



2022-2023 School Year

Dear Parent / Guardian:

As you and your child are getting ready for Head Start preschool, there are several health items that the Head Start program needs from you. The following items will need to be completed so that your child will be ready to begin preschool:

- **PHYSICAL EXAM** from you child's physician completed within the last 12 months. If you cannot get into the doctor before your child begins preschool, please bring a copy of your appointment time and date to give to the Family Development Specialist at Head Start.
- Your child's current **IMMUNIZATION RECORD**.
- **DENTAL EXAM** completed by your child's dentist with in the last 12 months. If you cannot get into the dentist before your child begins preschool, please bring a copy of your appointment time and date to give to the Family Development Specialist at Head Start.

Your child will be screened for hearing, vision, height, weight, and blood pressure once your child begins preschool.

The physical and dental exams are covered under Title XIX and are available at Community Health Centers of from those doctors that accept TITLE XIX. If you need assistance locating financial aid for payment of these exams or require transportation, please notify the Family Development Specialist who will assist you.

If you have questions or need assistance in making doctor or dentist appointments, please call the Community Action Head Start preschool center and speak to the Family Development Specialist. If you have further questions, you may call me or Leah Haberichter, Health & Nutrition Services Coordinator, at the number below.

Sincerely,

Matthew LeClere

Head Start Director

319-753-0193