

**Home Health Care Services:** These services promote healthy and safe home environments so individuals can remain in their home while coping with an illness or injury. Our clients can receive necessary care such as daily skilled nursing, personal cares, homemaking services, companion services, physical therapy, occupational therapy, and social services.

**Hospice Services:** This program provides palliative care to persons and their loved ones who have been diagnosed with a terminal illness by enhancing the person's quality of life through physical, emotional and spiritual support. Services can include skilled nursing visits, chaplain services, social services, volunteer services, massage therapy, music therapy, home health services, and bereavement support.

**Immunization/Flu and TB clinics:** Our Immunization services are offered to the public for childhood and adolescent immunizations through the Vaccines for Children program as well as some adult immunizations. Immunization clinics are held on the 2nd Thursday of each month in Keokuk and the 4th Thursday of each month in Ft. Madison. Flu vaccines are offered at immunization clinics as well as additional clinic sites during the fall season. In addition, TB testing clinics are held at our LCHD office every Monday from 3-4 pm (except for holidays) with TB reads on Wednesdays.

**Childhood Lead Poisoning Prevention Program:** Our lead testing and educational services encourages all children ages 9 months to 6 years old to receive a capillary blood lead test according to a completed lead risk assessment questionnaire. Testing is available for free at our scheduled immunization clinics and during Lee County Women Infant and Children (WIC) clinics (whom LCHD collaborates with) which are usually held in Lee County 6 times per month. Prevention education is also provided to the public, homeowners, and promoted through our Lee County Lead Coalition. Nursing case management services of lead poisoned children and environmental health services are also available.

**Senior Health:** Our nurses assist seniors to live a healthy lifestyle, provide health education, offer health screenings, and provide foot care at 13 different locations in the community each month. We also provide a Telephone Reassurance program to seniors which involves monthly calls to seniors who desire social support and a friendly contact each month.

**Maternal Health Services:** Our Maternal Health team (nurses, registered dental hygienist, social workers) provide health education on prenatal and post-partum care, complete health assessments, home visits, provide assistance with obtaining medical care, case management services, preventive dental care, depression screenings, listening visits, assistance with determining eligibility for health care service coverage, and linkages to other necessary community support resources to pregnant women. Services can be provided during WIC clinics, home visits, and office visits.

**Child & Adolescent Health Services (including I-Smile/oral health care):** Services are provided by our nurses, registered dental hygienists, and social workers who can provide education, direct care services such as lead testing, developmental testing, preventive dental services, hawk-i outreach services, linkages to medical and dental homes, and other needed support services for children, adolescents, and young adults ages 0-21. Services can be provided during WIC clinics, office visits, home visits, and other approved public health settings such as child care sites, preschools, and school settings.

**HOPES/MIECHV home visiting services:** Our Healthy Opportunities for Parents to Experience Success and Maternal Infant Early Childhood Home Visiting program services are provided by trained family support professionals who provide long-term, in-home parent education and support services to expectant families, first time parents, and teen parents with children 0-5 years of age. Our home visiting programs are nationally accredited Healthy Families America (HFA) programs.



**Communicable Disease Surveillance, Investigations, and Follow up:** Trained epidemiological investigators provide communicable disease prevention and education, and complete follow-up investigations as needed for reportable communicable diseases in Lee County. These services help protect the health and safety of our Lee County residents. LCHD also responds to many calls from the public concerned about various health issues and concerns as well as provides rabies prevention and control recommendations for individuals who have had possible bites/exposures from bats and animals known to carry rabies each year.

**Child Care Nurse Consultant Services:** Our specialty trained registered nurses offer education, consultation, training, and support to childcare providers in Davis, Des Moines, Lee, and Van Buren counties through funding received Early Childhood Iowa grant funds. The focus is to promote quality, health, and safety in early child care environments who care for children ages 0-5.

**Environmental Health Services:** Our Certified health inspector's issue food and lodging licenses, temporary food permits, completes health and safety inspections with food establishments, hotels, tanning establishments, tattoo parlors, on-site sewer systems and wastewater treatment, new well construction, private water wells, abandoned wells, pools and spas. The inspectors enforce compliance with all state regulations and Iowa code. Services also include radon education and testing, promotion and education for lead-free homes, and education and instruction on lead-based home remediation

**Emergency Preparedness, Response, and Recovery:** Through collaboration, planning, and training, LCHD works with our emergency preparedness coalition partners to plan for, respond to, and recover from public health emergencies, disasters, or events.

**1st Five Healthy Mental Development:** Our 1st Five program is a public-private partnership bridging primary care and public health in Davis, Des Moines, Jefferson, Lee, and Van Buren Counties. LCHD's 1st Five team is made up of registered nurses and specialty trained care coordinators who support health providers in the earlier detection of social-emotional and developmental delays and family risk-related factors in children birth to 5. The 1st Five team coordinates referrals, interventions and follow-up with both the family and their medical provider.

**I-Smile Silver:** Our I- Smile Silver pilot program develops local systems that help Iowans age 60+ access oral health care and keep their mouths healthy in Lee, Des Moines, and Van Buren Counties. A Registered Dental Hygienist I-Smile Silver Coordinator works directly with our nursing facilities and home health agencies to train direct care workers on the importance of oral health and promote oral hygiene and link our older Iowans to dental care.

**Dental Wellness Plan Community Outreach:** Delta Dental of Iowa contracts with LCHD to complete both individual and community level outreach to our southeast Iowa Health and Wellness members so they understand their dental health care coverage benefits. Iowa Health and Wellness plan members receive a call each month to assist them in locating a dentist for care and understanding their benefits.

**Wellness:** LCHD works with Lee County business and industry, community organizations and our Live Healthy Lee County Coalition partners to promote health initiatives focusing on healthy behaviors and prevention of chronic disease. Community health initiatives are promoted through the website maintained by LCHD each year ([www.livehealthyleecounty.org](http://www.livehealthyleecounty.org)).

**Community Health Needs Assessment and Health Improvement Planning (CHNA/HIP):** Every five years LCHD brings together our community stakeholders and organizations to complete a community health needs assessment and county health improvement plan. The plan is organized by health priorities determined by our involved planning participants. Currently we have four active taskforce groups that are working on: Promote healthy behaviors; Improve mental health/behavioral health; address transportation needs, and improve communication/education and motivation for change.