

Fiscal Year 2021 Annual Review



Mission:

Community Action of Southeast Iowa is dedicated to alleviating the conditions and causes of poverty by building partnerships and strengthening people through quality services.



Community
Action
OF SOUTHEAST IOWA



Our **VISION** is for people in southeast Iowa to have the opportunity to reach their maximum potential.

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History

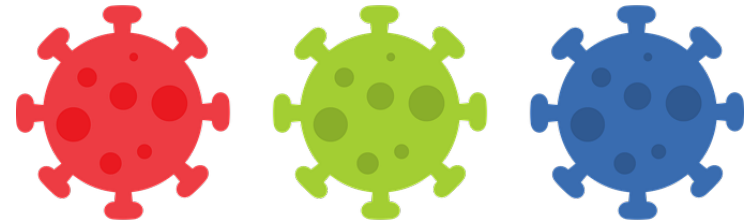


- Community Action Agencies began by an act of legislation as a part of the Economic Opportunity Act of 1964 by President Lyndon Johnson. This was a part of his War on Poverty.
- Community Action of Southeast Iowa began in 1966.
- We are 1 of 16 in Iowa and 1 of over 1,000 across the nation.
- Each Community Action is different and responsive to local needs.
- Funding is provided through federal, state and local grants as well as local donations.

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COVID-19

- All local centers remained open providing services.
- Head Start in-person and virtual classrooms re-opened in September 2020.
- Services were adjusted to phone, drop off, pick up, no contact, and virtual visits.



Leadership

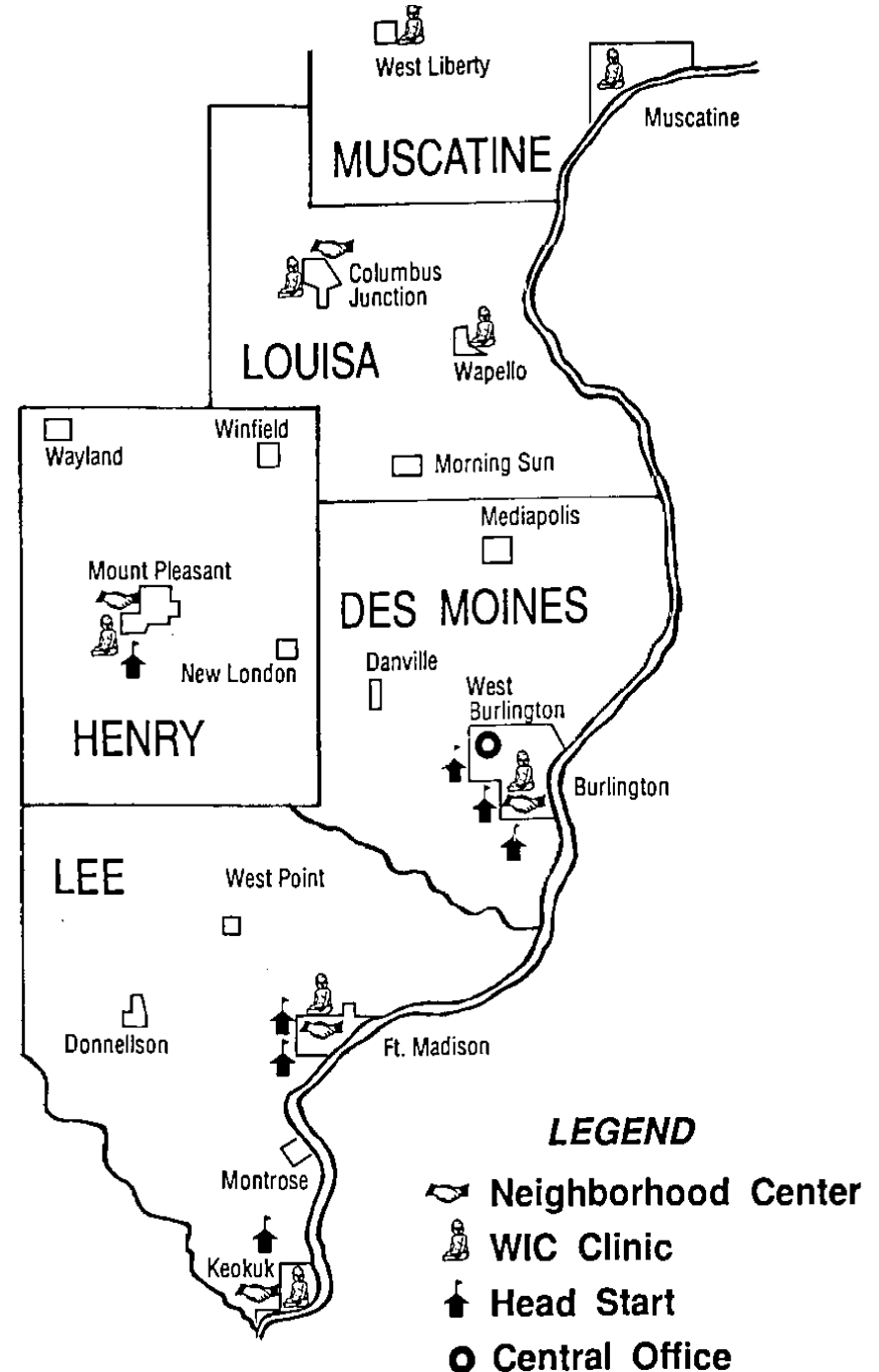
- We have a tripartite board of **12** local representatives. They are Low-Income Representatives, Elected Officials, and Community Representatives.
- Board President: Barbara Weland
- Executive Director: Sheri Wilson
- Management Staff consists of **7** Program Directors.



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Locations

- We have several locations throughout southeast Iowa.
- 5 Local Centers
- 2 Head Start specific locations
- WIC Offices are in
 - 4 Churches
 - 2 Office buildings
- Home Visitors travel throughout the area



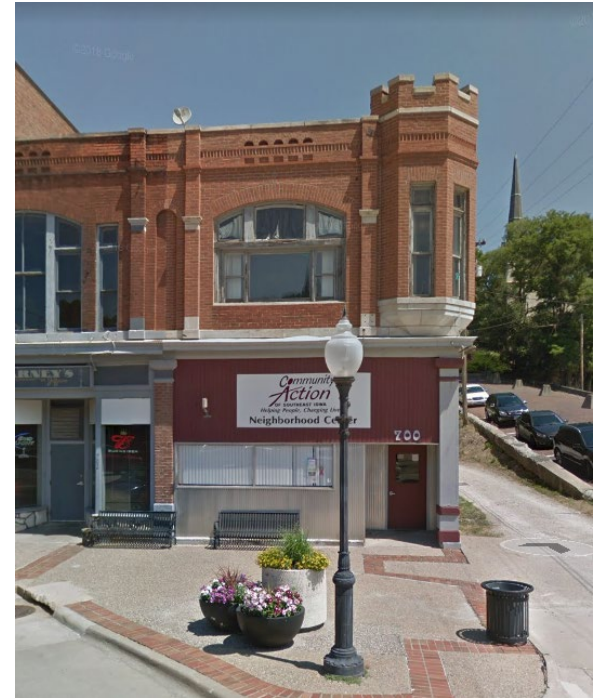
BURLINGTON



Central Office



Head Start
at Corse



Neighborhood
Center



WIC

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FORT MADISON



Marie Tallarico Keokuk



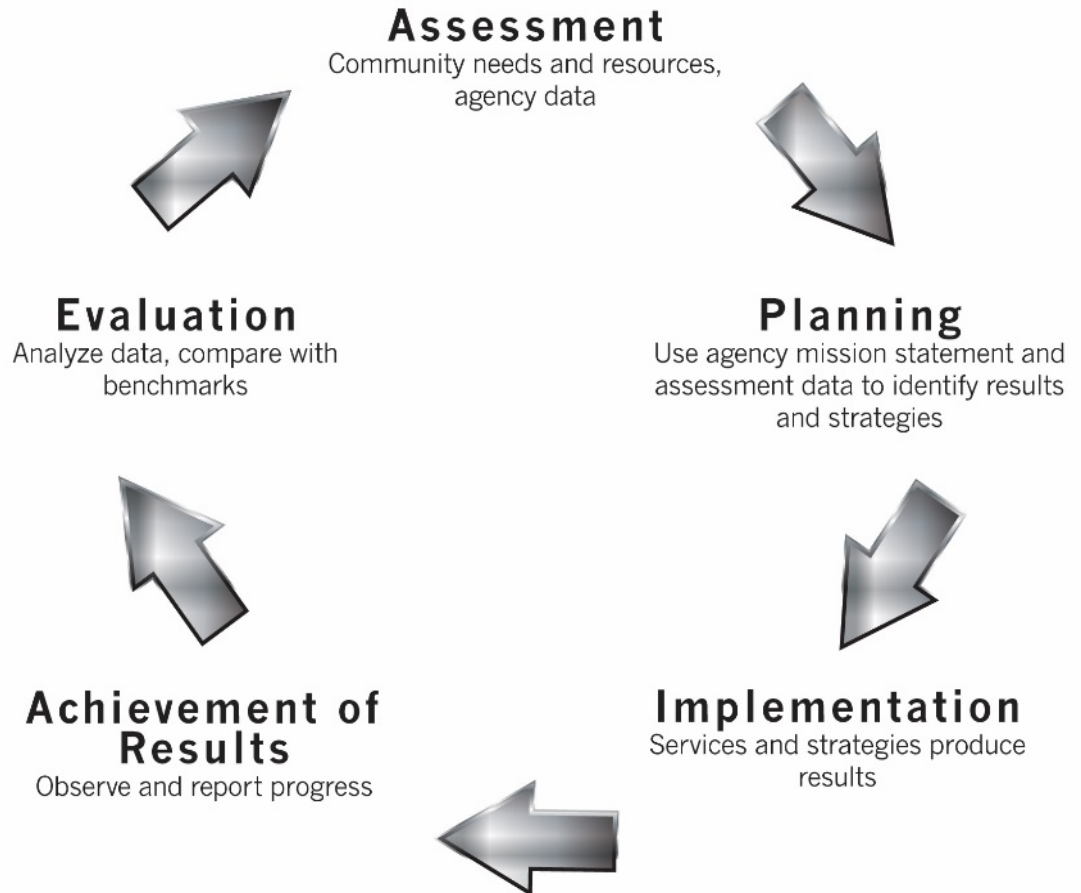
Louisa County



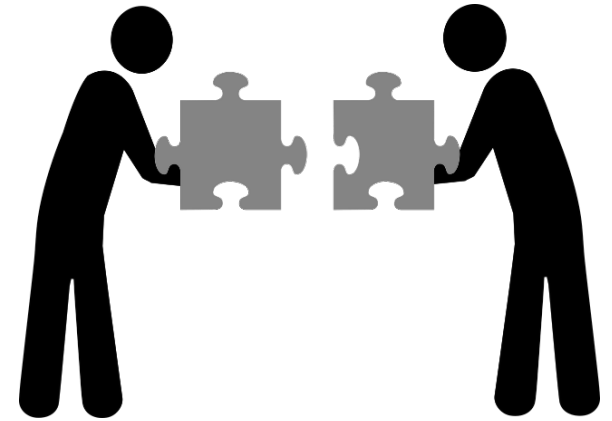
**Tolson
Mt Pleasant**
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All
Community
Action
Agencies
follow
ROMA

The Results Oriented Management and Accountability Cycle



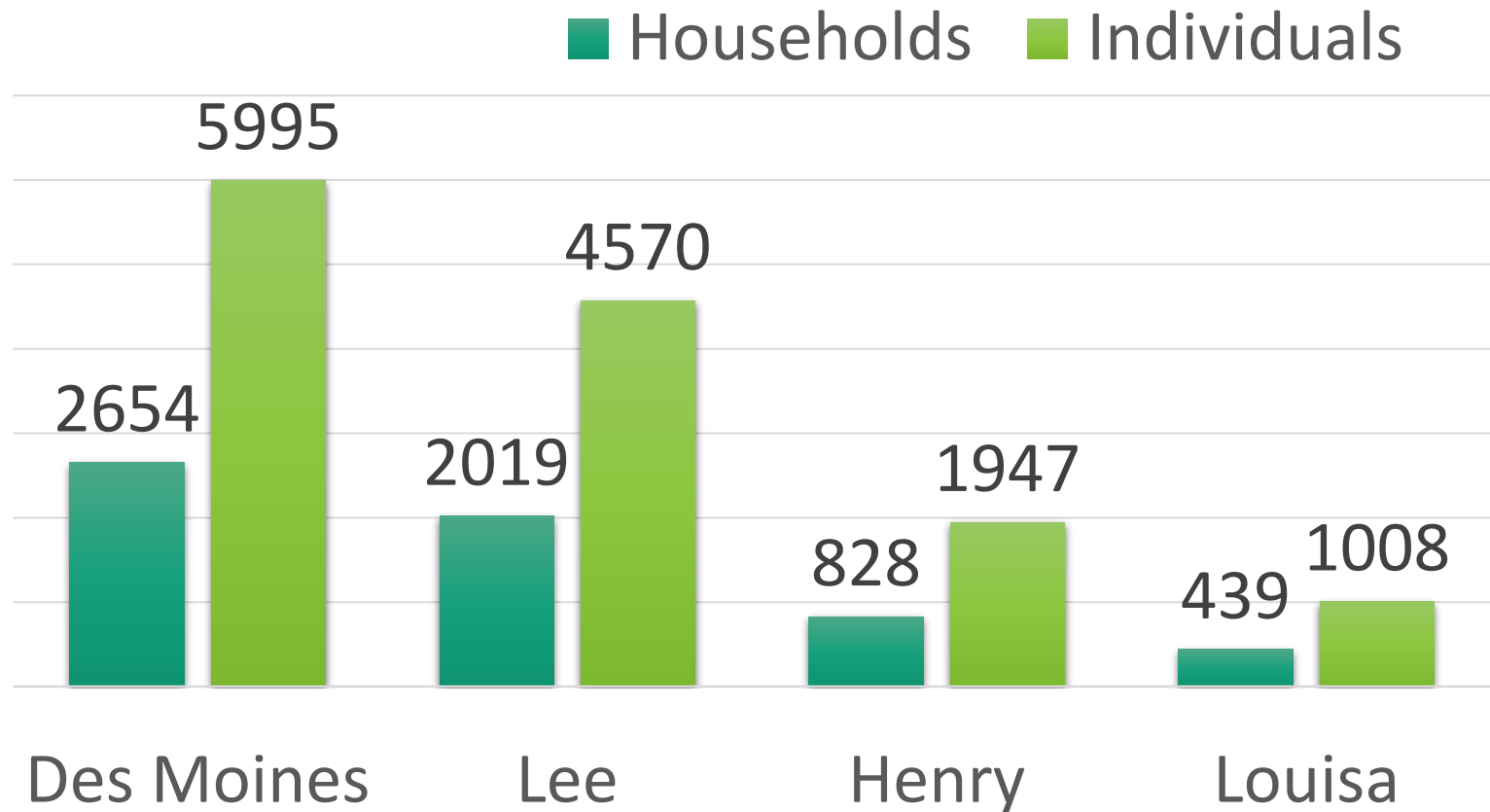
Southeast Iowa Fiscal Year 2021



- Total area population: 104,732
- We served **13,363** individuals in **6,016** households
- That's **12.76%** of the population of southeast Iowa.
- We serve anyone of low-income

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Clients by County Served FY21



Poverty In Southeast Iowa

- **32.11%** of the population is at 200% Federal Poverty Level (FPL) or below
 - That's **\$25,760** for one person and \$53,000 for a family of four.
- **13.08%** are at 100% FPL
- **51.7%** of children are eligible for free or reduced lunch
 - 185% FPL

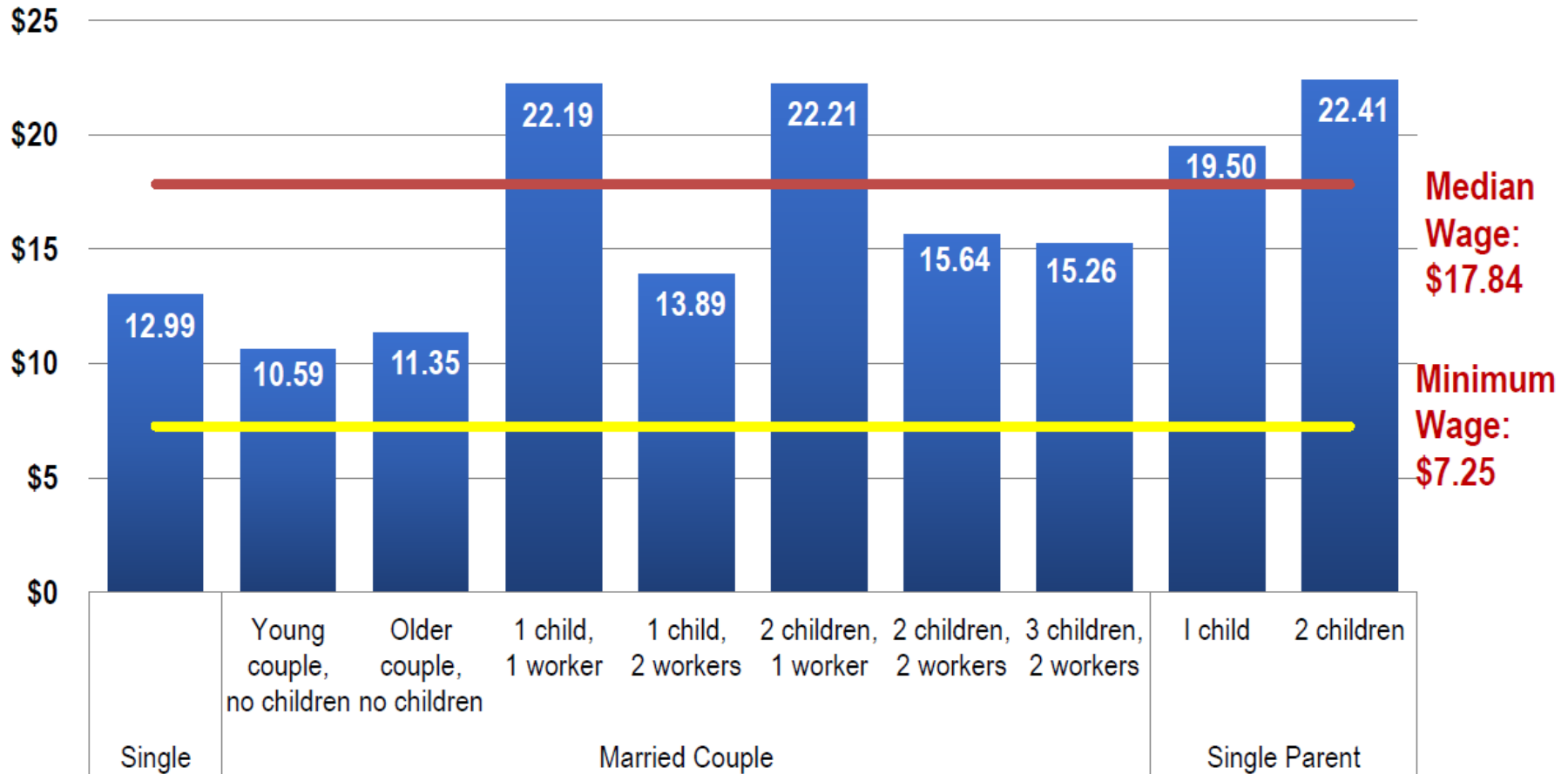
2021 Annual Federal Poverty Guidelines

all states (except Alaska and Hawaii)

Household /Family Size	*100%*	125%	175%	185%	200%
	Head Start	Centers	Energy Assistance	WIC	Weatherization, COVID-19 programs
1	\$12,880	16,100	22,540	23,828	25,760
2	\$17,420	21,775	30,485	32,227	34,840
3	\$21,960	27,450	38,430	40,626	43,920
4	\$26,500	33,125	46,375	49,025	53,000
5	\$31,040	38,800	54,320	57,424	62,080
6	\$35,580	44,475	62,265	65,823	71,160
7	\$40,120	50,150	70,210	74,222	80,240
8	\$44,660	55,825	78,155	82,621	89,320

Source: Federal Register January 1, 2021

Wage needed to meet basic needs is well above the minimum wage

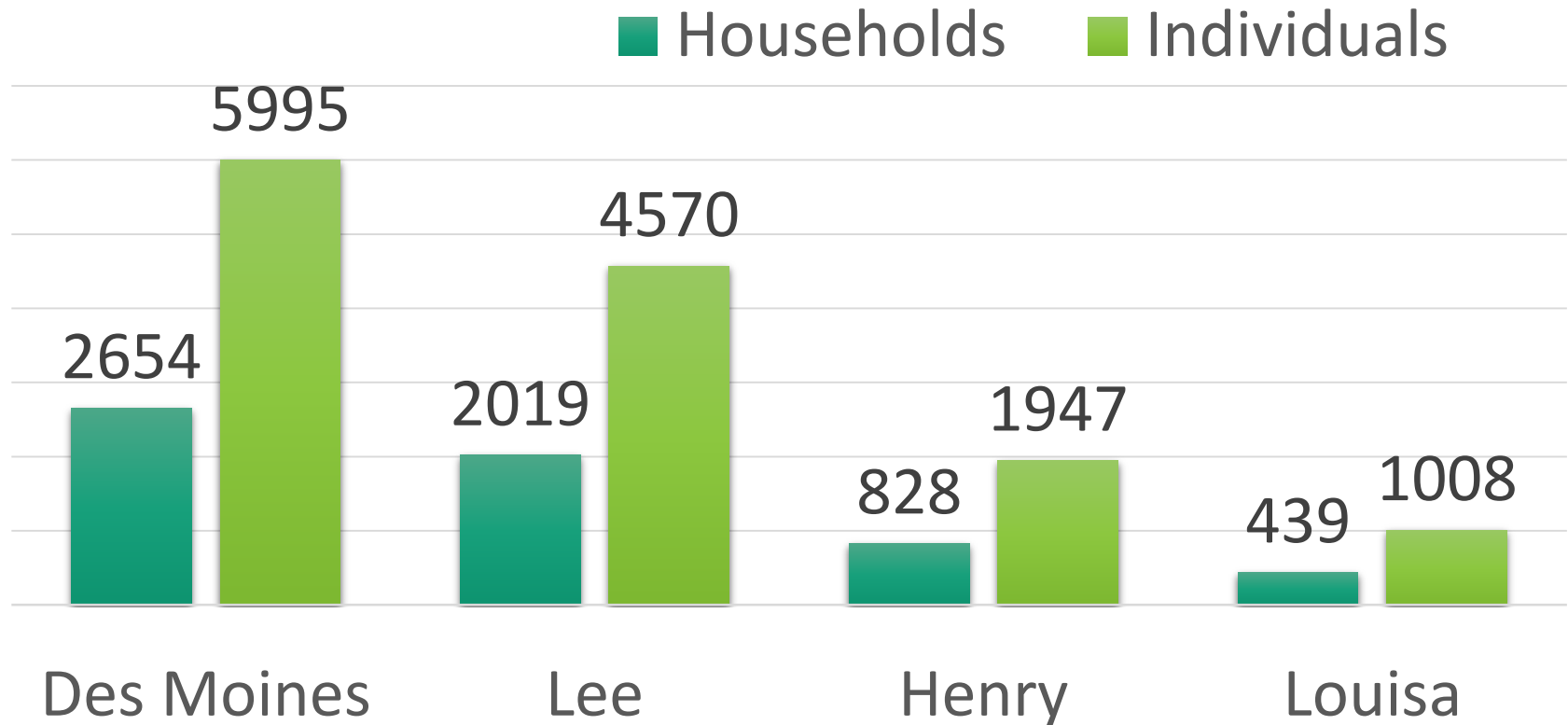


- Iowa Policy Council 2019

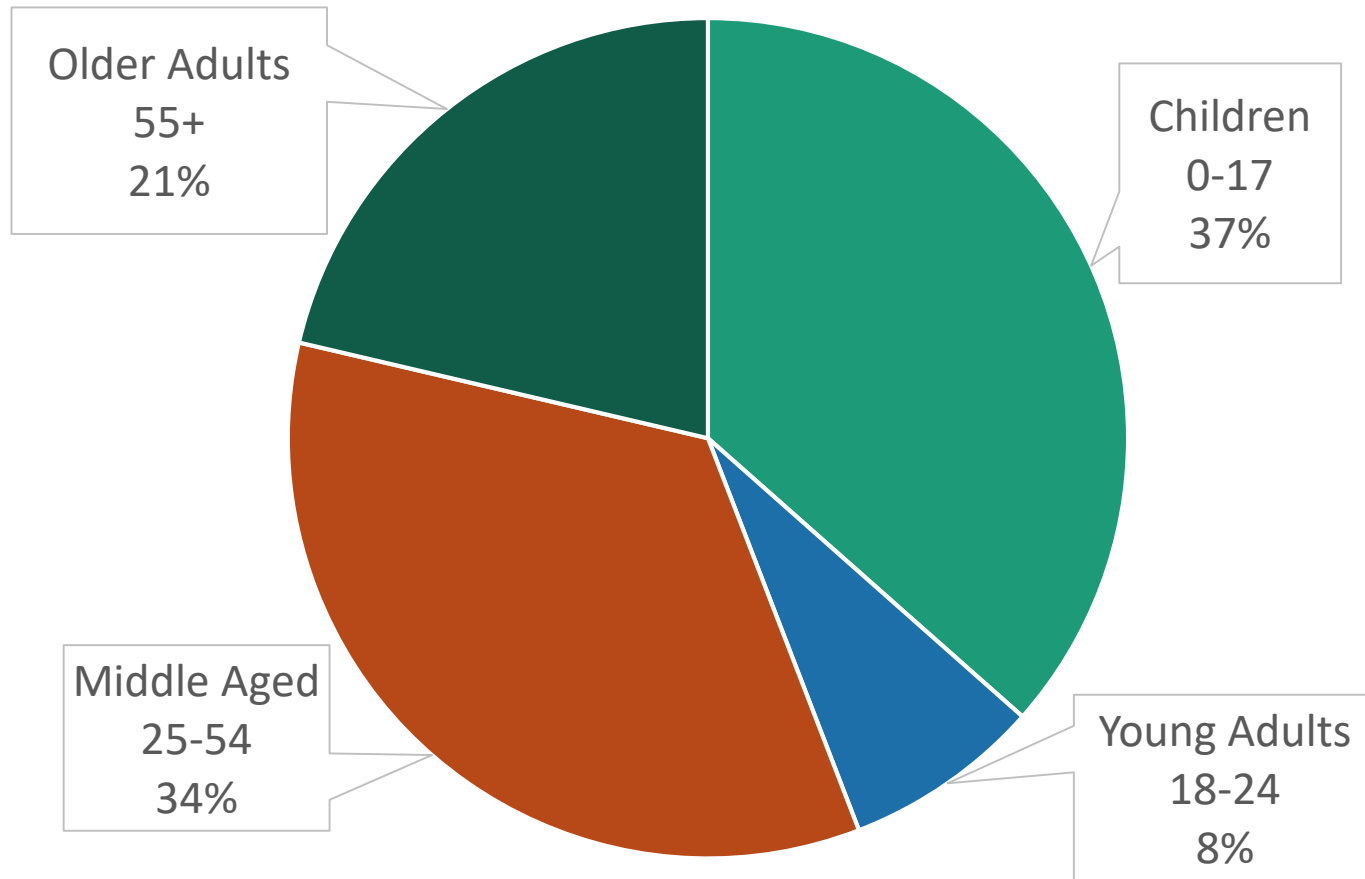
**Some
demographic
data of those
we serve:**



Clients by County Served FY21



Ages of those served



-FY 2021 NIFCAP

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Racial Demographics of Clients Served FY 2021

II. Race	Number of Individuals
a. American Indian or Alaska Native	48
b. Asian	91
c. Black or African American	1860
d. Native Hawaiian and Other Pacific Islander	10
e. White	10562
f. Other	88
g. Multi-race (two or more of the above)	977
h. Unknown/not reported	0
TOTAL (auto calculated)	13636

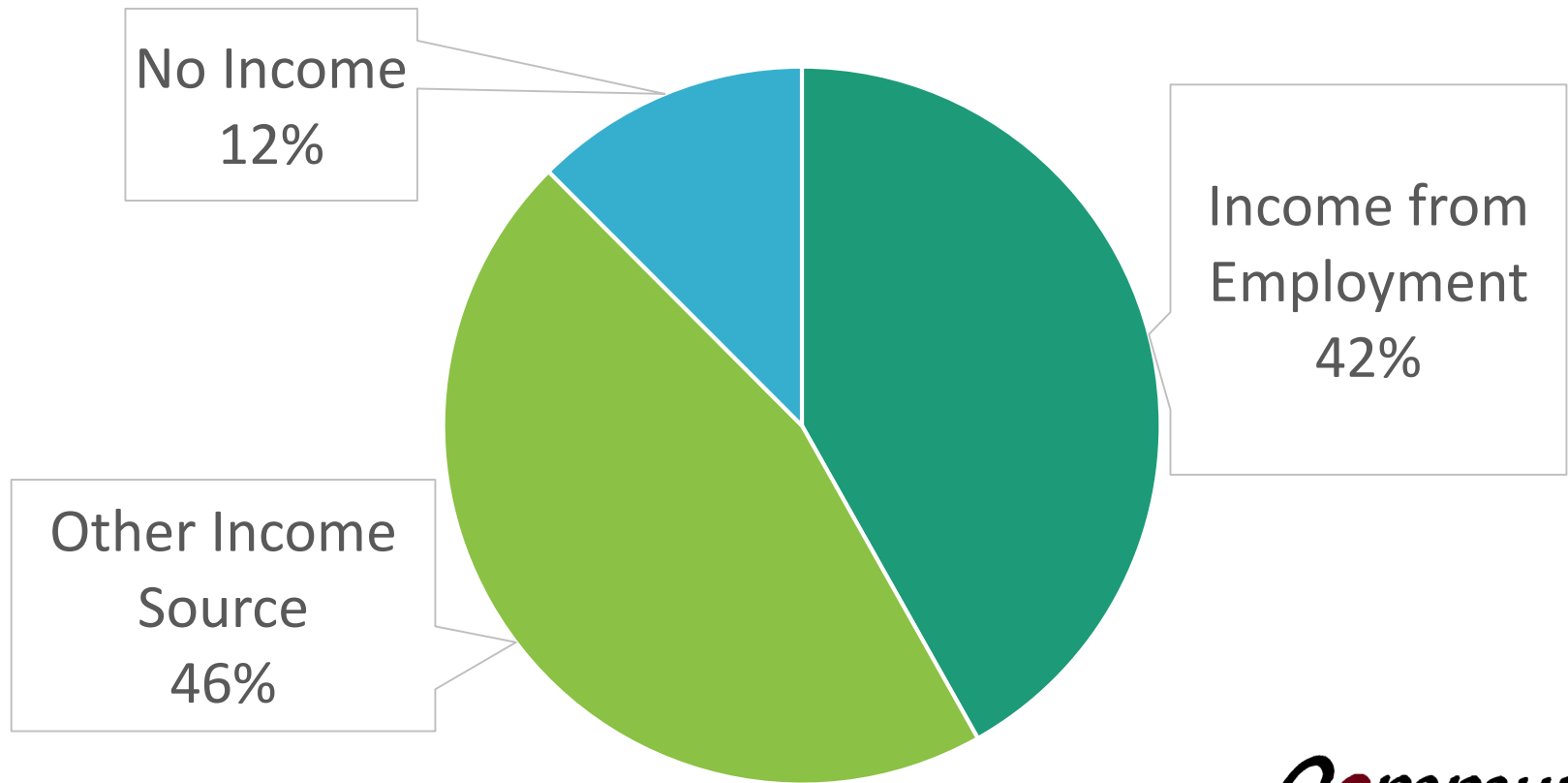
7.55% of the total population are minorities

-American Community Survey 2014-2018

22.5% of our clients were minorities in FY2021

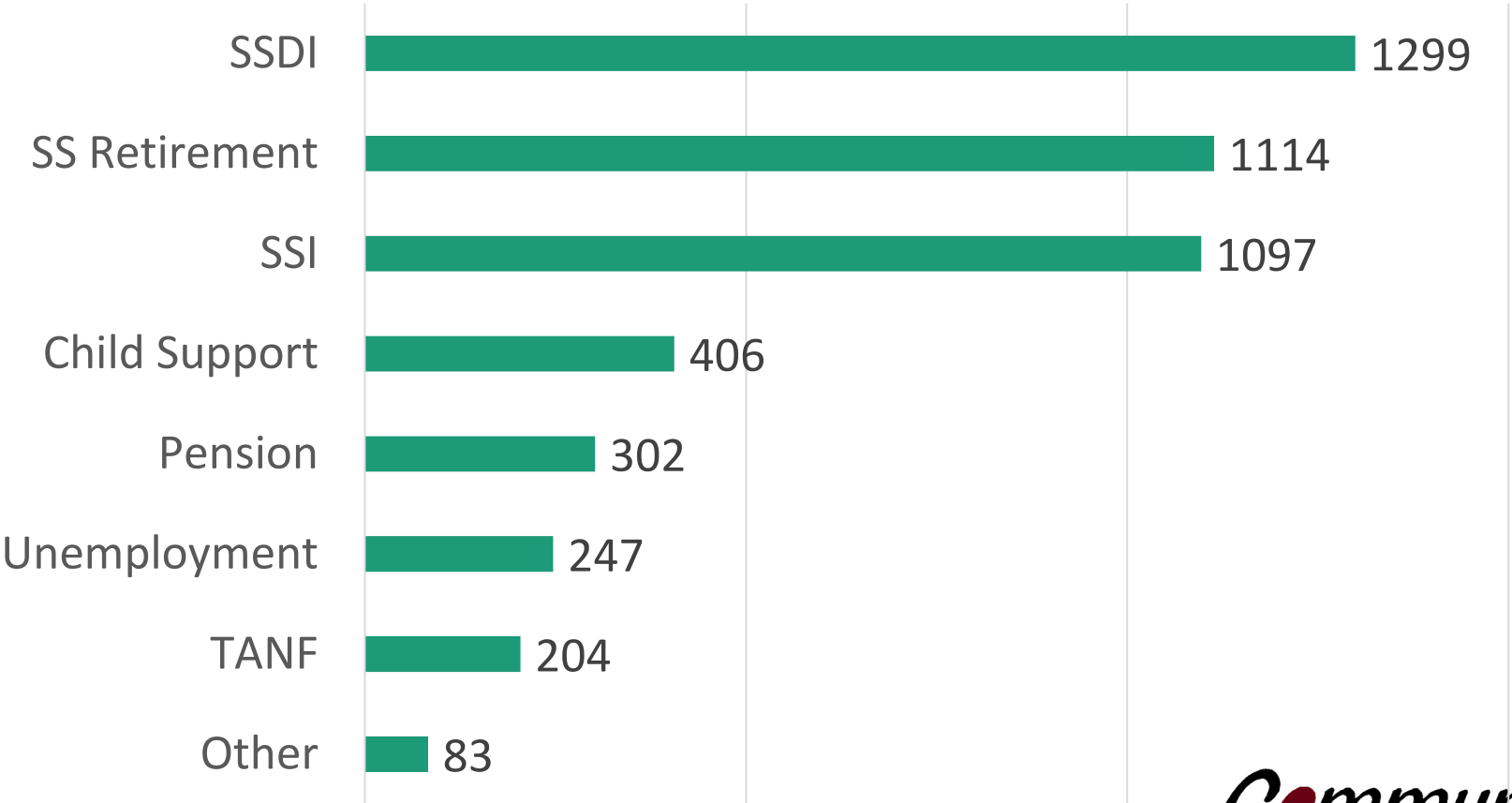
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Source of Household Income



-FY 2021 NIFCAP

Other Household Income Sources

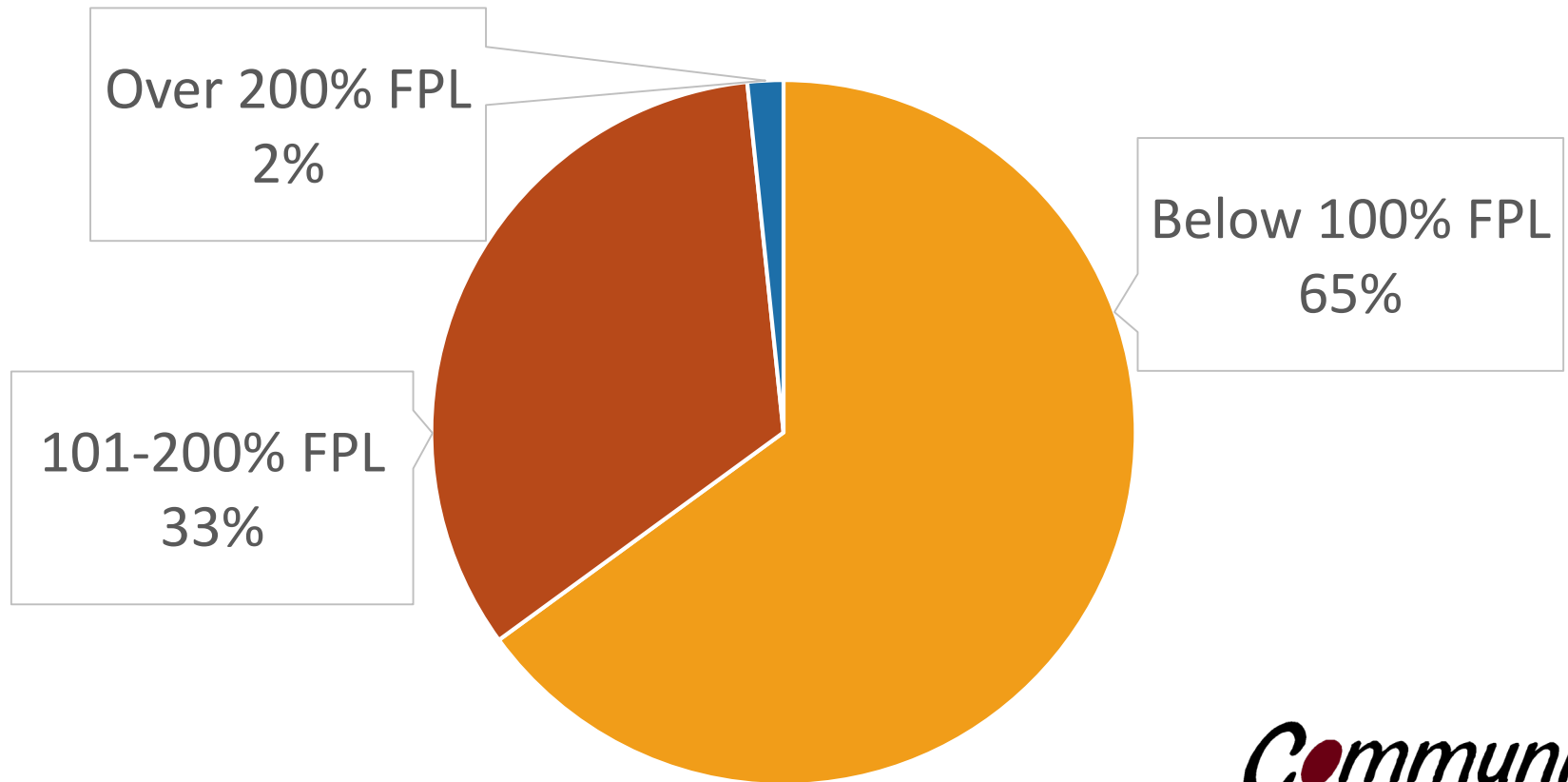


-FY 2021 NIFCAP



Level of Household Income

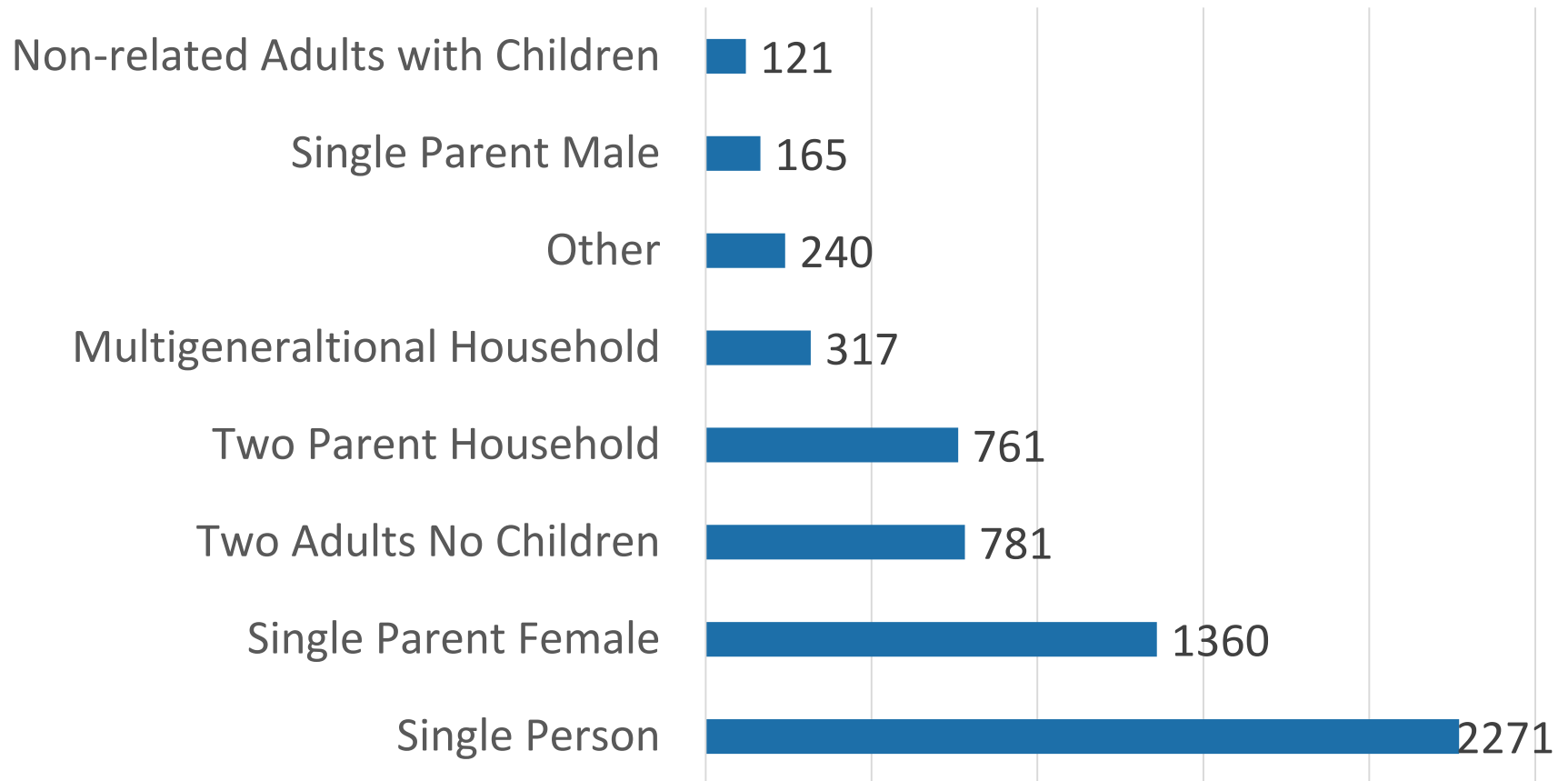
Percentage of Federal Poverty Level (FPL)



-FY 2021 NIFCAP

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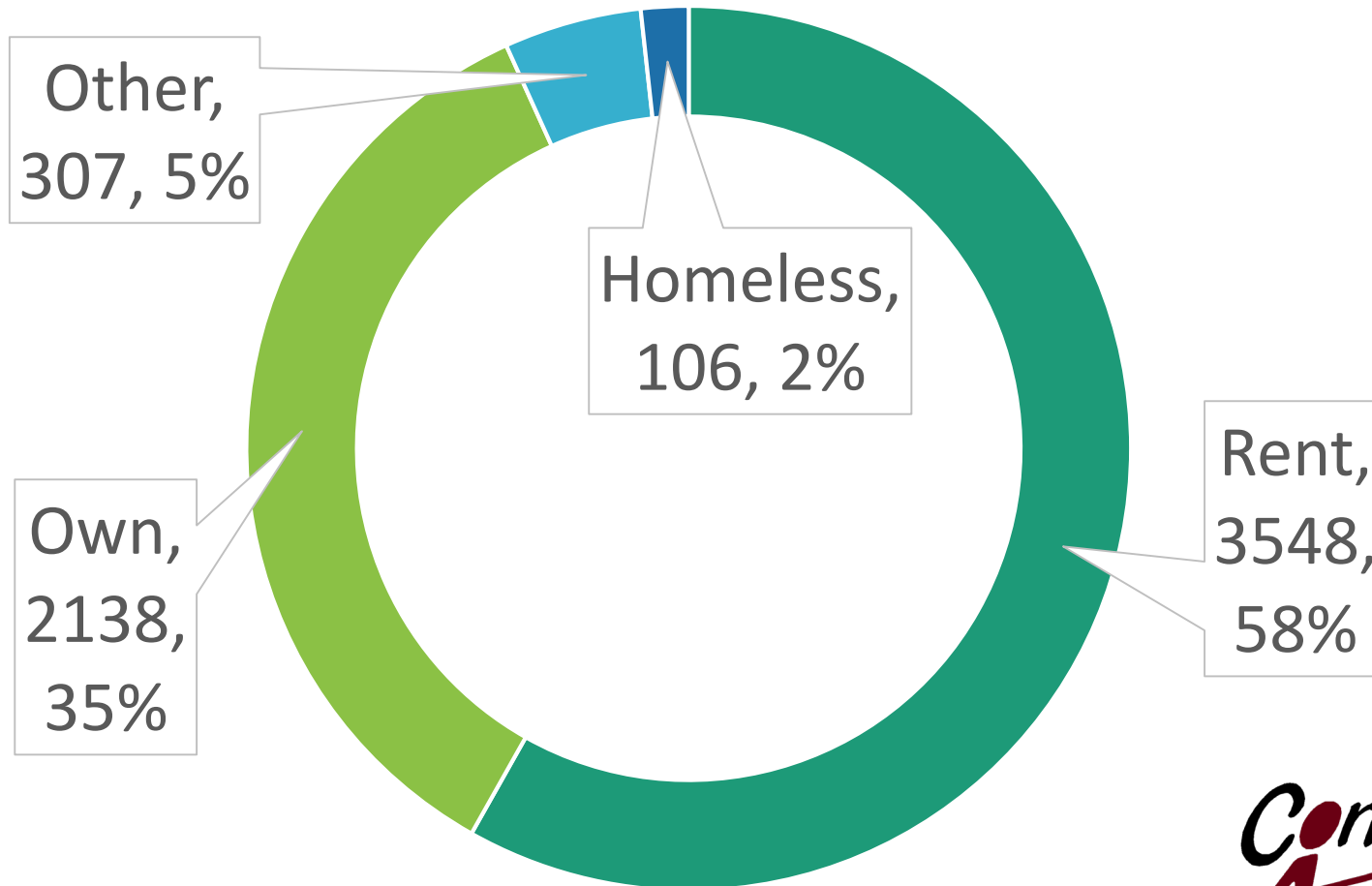
Household Type



-FY 2021 NIFCAP

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Client's Housing Type



-FY 2021 NIFCAP

Other Client Demographics

- Males – 43.7%
- Females – 56.3%
- Other gender – 0.022% (3 people)
- Veterans – 3.2% (440 individuals)
- Households receiving some kind of disability – 2,468 (41%)



FISCAL YEAR 2021 EXPENDITURES

Head Start Expenditures	\$4,570,621
LIHEAP Program	\$3,223,815
WIC Program	\$2,571,622
Weatherization Assistance	\$971,038
Child Care Food Program	\$575,529
Community Services Block Grant	\$362,913
Family Development	\$319,471
Miscellaneous Expenses	\$117,135
Other Programs	\$598,340
Total Agency Expenses	\$13,310,484



We offer over 20 Programs and Services to alleviate the conditions and causes of poverty.



Following are a listing of our programs, outputs, and outcomes for Fiscal Year 2021.

3 Main Focus Areas



Nutrition Programs

- Special Supplemental Nutritional Program for Women, Infants and Children (WIC)
- Food Pantries in each county
- Child and Adult Care Food Program (CACFP)



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Special Supplemental Nutrition Program for Women, Infants and Children (WIC)

- 4,334 Individuals Served
- \$1,806,708 provided in WIC vouchers
- WIC supports 53% of all infants born in the US



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Food Pantries

- **3,159** Food Boxes given



Located at each center:

Burlington, Mt Pleasant, Columbus
Junction, Keokuk, Fort Madison



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Food Cards

- **178** households including
- **387** individuals were provided food gift cards
- Not a regular program, but provided by generous donors



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Child and Adult Food Care Program (CACFP)

167,856 Healthy Meal Reimbursements
99,053 Snack Reimbursements
to **59** Home Providers
and **6** Day Care Centers



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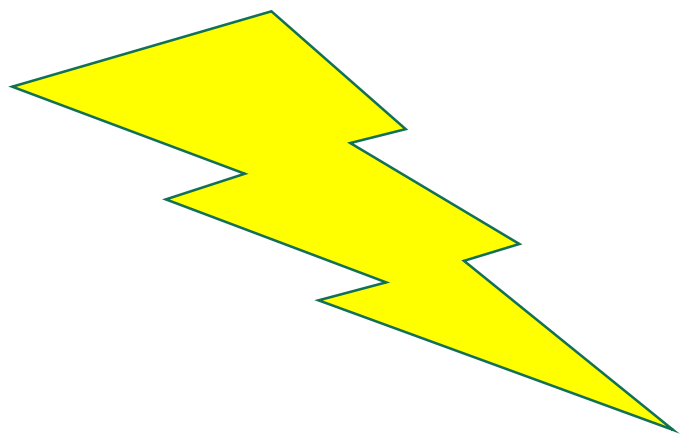
Housing Programs



- Emergency Solutions Grant (ESG)
- Tenant Based Rental Assistance (TBRA)
- Emergency Rent Assistance
- Emergency Utility Assistance
- Low Income Home Energy Assistance Program (LIHEAP)
- Weatherization
- Liberty
- Alliant
- Project Share
- Senior Home Repair
- Share the Warmth
- Furnace Repair & Replacement
- Form Assistance for Rent Rebate

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51 Homes Weatherized



\$328



Is the average yearly savings in energy costs with our Weatherization Program in Southeast Iowa.

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Furnaces

- 8 Repairs
- 33 Replacements



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Rent Assistance

- **152** individuals were prevented from being evicted



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Rent Reimbursement

- We assist clients in completing the Iowa Revenue Service (IRS) forms.
- **67** Households



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Utility Payments

- **4,418** households helped through Low Income Home Energy Assistance Program (LIHEAP)
- **\$2,350,422** given in LIHEAP assistance awards



Senior Home Repair

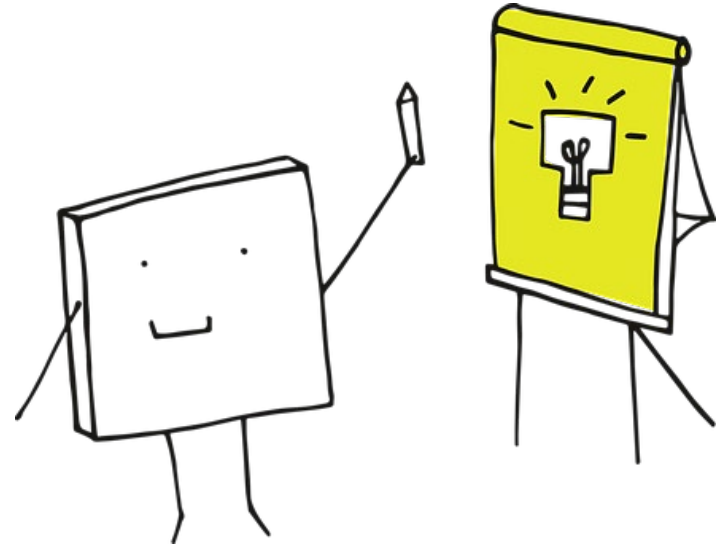
- For those aged 60+
- Funded through Milestones Area Agency on Aging
- **101** Individuals helped to remain safely in their homes



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Education Programs

- Head Start
- Early Head Start
- Preschool Scholarships
- Parents as Teachers
- Family Development and Self Sufficiency
- Employment Counseling
- General Information and Referral





Children and families are educated,
challenged and empowered to embrace
their potential for success in life.
One child, one family at a time.

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Early Head Start:

89 Children

- Prenatal – 3 Years Old
- Child care and child development program
- For guardians who are in school, job training or working
- Free for qualifying families



Head Start: 234 Children

- 3-5 Year olds
- Preschool and child development program
- Nationally certified
- Free for qualifying families



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Preschool Scholarships

- Funded by Des Moines, Henry, Louisa, and Washington Early Childhood Area
- **31** Children provided scholarships
- For those up to 200% poverty level at private preschools





Parents as Teachers®

Building strong communities, thriving families, and children who are healthy, safe and ready to learn by matching parents and caregivers with trained professionals who make regular personal visits.

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Parents as Teachers



- 14 Households received support
- Funded by Des Moines, Henry, Louisa, and Washington Early Childhood Area



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Family Development and Self Sufficiency

- 123 Households received support
- Families participating in the Family Investment Program (FIP) are eligible for the FaDSS program.
- A home visitor works with families on their goals and family successes.



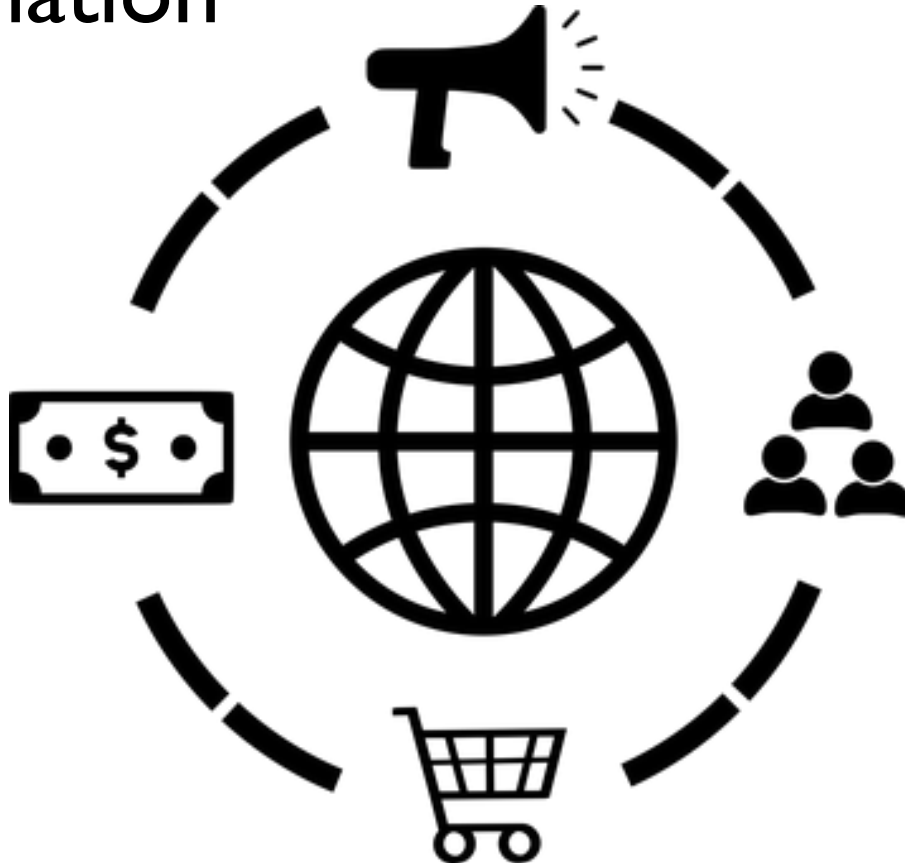
Employment Counseling

- **136** Individuals provided with job leads



General Information and Referral

- **882** individuals provided other resource information





Sponsored by:

Des Moines Register
PART OF THE USA TODAY NETWORK

Contributions processed by:



- In fiscal year 2020-2021
- 71 households applied
- 67 households assisted
- Various unmet needs
- Max \$500/household
(2022 \$750 max)
- Over the Holiday Season
- Categories of assistance
 - Beds
 - Appliances
 - Medical expenses (including pharmacy or dental)
 - Furniture
 - Home repairs
 - Household items
 - Miscellaneous

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Community Events

- Paint-A-Thon
 - 3 homes in July 2021 in Fort Madison
 - 13 homes in September 2021 in Burlington
- Thanksgiving Dinner Partnership
 - 2021 in Burlington
 - Food pantries supported
- Day of the Child
 - April 2021 in Burlington was cancelled due to COVID



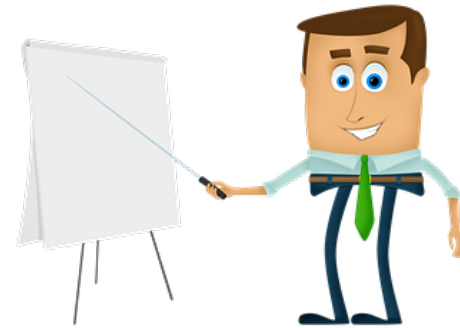
**2021
FORT MADISON
PAINT-A-THON**

Thank you to the many
partners and participants!



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2021 Presentations



- Social Work video for Burlington schools 8th graders
- Louisa Interagency
- Lee Co Early Childhood Iowa
- Air One Radio Interview
- Diocese of Davenport on Housing
- Landlord Association about our housing programs
- Head Start to Kiwanis
- Virtual Lee Co Baby Shower presenting on WIC
- Agency programs at Robinson Heights
- Agency programs at Dupont
- Lee Co Inter-agency
- Ft Mad Salv Army Senior Luncheon
- Columbus Community Club
- Southeastern Community College
- Family Fun Day at Rand Park
- Burlington Farmer's Market
- Living Windows
- Downtown Trick or Treat Burlington

Volunteers

- **308** Volunteers
 - **3,204** Hours donated
- **755** donors
- **\$212,962** in private donations
- **\$401,784** was the value of in-kind services donated
- Opportunities in:
 - Head Start Classrooms
 - Food Pantry
 - Special Projects
 - Donations
 - Pantry Items
 - Contact local center
 - Finances



240 Partnerships



- We are stronger together.
- Those in poverty have a variety of needs and it takes the community working together to help.
- A variety of resources can be found on our website:
 - <http://caofseia.org/resources/>



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Website: caofseia.org

Helping People. Changing Lives.

ABOUT US

Home

Apply for Energy Assistance/LIHEAP

You can start an application online here. Or call your local center for a phone appointment. See our webpage on the Low Income Home Energy Assistance Program (LIHEAP) for details on what you need to submit, income guidelines, and more information.

Fundraiser

We're selling Roda Cutlery to raise money for our agency public relations committee. Support us by shopping at this link: <https://rodafundraising.com/?fan=45747885f57a5d> before Nov 16, 2020. When ordered before November 16th products should arrive before Christmas if you want to order presents. You may also order at our Central Office through the catalog. Payment is due when ordering. Products include: kitchen utensils...



As BCSD Burlington Community School District plans to go virtual, our Head Start classrooms will continue with in-person services for as long as possible to benefit the children educationally and emotionally. See the letter below or on our website for more details: caofseia.org/services/head-start/. The school district will also be providing curbside pickup for meals in Burlington.



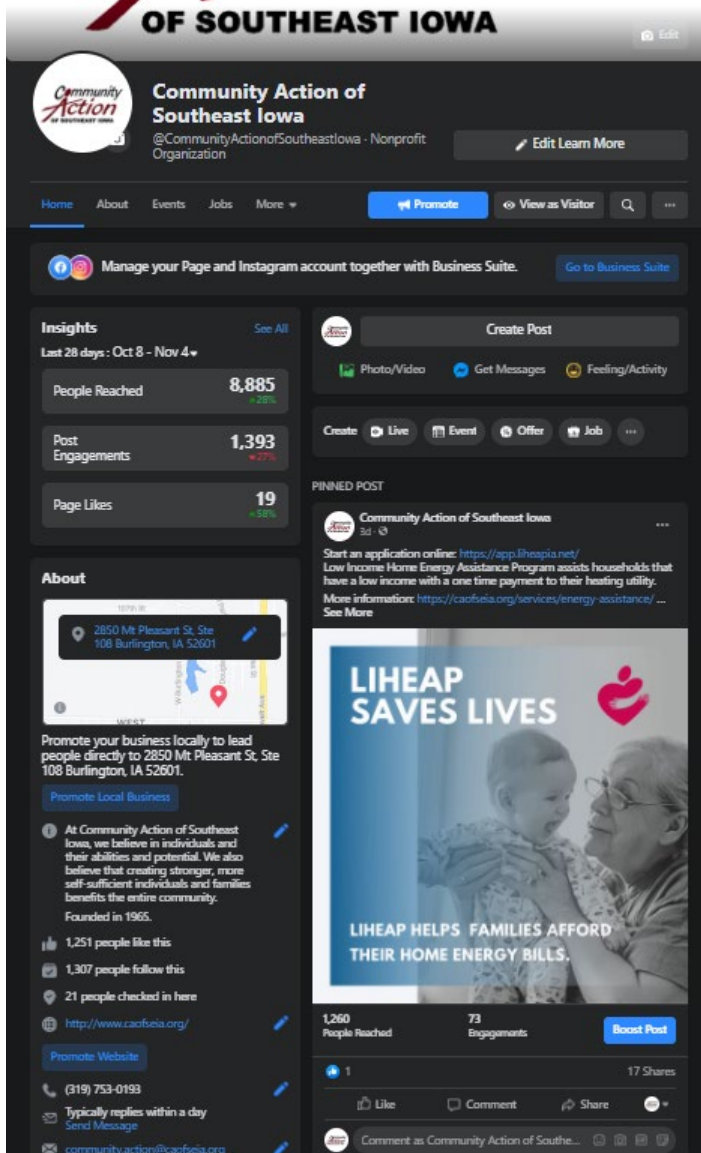
View on Facebook · Share



Find monthly reports on our website

<http://caofseia.org/about-us/reports/>

Nov 2021	<u>Utility Crisis</u> \$79,394.83 Paid through the crisis program to reconnect and continue utility service and repair/replace furnaces 	<u>Food Assistance</u> 650 Individuals provided food 	<u>Weatherization</u> 10,846 Pounds of insulation blown into homes to give them better energy efficiency 
<u>WIC</u> 612 Infants provided healthy nutrition and family support 	<u>Head Start</u> 25 Families participated in the Parent and Child Together (PACT) program this month 	<u>Parents as Teachers</u> 13 Burlington families empowered 	<u>Senior Home Repair</u> 4 Senior households ensured safety with step, window, and plumbing repairs. 
	<p>“Sam* enjoyed going to school. He absolutely loved his teachers and really loved riding the bus! Thank you for everything.”</p> <p>- Response 5 from our 2020 Head Start Family Exit Survey</p>		



- Help us spread the word
- Share area information
- Information on successes and results
- Highlight partnerships
- Information



Welcome to our Newsletter.

Keep up with happenings, learn about us, the community, and poverty as we partner to help people and change lives in southeast Iowa.

Success



Weatherization

"Miss Lisa is 75 years old, lives alone, owns her home, and makes do on social security and a small pension. She was chosen to have her home weatherized as her utility bills were quite high, around \$300 - 400 a month. Our weatherization team worked on her home putting in new insulation and a new furnace. Her bills went down drastically, to between \$59-79. "I couldn't be any happier and I thank you all for that!"

On average, our weatherization program saves homeowners and renters an average of **\$328** a year on utility costs. Some homes, like "Miss Lisa's see more drastic savings.

*Name changed for confidentiality

Around 60 homes are weatherized each year by Community Action in southeast Iowa. This raises home values, lowers utility bills for customers, makes homes safer, and reduces the energy burden.

Learn more about the [Weatherization program on our website](#).

Helping People, Changing Lives

Video Highlight



Each of our local centers are responsive to local conditions and needs. Contact your local center if you are in need of assistance.

Learn



Housing

We all need a place to live. A roof over our head and somewhere safe to sleep at night. Housing is a basic need of all people.

The uncertainty that one's housing may disappear in a day or a week or a month can cause [survival/poverty stress](#). When you face housing insecurity, wondering how or where you'll sleep next depletes lots of time and energy, leaving few resources for much else.

In our communities many struggle to find affordable housing. Their dollars are stretched beyond what they're able to consistently afford. Living paycheck to paycheck, many are tossed in a tizzy if something unexpected comes up. We know, something unexpected always comes up. Life is full of changes and rarely goes how we plan.

Tips

- Save as much as you can to have at least a small emergency fund for the unexpected.
- Cultivate friendships. Be a friend and hopefully you'll have a friend when you need one too.
- Are you just starting out? Sometimes a roommate situation can be helpful. Make sure you establish some healthy guidelines so you're both safe and secure in your living environment.
 - [Here's some advice from Iowa Legal Aid](#) about roommate situations.
- Look into subsidized rentals: low-rent housing vouchers, Section 8, or apartment complexes based on your income.
- If you can save a little, think about buying a home. Talk to a bank or credit union about your options. Buying a home can lower monthly costs and help build wealth. There can be repair costs, but it could be a place of your own to invest in.
 - HUD offers [some helpful things to consider](#) when buying a home.
 - If you're homeless try out some of [these resources listed on this one-page flyer](#)
 - Or [these for those in Des Moines County](#)
 - Or check out our [Homeless Assistance Webpage](#)

If you are struggling with housing, reach out. Our agency and others have some resources that might help or start you down a sustainable path:

- Emergency Rental Assistance
- Emergency Utility Assistance
- Emergency Solutions Grant (ESG) housing help
- Senior Home Repair
- Weatherization
- Furnace Repair and Replace
- Low Income Home Energy Assistance Program (LIHEAP)
- Low Income Home Water Assistance Program (LIHWAP)

In fiscal year 2020, **\$4.4 Million** was put into housing assistance programs through our agency in southeast Iowa.

We also partner with other local agencies for positive housing outcomes.

- [Iowa Finance Authority \(rent, mortgage, and utility assistance\)](#)
- [Burlington Area Homeless Shelter](#)
- Emma Cornelius Shelter in Fort Madison
- [Domestic Violence Prevention Program \(DVIP\)](#)
- Local landlords (many are listed on the [county's landlord list on our website](#))
- [Salvation Army](#)
- [Habitat for Humanity](#)
- [United Way](#)
- [Community Action of Southeast Iowa](#)

Email Newsletter

- [Sign up](#) on our website
- Short monthly updates
- Successes, highlights, resources, learning, and more.

Thank You to our many partners!



You make
helping **PEOPLE** and
changing **LIVES** a reality!

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