

CLASSROOM SITES

Des Moines County

(319) 752-5692
Madison Head Start Preschool & Early Learning Center
Burlington, IA 52601

Henry County

(319) 385-2310
Tolson Head Start & Early Head Start
Mt. Pleasant, IA 52641

North Lee County

(319) 372-4471
Eichacker Community Action Center Head Start
Ft. Madison, IA 52627

Richardson Head Start & Early Head Start
Ft. Madison, IA 52627

South Lee County

(319) 524-6383
Marie Tallarico Head Start & Early Head Start
Keokuk, IA 52632



COMMUNITY ACTION OF SOUTHEAST IOWA



HEAD START & EARLY HEAD START

2019-2020 ANNUAL REPORT

PROGRAM DONATION

I believe in the mission of empowering the children & families in Southeast Iowa to embrace their potential for success in life!

Enclosed is my gift of: \$ _____

- ☐ \$1,500 ☐ \$1,000 ☐ \$500 ☐ \$100 ☐ \$50 ☐ \$25 ☐ Other
- ☐ I want to include Community Action of Southeast Iowa Head Start in my estate plan. Please contact me.
- ☐ My company will match this gift for \$ _____
- ☐ I wish to make a tribute gift for \$ _____

In honor/memory/occasion of _____

Please send my gift acknowledgment to _____

All gifts are tax deductible to the extent allowed by law.

Name _____ Company _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

☐ Check enclosed; payable to Community Action of Southeast Iowa,
2850 Mt. Pleasant St, STE 108, Burlington, IA 52601.

For questions please call 319-753-0193 or see www.caofseia.org



Head Start

A program where children and families are educated, challenged, and empowered to embrace their potential for success in life
– one child, one family at a time

DIRECTOR'S MESSAGE

We are committed to excellence in the preparation of our children for school and life. Through a Strategic Planning process, 3 overarching goals were identified that guide the actions of the organization and act as a benchmark for the development of individual strategies to shape continuous improvement. These goals are:

- Improvement of Attendance
- Improvement of Instruction
- Improvement of Performance

Prior to needing to shut down due to the COVID-19 pandemic, our Head Start was on its way to meeting the first of these goals, improving attendance. Knowing that attendance patterns and habits formed when children are in preschool and kindergarten identify patterns later in their school careers and that these same patterns are indicators of future success in school and conversely school drop-out rates, it is vital that we establish good attendance patterns early.

Prior to the shutdown of classes, we had raised our average daily attendance of 81% in 2017-18 and 2018-19, to 82% in the first 6 months of 2019-20.

This year, we have added the goal of Improvement of Instruction. We have purchased the full version of the Creative Curriculum and attended training on its full potential. This year, in an effort to improve instruction, we are fully implementing that curriculum. Our Site Leaders are in classrooms frequently, to offer guidance, assistance, and support as we implement this intervention to improve instructional practice and raise CLASS (Classroom Assessment Scoring System) scores. These practices are key components to improving instruction and will, in the long run, also improve performance of the children.

Matthew LeClere, Ed.S.

COMMUNITY PARTNERSHIP SUPPORT

A big part of our program is the partnerships we have with local service providers in our communities. We are partner with:

- Local Public Health Departments
 - I-Smile program offers free fluoride varnishing (2 times this year)
 - Assistance with COVID-19 information & planning
- Lion's Club - free vision screening
- Younhouse Family Services
 - Classroom observations and recommendations to improve the overall social/emotional climate
 - Individual services for children and families having particular difficulties
- Great Prairie Area Education Agency (AEA)
- Local School Districts
 - Coordinate disability services
 - Para-educator 1-on-1 assistant provided for student
 - Shared facility in Burlington
- Des Moines & Lee County Conservation
 - Nature education program in the classroom
- SCC Nursing Program
 - Teddy Bear Clinic in Keokuk and Burlington.
- TEACH Program
 - Assists staff with continuing education costs



It is through these continued, strong partnerships that we are able to meet the needs of low-income children and families within our own communities.

In-Kind Support

From its grassroots beginning, Head Start has required each program to obtain at least 20% of their total grant amount in matching (in-kind) funds. In other words, **for every \$5 it costs to operate the program, we require \$1 to come from our community in the form of donated time, supplies, space, money, etc.**

For 2019-2020, our In-Kind requirement was \$939,600. We had the following support in meeting our requirement:

- **Monetary donations** used to provide the classroom with necessary diapers, wipes and cleaning supplies. Please return the included donation slip or contact the Head Start Administrative Team at (319) 753-0193.
- During our 2019-2020 program year, a total of **193 volunteers gave 1,940 volunteer hours!** Volunteer hours come in many forms such as helping with the children in the classroom, families completing lesson assignments at home, local students sharing sports activities, maintenance work provided by local handyman, and professionals donating time in their area of specialty.
- A variety of art supplies, office supplies, cleaning supplies, infant formula, books, and puzzles helped make up our **donated materials** during the 2019-2020 year. Items came from individuals, community groups, and local industries. Donations are made both for the whole program and for use in a specific center or classroom.
- During the 2020-2021 program year, matching funds total **\$1,900,224!**

*With the addition of federal dollars to develop replacement centers in 2 of our communities, our local contribution requires an **additional \$587,005 this year.** Call us today to see how your contribution can help provide education and support to the neediest members of our communities.*

We appreciate our communities' efforts to help us meet this annual requirement!

2019-2020 FUNDING

<u>FEDERAL HEAD START</u> <u>GRANT FUNDING</u>	PROPOSED BUDGET	BUDGETARY EXPENDITUR ES
Personnel -Includes all HS/EHS staff wages	\$1,880,753	\$1,945,517
Fringe Benefits -Includes benefits for all HS/EHS staff	\$1,030,279	\$968,241
Travel -Includes out-of-area travel costs	\$6,548	\$9,142
Equipment	\$0	\$0
Supplies -Includes all office, classroom and cleaning supplies	\$119,131	\$73,616
Other	\$406,002	\$445,814
Indirect Costs -Includes salary and fringe benefit costs for positions that provide services to all programs within the agency, such as fiscal, HR, agency administration and management. Also includes related operating costs such as required audits, space, phone, utilities, etc.	\$412,205	\$412,588
TOTAL	\$3,854,918	\$3,854,918

ADDITIONAL FUNDING THAT SUPPORTED THE PROGRAM

- CHILD AND ADULT CARE FOOD PROGRAM - \$179,397
- IOWA SHARED VISIONS - \$340,452
- EARLY CHILDHOOD IOWA LEE
& VAN BUREN COUNTY - \$22,089
- EARLY CHILDHOOD AREA DHLW - \$37,205
- DONATED SPACE, SERVICES AND MATERIALS - \$404,328



Our 2019-2020 audit, completed by Meriwether, Wilson & Company, P.L.C., showed 100% compliance!

ATTENDANCE

Our focus for 2019-2020 was to improve attendance of children program-wide. Attendance in programs while children are under the age of 5 is one of the largest indicators of high school graduation and success later in life.

To this end, all staff were charged with developing creative approaches to celebrating and encouraging attendance among children. Classroom celebrations, individual recognition, daily encouragement, and annual awards have helped bring the overall attendance higher than the previous 2 years!

Total HS attendance: 82.5%

Total EHS attendance: 78.5%

Number of children with 100% attendance: 1

Number of children with attendance over 90%: 60

Number of children with attendance over 85%: 113

Total Longitudinal Program Attendance:

2017-2018	75%
2018-2019	85%
2019-2020 (first 6 months)	89%
2020-2021 Goal	91%



CHILDREN'S HEALTH

	Head Start	Early Head Start
Medical Services		
A) Children with current physical exams (excluding those enrolled less than 30 days)	78%	18%**
B) Children with all possible immunizations as of the end of the program year	89%	50%**
C) Children receiving medical treatment for the following chronic conditions:		
Anemia	0	0
Asthma	13	1
Hearing Difficulties	7	5
Vision Problems	7	0
High Lead Levels	3	0
Diabetes	0	0
Oral Health Services		
A) Children receiving preventative Fluoride/Lift the Lip care	85%	37%**
B) HS children receiving a professional dental exam	91%	(n/a)
Of these, the number of children identified as needing dental treatment	5%	(n/a)
Mental Health Services		
A) Individual mental health assessments	11	0
B) Referrals for further mental health services	10	0
Disability Services		
A) Children with a diagnosed disability resulting in an IEP or IFSP	46	0
37 speech/language impairments		
1 hearing impairment, including deafness		
7 non-categorical/developmental delay		
1 Autism		

***Due to pandemic health conditions many families were not allowed to keep up on preventative health care measures.*

Children ages 3-5 years were served through three center-based program options in Head Start:

- ❖ Part day classrooms operate for 3.5 or 4 hours, 4 days per week, and may offer transportation.
- ❖ Duration classrooms operate Monday through Friday for a 6 hour day.
- ❖ Full day classrooms operate Monday through Friday, 7-12 hours per day, and were available for children whose parents were working, in school or in training.

The extended hours of the full day classrooms was funded through the State of Iowa Shared Visions program. This provided additional staff hours and supplies for the classrooms.

The Head Start program also received funding from Early Childhood Iowa to assist with transportation costs in the program.

Children Served: 301

Families Served: 283

Funded Enrollment: 264

Average Monthly Enrollment: 99%

The Head Start program serves 32.9% of the children under 5 years old living in poverty in the Southeast Iowa area.

HEAD START ENROLLMENT

Parent/Family Involvement

Research has shown that children, whose families are involved in their education, do better in school. We encourage family members to be involved in all aspects their child's experiences throughout the school year.

Families have been involved this year by eating meals at school with their children, helping the teachers make materials for the classroom or joining us for music and movement time. Neighborhood walks to teach the children about direction, community, safety, and nature, also give family members an opportunity to help in the program.

Families plan and participate in special events at the centers. The Teddy Bear Clinic is a popular event! Children bring a teddy bear, or another stuffed animal, to school to receive a "check-up" by a local nursing student. This activity helps children know what to expect at the doctor's office and allows them to be more comfortable at their own check-ups. It also gives the incoming nurses experience with young children. Family Nights are events that local parent committees plan to support family learning and togetherness.

Parents are involved in the decision-making process as members of their local Parent Committee (or Parent Group), Health Advisory Committee, Policy Council and Board of Directors where they make decisions about the program, budget, and personnel.

During the 2019-2020 school year,
70 parents/guardians
Volunteered
for a
total of 1233 hours!

At Head Start, there truly is something for everyone!

Child Assessment

The Teaching Strategies GOLD® educational assessment system allows the program to create individual child profiles identifying what each child knows and prepare his or her future learning accordingly.

Staff document observations on each child, focusing on 23 research-based objectives that are grouped into six (6) areas of learning and development. Data are reviewed at three checkpoints each year for Head Start: Fall, Winter, and Spring. Early Head Start classrooms have a fourth checkpoint covering their summer class period.

The chart below shows data from the Fall 2019 and Winter 2020 checkpoints, the chart shows the 6 areas of development and the percentage of our Head Start children that were meeting or exceeding the “widely-held expectations” for those areas.

2019—2020		
Areas of Development	Head Start Children Meeting/ Exceeding Expectations	
	Fall '19	Winter '20
Social/Emotional	76%	90%
Physical	89%	95%
Language	78%	86%
Cognitive	75%	87%
Literacy	58%	74%
Mathematics	40%	66%

GOLD® checkpoint data are used to:

- ✓ identify growth
- ✓ set goals
- ✓ plan staff development
- ✓ report progress
- ✓ monitor program goals

School Readiness Goals are standard, program-wide goals established to further the school readiness skills of each child in the program.

The Head Start and Early

Head Start School Readiness Goals can be viewed on the agency website at <http://caofseia.org/services/head-start/documents/>

Children going on to kindergarten enjoy books, field trips, and videos about attending kindergarten. They also practice eating “cafeteria style”. Family Development Specialists assist families in preparing for kindergarten round-up, transitioning to public school, and how to advocate for their child. All of this is a part of preparing children to be School Ready.

The Early Head Start program is a full day, full year, center based program for children 0-3 years of age whose parents are working, in school, or in training, as well as pregnant women.

Early Head Start is an education based program for the youngest of our children. They learn language, physical control and dexterity, self-care, social and emotional regulation, early math skills such as shape recognition, and many other skills vital to a successful school and life experience.

The 11 pregnant women that were provided services received monthly support by the Early Head Start Lead Teacher about everything from the size of their baby that month to the hazards of smoking. Parenting education and mental health services extend beyond the birth of the baby to support a strong beginning for the new family member.

Children Served: 94

Pregnant Women Served: 11

Families Served: 82

Funded Enrollment: 70

Average Monthly Enrollment: 99%

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