



**Fiscal Year  
2019  
Annual Report**



# Mission:

**Community Action of Southeast Iowa is dedicated to alleviating the conditions and causes of poverty by building partnerships and strengthening people through quality services.**



# History



- Community Action Agencies began by an act of legislation as a part of the Economic Opportunity Act of 1964 by President Lyndon Johnson. This was a part of his War on Poverty.
- Community Action of Southeast Iowa began in 1966.
- We are 1 of 17 in Iowa and 1 of over 1000 across the nation.
- Each Community Action is different and responsive to local needs.
- Funding is provided through federal, state and local grants as well as local donations.

*Community*  
**Action**  
OF SOUTHEAST IOWA

# Executive Director: **Sheri Wilson**

## Board President: **Barbara Welander**

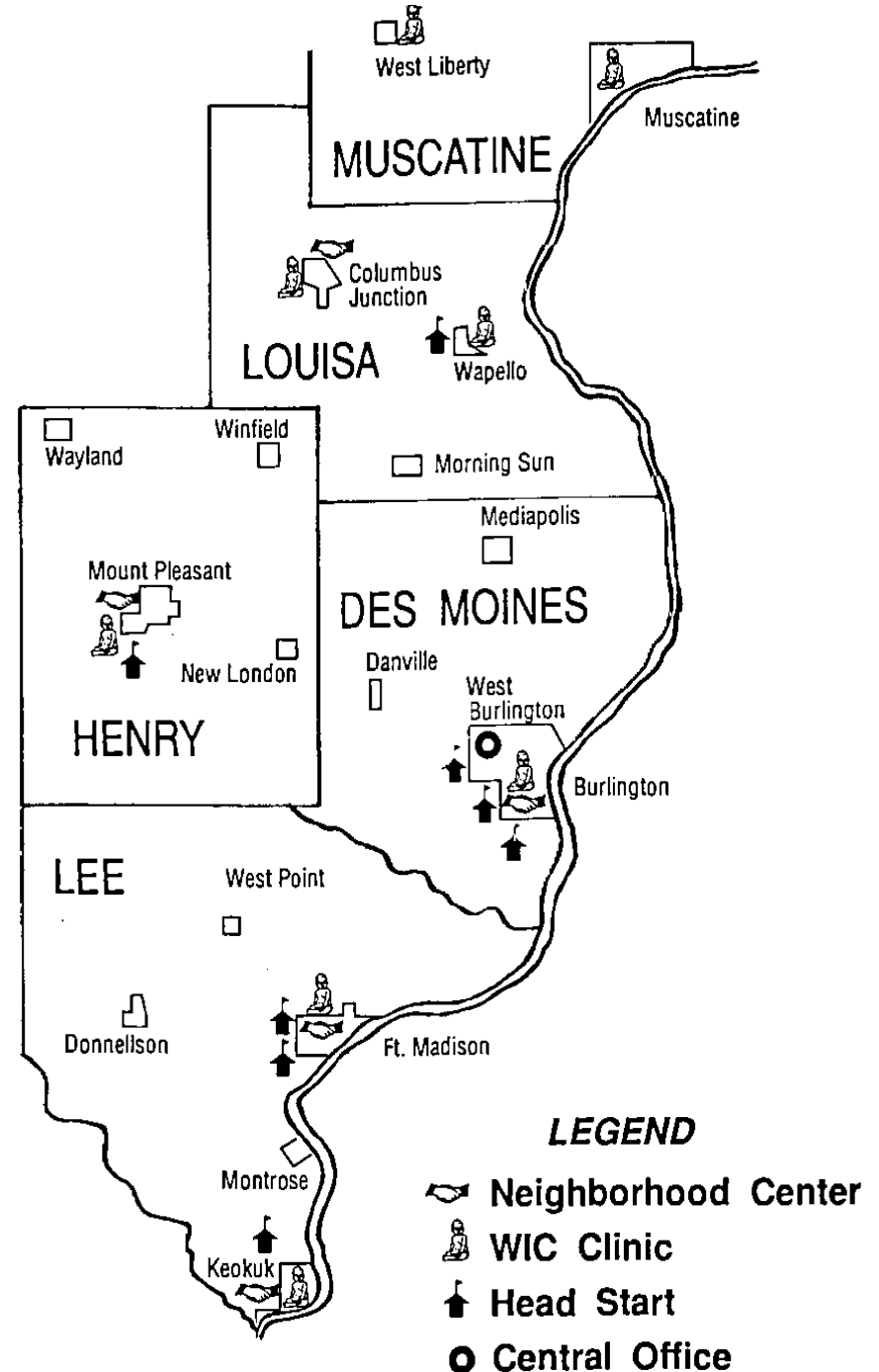


- We are run by a tripartite board of 15 Local Representatives.
- They represent the Low-income, Elected Officials, and Community Representatives
- 8 Directors Serve on Management Staff

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OF SOUTHEAST IOWA

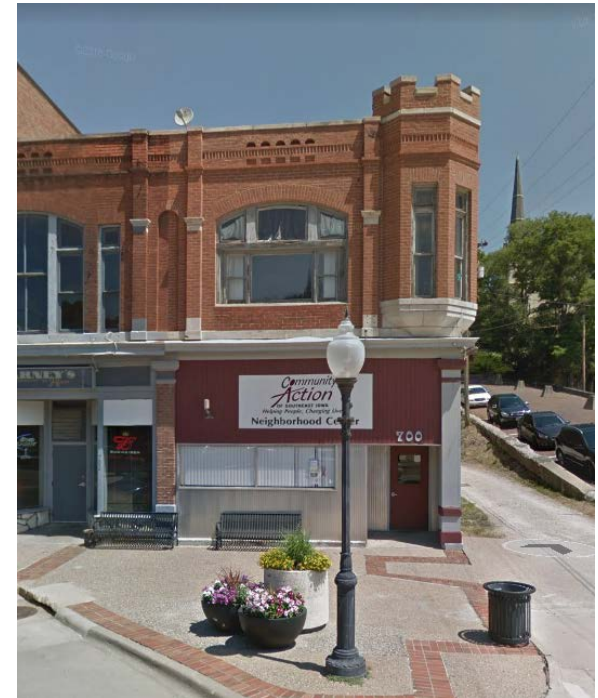
# Locations

- We have several locations throughout southeast Iowa.
- 5 Local Centers
- 2 Head Start specific locations
- WIC Locations are in
  - 4 Churches
  - 2 Offices
- Home Visitors travel throughout the area





# BURLINGTON



**Neighborhood Center**

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# FORT MADISON



**Eichacker**



**Richardson Head Start**



# Marie Tallarico Keokuk



**Louisa County**



**Tolson  
Mt Pleasant**

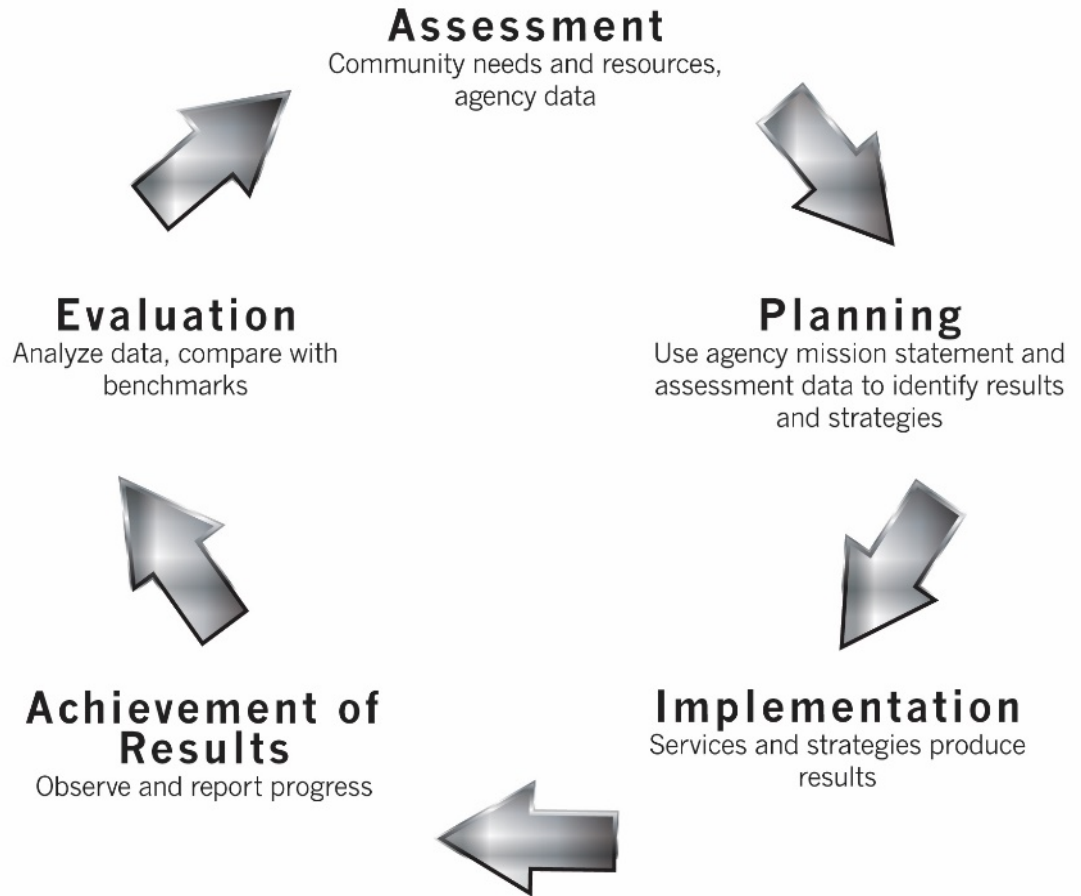
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All  
Community  
Action  
Agencies  
follow  
ROMA

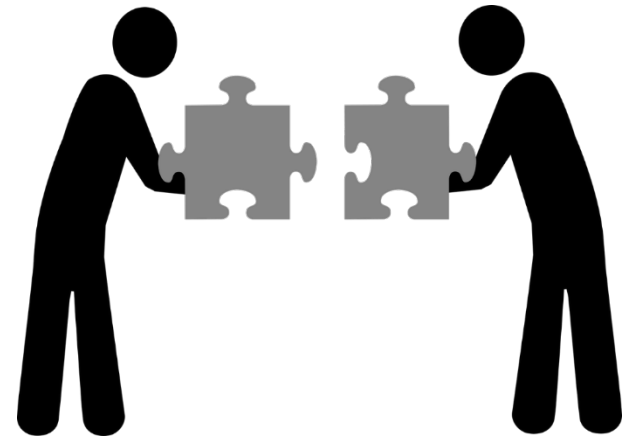
## The Results Oriented Management and Accountability Cycle

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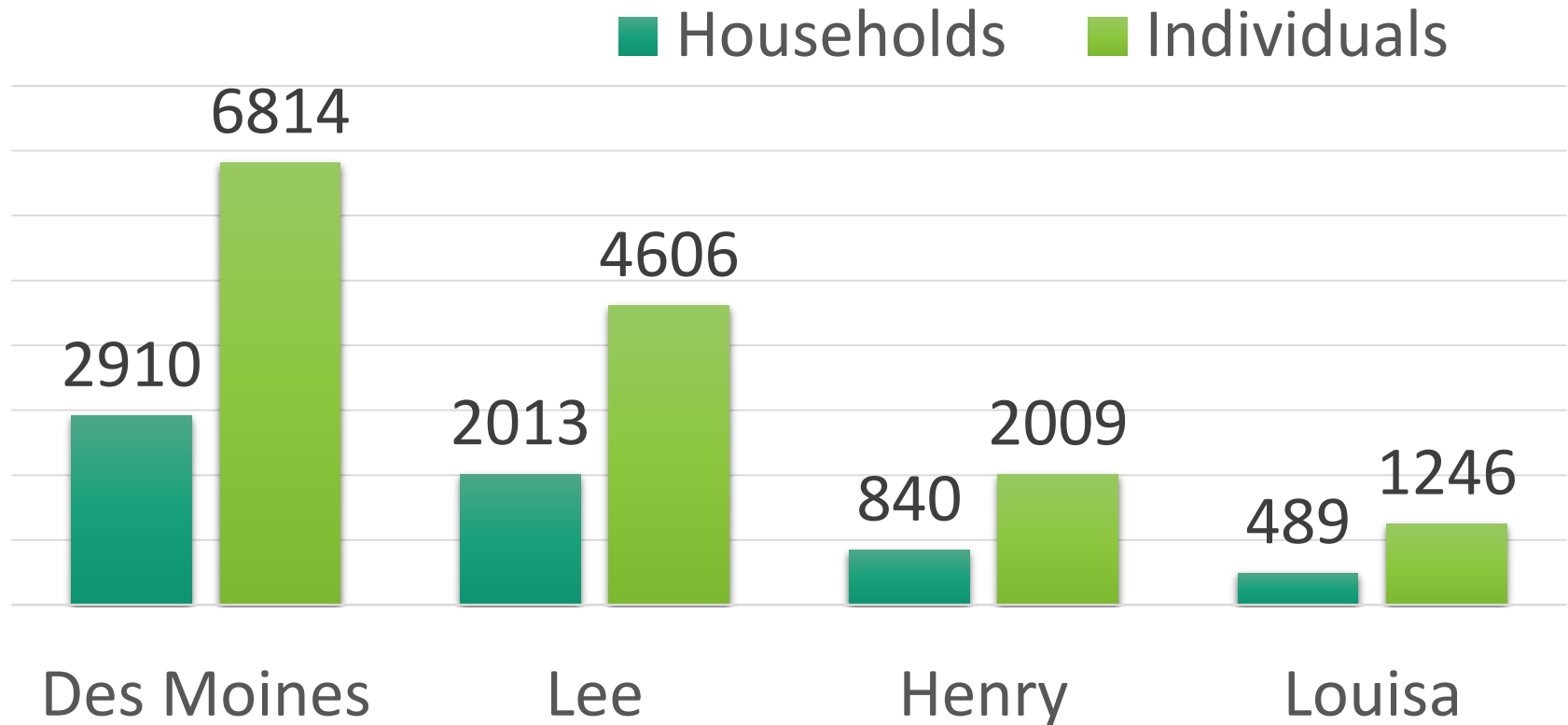


# Those we served in Fiscal Year 2019

- NIFCAP (client tracking system)
  - 14,628 Individuals
  - 6,263 Households
  - Total Population of SE IA
    - 105,764
  - We Served
    - 13.83% of SE IA
    - 88.5% of clients were below 150% of the Federal Poverty Level
- We serve anyone of Low Income



# Clients by County Served FY19





# Poverty In Southeast Iowa

- 12.95% of the population is below 100% of the Federal poverty level.
  - That's **\$25,750** for a family of four.
- Children are in poverty at a rate of 22.1%
- The white population is in poverty at a rate of 12.84%, blacks at 49.73% and those of multi-race at 37.87%.



Price of Food  
in 1955

$\times 3 \times$

Inflation  
Rate



$=$  Official Poverty Measure

100 FPL%

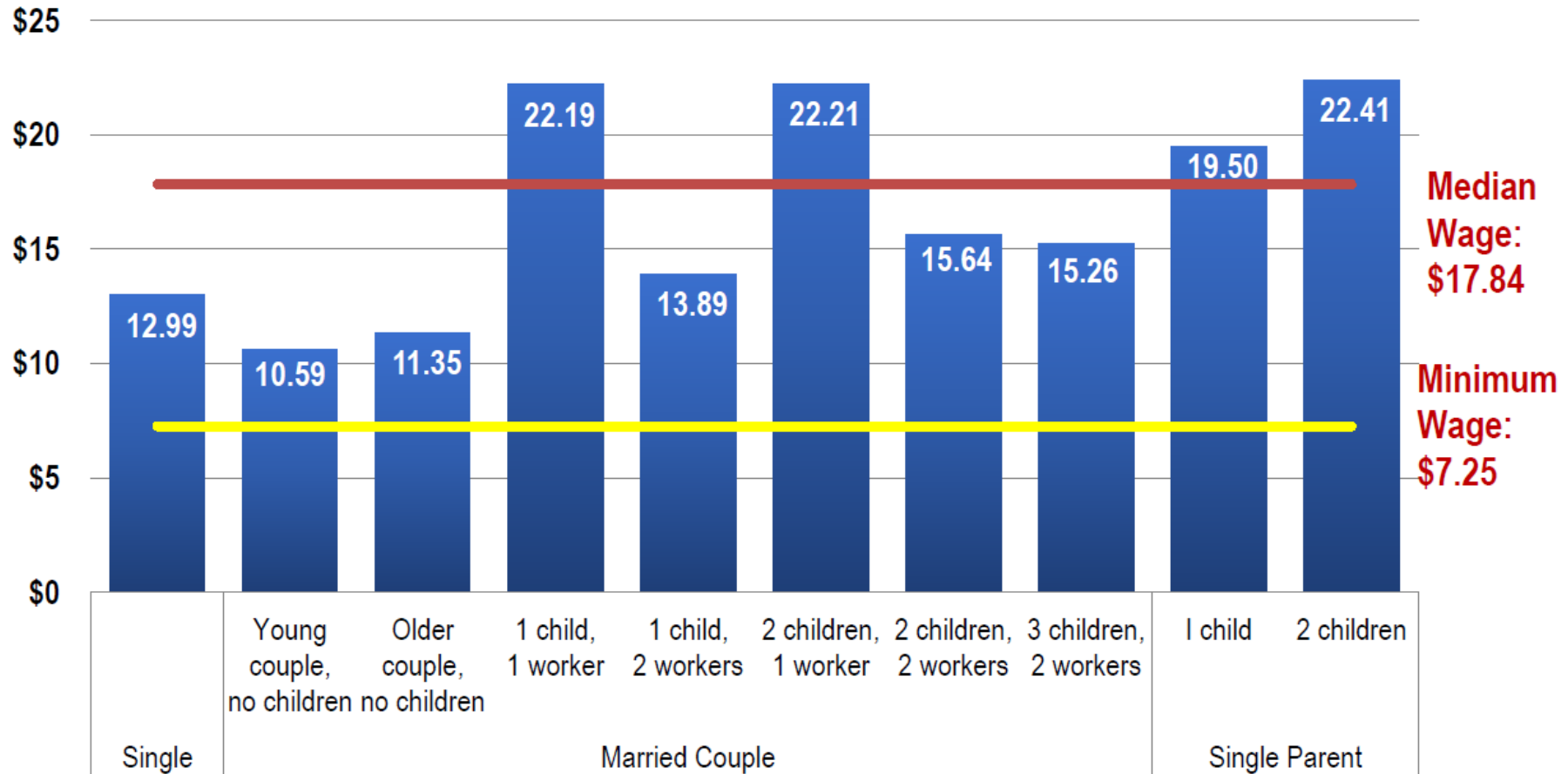
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# Federal Poverty Guidelines 2019

<i>Household Size</i>	<i>100%</i>	<i>125%</i>	<i>175%</i>	<i>185%</i>	<i>200%</i>
	Head Start & Early Head Start	CSBG Center Programs	Energy Assistance	WIC	Weatherization
<b>1</b>	\$12,490	\$15,612.50	\$21,857.50	\$23,106.50	\$24,980
<b>2</b>	\$16,910	\$21,137.50	\$29,592.50	\$31,283.50	\$33,820
<b>3</b>	\$21,330	\$26,662.50	\$37,327.50	\$39,460.50	\$42,660
<b>4</b>	\$25,750	\$32,187.50	\$45,062.50	\$47,637.50	\$51,500
<b>5</b>	\$30,170	\$37,712.50	\$52,797.50	\$55,814.50	\$60,340
<b>6</b>	\$34,590	\$43,237.50	\$60,532.50	\$63,991.50	\$69,180
<b>7</b>	\$39,010	\$48,762.50	\$68,267.50	\$72,168.50	\$78,020
<b>8</b>	\$43,430	\$54,287.50	\$76,002.50	\$80,345.50	\$86,860
For each additional person add:	\$4,420	\$5,525	\$7,735	\$7,992	\$8,840
SOURCE: Federal Register January 1, 2019					



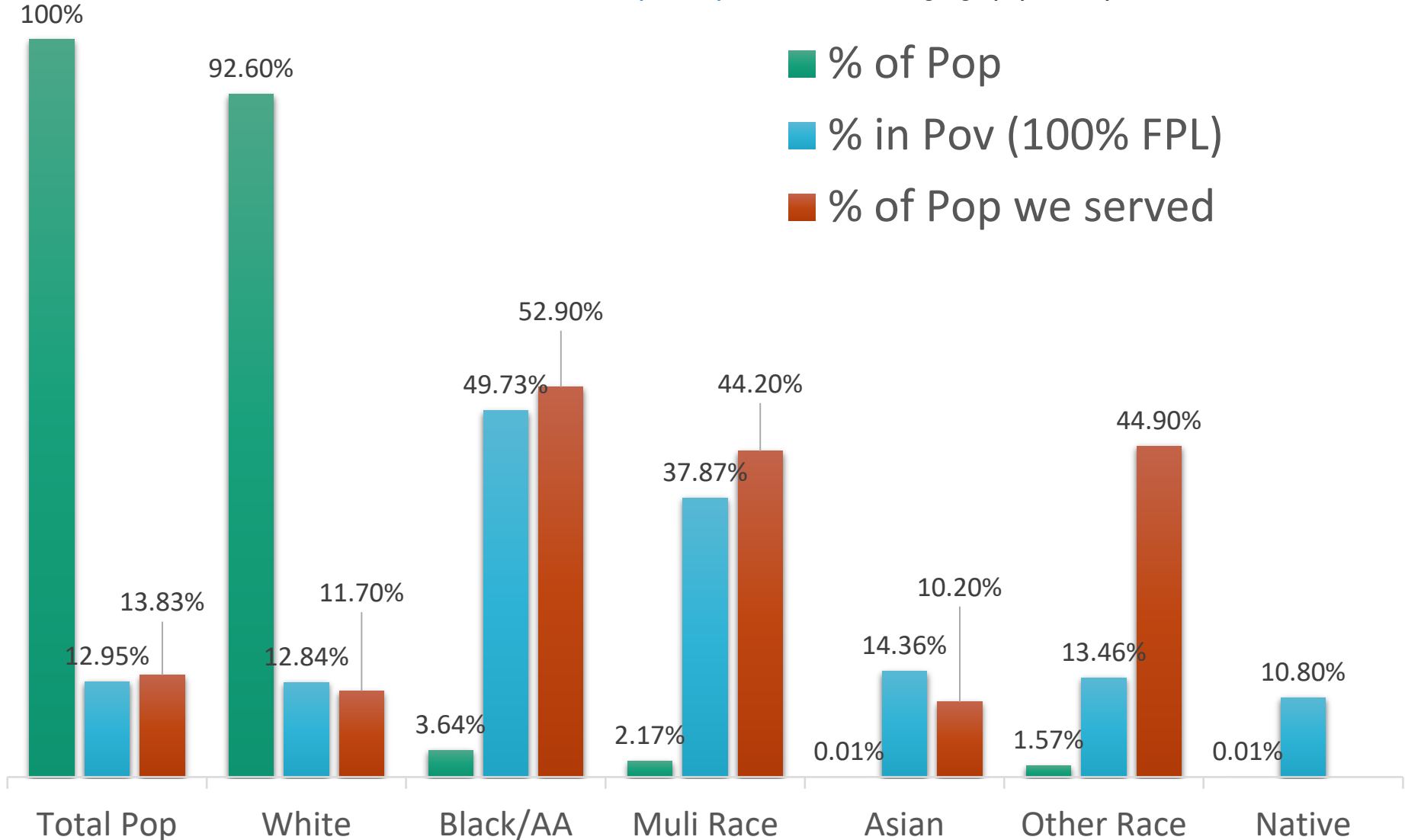
# ***Wage needed to meet basic needs is well above the minimum wage***

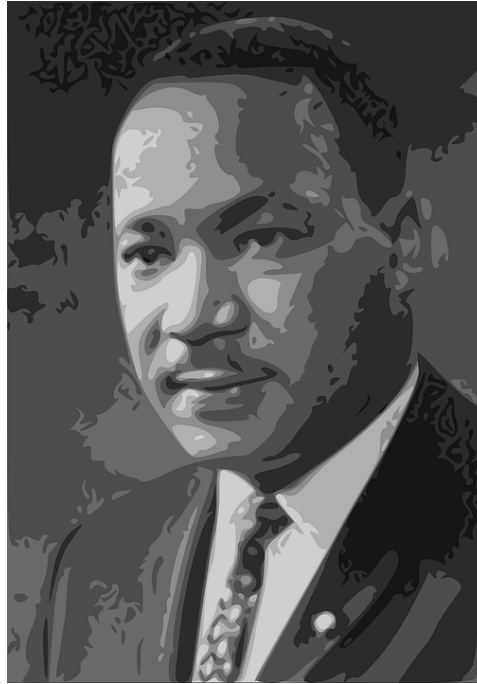


- Iowa Policy Council 2019

# Race and Poverty in Southeast Iowa

- Data Source: US Census Bureau, [American Community Survey](#). 2013-17. Source geography: County and NIFCAP FY2019



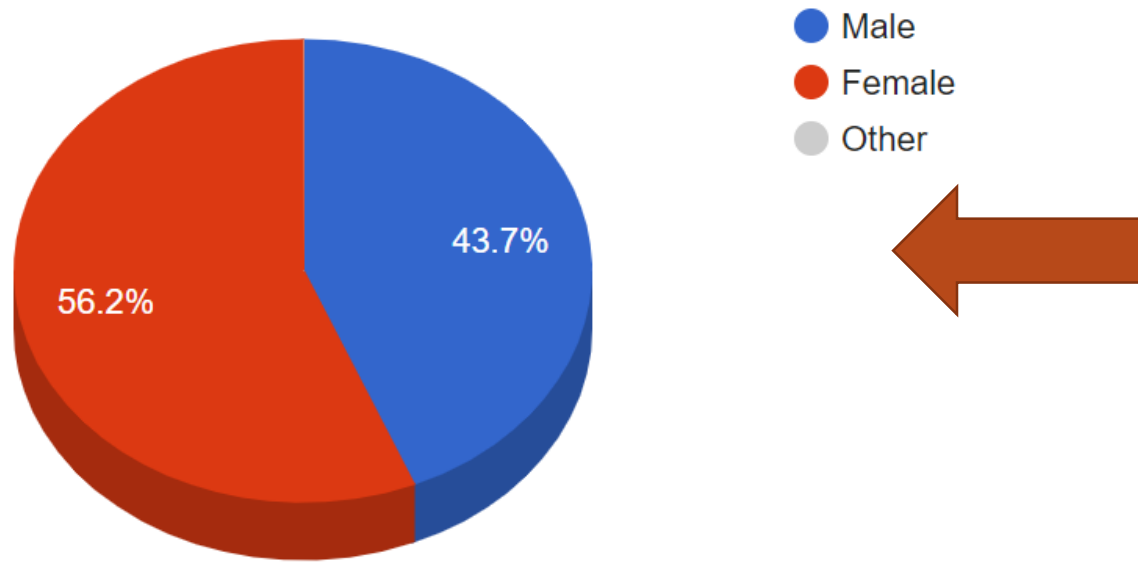


Our **VISION** is for people in southeast Iowa to have the opportunity to reach their maximum potential.

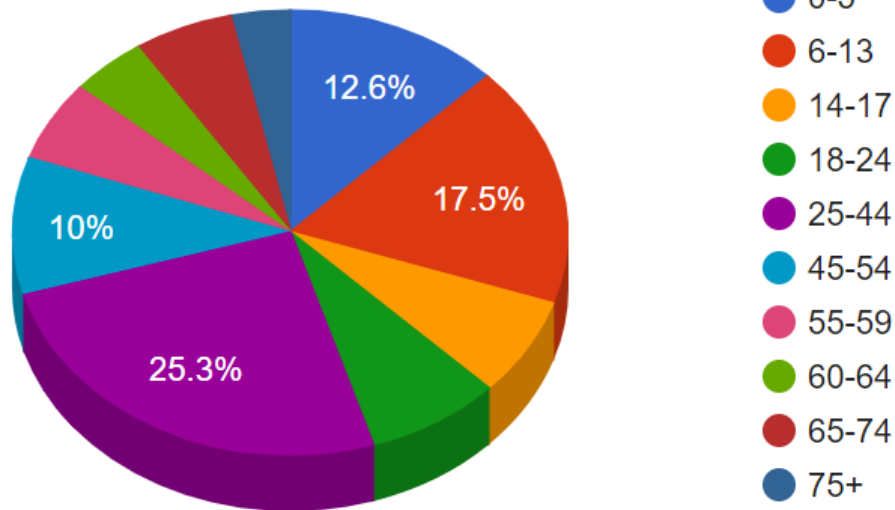
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**Some demographic  
data of those we  
serve:**



# Gender

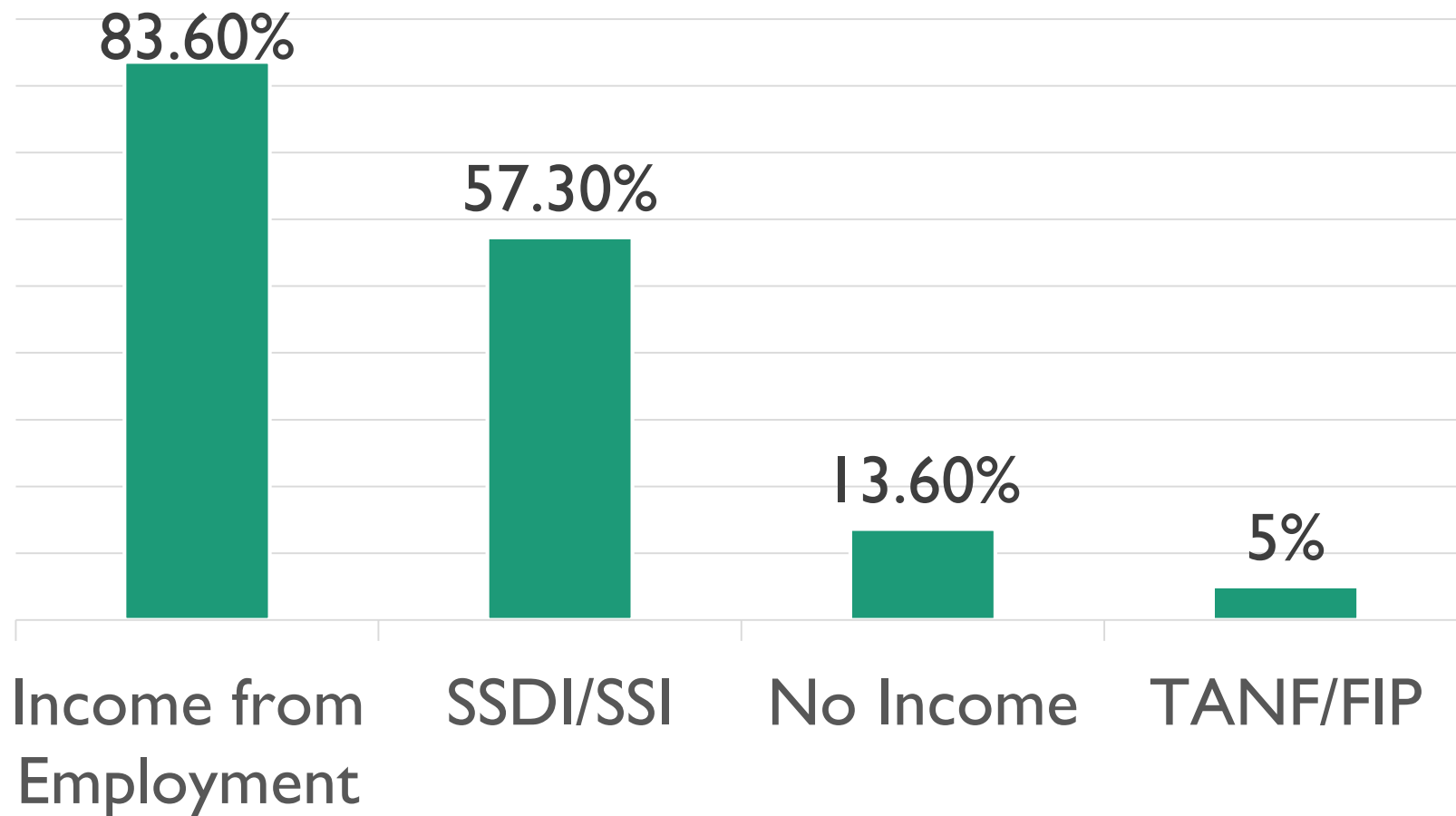


# Age

-FY 2019 NIFCAP

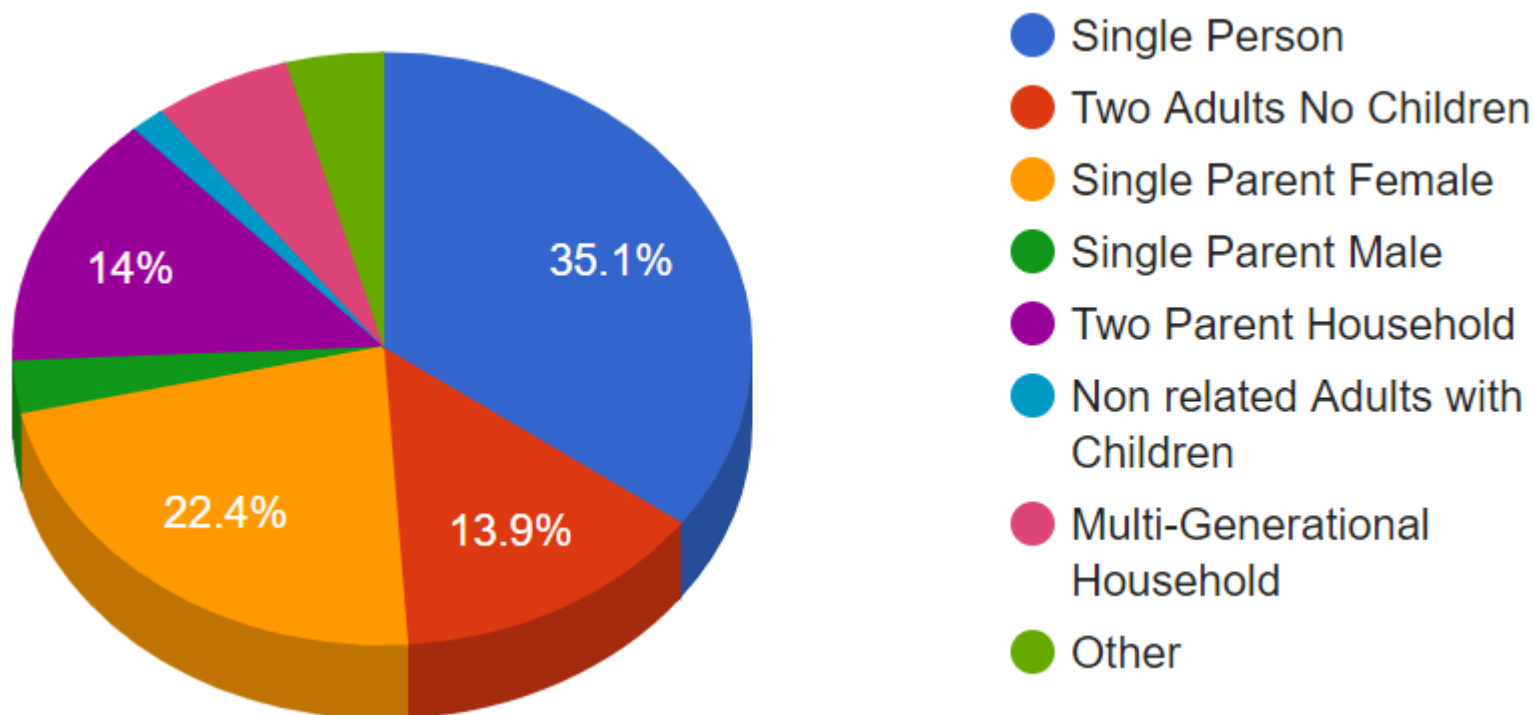
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# Sources of Household Income



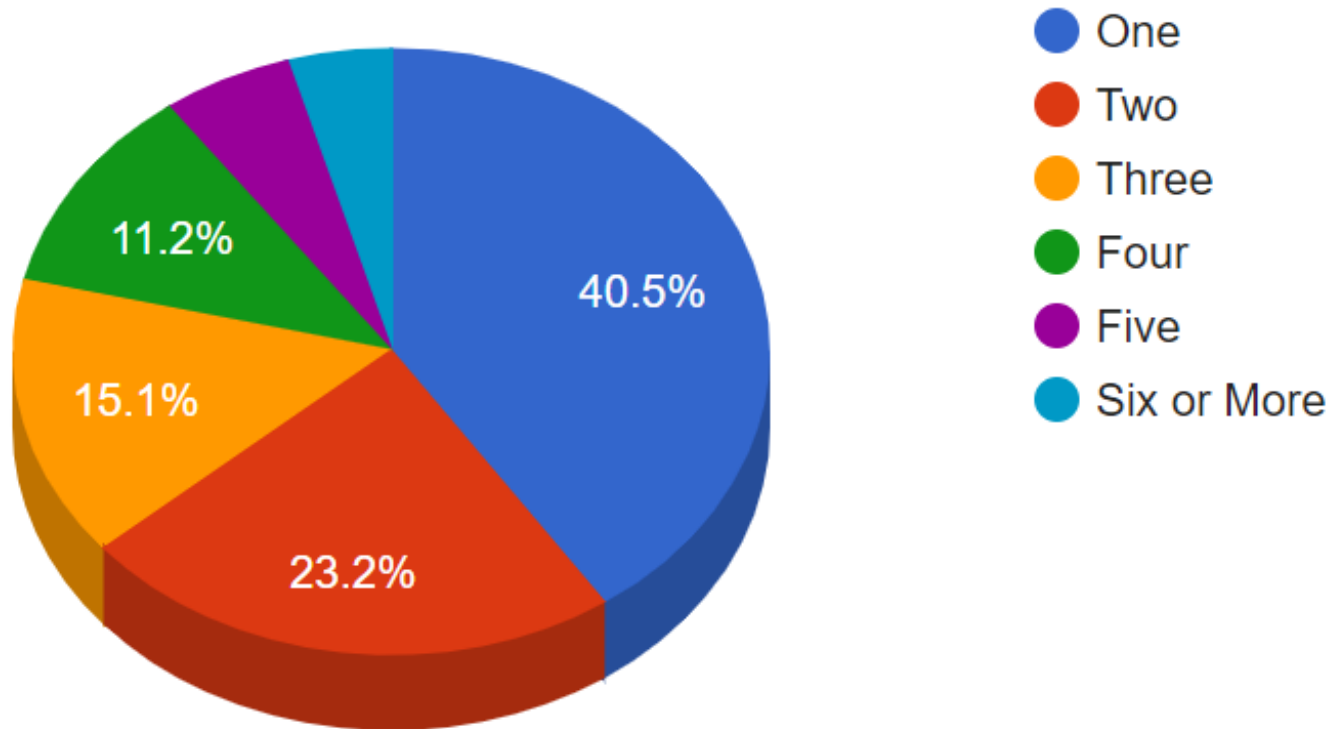


# Household Type



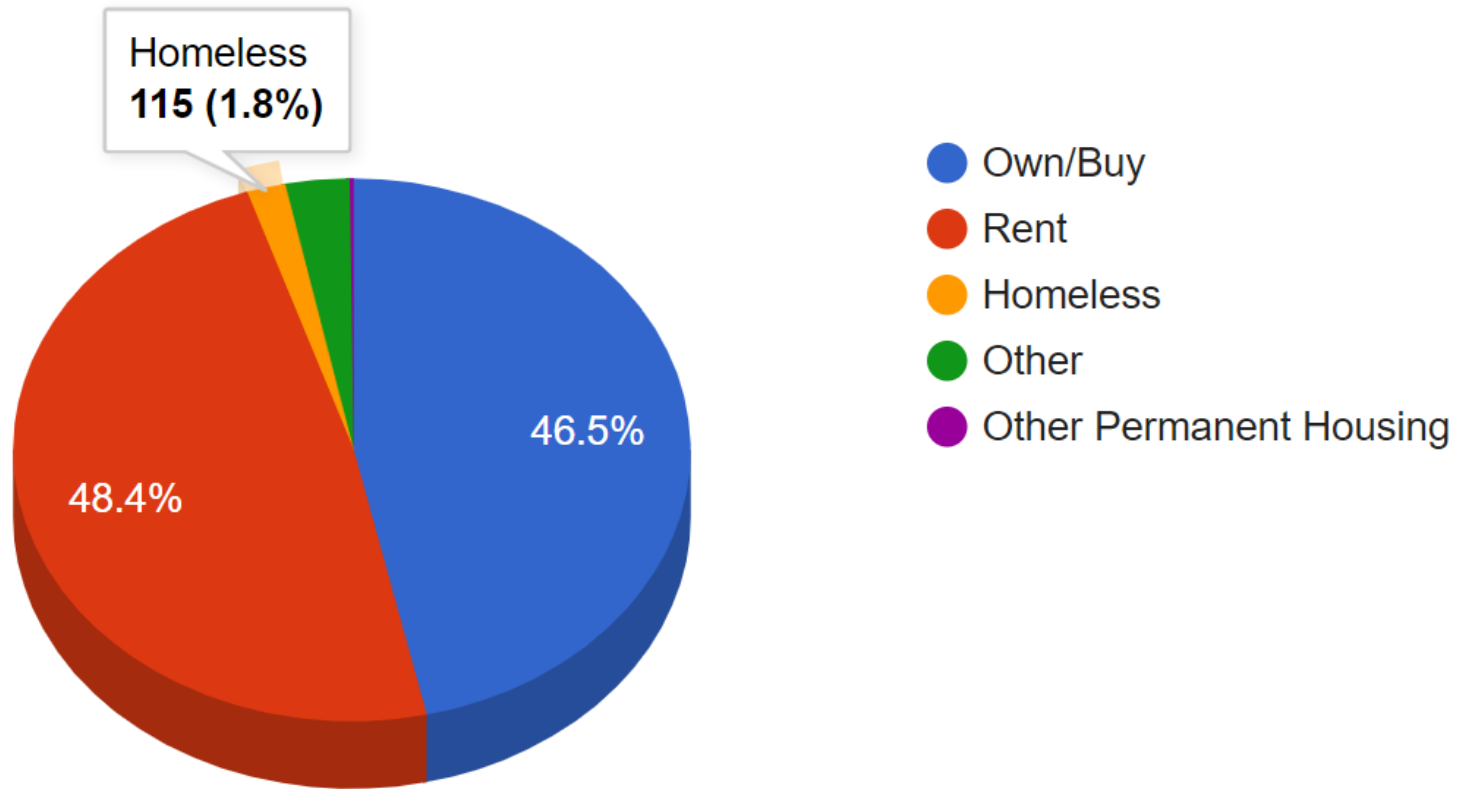
-FY 2019 NIFCAP

# Household Size



-FY 2019 NIFCAP

# Housing Type



-FY 2019 NIFCAP

<b>Total Agency Funding FY2019</b>	<b>\$12,746,882</b>
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Total Federal Funding	\$11,009,500
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Total State Funding	\$933,739
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Total Private Funding	\$770,744
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Total In Kind Donations	\$738,608
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WIC Vouchers Given	\$1,841,502
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Client Assistance Expenses	\$2,156,875
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**Is your life affected by poverty?  
We're here to help.**

**Programs** may vary by center, have income guidelines,  
and may have limited funding available.

- \* Food Pantry
- \* (WIC) Special Supplemental Nutrition Program for Women, Infants and Children
- \* Low Income Home Energy Assistance Program (LIHEAP)
- \* Head Start
- \* Early Head Start
- \* Family Development and Self Sufficiency Program (FaDSS)
- \* Parents as Teachers (PAT)
- \* Preschool Scholarships
- \* Children's Bed Program
- \* Budget Counseling
- \* Employment Counseling
- \* Child and Adult Care Food Program (CACFP)
- \* Energy Crisis Assistance (Project Share)
- \* Furnace Repair and Replacement
- \* Clothing Assistance
- \* Disaster Assistance
- \* General Information and Referral
- \* Homeless Assistance
- \* Housing Assistance
- \* Emergency Rent and Utilities
- \* Senior Home Repair
- \* Medication Assistance Program (MAP)
- \* Rent Reimbursement Form Assistance
- \* Transportation Assistance
- \* Weatherization

More details on our website or contact your local center.

### **Community Action Centers**

Burlington, Mt Pleasant, Ft Madison, Keokuk  
Open weekdays 8:00 a.m. to 4:30 p.m.  
Columbus Junction (open M, T, Th)

**CAOFSEIA.ORG**



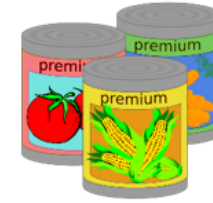
Central Office 2850 Mount Pleasant, Suite 108 Burlington IA 52601 (319) 753-0193

Community Action of Southeast Iowa Programs are open to all eligible persons regardless of race, color, creed, national origin, religion, pregnancy, sex, gender identity, sexual orientation, age, physical or mental disability, genetic information, veteran's status, uniformed service, or any other characteristic protected by federal, state or local law. Feb 2019

**We offer a  
variety of  
Programs and  
Services to  
alleviate the  
conditions and  
causes of poverty.  
Following are a  
listing of our  
programs and  
outcomes for  
Fiscal Year 2019.**







## Food Pantries

Are located at each center  
**4,279**  
**Food Boxes given**

Burlington, Mt Pleasant, Columbus  
Junction, Keokuk, Fort Madison

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# Utility Assistance

- LIHEAP
  - 11,844 Indv
- Emergency Local Utilities
  - 990 Indv
- Crisis Assistance
  - 731 Indv
- Furnace Repair and Replace
  - 138 Indv

60+ OR  
DISABLED  
OCT 1 - APRIL 30

ENERGY  
ASSISTANCE

GENERAL  
PUBLIC  
NOV 1 - APRIL 30

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Low-Income Home Energy Assistance Program

# WIC

# 4,787 Individuals Served

**FOOD. EDUCATION.  
SUPPORT.  
YOU GOT THIS.**

We give moms the resources, knowledge and tools they need to be the moms they want to be.

#### HEALTHY FOOD

We can help you buy milk, fruit, vegetables, eggs, cereal, juice, peanut butter, baby formula, and other healthy foods.

#### NUTRITION EDUCATION

We support and educate moms to help them breastfeed successfully. We offer guidance on how to shop for healthy food, how to prepare it and how to entice children to eat it. We provide access to information, including:

- Prenatal nutrition
- Breastfeeding tips
- Eating tips for your child
- Parenting tips
- Healthy recipes

#### A COMMUNITY OF SUPPORT

We're a network built for moms. We connect them, we educate them and we learn from them. Our community consists of:

- Nutritionists
- Lactation specialists
- Peers

#### REFERRALS

We can introduce moms to resources outside of WIC, including:

- Healthcare professionals such as pediatricians, OB/GYNs, and dentists
- Immunization services
- Substance abuse counselors
- Domestic abuse counseling
- Social services

**ALL CAREGIVERS  
ARE WELCOME.**

We talk a lot about moms. But we offer support to anyone—working or not—who cares for a child, including:

- Moms
- Single fathers
- Grandparents
- Foster parents
- Step-parents
- Guardians

**WE'RE HERE**



WIC supports 53% of all infants born in the U.S. Someone you know may be eligible.



**SPREAD THE WORD!**

[signupwic.com](http://signupwic.com)

**NUTRITION,  
SUPPORT,  
AND THE  
POWER  
OF MOMS.**





## FaDSS Services

### WE'LL DO IT TOGETHER!

Your family's goals are as unique as your family. Maybe your goal is job training, or employment, or working through challenges like housing, child care or other circumstances. Your FaDSS worker will support you each step of the way.

We work with your entire family—parents, kids, and other family members to make sure you have what you need for success.

## Join Today!!!

The FaDSS program is **FREE** and **voluntary**. Families participating in the Family Investment Program (FIP) are eligible for the FaDSS program.

We Focus on Family Success

A FaDSS home visitor will work with your family in the comfort of your home.



### We help your family:

- Find and keep jobs.
- Establish and reach goals.
- Work with Promise Jobs.
- Access community resources.
- Reach a better quality of life.
- Learn skills to become independent of FIP benefits.
- Achieve educational objectives.

## FaDSS

### Family Development and Self-Sufficiency



We focus on what is going **right** with your family, setting goals and connecting your family to the things you need for success.

# 148 Households Received Support

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## Parents As Teachers

### **You will benefit from Parents As Teachers if you want...**

- ♦ Your child to be ready to excel in school.
- ♦ Education to sharpen your parenting skills.
- ♦ Better access to community resources.
- ♦ To meet new parents.



**Parents As Teachers is a free early learning program designed to provide guidance and support to families by offering:**

- ♦ Personal in-home visits for families with children prenatal to five-years-old.
- ♦ Parent/child interactive and educational group connections.
- ♦ Periodic developmental screenings.
- ♦ Linkage to community resources.
- ♦ Support, encouragement and information.



### **Parents As Teachers Helps:**

- ♦ Recognize your child's ever-changing abilities.
- ♦ Detect health and developmental issues.
- ♦ Increase your child's school readiness and success.



Parents as Teachers.

# 26 Households Received Support

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## Who Should Apply?

People who:

- Have long term medication needs.
- Are a Des Moines County Iowa resident.
- Have a limited income.
- Have medication needs not covered by insurance.
- Are not military veterans (services available for veterans through the VA).



Community Action of Southeast Iowa is committed to providing equal opportunity in employment and program participation for all people without regard to race, color, creed, national origin, religion, pregnancy, sex, gender identity, sexual orientation, age, physical or mental disability, genetic information, veteran's status, uniformed service, or any other characteristic protected by federal, state or local law.

[www.caofseia.org](http://www.caofseia.org)

Published Dec 2019



## Medication Assistance Program (MAP)



We assist those in Des Moines County Iowa who have difficulty affording their medications for chronic health conditions.



35 Households were provided medication assistance





Children and families are educated,  
challenged and empowered to embrace  
their potential for success in life.  
One child, one family at a time.

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# Early Head Start:

## 94 Children

- Prenatal – 3 Years Old
- Free for qualifying families
- For those in school, job training or working
- Possible available hours  
6 AM – 6 PM



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# Head Start: 307 Children

- 3-5 Year olds
- Preschool
- Free for qualifying families
- Possible transportation





# Child and Adult Food Care Program (CACFP)

427,874 Meal Reimbursements  
to Home Providers  
and Day Care Centers



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# Preschool Scholarships

## 73 Children



For those up to 200% poverty level

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# In Crisis Situations



**2,709** People with Referrals

**455** Individuals with Clothing Assistance

**109** Individuals with Transportation Assistance

**247** Individuals with Food Cards

**48** Individuals with Homeless Assistance

**29** Households in County Declared Disasters

**219** Budget Counseling

**101** Employment Counseling

# Housing



- Emergency Rental Assistance
  - **118** Households assisted with rent payments
  - All local funding
- Emergency Solution Grant (ESG)
  - Homeless & preventing evictions
  - **31** Households
- Tennant Based Rental Assistance (TBRA)
  - **5** HHs
  - Currently not accepting applications

# 70 Homes Weatherized



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# Senior Home Repair (Aged 60+)

## 66 Individuals Assisted



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# RENT REIMBURSEMENT



**Form  
Assistance**

**131 Households**

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Sponsored by:

**Des Moines Register**  
PART OF THE USA TODAY NETWORK

Contributions processed by:



- 34 households assisted
  - 51 households applied
  - Unmet Needs
  - Paperwork was done
  - Bids/quotes provided by clients
  - Max \$500/household
  - Over the Holiday Season
- Categories of assistance
    - Beds
    - Appliances
    - Car repairs (tires, batteries, windshields)
    - Medical expenses (including pharmacy or dental)
    - Furniture
    - Home repairs
    - Household items
    - Miscellaneous

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# Community Events

- Paint-A-Thon
  - Week of Labor Day
- Thanksgiving Dinner
  - On Thanksgiving
- Day of the Child
  - April
- Southeast Iowa Early Childhood Summit
  - April
- Annual Dinner
  - Select Donors & Clients asked to share



# Volunteer Opportunities

- Head Start Classrooms
- Food Pantry
- Special Projects
- Donations
  - Certain Things
  - Contact local center
  - Finances
- **189** Volunteers
  - **2,827** hours





# Partnerships



- We are stronger together.
- Those in poverty have a variety of needs and it takes the community working together to help.
- **210** Documented Partnerships
- A variety of resources can be found on our website:
  - <http://caofseia.org/resources/>

# Website: [caofseia.org](http://caofseia.org)

[LOCATIONS](#) [CONTACT US](#) [SERVICES](#)



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Helping People. Changing Lives.

[ABOUT US](#)

Home

## Spiff Cloths

Everyone cleans... Here's a great product that when you buy from us supports our public relations. Check out this video of Dennis and his grandson cleaning his fish tank. Spiff cloths can be ordered from our central office. Open Monday - Friday from 8:30 a.m. to 4:30 p.m. 2850 Mt. Pleasant St., Suite 108 Burlington IA 52601 (319) 753-0193 They...

Search



RECENT POSTS







- Help us spread the word
- Share area information
- Information on successes and results
- Highlight partnerships



Community Action  
of Southeast Iowa  
@CommunityActionofSoutheastIowa

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# Community Action OF SOUTHEAST IOWA

+ Create Fundraiser

Share

Save

...

Learn More



Write a post...

Photo/Video

Tag Friends

Check in

...

4.8

4.8 out of 5 - Based on the opinion of 5 people

Community

See All

680 people like this

699 people follow this

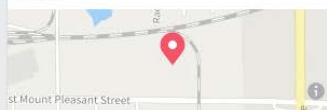
17 check-ins

About

See All

Photos

<p><b>Sept 2019</b></p>	<p><b>Food Pantry</b></p> <p>342 Food Boxes Given</p>	<p><b>Board Officers FY 2020</b></p> <p>Barb Welander President Linda Boshart Vice President Brad Gulgley Treasurer Cyndi Means Secretary</p>	<p><b>Water Assistance</b></p> <p>20 Households were provided financial assistance to keep running water in their homes.</p>
<p><b>Medication Assistance</b></p> <p>6 Households were assisted with obtaining their needed medication for chronic medical conditions.</p>	<p><b>Referrals</b></p> <p>Over 500 referrals were made to connect households to partnership resources.</p>	<p><b>Transportation for Head Start Students</b></p> <p>148 Students were transported during the 18/19 program year.</p>	<p><b>Fiscal Year Ended</b></p> <p>Sept 30, 2019</p> <p>One year has ended and another has begun. We continue going strong with our mission, vision, programs, and partnerships.</p>
<p><b>Mission:</b> Community Action of Southeast Iowa is dedicated to alleviating the conditions and causes of poverty by building partnerships.</p>			



2850 Mt Pleasant St, Ste 108 (2.07 mi)  
Burlington, Iowa 52601

Get Directions

(319) 753-0193

www.caofseia.org

Nonprofit Organization · Social Service · Community Service

Price Range \$

Hours 8:30 AM - 4:30 PM



# THANK YOU

TO OUR EMPLOYEES, BOARD, SUPPORTERS,  
COMMUNITIES, FEDERAL, STATE AND LOCAL  
FUNDERS, INDIVIDUALS, BUSINESSES, FAITH  
GROUPS, AND OUR MANY PARTNERS. YOUR  
PARTNERSHIP MAKES HELPING PEOPLE AND  
CHANGING LIVES A REALITY.

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