



## Early Head Start School Readiness Goals



### Children will be up to date with:

- Physical Exam/Well Child Check (copy of most recent)
- Dental Exam (copy of most recent)
- Immunization record which shows receipt of immunizations required for age
- Hearing/Vision Exam (results of most current)
- Results of Lead test

### Physical Development and Health

- Infants and toddlers use their 5 senses to explore and experiment while participating in a variety of play and meal-time activities
- Infants and toddlers will be able to perform personal care tasks such as washing hands and brushing teeth, with assistance from a caregiver
- Infants and toddlers use hand eye coordination to perform self-help and fine motor tasks
- Infants and toddlers show increasing balance, strength, coordination and control in motor skills

### Social & Emotional Development

- Infants and toddlers show an awareness of self
- Infants and toddlers indicate need for assistance through actions (crying, gestures, vocalization)
- Infants and toddlers seek help, accepts assistance and comfort from familiar caregivers
- Infants and toddlers initiate interactions with other children and adults

### Approaches to Learning

- Infants and toddlers explore and manipulate a variety of objects or toys
- Infants and toddlers use trial-and-error to find a solution to a problem
- Infants and toddlers explore music and movement
- Infants and toddlers imitates the sound, facial expression, or gesture of another person

### Cognition and General Knowledge

- Infants and toddlers begin to notice characteristics of objects such as size, color, and shape
- Infants and toddlers become familiar with daily routines
- Infants and toddlers recognize familiar sights and sounds in their environment

### Language/Literacy

- Infants and toddlers use vocalization and gestures to gain attention from others
- Infants and toddlers increase both receptive and expressive vocabulary
- Infants and toddlers explore and show interest in books

Head Start/Early Head Start: A program where children and families are educated, challenged, and empowered to embrace their potential for success in life-one child, one family at a time.