Burlington, IA 52601

M-F 1:00-3:00

Food pantry, You must show a picture ID and have (in hand) a social security card for every member in your family

<https://dmcountycatholic.org/need-help/st-vincent-de-paul-food-pantry>

<https://www.facebook.com/pages/category/Community-Service/St-Vincent-de-Paul-Food-Pantry-625028211222879/>

Transitions DMC

319-209-2217

515 South Main St, Burlington, IA 52601

Emergency Shelter- 30-45 days, 13 beds, intake 10:00-3:00

Day Services- Showers, laundry, warming and cooling centers. Helping the homeless find shelter, homes, food, furniture, clothes, household basics, emergency assistance, and mentoring with a hand up, not a hand out.

<https://www.transitionsdmc.org/>

<https://www.facebook.com/transitionsdmc/>

(WIC) Special Supplemental Nutrition Program for Women, Infants and Children

Community Action of Southeast Iowa

319-209-2850

801 S. Roosevelt Ave, Burlington, IA 52601

Provides medical and nutritional assessments, education and supplemental foods for pregnant women, breast feeding and non-nursing mothers, infants and children up to 5 years old.

<http://caofseia.org/services/wic/>

Zion United Church of Christ

319-752-2305

412 N. 5th St, Burlington, IA 52601

M, W, F 9:00-12:00

Bridging the Gap Program. Food Pantry and some paper products.

Some financial assistance, job search assistance and budget counseling.

<https://zionuccburlington.org/>

HEALTH CARE

Advanced Home Health Care

319-753-6270

550 S Roosevelt Ave, Burlington, IA 52601

<https://advanced-homehealthcare.com/>

Birthright

319-753-2702

1113 S. Main St, Burlington, IA 52601

24 Hours

Offers confidential help to those who wish an alternative solution to abortion. Provide pregnancy counseling.

<https://birthright.org/birthright-of-burlington>

<https://www.facebook.com/pages/category/Nonprofit-organization/Birthright-of-Burlington-IA-113017923461366/>

Community Health Centers of Southeast Iowa

Medical Clinic

319-768-5858

Dental Clinic

319-752-5540

1706 W. Agency Rd., West Burlington, IA 52601

M, W 7:00-7:00pm/ T, Th, F 7:00-6:00

Primary Care, Dental, Behavioral Health, Pain Clinic, and Addiction Services.

Pediatric Clinic

319-751-5177

M-F 8:00-5:00

1223 S. Gear Ave. Ste 108, West Burlington, IA 52655

Primary Care, Behavioral Health.

Community Health Centers of Southeastern Iowa/Pediatric Clinics accepts most Insurances, and Iowa, Illinois, and Missouri Medicaid. A Sliding fee discount is available for households that qualify.

<https://www.chcseia.com/>

My IA Condoms

Sexual health. Find where free condoms are available in the community.

Discover where STD testing is offered and other resources.

<https://www.myiacondoms.org/>

Des Moines County Public Health

319-753-8290

522 N. 3rd St, Burlington, IA 52601

M-F 8:00-4:30

Immunization Clinic: T, Th 1:30-4:00 TB tests on Tuesdays only.

Home health care, skilled nursing, disease prevention & education, the Nail Program, environmental services, Hopes Program & Des Moines County Home Visitation Program.

<https://www.desmoinescounty.iowa.gov/118/Public-Health>

Every Step Hospice

319-385-4472

118 N. Main, Mt. Pleasant, IA 52641

Hospice Care & ExtraCare services care for the terminally ill that include nursing, home health aides, chaplain services, volunteers, social workers, pharmacists, medical equipment, and bereavement counseling. HCI Palliative Medicine available to chronically and seriously ill individuals that are still seeking treatment but are looking for comfort care.

<https://www.everystep.org/services/hospice>

Family Planning Clinic

319-768-1225

801 S. Roosevelt Avenue, Suite C, Burlington, IA

M, T, Th- 10:00-6:00/ W 1:00-5:00/ For supplies only F 8:00-1:00

Affordable Reproductive Health Services Well examinations, Birth control methods on site, Pap smears and breast exams, Sexually transmitted disease testing and treatment, Urinary tract and vaginal infection testing and treatment, Pregnancy testing, Rapid HIV testing. All services are confidential. Clinic fees are based on income, and no one is denied services based on their ability to pay. Most major insurance plans accepted. Same day appointments available. All services are provided by a nurse practitioner specializing in birth control and STIs.

<https://www.greatriverhealth.org/family-planning/>

Great River Business Health

319-768-4100 Option 5

1401 W. Agency Rd., West Burlington, IA 52655

Great River Business Health offers comprehensive health services for businesses, including drug and alcohol testing, DOT and pre-employment physicals, immunizations, fit-for-duty examinations, and workers' compensation injury care.

<https://www.greatriverhealth.org/>

Great River Home Health and Hospice

319-768-3350

1306 S. Washington Rd., West Burlington, IA 52655

Provides comprehensive physical, emotional and spiritual care in homes, long-term-care centers, and Great River Hospice House.

<https://www.greatriverhealth.org/health-services/home-health/hospice-house/>

Hawk-I

800-257-8563

Des Moines, IA

Health & Dental insurance coverage for newborn to age 19. For those who do not qualify for Medicaid.

<https://dhs.iowa.gov/hawkI>

Heritage Medical Equipment & Supplies 319-768-4300
624 S. Roosevelt Ave, Burlington, IA 52601
1223 S. Gear Ave, Eastman Plaza West Burlington, IA 52655
M-F 9:00-5:00
<https://www.greatriverhealth.org/our-locations/heritage-medical-equipment-supplies/>

Hetta Gilbert Foundation 319-759-7091
Michelle LeKander
Mechell62@msn.com
Assistance for children’s medical needs. Prescriptions, glasses, dental, doctor visits, shoes, and coats.

InfantSEE 888-396-3937
Public health program, local optometrists who provide a no-cost infant eye exam to infants, age 6 months – 1 year.
<https://www.infantsee.org/>

Iowa Department of Health and Human Services 319-754-4622
3535 E. Agency St, Ste102, Burlington, IA 52601 866-849-3537
M-F 8:00-4:30
Economic Programs: Family Investment Program (FIP), food assistance, medical assistance (Medicaid), referrals/funding for service programs including: foster care, shelter care, institutional care, adoption, independent living, day care, family home studies, and child abuse assessments.
<https://dhs.iowa.gov/node/1905>

Iowa Managed Care Organizations (MCOs)

Amerigroup Iowa, Inc.
Member Services: 800-600-4441
www.myamerigroup.com/ia

Iowa Total Care
Member Services: 1-833-404-1061
<https://www.iowatotalcare.com/>

Iowa Medicaid Providers 800-338-7909
<https://dhs.iowa.gov/ime/providers>

Iowa Office of Consumer Affairs (OCA)

855-622-4692

Statewide Children and Adult Mental Health Resources. A program run by peers with personal lived experience with mental illness. Free and confidential service. Information on providers, Day services, legal issues, housing/homelessness, guardianship, crisis referral, out-of-home placement, employment, support groups and classes, insurance, peer support and disability.

<https://www.ocaiaowa.org/>

<https://www.facebook.com/ocaiaowa>

Lions Club

515-232-2215

2300 S. Duff Ave, Ames, IA 50010

Lions Clubs are working to end preventable blindness. Preschool vision screening. Assistance obtaining corrective lenses.

iowalions@aol.com

<http://clubs.iowalions.org/burlingtonnoon/>

Mental Health- Southeast Iowa Regional Medical Center

1225 S. Gear Ave, Ste. 251, West Burlington, IA 52655 319-768-3700

5409 Ave O Ste 125, Ft Madison, IA 52627 319-376-1130

Southeast Iowa Regional Medical Center provides treatment for adults and children with mental health conditions. Our staff works with patients and their families to help them optimize the management of addictions and illnesses. Some of services we offer include medication management, diagnostic evaluations, and addiction medical management and counseling. We treat many psychiatric conditions, from clinical depression to anxiety and personality disorders.

<https://www.greatriverhealth.org/health-services/mental-health/>

Ryan White Program

319-800-5561

A program that works with persons living with HIV. The program is for those who do not have sufficient health care coverage or financial resources for coping with HIV disease. Fills gaps in care not covered by these other sources. Contact person: Jayme Mueller

jmueller@riverhillshealth.org

Southeast Iowa Regional Medical Center

1221 S. Gear Ave, West Burlington, IA 52655

319-768-1000

5445 Avenue O, Ft Madison, IA 52627

319-372-6530

Great River Health Systems is a 378-bed regional, integrated health-care system that includes acute, skilled and long-term care, retail pharmacies, retail medical equipment and supplies services, an outpatient renal dialysis center, and a network of specialty and primary-care clinics.

<https://www.greatriverhealth.org/>

Special Needs Foundation

319-752-8222

829 Harrison Ave, Burlington, IA 52601

M, W, F 10:00-2:00

Free loans of medical equipment

<https://specialneedsdmc.org/>

<https://m.facebook.com/Special-Needs-Foundation-928957960528376/>

University of Iowa Children’s Hospital

319-384-5437

200 Hawkins Dr., Iowa City, IA 52242

<https://uichildrens.org/>

University of Iowa Health Care

800-777-8442 or 319-356-1616

200 Hawkins Dr., Iowa City, IA 52242

People can access UI Health Care 24/7 through their computer, tablet, or phone, UIeCare is available with an internet connection and webcam.

The provider may ask you to use your webcam to show them a rash on your child’s skin, for example. Depending upon the condition and diagnosis, UIeCare providers may provide home-care advice, order a prescription, or recommend in-person clinic or hospital treatment. No appointment necessary.

<https://uihc.org/>

<http://www.uiecare.com>

Urgent Care: Outpatient Services Plaza

319-768-4320

1321 S. Gear Ave, West Burlington, IA 52601

M-F 7:00-7:00/ Sat-Sun 9:00-4:00

No appointment necessary. Open to anyone 18 months or older.

<https://www.greatriverhealth.org/health-services/urgent-care/>

Veterans: Please see listing under Veterans’ category

HOSPITALS

Southeast Iowa Regional Medical Center – Burlington 319-768-1000

1221 S. Gear Ave, West Burlington, IA 52655

<https://www.greatriverhealth.org/>

Southeast Iowa Regional Medical Center – Ft Madison

5445 Avenue O, Ft Madison, IA 52627

319-372-6530

<https://www.greatriverhealth.org/>

St Luke's (Cedar Rapids) 319-369-7211
1026 A Ave NE, Cedar Rapids, IA 52406
<https://www.unitypoint.org/cedarrapids/default.aspx>

University of Iowa Health Care 319-356-1616
200 Hawkins Dr., Iowa City, IA 52242
<https://uihc.org/>

Veterans Memorial Hospital 319-338-0581 or 866-687-7382
601 Hwy 6 West, Iowa City, IA 52246
<https://www.va.gov/iowa-city-health-care/>

HOUSING

Burlington Area Homeless Shelter 319-754-6791
123 N. Marshall St, Burlington, IA 52601
We provide emergency shelter and support to those in need. We work with outside resources, work on personal goals and budget planning and provide most needs during their stay. Must have an Iowa ID and be willing to work. We do not take sex offenders or anyone with an active warrant. Funded by the community and United Way.
<https://burlingtonareahomelessshelter.wordpress.com/>
<https://www.facebook.com/burlingtonareahomelessshelter/>

Senior & Disabled Housing Apartments Based on Income

Autumn Heights	319-753-2142
Friedenheim Community	319-754-1042
Westland Manor	319-752-4797
Robinson Heights	319-752-4625

Community Action of Southeast Iowa, Neighborhood Center

700 Jefferson St, Burlington, IA 52601 319-753-2893
M-F 8:00-4:30
Homeless Prevention Program, emergency rent assistance, and utility assistance. See inside front cover for program listing.
<http://caofseia.org/>

Department of Housing 319-753-8175
Code inspector
<https://www.burlingtoniowa.org/2152/Permits-Applications>

HUD (Housing and Urban Development) 800-955-2232

Journey House, Transitional Housing 319-850-8699

Transitional housing for up to three months and supportive services for those who have experienced domestic violence for men or women.

<https://www.facebook.com/pg/journeyhouseburlington/posts/>

Low Rent Housing 319-752-4042

2830 Winegard Dr, Burlington, IA 52601 (in Autumn Heights)

1st Th of each month 10:00-12:00

Rental assistance under section 8 housing choice voucher program within Burlington city limits.

Rural Development 319-986-5800

Grants for home repairs for clients 62 years and up, homeowner. Low interest loans for low income families. Loans to purchase a home at low or very low interest.

<https://www.rd.usda.gov/ia>

Steamboat Landing 319-754-5515

420 S 4th St, Burlington, IA 52601

Income based housing apartment complex.

<http://www.steamboatlandingapts.com/>

Stone Gardens 319-753-0129

2312 Valley St, Burlington, IA 52601

Income based housing apartment complex.

<https://www.stonegardensapts.com/>

Salvation Army 319-753-2038

216 Columbia, Burlington, IA 52601

Disaster services, emergency assistance/financial/seasonal services, homeless shelter in Davenport, IA

<https://satruck.org/>

<https://www.facebook.com/SABurlington/>

Southeast Iowa Regional Housing Authority (Section 8)

218 N 3rd St, Ste 309, Burlington, IA 52601 319-753-5109

Rental assistance under section 8 housing choice voucher program outside of Burlington city limits, includes Des Moines, Henry, Lee, and Louisa Counties.

<http://www.seirha.com/>

Southeast Iowa Regional Planning 319-753-5107

211 N Gear Ave, West Burlington, IA 52655

Strengthening the abilities of local communities to meet their individual needs related to home ownership. Grants and low interest loans for home repair and purchasing. Regional programs managed by SEIRP include: SEIBUS, Great River Housing Trust Fund, Region16 Transportation Planning Affiliate, Revolving Loan Funds and US EDA Economic Development District. Consultative services include: Planning, grant writing, grant administration, technical assistance and all other matters. SEIRP exists to “Strengthen Southeast Iowa.”

<https://www.seirpc.com/>

Transitions DMC

319-209-2217

515 South Main St, Burlington, IA 52601

Emergency Shelter- 30-45 days, 13 beds, intake 10:00-3:00

Day Services- Showers, laundry, warming and cooling centers. Helping the homeless find shelter, homes, food, furniture, clothes, household basics, emergency assistance, and mentoring with a hand up, not a hand out.

<https://www.transitionsdmc.org/>

<https://www.facebook.com/transitionsdmc/>

Transitional Living

DVIP Journey House	Burlington, IA	319-850-8699
DVIP Serenity House	Keokuk, IA	319-850-8699
Talbot Sober Living	Keokuk, IA	319-795-5535
Lydia’s House	Keokuk, IA	309-331-0248
The Refuge House	Olds, IA	319-201-8187
New Life Women’s Transitional House	Wayland, IA	319-201-8187
Transitions DMC	Burlington, IA	319-209-2217
Coordinated Entry	Covers most of Iowa	833-739-0065

Veterans: Please see listing under Veterans’ category

LEGAL

Attorney Referral Services of the Iowa State Bar Association

<https://www.iowafindalawyer.com/>

800-532-1108

Bar Association Volunteer Board

800-325-2909 or 515-243-3179

625 E. Court Ave, Des Moines, IA 50309

M-F 8:00-5:00

Des Moines County Attorney 319-753-8209
215 Columbia St, Burlington, IA 52601
M-F 8:00-4:30
<https://www.desmoinescounty.iowa.gov/105/Attorney>

Disability Rights Iowa 800-779-2502

Eighth Judicial District Field Services 319-753-5478
835 Valley St, Burlington, IA 52601
M-F 8:00-4:30
<http://www.8thjdcbc.com/>

Iowa Concern Line by ISU 800-447-1985
Financial questions. Legal education stress counseling, disaster resources and referral.
<https://www.extension.iastate.edu/iowaconcern/>

Iowa Legal Aid 800-532-1275
1700 S. 1st Ave, Ste. 10, Iowa City, IA 52240
M-F 9:00-11:00 & 1:30-3:30
Provides critical legal assistance to low-income and vulnerable Iowans who have nowhere else to turn.
www.iowalegalaid.org<https://www.iowalegalaid.org/>

Iowa State Public Defender (Burlington) 319-753-5163
216 S. 3rd St, Burlington, IA 52601
M-F 8:00-4:30
<https://spd.iowa.gov/>

Juvenile Court Services - Des Moines County 319-753-8281
513 N. Main St, Burlington, IA 52601 District 8 SEI
M-F 8:00-4:30
<https://www.iowacourts.gov/iowa-courts/district-court/judicial-district-8/district/8/county/des-moines>

Residential Facility (County Jail) 319-753-5178
835 Valley St, Burlington, IA 52601
T, Th, Sat, 6:30pm-9:00pm/ Sun 1:30-4:30
<https://doc.iowa.gov/about-us/about-community-based-corrections>

State Attorney General 515-281-5926 or 888-777-4590
Consumer Protection Division
<https://www.iowaattorneygeneral.gov/>

LIBRARIES

Burlington Public Library 319-753-1647
210 Court St, Burlington, IA 52601
M-Th 9:00-8:00/ F, Sat 9:00-5:00
<https://www.burlington.lib.ia.us/>

Danville Library 319-392-8317
112 N. Main St, Danville, IA 52623
M-F 2:00-5:00, Sat 10:00-12:00
http://www.danvillestation.net/Contact-Us.html?no_redirect=true

Great River Medical Center Library 319-768-4075
1221 S. Gear Ave, West Burlington, IA 52655
M 9:00-1:00, T-F 7:30-4:00
The library offers professional and community-health resources,
including books, periodicals, and videos for on-site use and check-out.
<https://www.greatriverhealth.org/>

Iowa Department for the Blind 515-281-1333 800-362-2587
524 Fourth Street, Des Moines, IA 50309
Vocational Rehabilitation Programs, Independent Living Program, Adult
Orientation and Adjustment Center, Library for the Blind and Print
Disabled, Business Enterprises Program, Public Education and In-
Service Training.
<https://blind.iowa.gov/>

Mediapolis Public Library 319-394-3895
128 N. Orchard, Mediapolis, IA 52637
<https://www.mediapolis.lib.ia.us/>

Yohe Memorial Library (Located in SCC) 319-752-2731
1500 W. Agency Rd., West Burlington, IA 52655
<https://www.scciaowa.edu/academics/Library/index.aspx>

RECREATION

Art Center of Burlington 319-754-8069
301 Jefferson St. Ste 1 Burlington, IA

Burlington Regional Rec Plex 319-758-9419

501 S. Broadway St, Burlington, IA 52655

Rec Plex has baseball diamonds, batting cages, soccer fields, sand volleyball, and a Tot Lot for the young fans.

<https://www.teamsideline.com/burlington>

Des Moines County Conservation

319-753-8260

13700 Washington Rd., West Burlington, IA 52655

M-F 7:00-11:00 & 12:00-3:00

Camping, Hunting, Environmental Education, Nature, Fishing, Parks

Parks include: Big Hollow Recreation Area, Chautauqua Park, 4th

Pumping Plant Recreation Area, Hickory Bend, Hunt Woods, Luckenbill

Woods, Starr's Cave Park & Preserve, Waters Park, and Welter

Recreation Area (Skunk River Access). Planting services, shooting

ranges, youth summer camps, and the Witte Observatory. Please see

website for further detailed information. Des Moines County

Conservation is dedicated to the sustainability of natural resources

throughout the land stewardship, conservation education and by

providing quality outdoor recreation opportunities.

<https://www.desmoinescounty.iowa.gov/110/Conservation>

Local Community Events and Links:

www.caofseia.org/events

Players Workshop

319-753-6623

1431 Grove St, Burlington, IA 52601

<https://www.playersworkshoptheater.com/>

<https://www.facebook.com/PlayersWorkshop/>

YMCA

319-753-6734

2410 Mt. Pleasant St, Burlington, IA 52601

M-F 5:00am-10:00pm Sat 7:30-5:00

Open Sundays October – April, 1:00-5:00

<http://www.burlingtony.org/>

<https://www.facebook.com/burlingtony>

Boy Scouts, Girl Scouts and 4H Clubs (ISU)- See information under children, youth and families.

SENIOR

Alzheimer's Association

800-272-3900

1225 E River Drive, Suite 130, Davenport, IA 52803

We have a variety of services in person, virtual, phone and online to offer the community. All service information, educational opportunities, support group information etc. is located on our website at [alz.org](https://www.alz.org) or by calling, which is answered by a live person 24/7 to assist callers.

<https://www.alz.org/>

Community Action Senior Home Repair Program 319-735-0193

For those 60+ focuses on small repairs or additions to maintain safety of the home.

<http://caofseia.org/>

Meals on Wheels

319-768-3401

Southeast Iowa Regional Medical Center
1221 S. Gear Ave, West Burlington, IA 52655

<https://www.greatriverhealth.org/>

Milestones Area Agency on Aging

319-752-5433

509 Jefferson St, Burlington, IA 52601

M-F 8:00-4:30

Information and referrals, senior nutrition, family caregiver programs, counseling, wellness and safety, elder rights and abuse prevention, older worker employment program. Services for those with disabilities, veterans, and family caregivers.

<https://www.milestonesaaa.org/>

<https://www.facebook.com/milestonesaaa/>

Retired Senior Volunteer Program (RSVP)

319-753-8155

400 Washington St, Burlington, IA 52601

M-Th 9:00-2:00

Tutoring/reading with school children, journaling project volunteers with students in the 4th – 6th grades, entertainers, singers & dancers, nursing home activity volunteers, summer reading program volunteers, craft projects (knitting, crocheting, quilting, sewing), senior center volunteers, delivery of meals to homebound, transportation assistance, clerical assistance, court mediation, library assistance, hospital volunteers, museum services, and more.

<https://www.facebook.com/RSVP-Retired-Senior-Volunteer-Program-of-Des-Moines-County-536887499675283/>

Steamboat Senior Center

319-753-2567

501 Jefferson St, Burlington, IA 52601

Call for hours.

Senior Health Insurance Information Program (SHIIP)

1221 S. Gear Ave, West Burlington, IA 52655 319-768-3342

SHIIP is a free, confidential service of the State of Iowa that provides unbiased information to help Iowans make decisions about Medicare and other health coverage.

<https://www.greatriverhealth.org/about-us/senior-health-insurance-information-program-shii/>

Social Security Office (no local #) 800-772-1213 or 866-338-4183

3920 Division St, Burlington, IA 52601

M-F 9:00-3:30

<https://www.ssa.gov/>

Veterans: See listing under Veterans’ category

Senior Housing: See list under housing

SUBSTANCE USE

ADDS (Alcohol & Drug Dependency Services) 319-753-6567

1340 Mt. Pleasant St, Burlington, IA 52601

M-F 8:00-4:30

Drug and Alcohol outpatient and inpatient treatment. Gambling treatment and prevention. Listing of local AA & NA groups.

<https://addsiowa.org/>

<https://www.facebook.com/ADDSIA>

Celebrate Recovery 319-237-8400 ext 201

550 Division, Burlington, IA (in Harmony Bible Church)

Th 6:30pm Program, Meal starts at 6:00pm

Childcare provided for kids 0 – 3 years. A Christ centered program.

<https://www.harmonybiblechurch.org/city-hope-foundation>

<https://www.facebook.com/CityHopeBurlington/>

Quitline Iowa 800-784-8669

Quitting tobacco is a process. Whether you are thinking about quitting, are not yet ready to quit, or have already quit, Quitline Iowa can help you with each step of the way.

<https://www.quitlineiowa.org/en-US/>

River Cross, Dual Diagnosis Program 319-237-1072

Hope Haven, Burlington, IA 52601

319-754-4689

River Cross is a 15 bed community based Residential Care Facility developed to provide individualized supportive services to adults who are dually diagnosed with mental illness and substance abuse addiction. <https://www.hopehavencorp.com/dual-diagnosis-service>

Young House Family Services

400 S. Broadway, P.O. Box 845, Burlington, IA 52601 319-752-4000
M-F 8:00-4:30 (Burlington Hours)

629 Blondeau, Suite 201, Keokuk, IA 52632 319-524-2386
W, TH 8:00-5:00/ F 9:00-12:00 (Keokuk Hours)

Comprehensive array of services provided to individuals, children and families. Services include counseling services for individuals, families, couples, children and adolescents; Pediatric Integrated Health Home Program (PIHP), a free service for families with Medicaid benefits and have a child or children with emotional or behavioral health issues; Brief Intensive In-Home Services for children ages 6-17 without DHS or JCS involvement; Behavioral Health Intervention Services (BHIS) skills development services to children with disruptive behaviors connected to mental health needs; Early Parenting Intervention and Coaching (EPIC) for children ages 2-5 who are displaying behavioral issues; Adult and Adolescent Substances Abuse Program (ASAP), outpatient treatment for individuals experiencing struggling with drug or alcohol use.

<https://www.younghouse.org>/<https://www.facebook.com/younghousefamilyservices/>

Housing- See Housing category for sober living assistance

SUPPORT GROUPS

24/7 Dads 319-209-0916

314 N. 3rd St, Burlington, IA 52601 Hope Community Church
Th 6:00pm-8:00pm
Support group for dads. Biblically based program.

AA/NA Groups 319-753-6567

Call ADDS for current listing.
<https://addsiowa.org/>
<https://www.facebook.com/ADDSIA>

Al-Anon 319-754-7591

2411 West Ave, Burlington, IA 52601 (in Messiah Lutheran Church)
T 12:00
<https://al-anon.org/>

Alzheimer’s Association

800-272-3900

1225 E River Drive, Suite 130, Davenport, IA 52803

We have a variety of services in person, virtual, phone and online to offer the community. All service information, educational opportunities, support group information etc. is located on our website at alz.org or by calling, which is answered by a live person 24/7 to assist callers.

<https://www.alz.org/>

Autism Support Group – Area Education Agency

319-754-5726

825 N. 8th St, Burlington, IA 52601 (North Hill School)

First Thursday each month. Call for details.

<https://autismia.com/support-groups/>

LIFE Recovery

319-209-0916

314 N. 3rd St, Burlington, IA 52601 (Hope Community Church)

F 6:30-8:00pm

Support group for anyone trying to get their life on track. A biblically based program.

The Nest of Des Moines County

319-753-3150

214 N. 4th St, Ste. 3-C, Burlington, IA 52601

M 10:00-6:00 in Burlington.

The Nest of Des Moines County is a parent education program for prenatal and parents. Nest participants must have a child in the home. They are encouraged to bring a support person with them to the Nest classes. Those enrolled in the Nest Family Support Program receive points for attending Nest classes; which are then redeemed for “New Store Incentive Items” at the Nest location in Burlington. All must call, the Burlington Nest, to make an appointment to register.

<https://www.facebook.com/pages/category/Nonprofit-Organization/The-Nest-of-Des-Moines-County-1326639130816177/>

National Alliance on Mental Illness (NAMI)

319-750-2220

NAMI Southeast Iowa has Mental health educational and informational programs and classes for people with mental health conditions and those who love them. Mental Health support groups meet on the first and third Monday of the month on the mezzanine of The Loft 416 Jefferson Street, Burlington, IA 52601

namisoutheastiowa@gmail.com

<https://nami.org/>

<https://m.facebook.com/NAMI-Southeast-Iowa-mental-health-106975114255600/>

National Maternal Mental Health Hotline 833-943-5746
24/7 Free Confidential Hotline for pregnant and new moms in English and Spanish. Phone or text access to professional counselors, real time support and information, resources, referrals, culturally sensitive support, services in over 60 languages.
<https://mchb.hrsa.gov/national-maternal-mental-health-hotline>

Partners of Des Moines County 319-752-6952
This organization serves persons with disabilities, providing for their social needs as well as some financial assistance.
<https://www.facebook.com/Partnerscatlady2DMC/>

Stroke Support Group 319-768-4200
1221 S. Gear Ave, West Burlington, IA 52655
Meets the 3rd Wednesday of every month at 10 am at GRMC's Blackhawk Room, below the Center for Rehab. Stroke survivors and/or caregivers are welcome to attend. Different speaker every month with time to share/support others if interested.
<https://www.greatriverhealth.org/>

Wrightslaw Yellow Pages for Kids. (IA)
Yellow pages for kids with disabilities Find educational consultants, psychologists, diagnosticians, health care specialists, academic tutor, speech language therapists, advocates and attorneys. You will also find government programs, grassroots organizations, special education school, and parent support groups.
<https://www.yellowpagesforkids.com/help/ia.htm>

Your Life Iowa call 855-581-8111 Text 855-895-8398
Spanish Speaking Helpline 515-895-3936
Free, confidential support for issues with alcohol, drugs, gambling, suicidal thoughts and mental health. Available 24/7
<https://yourlifeiowa.org/>

TRANSPORTATION

A2Z Taxi Service 319-752-6866
<https://www.facebook.com/pages/category/Taxi-Service/A2Z-Taxi-284588174893690/>

Amerigroup Iowa (Access2Care) 844-544-1389

Mileage reimbursement or non-emergency Medicaid transportation.

Amtrak Train Depot

800-872-7245

300 S. Main St, Burlington, IA 52601

1601 20th St, Ft Madison, IA 52627.

<https://www.amtrak.com/>

Burlington Trailways

319-752-5453 or 800-992-4618

906 Broadway St, West Burlington, IA 52655

Daily 8:00-8:00

<https://burlingtontrailways.com/>

Burlington Urban Service

319-753-8162

300 S., Main, Burlington, IA 52601

M-F 7:00-4:00

Saturday (by appointment only, call M-F to set up time)

\$1.25/ride. Monthly pass \$25. After 15th of the month ½ month pass \$15.

Prices subject to change, Please call or visit website.

<https://www.burlingtoniowa.org/2265/Burlington-Urban-Service-BUS>

Jerry's Bike Ministry

319-752-1832

1225 Hagemann Ave. Burlington, IA 52601 Burlington Baptist Church
Volunteers who restore donated bikes to give to those in need.

<http://www.burlingtonbaptistchurch.org/ministries>

Motor Vehicle Registration

319-753-8273

513 N. Main St, Burlington, IA 52601 Iowa County Treasurers

M-F 8:00-4:30

<https://www.iowatreasurers.org/>

SEIBUS (Public Transportation)

319-753-5107 or 866-753-5107

211 N. Gear Ave, West Burlington, IA 52655

Providing Public Transit Service for Southeast Iowa including Lee, Henry, Louisa and rural Des Moines Counties. From these counties to Iowa City. Curb to Curb service available to general public and those with disabilities. Wheelchair Accessible. Call at least 24 hours in advance for reservations

<https://seibus.org/>

TMS (Transportation Management Group)

866-572-7662

Available to people with Medicaid to medical appointments in or out of Burlington.

Yellow Cab

319-752-6625

301 Angular St, Burlington, IA 52601

UTILITIES

BURLINGTON – City of Burlington

Access Energy: 800-452-7819

Gas/Electric: Alliant Energy – 800-255-4268

Telephone: Century Link – 800-564-1121

Windstream – 877-907-4692

Water, Sewage, Garbage: Burlington Waterworks – 319-754-6501

500 N. 3rd St, Burlington, IA 52601

DANVILLE – City of Danville

319-392-4685

105 W. Shepherd, Danville, IA 52623

Monday – Friday, 8 am – 12 pm and 1 pm – 4:30 pm

Gas: Alliant Energy – 800-255-4268

Telephone: Windstream – 877-907-4692

Water, Sewage, Garbage: City of Danville – 319-392-8381

MEDIAPOLIS – City of Mediapolis

319-394-3125

510 Main St, Mediapolis, IA 52637

Monday – Friday, 8 am – 4:30 pm

Access Energy: 800-452-7819

Gas: Alliant Energy – 800-255-4268

Telephone: Windstream – 877-907-4692

Water, Sewage, Garbage: City of Mediapolis – 319-394-3212

MIDDLETOWN – City of Middletown

319-752-8340

120 Mechanic St, Middletown, IA 52638

Monday – Friday, 8 am – 4:30 pm

Gas: Alliant Energy – 800-255-4268

Telephone: Century Link – 800-564-1121

Windstream – 877-907-4692

Water, Sewage, Garbage: City of Middletown

WEST BURLINGTON – City of West Burlington

319-752-5451

122 Broadway St, West Burlington, IA 52655

M-F 8:00-4:30

Gas: Alliant Energy – 800-255-4268

Telephone: Century Link – 800-564-1121

Windstream – 877-907-4692

Water, Sewer, Garbage, Recycling: City of West Burlington

VETERANS

Burlington VA Outpatient Clinic

319-752-3722

1000 N. Roosevelt Ave Ste 7, Burlington, IA 52601

M-F 8:00-4:00

https://www.va.gov/find-locations/facility/vha_636GY

Des Moines County Veterans Affairs Office

319-752-7171

910 Cottonwood Ste 1000, Burlington, IA 52601

M-F 8:00-12:00 & 1:00-3:00

In addition to providing financial assistance with the basic needs as food assistance, financial help, rental assistance, utility assistance, and county burial, we also assist veterans with applying for any type of government pension or compensation for which they might be eligible. Help them get: travel to Iowa Veterans Home, secure military records, burial head stones, home loans, education benefits, into nursing homes, etc. Indigent military veterans or their surviving spouse/children. Need an Honorable Discharge? We require no payment.

<https://www.desmoinescounty.iowa.gov/124/Veterans-Affairs>

Salvation Army

319-753-2038

216 Columbus, Burlington, IA 52601

Salvation Army Store 323 Columbus Dr. Burlington, IA 52601

M-Th 9:00-3:00/ F 9:00-12:00

Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men's ministries, boys & girls club, character building programs, community recreation programs, provides daily noon meals, food pantry.

<https://satruck.org/>

<https://www.facebook.com/SABurlington/>

Veterans Memorial Hospital

319-338-0581 or 866-687-7382

601 Hwy 6 West, Iowa City, IA 52246

Provides a comprehensive tertiary health care center, teaching hospital, and research facility. Referrals are accepted from VA Medical Centers throughout the nation for complex diagnostic and treatment modalities. It has a strong and effective affiliation with the University of Iowa, College of Medicine.

<https://www.va.gov/iowa-city-health-care/>

VA Home Front

877-424-3838

Help for vets with housing, jobs, health care, education, and more.

Veteran’s Homelessness Assistance

877-424-3838

<https://www.va.gov/homeless/>

See also Salvation Army

Veteran’s Assistance at Iowa Workforce

319-753-1671 ex31411

[Burlington.WFC@iwd.iowa.gov](mailto:WFC@iwd.iowa.gov)

<https://www.iowaworks.gov/vosnet/Default.aspx>

THANK YOU FOR YOUR SERVICE

Zip Codes

<u>Burlington, IA</u>	<u>52601</u>
<u>Danville, IA</u>	<u>52623</u>
<u>Dodgeville, IA</u>	<u>52650</u>
<u>Kingston, IA</u>	<u>52637</u>
<u>Kossuth, IA</u>	<u>52637</u>
<u>Mediapolis, IA</u>	<u>52637</u>
<u>Middletown, IA</u>	<u>52638</u>
<u>Morning Sun, IA</u>	<u>52640</u>
<u>Pleasant Grove, IA</u>	<u>52645</u>
<u>Sperry, IA</u>	<u>52650</u>
<u>Spring Grove, IA</u>	<u>52601</u>
<u>West Burlington, IA</u>	<u>52655</u>
<u>Yarmouth, IA</u>	<u>52660</u>

INFORMATION HELP LINES

211 – General resource & referral information.....	2-1-1
ADDS – Alcohol & Drug Dependency Services.....	319-753-6567
AIDS Hotline.....	IOWA 800-232-4636
AIDS Hotline.....	IOWA-Spanish 800-344-7432
Alcoholism & Drug Dependence.....	800-622-2255
Alcohol – Drug Treatment Referral Network.....	800-996-3784
Alzheimer’s Association.....	800-272-3900
Alzheimer’s & Related Disorders.....	800-272-3900
American Cancer Society.....	800-227-2345
American Heart Association.....	800-242-8721
American Lung Association of Iowa.....	800-586-4872
American Red Cross	800-733-2767
Answer Line.....	800-262-3804
Better Business Bureau.....	563-355-6344 or 515-243-8137
Bets Off – Gambling Help.....	800-Betsoff or (800-586-4872)
Birth Certificate	
Des Moines County Recorder’s Office.....	319-753-8221
Des Moines County Recorder’s Office.....	319-753-8221
Bureau of Vital Statistics.....	515-281-4944
CDC Workplace Safety and Health Topics.....	800-232-4636
Center for Missing & exploited Children, National.....	800-843-5678

Center for Substance Abuse Prevention, Workplace	
	Helpline 800-662-4357 or 800-967-5752
Child Abuse Council	309-736-7170
Child Abuse Hotline, National	800-422-4453
Child Support Recovery Unit	319-753-6322
Child Care Resource Referral	866-324-3236 or 563-324-3236
Civil Rights Commission	319-753-8178 or 800-457-4416
Community Health Center – Dental	319-752-5540
Community Health Center – Medical	319-768-5858
COMPASS, Iowa (for disabled and their families)	800-779-2001
Cyber Tip Hotline (exploitation of children on internet & missing children)	800-843-5678
Department of Human Services – DHS	319-754-4622
Department of Inspections	319-753-8175
Des Moines County Animal Control	319-753-8371
Des Moines County Assessor	319-753-8224
Des Moines County Community Services	319-754-8556
Des Moines County Housing Code Inspector	319-753-8135
DNA Diagnostics – DNA Testing (Paternity Testing) ...	800-362-2368
Domestic Abuse Hotline	800-799-7233
Equal Opportunity Employer	800-669-4000
Families Extension Answer Line (ISU – home and family questions)	800-262-3804
Foundation II Crisis Line, 24 hours (full service crisis line)	800-332-4224

Gambling Hotline	800-238-7633
Healthy Families (prenatal health care)	800-369-2229
Insurance Commissioner of Iowa	877-955-1212
Internal Revenue Service (IRS – Federal Income Tax Info)	800-829-1040
Iowa Concern Hotline	800-447-1985
Iowa Family Caregiver	866-468-7887
Iowa – Illinois Safety Council	515-276-4724 or 800-568-2495
Iowa Occupational Safety & Health Division of Labor	515-281-5387 or 800-562-4692
Iowa Office of Consumer Affairs	855-622-4692
Iowa OSHA	515-281-8066 or 515-284-4794
Iowa Substance Abuse Information Center	866-242-4111
IOWA Weather & Road Conditions	800-288-1047
Lead Poisoning	800-972-2026
Legal Aid	800-272-0008
Medicare/Social Security Office	800-772-1213
Medicare Hotline	800-633-4227
Mold questions	515-281-8561
Narcotics Hotline (report suspected meth labs)	800-532-0052
National Crisis Hotline	800-521-7128
National Maternal Mental Health Hotline	833-943-5746
National Safety Council	800-621-7615

National Youth Crisis Hotline	800-448-4663
Poison Control Center	515-281-8561
Quitline Iowa	800-QUIT-NOW ..800-784-8669
Rape, Abuse, & Incest National Network (RAINN)	800-656-4673
Sexual Abuse Hotline	800-284-7821
Social Security Hotline and Administration	866-338-4183
Social Security Disability (SSDI) Info	866-338-4183
Suicide Lifeline	800-273-8255
Supplemental Security Income (SSI)	866-338-4183
Substance Abuse Center IOWA	866-242-4111
TMS (Transportation Management Group)	866-572-7662
Teen Line	800-443-8336
University of Iowa Hospitals & Clinics	800-777-8442
Veterans Services	319-753-1671
Weather & Road Information IDOT Travelers Info	800-288-1047
Your Life Iowa	call 855-581-8111...text 855-895-8398
Your Life Iowa Spanish Speaking Helpline	515-895-3936

Spanish Speaking Help Line515-344-3936

Iowa Department for Human Rights. This line is to help the Spanish-speaking community in the state of Iowa with the goal of providing information, resources and support for the Iowa community. The line is answered by professionals from the Latino community. All the information is confidential. M-F 8:00-5:00

Linea de Ayuda en Iowa. Esta linea es para ayudar a la comunidad hispanohablante en el estado do Iowa con el objetivo de proporcionar informacion, recursos y apoyo para la comunidad de Iowa. La linea es respondida por profesionales do la comunidad latina. Todo la informacion es confidencial. Horario: lunes a viernes de 8:00-5:00

<https://humanrights.iowa.gov/1%C3%ADnea-de-ayuda-en-iowa>

Do you need help with your heating bill?

Community Action of Southeast Iowa will start taking applications for the Low-Income Home Energy Assistance Program (LIHEAP) on:

10/1/2022—for the disabled & elderly (60+)

11/1/2022—for all other applicants

This program is not designed to pay a household's total energy costs. The program will provide supplemental assistance based on several factors. Those factors include total household income, household size, dwelling type, and type of heating fuel, among others.

Please note our income guidelines have changed. If you were not eligible last year, you may be eligible this year. Income guidelines are established by the following Federal Household Income Guidelines:

Household Size	1 Month Income	Annual Income
1	\$2,265	\$27,180
2	\$3052	\$36,620
For each additional member:	\$787	\$9,440

The following is required for all household members to apply:

- Proof of income for the last 4 weeks OR your most recent income tax return (2021 or 2022 when applicable)
- Current heat bill
- Current electric bill
- Date of Birth
- Social Security Cards for all household members



Where to call for your appointment:

- Des Moines County Des Moines County Center...319-753-2893
- Henry County Tolson Center.....319-385-2310
- Louisa County Community Action Center.....319-728-2314
- North Lee County Eichacker Center.....319-372-4471
- South Lee County Marie Tallarico Center.....319-524-6383

Or apply online: <http://caofseia.org/services/energy-assistance/>

Program ends 4/30/2023

¿Necesita ayuda con su factura de la calefacción?

Community Action of Southeast Iowa se está llevando a las solicitudes de las personas mayores y personas con discapacidad desde 10/01/21 y todos los demás de 11/01/21 a través 04/30/22 para el Programa de Hogares de Bajos Ingresos de Asistencia de Energía (LIHEAP).

La elegibilidad para la participación se establece de acuerdo a las siguientes pautas federales de ingresos del hogar.

Tamaño del Hogar	Ingresos Uno Meses	Ingresos anuales
1	\$ 2,147	\$ 25,760
2	\$ 2,903	\$ 34,840
3	\$ 3,660	\$ 43,920
4	\$ 4,417	\$ 53,000
5	\$ 5,173	\$ 62,080
Por cada miembro adicional	Agregar \$757	Agregar \$9,080

NECESITARA EL SEGUIMIENTO CUANDO APLICAS:

- Comprobante de ingresos de las últimas 4 semanas o la más reciente declaración de impuestos (2019 o 2020).
- Factura de calefacción más reciente o propano vendedor.
- Factura de electricidad reciente.
- PRUEBA de los números de Seguro Social que son Requeridos.

Donde llamar para hacer una Cita

Des Moines County	Des Moines County Center....319-753-2893
Henry County	Tolson Center.....319-385-2310
Louisa County	Community Action Center....319-728-2314
North Lee County	Eichacker Center.....319-372-4471
South Lee County	Marie Tallarico Center.....319-524-6383

Este programa está diseñado para pagar una parte (no total) de los costos de energía de un hogar. La elegibilidad es determinada por varios factores, entre ellos: el ingreso total del hogar, tamaño del hogar, vivienda tipo, el tipo de combustible para calefacción, entre otros.

<http://caofseia.org/services/energy-assistance/>



**Des Moines County
Neighborhood Center**
700 Jefferson St
Burlington, IA 52601
319-753-2893

**Burlington Head Start Preschool
& Early Head Start
(In Corse School)**
700 S Starr Ave
Burlington, IA 52601
319-752-5692

WIC Clinic
801 S. Roosevelt
Burlington, IA 52601
319-209-2850

Central Office
2850 Mt Pleasant St, Suite 108
Burlington, IA 52601
319-753-0193

community.action@caofseia.org

* to update agency information email central office