

Community *Action* **OF SOUTHEAST IOWA**

Annual Report

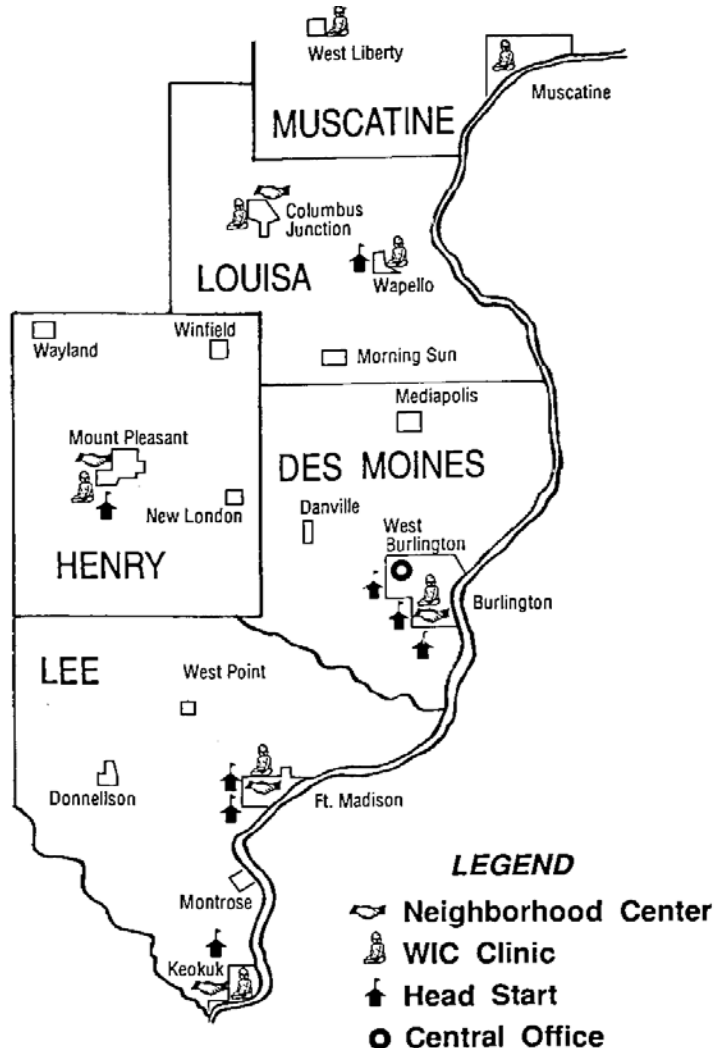
For Fiscal Year 2018
(Oct 1, 2017 through Sept 30, 2018)

Mission:

Community Action of Southeast Iowa is dedicated to alleviating the conditions and causes of poverty by building partnerships and strengthening people through quality services.



Serving All of Southeast Iowa

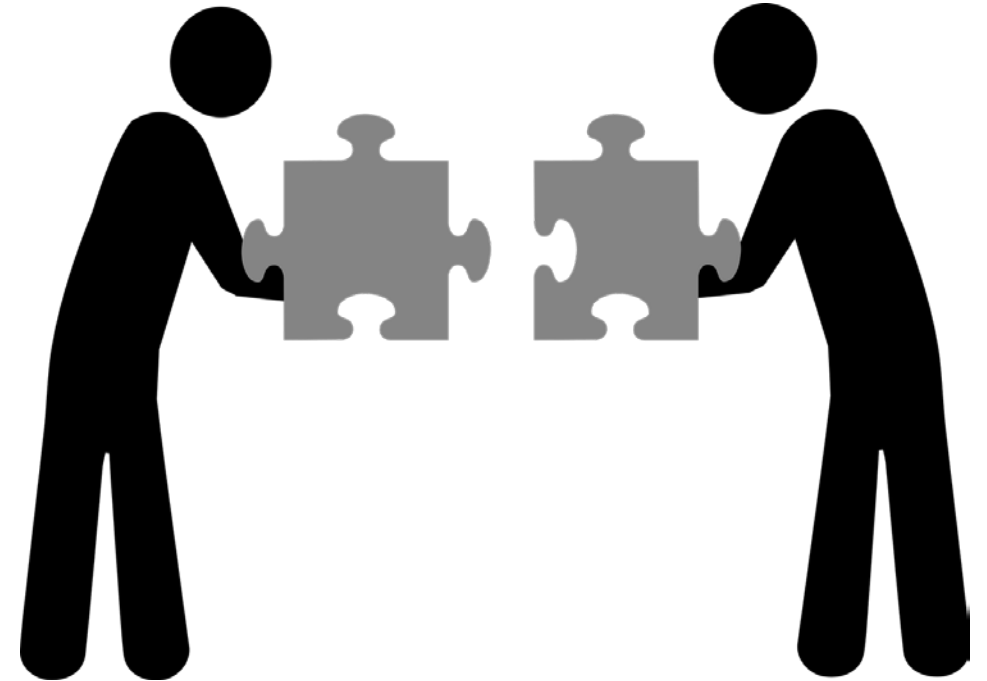


Neighborhood Centers

- 700 Jefferson Burlington
- 1303 W Washington Mt Pleasant
- 3433 Avenue O Fort Madison
- 220 South 22nd Street Keokuk
- 202 E Access Street, Suite D Columbus Junction

Served in Fiscal Year 2018

14,418	Individuals
6,071	Households
4	Counties
13.54%	Of the Population of Southeast Iowa



Executive Director: Sheri Wilson

Board President: Rhonda Reif



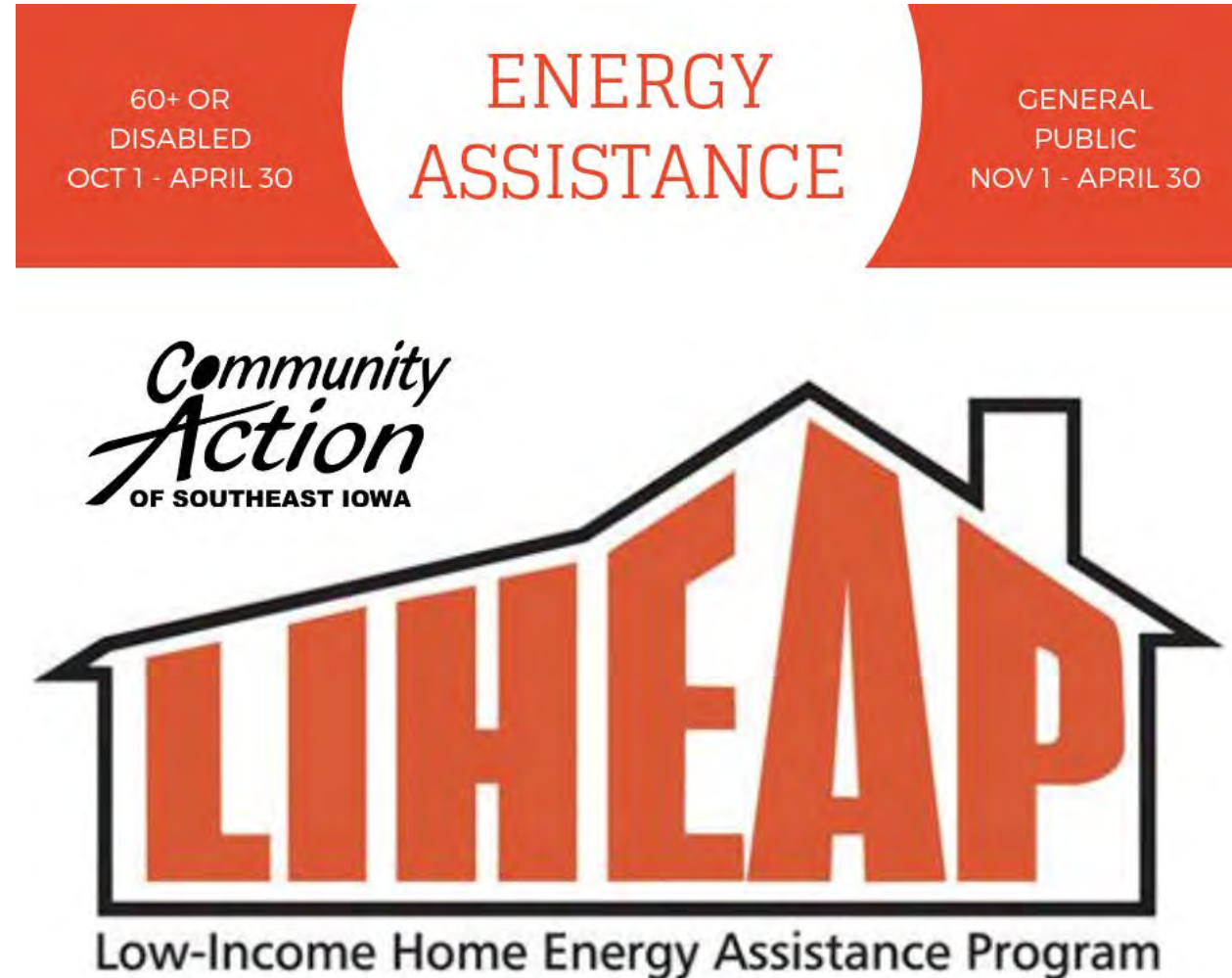
12 Local Representatives Serve as Agency Board Members

8 Directors Serve on Management Staff

Community
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Utility Assistance

- LIHEAP
 - 11,101 Individuals
- Emergency Local Utilities
 - 1,305 Individuals
- Crisis Assistance
 - 480 Individuals
- Furnace Repair and Replace
 - 40 Households





Food Pantries

At Each Neighborhood Center

Burlington, Mt Pleasant, Columbus Junction,
Keokuk, Fort Madison

3,662 Food Boxes given

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FOOD. EDUCATION. SUPPORT. YOU GOT THIS.

We give moms the resources, knowledge and tools they need to be the moms they want to be.

HEALTHY FOOD

We can help you buy milk, fruit, vegetables, eggs, cereal, juice, peanut butter, baby formula, and other healthy foods.

NUTRITION EDUCATION

We support and educate moms to help them breastfeed successfully. We offer guidance on how to shop for healthy food, how to prepare it and how to entice children to eat it. We provide access to information, including:

- Prenatal nutrition
- Breastfeeding tips
- Eating tips for your child
- Parenting tips
- Healthy recipes

A COMMUNITY OF SUPPORT

We're a network built for moms. We connect them, we educate them and we learn from them. Our community consists of:

- Nutritionists
- Lactation specialists
- Peers

REFERRALS

We can introduce moms to resources outside of WIC, including:

- Healthcare professionals such as pediatricians, OB/GYNs, and dentists
- Immunization services
- Substance abuse counselors
- Domestic abuse counseling
- Social services

ALL CAREGIVERS ARE WELCOME.

We talk a lot about moms. But we offer support to anyone—working or not—who cares for a child, including:

- Moms
- Single fathers
- Grandparents
- Foster parents
- Step-parents
- Guardians

WE'RE HERE FOR YOU.

We're here for more moms and caregivers than you might think—in fact, we serve over half of all infants born in the US. To get WIC assistance, participants:

- Should be pregnant or have infants or children under 5 years old
- May be in need of income assistance
- Can be receiving other benefits like foster care, medical assistance, or SNAP

FIND WIC NEAR YOU.

WIC is there to serve moms across the U.S. With over 10,000 clinic sites, there's almost always a WIC center nearby.

1-800-532-1579
<http://idph.iowa.gov/wic>, www.signupwic.com
Your local WIC office:

5,185 Individuals Served \$1,978,619 in Vouchers



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Person with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339. Additionally, program information may be made available in languages other than English.

To file a complaint of discrimination, complete the USDA Program Discrimination Complaint Form (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866)632-9992. Submit your completed form or letter to USDA by:

Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

Fax: (202) 690-7442; or

Email: program.intake@usda.gov

This institution is an equal opportunity provider.

June 2018

NUTRITION, SUPPORT, AND THE POWER OF MOMS.





Family Development and Self-Sufficiency

FaDSS will help you to achieve the things you want. This may include helping you to:

- Continue your education, including high school diploma, GED, or college.
- Improve your job opportunities, through resume writing, interview skills and completing applications.
- Build on your parenting skills through parenting groups or at home visits.

A FaDSS Specialist will meet with you in your home at least once a month and:

- Help you look at your family's strengths as well as areas where you would like to make improvements.
- Work with you to identify your goals and make plans to reach them.
- Build your confidence in your abilities and assist you to advocate for yourself.

FaDSS:

- Will help you reach your goals.
- Focuses on your family's long term success.
- Is voluntary and free.

FaDSS will visit with you in your home to:

- Discover your family strengths.
- Set goals that address you and your family's dreams.
- Provide referrals to other community services.
- Advocate with you for other services.

Eligibility:

- Receiving Family Investment Program Benefits (FIP).
- Required to participate in PROMISE JOBS.

Study Participation:

- FaDSS is participating in a study by the U. S. Department of Health and Human Services.
- The study will examine whether coaches help people meet their goals and keep a job.
- To learn more about this study, contact 319-753-0193.



**207
Households
Receiving
Support**

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Parents As Teachers

You will benefit from Parents As Teachers if you want...

- ♦ Your child to be ready to excel in school.
- ♦ Education to sharpen your parenting skills.
- ♦ Better access to community resources.
- ♦ To meet new parents.



Parents As Teachers is a free early learning program designed to provide guidance and support to families by offering:

- ♦ Personal in-home visits for families with children prenatal to five-years-old.
- ♦ Parent/child interactive and educational group connections.
- ♦ Periodic developmental screenings.
- ♦ Linkage to community resources.
- ♦ Support, encouragement and information.



Parents As Teachers Helps:

- ♦ Recognize your child's ever-changing abilities.
- ♦ Detect health and developmental issues.
- ♦ Increase your child's school readiness and success.



Parents as Teachers®

**16
Households
Receiving
Support**

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Community Action of Southeast Iowa Medication Assistance Program

Program Goals: The goal of the Medication Assistance Program (MAP) is to assist individuals in need that have difficulty affording their medications for chronic health conditions.

The MAP Coordinator works with the individual to complete forms for accessing various pharmaceutical company programs in order to help them acquire their medication.

Funding: The services are provided at no charge to the individual! MAP is supported with local donations.

Who Should Apply? People who are:

- On long-term medications.
- With limited incomes.
- Without prescription coverage.
- Who are not military veterans.

The Application Process:

- Call 319-753-2893 to schedule an appointment for assistance.
- Bring all current medications to your appointment.
- Bring proof of income such as:
 - ✓ Bank statements for the last month.
 - ✓ Last year's tax return.
 - ✓ Social Security income statement.
 - ✓ Paycheck stubs for the last month.
 - ✓ Other proof of income.
- The Coordinator will help fill out the application forms for each qualified medication.
- An appointment will take about one hour.
- Applicants must meet the pharmaceutical company guidelines.

Medication Assistance:

- Your physician will verify the medication request and the forms will be mailed to the pharmaceutical company.
- If you are approved, the medication will be available approximately 3-4 weeks after the application is mailed.
- When the medication arrives, you will be notified to pick up the medication at your physician's office.

For Assistance Contact:

Community Action
Neighborhood Center
700 Jefferson Street
Burlington, IA 52601

Phone: (319) 753-2893

23 Prescription Payments



Head Start & Early Head Start

Community Action of Southeast Iowa

Children and families are educated,
challenged and empowered to embrace
their potential for success in life.
One child, one family at a time.

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Early Head Start:

82 Children

- Prenatal – 3 Years Old
- Free for qualifying families
- For those in school, job training or working
- Possible available hours
6 AM – 6 PM



Head Start: 291 Children

- 3-5 Year olds
- Preschool
- Free for qualifying families
- Possible transportation



Child and Adult Food Care Program (CACFP)

377,995 Meal Reimbursements
to Home Providers
and Day Care Centers



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Preschool Scholarships: 85 Children



For those up to 200% poverty level

Children's Bed Program

14 Households received beds for children

Partnering with a local furniture company
providing beds to children in need



In Crisis Situations We Assisted:

- 11,552** Individuals with Utility Payments
- 1,702** People with Referrals
- 570** Individuals with Clothing Assistance
- 147** Households with Rent Payments
- 71** Individuals with Transportation Assistance
- 51** Households with Food Cards
- 40** Individuals with Homeless Assistance
- 6** People in County Declared Disasters



Elderly Home Repair (Aged 60+)

91 Individuals Assisted



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67 Homes Weatherized



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RENT REIMBURSEMENT



65 or older
OR
Receiving SSI or SSDI
AND
rented in Iowa
in 2016 or 2017
making less than
\$22,855

<https://tax.iowa.gov/rent-reimbursement-questions>

Rent Reimbursement

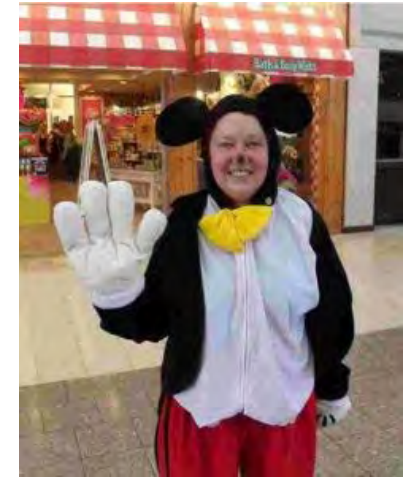
Form Assistance

163 Households

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Partnerships & Events

- Annual Community Thanksgiving Dinner
- Day of the Child
- Southeast Iowa Childcare Seminar
- Paint-A-Thon



224 Documented Community Partnerships



One of 17 Community Action Agencies in Iowa

One of over 1,000 agencies across the nation



Volunteer Hours Donated: 1,693

Volunteers served:

- As board members
- On community advisory committees
- At food pantries
- At neighborhood centers
- With children
 - Reading
 - As classroom assistants



Staff Employed in the Year: 162

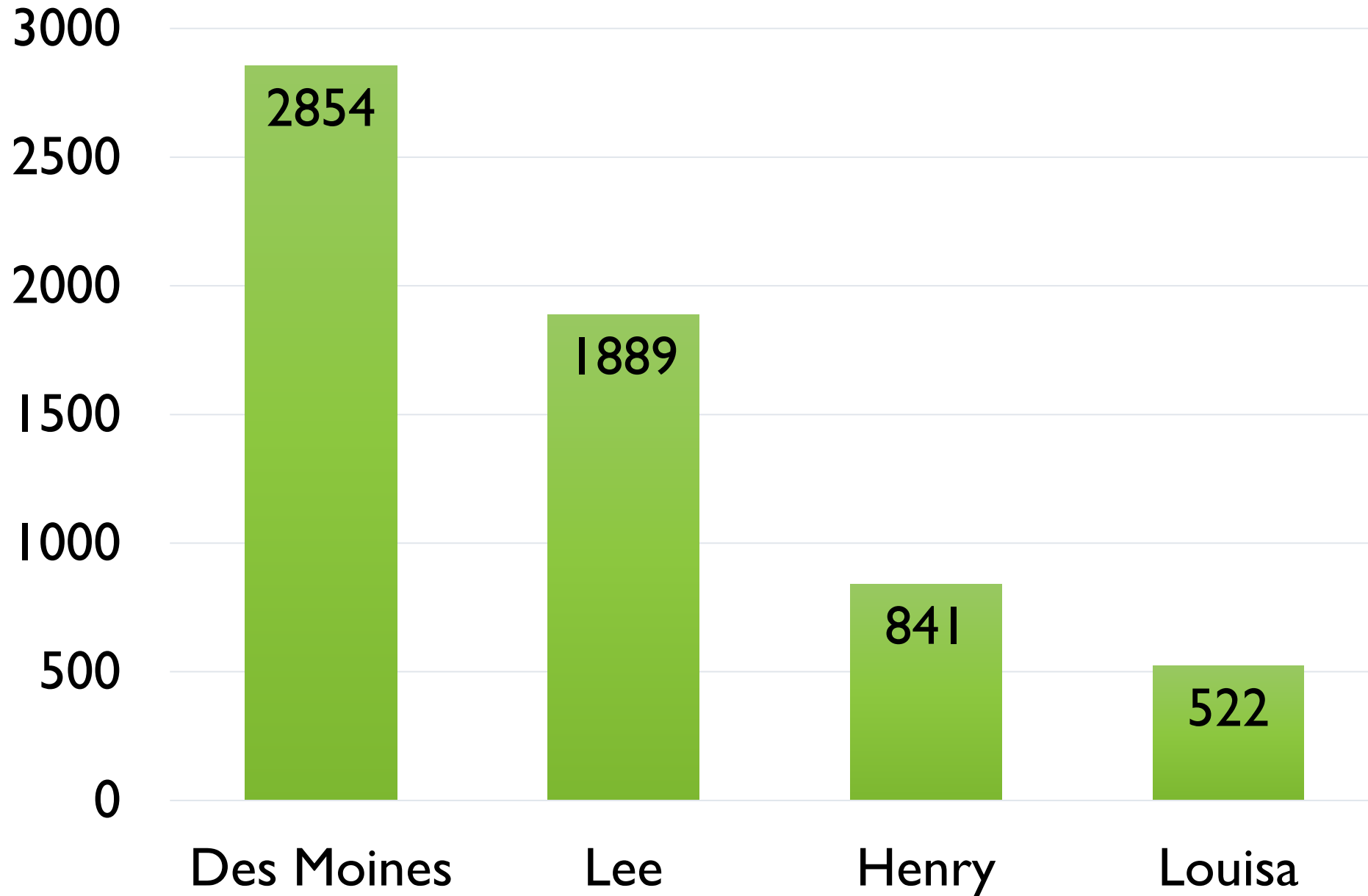
Hours of Training Provided to Staff: 3,431



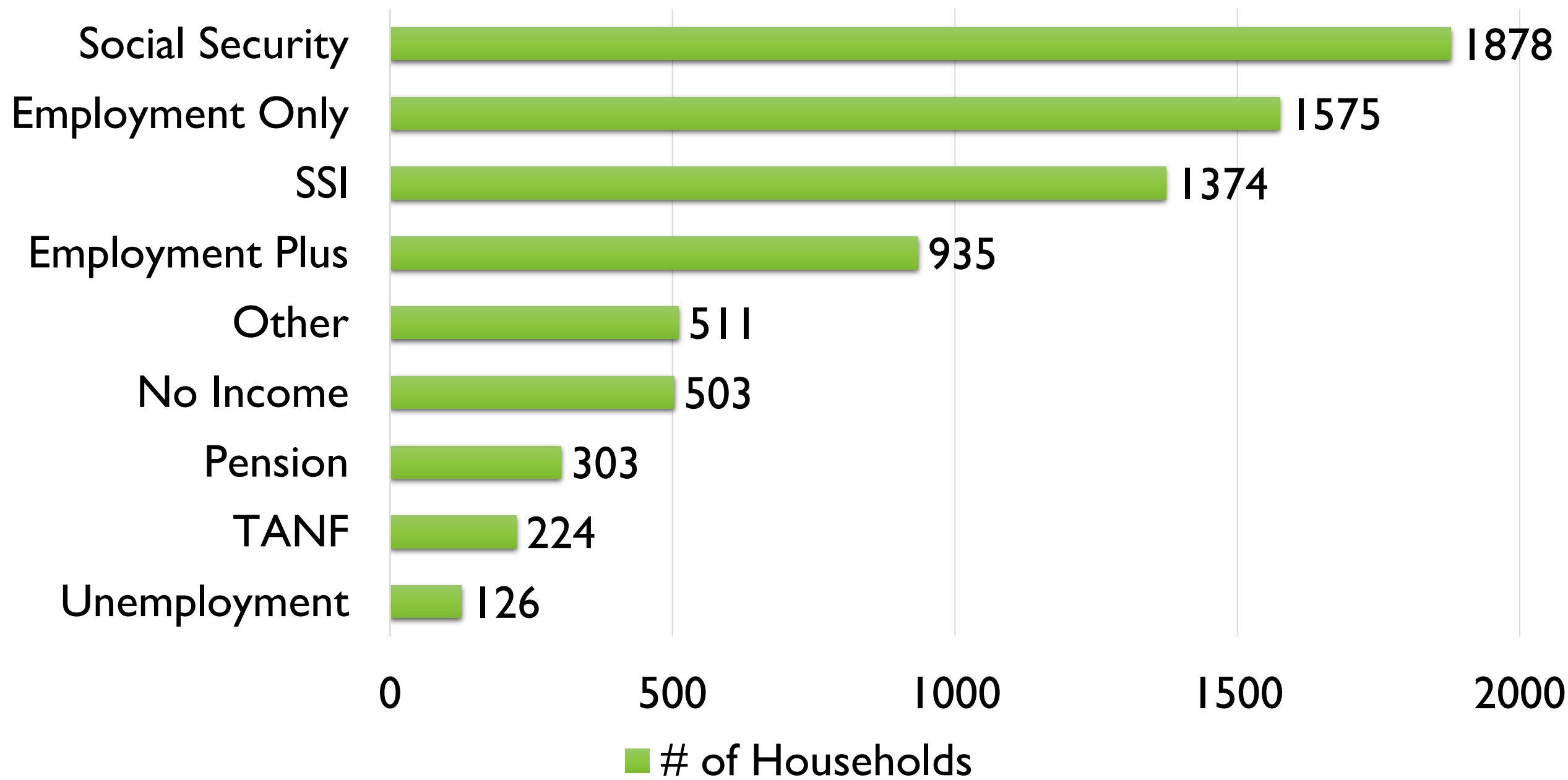
Programs and Services

- Food Pantry
- (WIC) Special Supplemental Nutrition Program for Women, Infants and Children
- Low Income Home Energy Assistance Program (LIHEAP)
- Head Start
- Early Head Start
- Family Development and Self Sufficiency Program (FaDSS)
- Parents as Teachers (PAT)
- Preschool Scholarships
- Children's Bed Program
- Budget Counseling
- Employment Counseling
- Child and Adult Care Food Program (CACFP)
- Energy Crisis Assistance (Project Share)
- Furnace Repair and Replacement
- Clothing Assistance
- Disaster Assistance
- General Information and Referral
- Homeless Assistance
- Housing Assistance
- Emergency Rent and Utilities
- Elderly Home Repair
- Medication Assistance Program (MAP)
- Rent Reimbursement Form Assistance
- Transportation Assistance
- Weatherization

Households Served by County



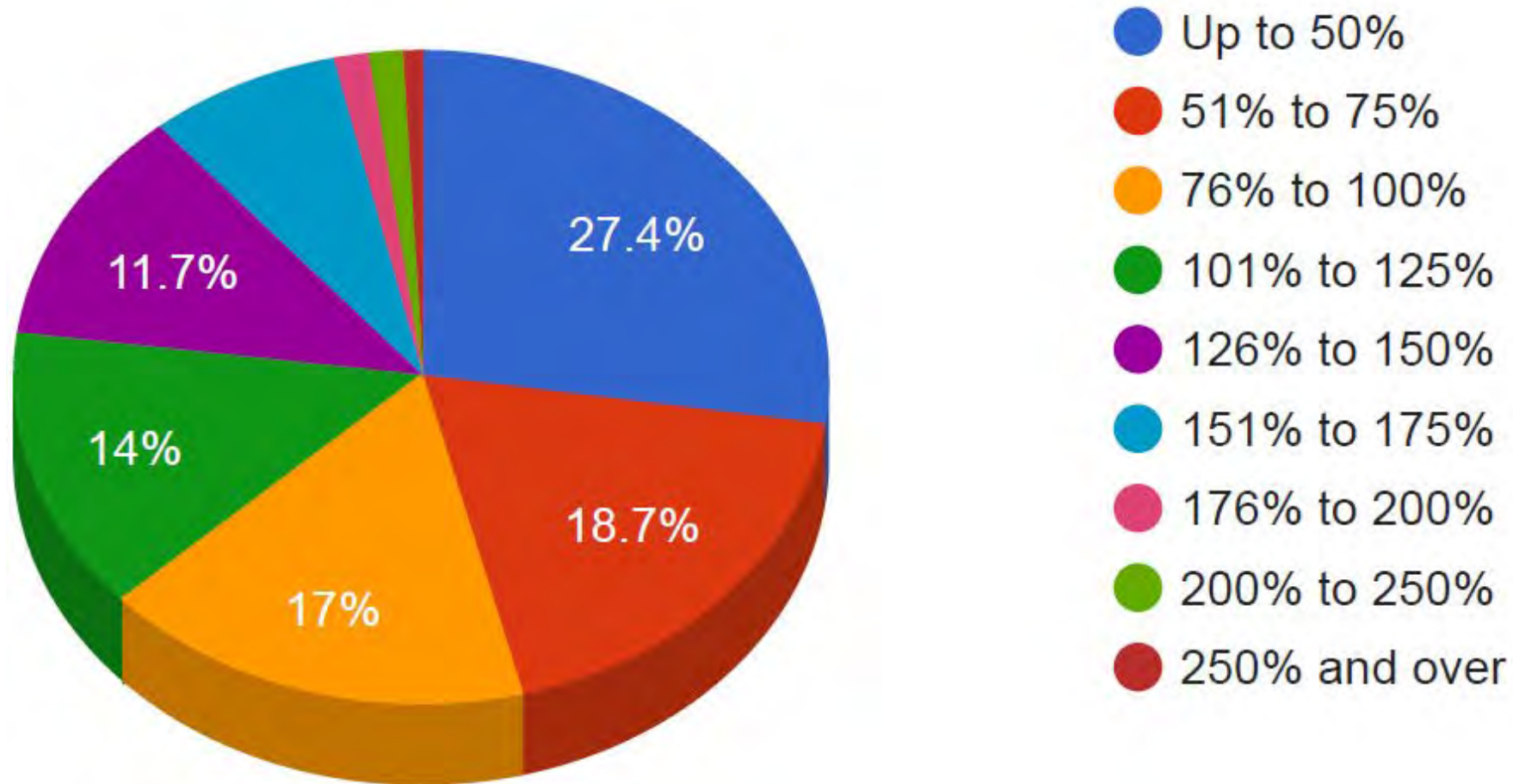
Income Sources by Household



Federal Poverty Guidelines

Family Size	100%	125%	175%	185%	200%
	Head Start	CSBG	Energy Assistance	WIC	Weatherization
1	\$12,140	\$15,175	\$21,245	\$22,459	\$24,280
2	\$16,460	\$ 20,575	\$28,805	\$30,451	\$32,920
3	\$20,780	\$25,975	\$36,365	\$38,443	\$41,560
4	\$25,100	\$31,375	\$43,925	\$46,435	\$50,200
5	\$29,420	\$36,775	\$51,485	\$54,427	\$58,840
6	\$33,740	\$42,175	\$59,045	\$62,419	\$67,480
7	\$38,060	\$47,575	\$66,605	\$70,411	\$76,120
8	\$42,380	\$52,975	\$74,165	\$78,403	\$84,760
+ each additional	\$4,180	Source: Federal Register January 31, 2018			

Poverty Level of Households Served



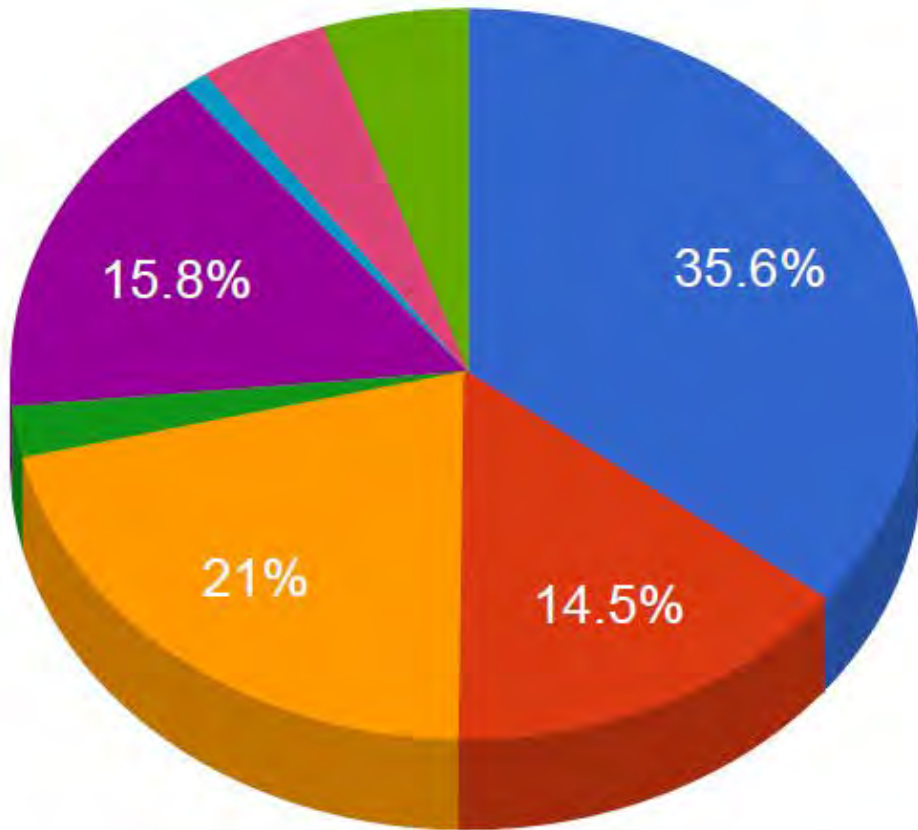
85.1% of Households Served Had Income from Employment



5.4% Received Temporary Assistance for Needy Families (TANF),
sometimes referred to as welfare

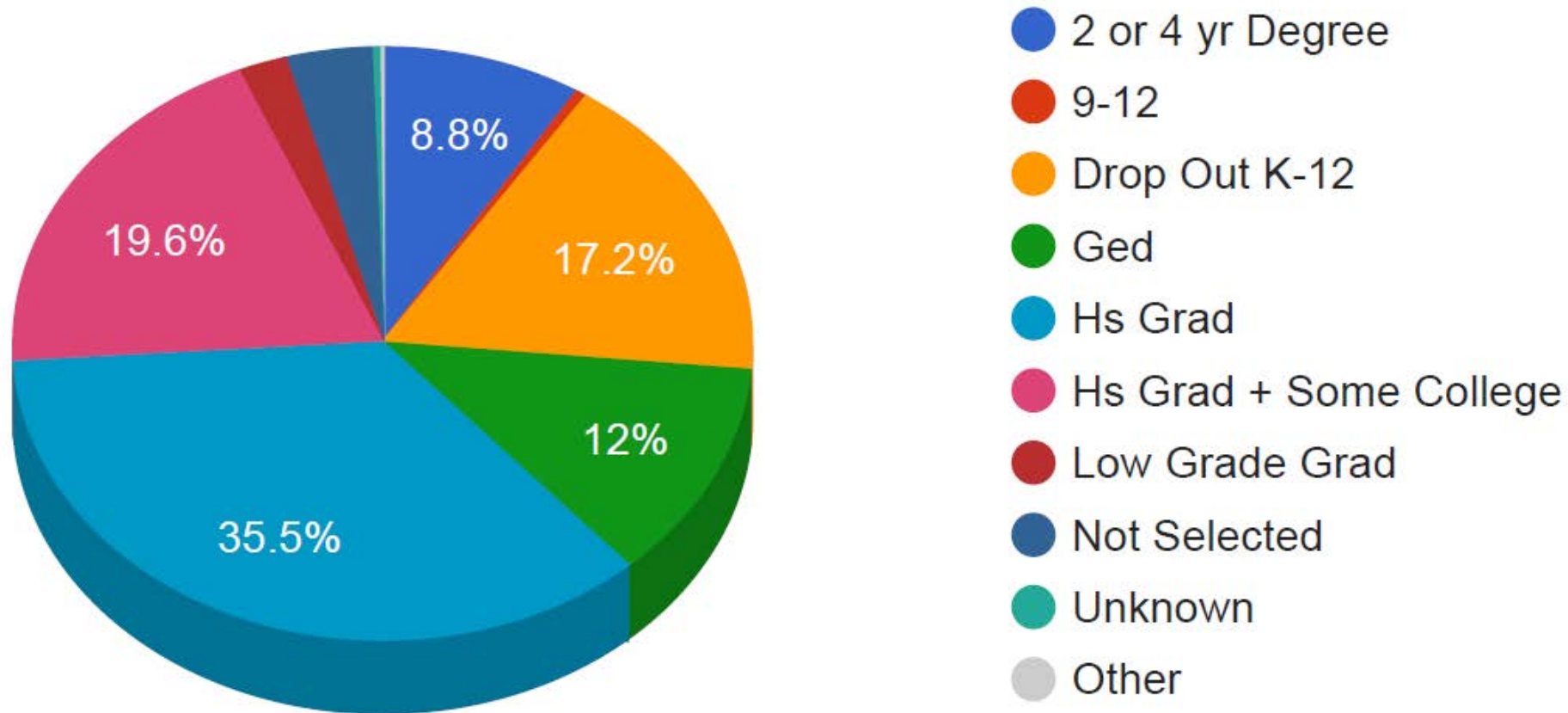
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Household Type

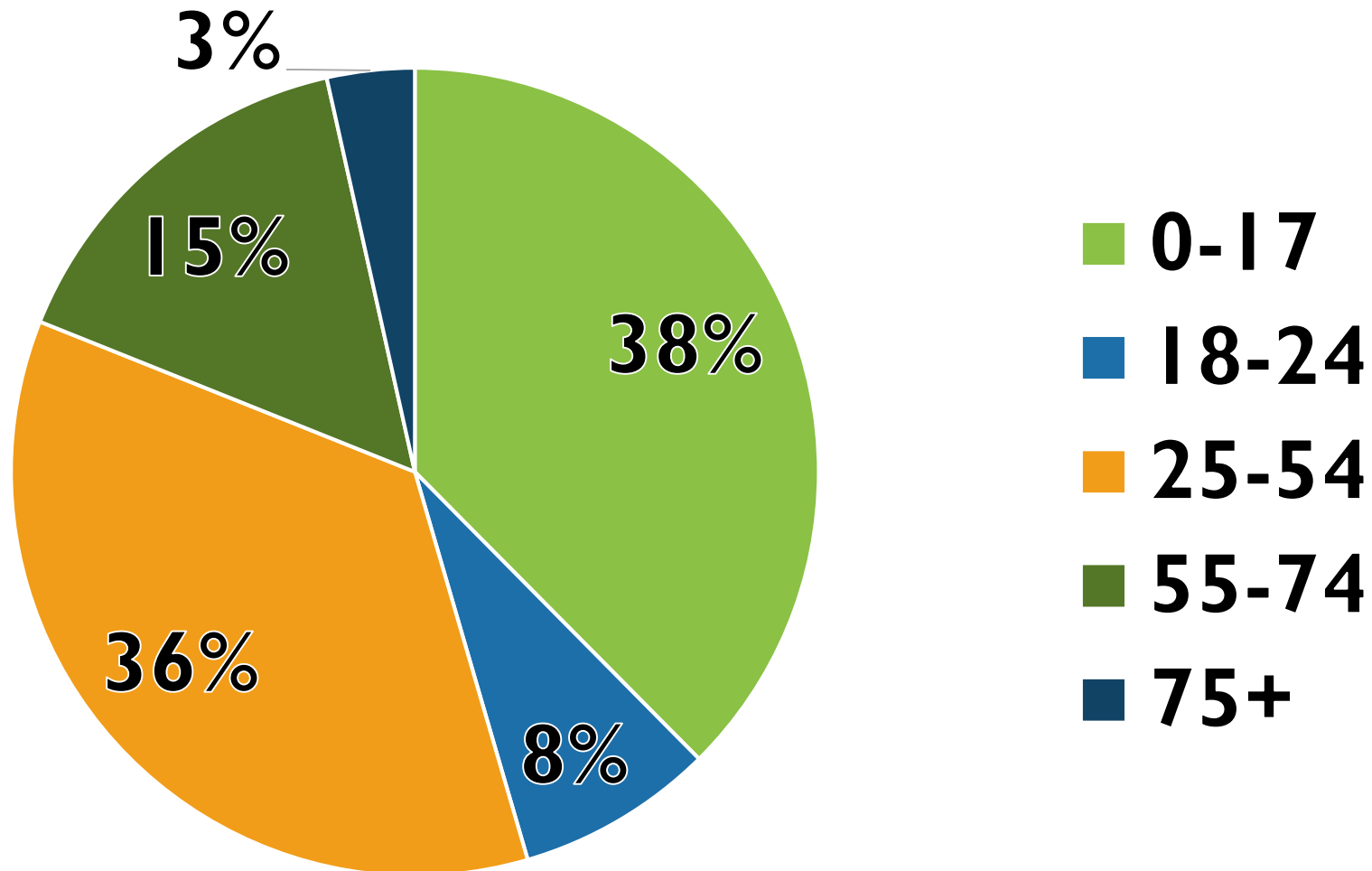


- Single Person
- Two Adults No Children
- Single Parent Female
- Single Parent Male
- Two Parent Household
- Non related Adults with Children
- Multi-Generational Household
- Other

Household Education for those 25+



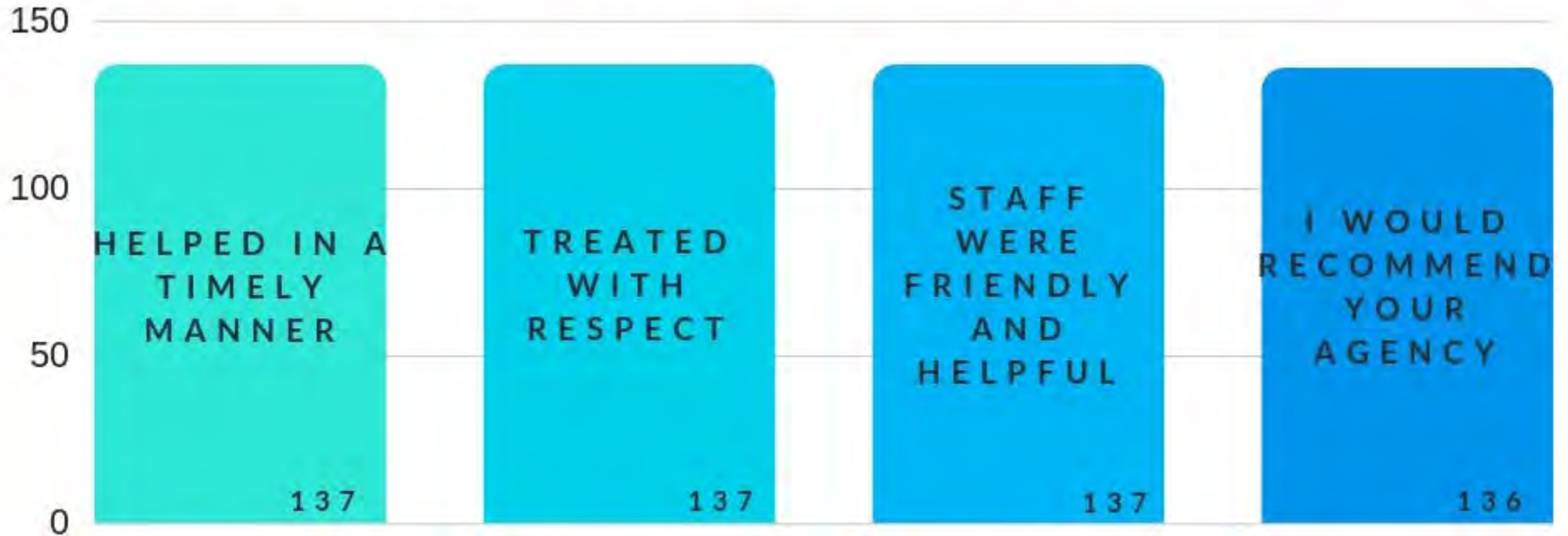
Ages of Those Served



CLIENT SATISFACTION

MARCH-JUNE 2018

141 Respondents



Total Agency Funding	\$12,691,524
United States Department of Health and Human Services	\$3,529,195
United States Department of Agriculture	\$3,414,214
Iowa Department of Education	\$638,011
Private Sector Funding	\$553,844
Iowa Department of Human Services	\$208,084
United States Department of Energy	\$203,379
United States Department of Housing and Urban Development	\$105,108
Donations from Non-Profits	\$33,231
Corporate Donations	\$28,388
Individual Donations	\$18,815
Iowa Department of Elder Affairs	\$4,214
Interest Earned	\$3,375
Iowa Department of Public Health	\$3,000
Client Assistance Expenses	\$3,070,264
WIC Vouchers Given	\$1,978,619



For more details
regarding reports,
programs and services
please see our
agency website:

caofseia.org

