

## Early Head Start Lesson Plan

Week of: \_\_\_\_\_ Teacher: \_\_\_\_\_ Age Group: \_\_\_\_\_ Theme: \_\_\_\_\_ Site: \_\_\_\_\_

	Monday	Tuesday	Wednesday	Thursday	Friday	DOJO Reminders	
<b>Arrival</b> -Greeting -Health Check -Sign/Scan In -Hand Washing -Daily Sheet	<b>Daily: Include Intentional Teaching Cards, Mighty Minutes, Hello/Goodbye Books and Book Conversation Cards</b>					<b>Music &amp; Movement and Literacy require 2 activities to be posted</b>	
	<p style="color: green;">Literacy and Music</p> should be <b>no longer than 15 minutes</b> and may include activities such as reading a story, flannel board stories/activities, singing, dancing, finger plays, group discussion, <b>IMIL</b> movement experiences. Keep children actively involved and moving. Include <b>Book Conversation Cards</b> and <b>Mighty Minutes</b> as outlined. Always <b>keep your DRDP measures in mind</b> when planning these activities.					Monday	ReadyRosie
<b>Meal Time</b> -Wash Hands -Setting Space -Serving Self -Collect Utensils -Scrape Plate -Clean Space -Wash Hands	<p style="color: red;">Sensory</p> -- Examples of sensory experiences slime, kinetic sand, water, cloud dough, dirt, etc. It can be the same activity for the entire week.					Tuesday	Music/Movement
	<p style="color: green;">Art</p> —Hands-on activities that the children make themselves. Three activities planned weekly.					Wednesday	ReadyRosie
	Always <b>keep your DRDP measures in mind</b> when planning these activities. This is a great time to <b>collect reliable documentation</b> . Teachers should include <b>Intentional Teaching Cards, Mighty Minutes and Book Conversation Cards</b> as outlined.					Thursday	Literacy
						Friday	ReadyRosie
						<b>Parent Engagement/Home Connection = In-Kind</b>	
<b>Developmental Domains</b>		<b>Materials/Activities (new materials added weekly to enhance learning experience)</b>				<b>Add Measure #</b>	
<b>Approaches to Learning-Self Regulation:(ATL-REG)</b>		Plan intentional activities that include attention maintenance, engagement and persistence, and curiosity and initiative. The self-regulation skills that include self-comforting, self-control of feelings and behavior, imitation, and shared use of space and materials should be promoted as well.					
<b>Social and Emotional:(SED)</b>		Symbolic and Sociodramatic Play: Plan intentional activities that promote knowledge or skill areas in this domain include identity of self in relation to others, social and emotional understanding, relationships and social interactions with familiar adults, relationships and interactions with peers, and symbolic and sociodramatic play.					
<b>Language and Literacy Development:(LLD)</b>		Plan intentional activities that will engage children in developmental literacy and learning measures that use both <span style="color: red;">Receptive</span> and <span style="color: red;">Expressive</span> language techniques and strategies.					
<b>*Use Juicy Words</b>		Incorporate the <span style="color: red;">use of juicy words</span> into your conversations.					
<b>Cognition, Including Math and Science:(COG)</b>		Plan intentional opportunities for children to engage in sorting, patterning, investigations and observation about <span style="color: red;">Math</span> and <span style="color: red;">Science</span> .					
<b>Physical Development-Health:(PD-HLTH)</b>		Indoor activities can be extended to outdoors by providing <span style="color: red;">2 planned activities</span> beyond what is already available to children on a daily basis. Planned <span style="color: red;">gross</span> and <span style="color: red;">fine</span> motor activities must also be provided outside. The sand box needs to be available to children every day. This is a good time to take advantage of the outdoor time and discuss the weather!					
<b>Nutrition:</b> Utilize the menu to promote nutrition discussions/experiences.							

**Individualization Plans:** *LIST CHILDREN/GOAL* (DEVELOPED FROM OBSERVATIONS; IFSP'S/INTERVENTION PLANS; BRIGANCE SCORES; DRDP REPORTS) - on the back of the form for classroom use only Rev.7/21