

# **DES MOINES COUNTY INTERAGENCY DIRECTORY**

**FALL 2017**



Central Office

2850 Mt Pleasant St, Suite 108

Burlington, IA 52601

319-753-0193



***Are you receiving FIP?  
If so – you may qualify for this free help!***

The FaDSS Program (Family Development & Self-Sufficiency) helps families reach their personal goals of:

- Getting jobs
- Being better parents
- Getting your HiSet/GED
- Going to college
- Becoming self-sufficient, and much more

You may qualify if you are on FIP!

We help with:

Establishing & achieving your goals

Working with Promise Jobs

Help finding community resources

Reaching educational goals

Budgeting

Job seeking and job keeping

Getting better housing

**Community  
Action**  
**OF SOUTHEAST IOWA**

Central Office  
2850 Mt Pleasant St,  
Suite 108  
Burlington, IA 52601  
319-753-0193

<b><u>Abuse</u></b>	<b><u>Page 4</u></b>
<b><u>Childcare</u></b>	<b><u>Page 5</u></b>
<b><u>Children, Youth And Families</u></b>	<b><u>Page 5</u></b>
<b><u>Counseling</u></b>	<b><u>Page 9</u></b>
<b><u>Court Services</u></b>	<b><u>Page 12</u></b>
<b><u>Education/Schools</u></b>	<b><u>Page 12</u></b>
<b><u>Emergency</u></b>	<b><u>Page 15</u></b>
<b><u>Employment</u></b>	<b><u>Page 17</u></b>
<b><u>Food, Clothing, Financial</u></b>	<b><u>Page 19</u></b>
<b><u>Health Care</u></b>	<b><u>Page 21</u></b>
<b><u>Hospitals</u></b>	<b><u>Page 25</u></b>
<b><u>Housing</u></b>	<b><u>Page 26</u></b>
<b><u>Juvenile Services</u></b>	<b><u>Page 27</u></b>
<b><u>Legal</u></b>	<b><u>Page 28</u></b>
<b><u>Libraries</u></b>	<b><u>Page 28</u></b>
<b><u>Mental Psychiatric Health Parental Resources</u></b>	<b><u>Page 29</u></b>
<b><u>Persons With Disabilities</u></b>	<b><u>Page 31</u></b>
<b><u>Recreation</u></b>	<b><u>Page 33</u></b>
<b><u>Senior Citizens</u></b>	<b><u>Page 34</u></b>
<b><u>Substance Abuse</u></b>	<b><u>Page 36</u></b>
<b><u>Support Groups</u></b>	<b><u>Page 37</u></b>
<b><u>Transportation</u></b>	<b><u>Page 38</u></b>
<b><u>Utilities</u></b>	<b><u>Page 39</u></b>
<b><u>Veterans</u></b>	<b><u>Page 41</u></b>
<b><u>Information Helplines</u></b>	<b><u>Page 42</u></b>

# ***ABUSE***

**Child Abuse Hotline** 800-422-4453

**Department of Human Services** 319-754-4622  
560 Division St., Ste., 200, Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm

**Domestic Violence Intervention Program (DVIP)** 800-373-1043  
Apple Trees Museum, 1616 Dill Street I, Burlington, IA 52601  
Provides comprehensive domestic violence services.

**Prevent Child Abuse Iowa** 515-244-2200 or 800-362-2178  
505 Fifth Ave., Des Moines, IA 50309

**Rape Victim Advocacy Program (RVAP)** 319-541-9554  
Monday – Friday, 9 am – 5 pm  
1616 Dill St., Burlington, IA 52601  
24-Hour Support, Advocacy & Referrals  
RVAP Crisis Line: 800-228-1625  
Iowa Sexual Abuse Hotline: 800-284-7821  
Provides free, confidential and trauma-informed services, healing, support, education and advocacy for victims to all persons affected by sexual violence.

**YMCA Domestic Violence Shelter** 319-752-0606  
Safe shelter for women and children, 24-hour crisis line, medical advocacy, legal advocacy, court advocacy support, individual counseling, referrals, protection orders, educational presentations, emergency cellular phones, domestic violence support group, sexual assault support group, child support group, pictures of injuries, agency training, volunteer and staff training.  
24-Hour Crisis Line: 800-693-1399  
1616 Dill St., Burlington, IA 52601  
Monday – Friday, 8 am – 12 pm and 1 pm – 5 pm

## ***CHILD CARE***

**Child Care Resource & Referral** 563-324-3236 or 866-324-3236  
500 E. 59<sup>th</sup> St., Davenport, IA 52807

**Iowa Dept. of Human Services** 319-754-4622 or 866-849-3537  
560 Division Street, Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm

**YMCA** 319-753-6734  
2410 Mt. Pleasant St., Burlington, IA 52601  
Monday – Friday, 5 am – 10 pm Saturday, 7:30 am – 4 pm  
Sunday 1 pm – 4 pm

## ***CHILDREN, YOUTH AND FAMILIES***

**Birthright** 319-753-2702  
1113 S. Main St., Burlington, IA 52601  
24 Hours  
Offers confidential help to those who wish an alternative solution to abortion. Provide pregnancy counseling.

**Boy Scouts Field Office** 319-754-8413  
3007 Flint Hills Drive, Burlington, IA 52601  
Monday – Friday, 9:30 am – 5:30 pm  
Boy Scouts and Cub Scouts are programs in each school neighborhood for boys in grades 1 – 12 (co-ed in high school) that build self-esteem, resourcefulness and leadership skills.

**Child Health Specialty Clinics (CHSC)** 641-682-8145  
609 Church St., Ottumwa IA 52501  
Monday – Thursday, 8 am – 4:30 pm Closed on Fridays.

**Child Support Recovery Unit** 319-753-6322  
409 N. 4<sup>th</sup> St., Ste. 2, Burlington, IA 52601

**Community Action of Southeast Iowa** 319-753-0193  
2850 Mt. Pleasant St., Ste. 108, Burlington, IA 52601  
Central Office: Monday – Friday, 8:30 am – 5 pm

**Des Moines County Center**

319-753-2893

700 Jefferson St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

**FaDSS (Family Development Self-Sufficiency Program)**

Community Action of Southeast Iowa

319-753-0193

2850 Mt. Pleasant St., Ste. 108, Burlington, IA 52601

Program to assist families who are participating in the Family Investment Program (FIP) achieve economic and social self-sufficiency.

**Head Start & Child Development** programs provide educational & social activities, nutritious meals and snacks and medical & dental benefits for low-income children ages three to five.

**Early Head Start** provides similar services for children birth to three. Parents As Teachers in Des Moines County provides parent educators who provide in home services for children from birth to three years of age.

**Child & Adult Care Food Program (CACFP)** is available to registered child care providers. Early childhood education and support for child care professionals and parents.

**The Women, Infants and Children Supplemental Food Program (WIC)** provides medical and nutritional assessments, education and supplemental foods for pregnant women, breast feeding and non-nursing mothers, infants and children up to 5 years old.

**Medication Assistance Program (MAP)**

319-753-2893

Des Moines County Center, 700 Jefferson St., Burlington, IA 52601

Program helps individuals who cannot afford nor have medical insurance to pay for their medications for chronic illness.

**Cradle of Hope Pregnancy Resource Center**

319-931-5759

Call/text/24 hour hotline.

1400 East Washington St, Mt Pleasant, IA 52641

Monday – Friday 10 am – 5 pm

Open till 8 pm every Thursday

**Burlington:** My appointment call 319-986-5336

All services are a no cost and confidential. Pregnancy testing/verification, consultation on all your options, compassionate & non-judgmental care, limited ultrasound, ongoing pregnancy support. Referrals for community support services such as health care, legal, adoption, support after an abortion, earn while you learn program, and fatherhood mentoring programs.

**Iowa Department of Human Services (DHS)**

319-754-4622

560 Division St., Ste. 200, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Economic Programs: Family Investment Program (FIP), food assistance, medical assistance (Medicaid), referrals/funding for service programs including: foster care, shelter care, institutional care, adoption, independent living, day care, family home studies, and child abuse assessments.

**Families First Counseling Services** 319-433-0395 or 888-316-3025

560 Division St., Ste. 270, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Provides family safety, risk and permanency services. Also provide Behavioral Health Intervention Services and assessments with an LPHA. These services are available for both children and adults.

**Girl Scouts**

319-752-3639

1308 Broadway, West Burlington, IA 52655

Monday – Friday, 8 am – 5 pm

Girls build character and skills for success in the real world. This is for school age girls.

[www.girlscoutstoday.org](http://www.girlscoutstoday.org) (Girl Scouts of Eastern IA & Western IL)

**Great Prairie Area Education Agency**

319-753-6561

3601 West Ave, Burlington, IA 52601

Specialized services for children and students with diverse learning needs, including identification, diagnosis, planning, and therapies for those with disabilities.

**Informed Choices**

319-208-9445

Burlington Clinic

1013 S Central Ave, Burlington, IA 52601

Phone answered 24 hrs/day.

Pregnancy testing, limited obstetrical ultrasound, STD risk assessments, STD testing, diagnosis & treatment, early prenatal care, information-abortion: procedures, risks, side effects, referrals for OB care and social services, adoption services, certified adoption liaisons and referrals for adoption services, abstinence education for middle & high school, post abortion recovery groups, & natural family planning education.

**ISU Cooperative Extension, Des Moines County Extension & Outreach Office**

319-671-7365

1700 W Mt Pleasant St, West Burlington, IA 52655

Monday – Friday, 8 am – 4:30 pm

Iowa State University Extension builds partnerships and provides research-based learning opportunities to improve the quality of life in Iowa. ISU Ext. reaches out to families across the lifespan. We provide research-based information and education to help families make decisions that improves and transforms their lives. We are the outreach arm of the College of Human Sciences at Iowa State University. We work in partnership with other organizations and agencies to meet the needs of Iowa families.

**Mid-Iowa Family Therapy Clinic**

319-208-1280

205 Washington St., Ste. 200, Burlington, IA 52601

Provides marriage and family therapy, play therapy, individual therapy, behavioral health intervention services with an LPHA and we have web-based psychiatry/medication management. All of these services are for adults, children, and families. We accept Title XIX.

**Parents As Teachers**

319-753-2893

Community Action of Southeast Iowa, Neighborhood Center

700 Jefferson St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Development and support for parents of children pre-natal thru 6.

**Rec Plex**

319-758-9419

501 S. Broadway St., West Burlington, IA 52655

Rec Plex has baseball diamonds, batting cages, soccer fields, sand volleyball, and a Tot Lot for the young fans.

**The Nest of Des Moines County**

319-753-3150

214 N. 4<sup>th</sup> St., Ste. 3-C, Burlington, IA 52601

Monday, 10 am – 6 pm in Burlington.

Thursday, 6 pm – 8 pm in Danville and Mediapolis (alternating quarterly).

The Nest of Des Moines County is a Parent Education Program for prenatal and parents (male or female). Nest participants must be pregnant or have a child 5 years old or younger, and be a Des Moines County resident. They are encouraged to bring a support person with



them to the Nest classes. Those enrolled in the Nest Family Support Program receive points for attending Nest classes; which are then redeemed for “Nest Incentive Items.” All must call the Burlington Nest to make an appointment to register.

**YMCA**

319-753-6734

2410 Mt. Pleasant St., Burlington, IA 52601

Monday – Friday, 5 am – 10 pm Saturday, 7:30 am – 5 pm

Open Sundays, October – April, 1 pm – 5 pm. Closed Holidays.

Adults, children & youth programs, aquatics, sports activities, family activities, dances, health & fitness, 55+ program, child care center, babysitting, before & after school programs, parent’s day out, kids’ gym daycare.

**Young House Family Services**

319-752-4000

400 S. Broadway, P.O. Box 845, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Private social service agency that provides a comprehensive array of services to children and families in Southeast Iowa, including adoption services, foster care licensing, and the Resource Program for expecting parents or families who have children under the age of 5. Remedial services funded through Title XIX; brief intensive services (ages 6 – 17) no income eligibility requirements. Bilingual services are available.

***COUNSELING***

**Alcohol and Drug Dependency Services (ADDS)**

319-753-6567

1340 Mt. Pleasant St., Burlington, IA 52601

122 N. Main St., Mt. Pleasant, IA 52641

319-385-2216

Monday – Friday, 8 am – 5 pm

Outpatient substance abuse treatment, residential substance treatment (Burlington), problem gambling treatment, Drug Free Workplace programming, prevention education, substance abuse screenings, OWI screenings and classes, Juvenile Diversion.

Problem gambling crisis intervention 800-BETS-OFF

[www.addsiowa.org](http://www.addsiowa.org)

**Birthright**

319-753-2702

1113 S. Main St., Burlington, IA 52601

Monday – Thursday, 11:30 am – 4:30 pm Friday, 9 am – 1 pm

Saturday, 11:30 am – 3:30 pm

24-Hour Hotline: 800-550-4900

International pregnancy service, pregnancy testing. Free and confidential. Call, a friend is waiting.

[www.birthright.org](http://www.birthright.org)

**Counseling Associates, Inc.**

319-372-8045

Integrated Health Home

1225 Ave H, Fort Madison, IA 52627

Serving Lee and Des Moines Counties. Individuals are eligible for Integrated Health Home (IHH) services if the individual is enrolled in Medicaid and is an adult with a serious mental illness.

**Des Moines County Community Services**

319-754-8556

910 Cottonwood, Ste. 1000, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Case Management services for persons with Iowa Medicaid to access Waiver Services. Information available on local options for mental health and intellectual disabilities services.

**DJ Assessments**

319-752-4667 or 319-671-1150

313 E. Agency St., Ste. 7, West Burlington, IA 52655

Monday – Friday, 9 am – 5 pm

DJ Assessment & Consultation Services offer substance abuse evaluations, treatment plans (level 1), OWI evaluations (operating-while-intoxicated), & DUI classes (driving-under-influence).

[djservices@iowatelecom.net](mailto:djservices@iowatelecom.net) or [djassessments@iowatelecom.net](mailto:djassessments@iowatelecom.net)

**Families First Counseling Services**

888-316-3025

218 N. 3<sup>rd</sup> St., Ste. 816, Burlington, IA 52601

**Great River Mental Health**

319-768-3700

1225 S. Gear Ave., Ste. 251, Mercy Plaza, West Burlington, IA 52655

Monday – Friday, 8 am – 5 pm

GRMH provides medication management, individual therapy, psychological testing.

**Grinstead, Pierce, and Associates**

319-754-8035

610 N. 4<sup>th</sup> St., River Park Place, Ste. 110A, Burlington, IA 52601

Individual, family counseling, group couple therapy, etc.

[counselinginfo@ogpassociates.com](mailto:counselinginfo@ogpassociates.com)

**Mid-Iowa Family Therapy**

319-208-1280

205 Washington St., Ste. 200, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Provides marriage and family therapy, play therapy, individual therapy, behavioral health intervention services with an LPHA and we have web-based psychiatry/medication management. All of these services are for adults, children, and families. We accept Title XIX.

**Optimae Life Services**

319-754-4618

407 N. 4<sup>th</sup> St., Burlington, IA 52601

Monday, Wednesday, Thursday, & Friday, 8 am – 5 pm

Tuesday, 8am – 7 pm

Individual counseling, couples counseling, family and children’s counseling, psychiatry, psychiatric evaluations, individual community support services, respite services and waiver home services.

[elybarger@optimaelifeservices.com](mailto:elybarger@optimaelifeservices.com)

**Turning Point Counseling**

319-392-4176

21589 Hwy 79, Danville, IA 52623

Monday – Friday, 8 am – 5 pm by appointment.

Individual counseling on men/women issues, couples counseling, etc.

[russreed@danvilletelco.net](mailto:russreed@danvilletelco.net)

**Young House Family Services**

319-752-4000

400 S. Broadway, Burlington, IA 52601

Monday – Thursday, 8 am – 4:30 pm Friday, 8 am – 4 pm

Community counseling program for individuals, families, couples, children, and adolescents. Other services provided include adolescent residential substance abuse treatment, adolescent day treatment, and remedial services for children and families who are Title XIX eligible.

## ***COURT SERVICES***

**Bar Association Volunteer Board** 800-325-2909 or 515-243-3179  
625 E. Court Ave., Des Moines, IA 50309  
Monday – Friday, 8am – 5 pm

**Des Moines County Attorney** 319-753-8209  
215 Columbia St., Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm  
[dmca@co.des-moines.ia.us](mailto:dmca@co.des-moines.ia.us)

**Eighth Judicial District Field Services** 319-753-5478  
835 Valley St., Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm

**Iowa Legal Aid** 800-272-0008 or 319-351-6570  
1700 S. 1<sup>st</sup> Ave., Ste. 10, Iowa City, IA 52240  
Monday – Friday, 8 am – 4:30 pm

**Iowa State Public Defender (Burlington)** 319-753-5163  
216 S. 3<sup>rd</sup> St., Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm

**Juvenile Court Services - Des Moines County** 319-753-8281  
District 8 SEI  
513 N. Main St., Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm

## ***EDUCATION/SCHOOLS***

**Birthright** 319-753-2702  
1113 S. Main St., Burlington, IA 52601  
24 Hours

Offers confidential help to those who wish an alternative solution to abortion. Provide pregnancy counseling.

**Burlington Community Schools** 319-753-6791 or 319-753-2211  
1429 West Ave., Burlington, IA 52601

**Danville Community Schools**

319-392-4221

419 S. Main St., Danville, IA 52623

**Des Moines County Conservation**

319-753-8260

13700 Washington Rd., West Burlington, IA 52655

Monday – Friday, 7 am – 3:30 pm

Office is closed 11 am – 12 pm for lunch.

Closed Saturdays, Sundays and Holidays.

- Camping
- Environmental Education
- Fishing
- Hunting
- Nature
- Parks
- Planting Services
- Shooting Ranges
- Youth Summer Camps
- Witte Observatory
- Much more!

Parks include: Big Hollow Recreation Area, Chautauqua Park, 4<sup>th</sup> Pumping Plant Recreation Area, Hickory Bend, Hunt Woods, Luckenbill Woods, Starr’s Cave Park & Preserve, Waters Park, and Welter Recreation Area (Skunk River Access).

**Great River Christian School**

319-753-2255

426 Harrison Ave., Burlington, IA 52601

**The Hi-Set (GED) Classes at:**

**Southeastern Community College**

1500 Agency St., Room # 513, West Burlington, IA 52655

Tuesday & Thursday, 5 pm – 8 pm

*or*

**The Workforce Center**

1000 N. Roosevelt Ave., Burlington, IA 52601

Monday & Friday, 12:30 pm – 3 pm

**Great Prairie Area Education Agency**

319-753-6561

3601 West Ave., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Staff members provide quality leadership and services, through partnerships that support efforts to improve the achievement of every learner. AEA provides assessment services, school-community planning, student activities. Special education staff members provide services for individuals from birth to age 21 which allow them to become active participants in their own environment. This is accomplished through the following services: speech and language, hearing/audiology services, social work, early childhood/at risk, special education consultation, transition services, visually impaired, autism resource, assistive technology, occupational, and physical therapy.

**Head Start & Early Head Start Programs**

319-753-0193

Community Action of Southeast Iowa

2850 Mt. Pleasant St., Ste. 108, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Offers Head Start and Early Head Start. Covers ages birth to 5 years at no cost. Applications are filled out in the spring.

**Iowa State University Cooperative Extension**

319-394-9433

102 W. Main St., Mediapolis, IA 52637

This organization provides educational programs to youth, adults, parents, and volunteer leaders.

**Mediapolis Community Schools**

319-394-3101 or 319-394-3237

725 N. Northfield St., Mediapolis, IA 52637

**The Nest of Des Moines County**

319-753-3150

214 N. 4<sup>th</sup> St., Ste. 3-C, Burlington, IA 52601

Monday, 10 am – 6 pm in Burlington.

Thursday, 2 pm – 8 pm in Danville and Mediapolis (alternating quarterly).

The Nest of Des Moines County is a Parent Education Program for prenatal and parents (male or female). Nest participants must be pregnant or have a child 5 years old or younger. They are encouraged to bring a support person with them to the Nest Classes. Those enrolled in the Nest Family Support Program receive points for attending Nest classes; which are then redeemed for “New Store Incentive Items” at the

Nest in Burlington. All must call the Burlington Nest to make an appointment to register.

**Notre Dame Schools**

319-752-3776

700 S. Roosevelt, Burlington, IA 52601

**Southeast Iowa Adolescent Pregnancy Prevention Coalition**

620 N. 8<sup>th</sup> St., Burlington, IA 52601

877-811-7526

Monday, 10:30 am – 6:30 pm Tuesday, 8 am – 12 pm

Wednesday, 12 pm – 5 pm Thursday, 2 pm – 6 pm

Friday, 8:30 am – 5 pm 3<sup>rd</sup> Saturday each month, 9 am – 1 pm

Provides community and school-based programming and assistance with programs specific to comprehensive sexuality education.

**West Burlington Independent Schools**

319-752-9380

211 Ramsey Street, West Burlington, IA 52655

**Southeastern Community College**

319-752-2731

1500 West Agency Rd., West Burlington, IA 52655

or

335 Messenger Rd., Keokuk, IA 52632

319-524-3321

## ***EMERGENCY***

**FIRE**

**911** or 319-753-8396

City of Burlington

418 Valley St., Burlington, IA 52601

Administration: Monday – Friday, 7:30 am – 5 pm

Fire & Ambulance 24 hours a day, 7 days a week, 365 days a year.

City & county emergency fire & ambulance response, HAZMAT, confined space, crash fire rescue.

EMT-B certification to take Civil Service testing and Paramedic

Certification. Payment plans accepted on ambulance billing.

[watersd@burlingtoniowa.org](mailto:watersd@burlingtoniowa.org)

**POLICE**

**911** or 319-753-8366

City of Burlington

424 N. 3<sup>rd</sup> St., Burlington, IA 52601

**AMBULANCE**

911 or 319-753-8396

**City of Burlington**

418 Valley St., Burlington, IA 52601

Administration: Monday – Friday, 7:30 am – 5 pm

City & county emergency fire & ambulance response, HAZMAT, confined space, crash fire rescue.

EMT-B certification to take Civil Service testing and Paramedic Certification.

[watersd@burlingtoniowa.org](mailto:watersd@burlingtoniowa.org)

**AMBULANCE/Superior Ambulance**

319-768-4990

1221 S. Gear Ave., West Burlington, IA 52655

24 hours a day, 7 days a week

Critical and noncritical-care transfer services.

**Child Abuse & Neglect**

800-362-2178

During business hours

319-753-6311

**Des Moines County Emergency Management**

319-753-8206

512 N. Main St., Ste. 1, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Provides workshops, presentations and literature to businesses, industry, groups, clubs, social organizations, & individuals on how to be prepared for, respond to, and recovery from any type of natural, technological and manmade disasters/emergencies. They also are available to assist with development of facility emergency plans or plans for a local community event.

[harding@co.des-moines.ia.us](mailto:harding@co.des-moines.ia.us)

**Des Moines County Sheriff**

319-753-8289

512 N. Main St., Burlington, IA 52601

**Foundation II Crisis Line**

800-332-4224

Full service crisis line for general problems, family issues, financial issues, abuse, rape, suicide, etc.

**Iowa State Patrol**

800-525-5555 or 319-385-8715

Hwy 218 S., Mt. Pleasant, IA 52641

**Poison Control Center**

800-222-1222



**Salvation Army**

319-753-2038

217 S. 3<sup>rd</sup> St., Burlington, IA 52601

Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men’s ministries, boys & girls club, character building programs, community recreation programs, provides meals.

***EMPLOYMENT***

**FaDSS (Family Development Self-Sufficiency Program)**

Community Action of Southeast Iowa

319-753-0193

2850 Mt. Pleasant St., Ste. 108, Burlington, IA 52601

Program to assist families who are participating in the Family Investment Program (FIP) achieve economic and social self-sufficiency.

**Hope Haven**

319-754-4689

1819 Douglas St., Burlington, IA 52601

Can Redemption: Monday – Friday, 9 am – 4 pm

Hopefully Yours Thrift Store: Monday – Friday, 9:30 am – 5 pm

Saturday, 9:30 am – 4 pm

Organization provides rehabilitation services for physically and mentally challenged persons.

**Manpower**

319-753-1663 or 800-373-1236

3101 Flint Hills Dr., Burlington, IA 52601

Monday – Friday, 8 am – 5 pm Closed Saturday & Sunday

Provides career opportunities with the flexibility to match virtually any lifestyle. Offers part-time, full-time, temporary, permanent, & temp to permanent.

**Milestones Area Agency on Aging**

319-752-5433

509 Jefferson St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Information and referrals, senior nutrition, family caregiver programs, counseling, wellness and safety, elder rights and abuse prevention, older worker employment programs. Services for those with disabilities, veterans and family caregivers.

**QPS Employment Group** 319-850-3270

214 Jefferson St, Burlington, IA 52601

We specialize in finding placements in clerical, light industrial, and factory settings. Our office has a team of Professional Placement Recruiters who can find a direct hire fit for you in industrial, technical, professional, and office roles.

**Senior Internship Employment Program** 319-753-1671

Monday – Friday, 8 am – 4:30 pm

**Team Staffing** 319-753-9844

1734 N Roosevelt Ave #124, Burlington, IA 52601

At Team Staffing Solutions, we connect great people with top companies. We offer workforce solutions throughout eastern Iowa, western Illinois and northeast Missouri in the areas of temporary staffing, temp-to-hire, direct hire and on-site management.

**Temp Associates** 319-754-8857

1000 N. Roosevelt, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Temp helps to find temporary (sometimes permanent) jobs out in the workforce. Based on experience in some fields tests may be required.

**Vocational Rehabilitation** 319-753-2231

1000 N. Roosevelt, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Work for and with individuals who have disabilities to achieve their employment, independence and economic goals.

**Workforce Center** 319-753-1671

1000 N. Roosevelt, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Assists adults, youths and dislocated workers.

Work permits (issued to customers 14 – 15 to work), job placement, labor market information, and unemployment insurance. Offers job search assistance, career guidance and assessment, counseling, internships, skill upgrading, and training. Workforce Investment Act is a federally funded job-training program. WIA can help youth target their skills and special interests so that they can find a job.

[Burlington.WFC@iwd.iowa.gov](mailto:Burlington.WFC@iwd.iowa.gov)

# ***FOOD, CLOTHING, FINANCIAL***

## **Birthright**

319-753-2702

1113 S. Main St., Burlington, IA 52601

24 Hours

Offers confidential help to those who wish an alternative solution to abortion. Provide pregnancy counseling.

## **Christian Church West Burlington**

319-752-3916

545 Melville Ave., West Burlington, IA 52655

Call for appointment.

## **Church of the Nazarene**

319-752-4245

1015 S. Roosevelt Hwy 61, Burlington, IA 52601

2<sup>nd</sup> Saturday of the month from 8 – 2 pm

## **Community Action of Southeast Iowa**

319-753-2893

700 Jefferson St., Burlington, IA 52601

Neighborhood Center, 8 am – 4:30 pm

Emergency assistance (utility bills), food pantry, emergency assistance, etc.

## **Community Clothes Closet**

319-931-9305

102 Meadow St (Cornerstone Community Church)

Mediapolis, IA 52637

Free clothing. Open Tuesdays, 3-5 pm and Saturdays (1<sup>st</sup> and 3<sup>rd</sup>) 9-noon

## **Des Moines County Community Service**

319-754-8556

910 Cottonwood Ct # 1000, Burlington, IA 52601

Monday – Friday, 9 am – 5 pm. Assistance for Des Moines County families only.

## **Goodwill**

319-208-0060

165 West Burlington Ave., Burlington, IA 52601

## **Harmony Bible Church & Kayla's Cupboard**

319-392-4229

21589 Hwy 79, Danville, IA 52623

Maple St Center: 904 Maple St., Burlington, IA 52601

Monday – Friday, 9 am – 4 pm

[hbc@danvilletelco.net](mailto:hbc@danvilletelco.net)

**Impact Program**

319-572-6533

416 Jefferson St., (The Loft) Burlington, IA 52601

Assists families and individuals with immediate basic needs such as personal hygiene items, deodorant, toothbrushes and toothpaste, diapers, baby wipes, laundry supplies, and cleaning products.

**Mediapolis Community Food Pantry**

319-394-3330

Open Tuesday's 3 pm – 5 pm

801 Middle St., (Mediapolis Presbyterian Church), Mediapolis, IA 52637

**Milestones Area Agency on Aging**

319-752-5433

509 Jefferson St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

See senior services for more details.

**Neighborhood Center**

319-753-2893

700 Jefferson St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Food pantry, homeless prevention program, MAP (Medication Assistance Program), utility assistance.

**Salvation Army**

319-753-2038

271 S. 3<sup>rd</sup> St (Store: 323 Columbus Dr.), Burlington, IA 52601

Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men's ministries, boys & girls club, character building programs, community recreation programs, provides meals.

**St. Vincent de Paul**

319-752-9332

700 Division St., Burlington, IA 52601

Monday – Friday, 1 pm – 3pm Food pantry only

You must show a picture ID and have (in hand) a social security card for every member of the family for which you are asking help.

**Transitions DMC**

319-209-2217

515 S Main St, Burlington, IA 52601

Helping the homeless find shelter, homes, food, furniture, clothes, household basics, emergency assistance and mentoring with a hand up, not a hand out.

**WIC – Women, Infants & Children** 319-753-0193 or 319-754-8283  
801 S. Roosevelt Ave., Burlington, IA 52601  
Hours vary, please call.

**Zion United Church of Christ** 319-752-2305  
412 N. 5<sup>th</sup> St., Burlington, IA 52601  
Monday, Wednesday and Friday, 9 am – 12 pm  
Bridging the Gap Program. They offer non-perishable foods and some paper products. Limited financial assistance, job search assistance and budget counseling.  
[office@zionuccburlington.org](mailto:office@zionuccburlington.org)

## ***HEALTH CARE***

**Birthright** 319-753-2702  
1113 S. Main St., Burlington, IA 52601  
24 Hours  
Offers confidential help to those who wish an alternative solution to abortion. Provide pregnancy counseling.

**Burlington Pediatric Association, P.C.** 319-753-5177  
1223 S. Gear Ave., Ste. 108, West Burlington, IA 52655  
Monday – Friday, 8:30 am – 4:30 pm  
Monday – Friday, 7 pm – 9 pm (emergencies only)  
Saturday, 8:30 am – 12 pm. (emergencies only)  
Pediatric practice caring for children newborn through 18 years. Cash, check or credit card. We file all insurance.  
[burlpeds@lisco.com](mailto:burlpeds@lisco.com)

**Community Health Centers of Southeast Iowa**  
Medical Clinic 319-768-5858  
Dental Clinic 319-752-5540  
1706 W. Agency Rd., West Burlington, IA 52601  
Monday and Wednesday, 8 am – 7 pm  
Tuesday, Thursday and Friday, 8 am – 5 pm  
Closed Saturday & Sunday.  
Medical and dental services.  
All insurance types accepted including Title XIX & sliding fee scale.

**Department of Human Services – Medicaid**

319-754-4622

460 Division St., Ste. 200, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Economic Programs: Family Investment Program (FIP), food assistance, medical assistance (Medicaid), referrals/funding for service programs including: foster care, shelter care, institutional care, adoption, independent living, day care, family home studies, and child abuse assessments.

**Des Moines County Public Health**

319-753-8290

522 N. 3<sup>rd</sup> St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

IMMUNIZATION CLINIC: Tuesdays & Thursdays, 1:30 pm – 4 pm

TB tests on TUESDAY ONLY!

Home health care, skilled nursing, disease prevention & education, the Nail Program, environmental services, Hopes Program & Des Moines County Home Visitation Program.

**Great River Health Systems**

319-768-1000

1221 S. Gear Ave., West Burlington, IA 52655

Great River Health Systems is a 378-bed regional, integrated health-care system that includes acute, skilled and long-term care, retail pharmacies, retail medical equipment and supplies services, an outpatient renal dialysis center, and a network of specialty and primary-care clinics.

**Great River Business Health**

319-768-4100

1401 W. Agency Rd., West Burlington, IA 52655

Call for hours of operation.

Great River Business Health offers comprehensive health services for businesses, including drug and alcohol testing, DOT and pre-employment physicals, immunizations, fit-for-duty examinations, and workers' compensation injury care.

**Great River Home Health and Hospice**

319-768-3350

1306 S. Washington Rd., West Burlington, IA 52655

Great River Hospice provides comprehensive physical, emotional and spiritual care in homes, long-term-care centers, and Great River Hospice House.

**Great River QUICK Care**

319-768-4320

624 S. Roosevelt Ave., Ste. 101, Burlington, IA 52601  
Monday – Friday, 8 am – 8 pm Saturday, 8 am – 5 pm  
Sunday, 12 pm – 5 pm  
No appointment necessary. Open to anyone 18 months or older.

**HCI Care Services**

319-385-4472

118 N. Main, Mt. Pleasant, IA 52641  
Hospice Care & ExtraCare services  
Care for the terminally ill that include nursing, home health aides, chaplain services, volunteers, social workers, pharmacists, medical equipment, and bereavement counseling. HCI Palliative Medicine available to chronically and seriously ill individuals that are still seeking treatment but are looking for comfort care.  
[www.hospiceofcentraliowa.org](http://www.hospiceofcentraliowa.org)

**Hawk-I**

800-458-6672 or 800-257-8563

Des Moines, IA  
Monday – Friday, 8 am – 7 pm  
Insurance coverage for newborn to age 19.

**Heritage Medical Equipment & Supplies**

319-768-4300

624 S. Roosevelt Ave., Burlington, IA 52601  
1223 S. Gear Ave., Eastman Plaza  
West Burlington, IA 52655

**Hetta Gilbert Foundation**

319-759-7091

Michelle LeKander  
Mechell62@msn.com  
Assistance for children’s medical needs. Prescriptions, glasses, dental, Dr. visits, shoes, and coats.

**Iowa Health & Wellness Plan**

319-754-4622

560 Division St., Burlington, IA 52601  
Pick up & return an application for eligibility. Ages 19-64.

**Lee County Health Department** 319-372-5225 or 800-458-6672  
#3 John Bennett Dr, PO Box 1426, Fort Madison, IA 52627  
Monday – Friday, 8 am – 4:30 pm

LCHD provides Maternal & Child Health Programming in Des Moines County. Maternal Health includes nursing, social work and preventative oral health services. Child Health/Care for Kids includes explaining benefits of preventative medical & dental care, recommended schedules for exams, screenings and immunizations and providing both direct services such as developmental screens and enabling services such as referrals to providers. I-Smile helps families access dental care and provides preventative oral health services, including oral screenings, fluoride varnish applications and school-based dental sealants. LCHD can also approve presumptive Medicaid/Title XIX and facilitates Hawk-I medical insurance coverage, which has higher family income guidelines and can provide dental-only coverage if needed. Income and other guidelines vary by program. Large and sliding-fee scale depending on family income.

**Lions Club** 515-232-2215  
2300 S. Duff Ave., Ames, IA 50010  
Lions Clubs are working to end preventable blindness. Preschool vision screening.  
[iowalions@aol.com](mailto:iowalions@aol.com)

**MAP – Medication Assistance Program** 319-753-2893  
Community Action of Southeast Iowa – Des Moines County Center  
700 Jefferson St., Burlington, IA 52601  
Assists individuals in need that have difficulty affording their medications for chronic health conditions. No charge to the individual.

**Special Needs Foundation** 319-752-8711  
829 Harrison Ave., Burlington, IA 52601  
Monday, Wednesday, Friday, 10 am – 2 pm

**University of Iowa Children’s Hospital** 319-384-5437  
200 Hawkins Dr., Iowa City, IA 52242  
24 hours a day, 7 days a week, 365 days a year.



**University of Iowa Health Care** 800-777-8442 or 319-356-1616  
200 Hawkins Dr., Iowa City, IA 52242  
24 hours a day, 7 days a week, 365 days a year.  
People all over Iowa can now access UI Health Care 24/7 through their computer, tablet, or phone at <http://www.uicare.com>. UIeCare is available anywhere in Iowa with an internet connection and a webcam, and works with desktop computers, tablets, and smartphones. The provider may ask you to use your webcam to show them a rash on your child's skin, for example. Depending upon the condition and diagnosis, UIeCare providers may provide home-care advice, order a prescription, or recommend in-person clinic or hospital treatment. No appointment necessary. Receive care 24/7 via Video Chat or FaceTime.

**Veterans Memorial Hospital** 319-338-0581 or 866-687-7382  
601 Hwy 6 West, Iowa City, IA 52246

## ***HOSPITALS***

**Great River Medical Center** 319-768-1000  
1221 S. Gear Ave., West Burlington, IA 52655

**Fort Madison Community Hospital** 319-372-6530  
5445 Avenue O, Fort Madison, IA 52627

**St. Luke's (Cedar Rapids)** 319-369-7211  
1026 A Ave. NE, Cedar Rapids, IA 52406

**University of Iowa Health Care** 319-356-1616  
200 Hawkins Dr., Iowa City, IA 52242

**Veterans Memorial Hospital** 319-338-0581 or 866-687-7382  
601 Hwy 6 West, Iowa City, IA 52246

# ***HOUSING***

## **Autumn Heights**

Senior Housing – Autumn Heights 319-753-2142  
Section 8 – 319-752-4042 - housing assistance applications for families and individuals.

## **Community Action of Southeast Iowa, Neighborhood Center**

700 Jefferson St., Burlington, IA 52601 319-753-2893  
Monday – Friday, 8 am – 4:30 pm  
Food pantry, Homeless Prevention Program, emergency rent assistance, MAP (Medication Assistance Program), and utility assistance.

**Department of Housing** 319-753-8175

**Homeless Shelter** 319-754-6791  
123 N. Marshall St., Burlington, IA 52601  
Call for hours.

**HUD** 800-955-2232

**Low Rent Housing** 319-752-4042

Main office at Autumn Heights, 2  
830 Winegard Dr, Burlington, IA 52601  
Rental assistance under section 8 housing choice voucher program **WITHIN** Burlington city limits. Sign up for a later appointment on the first Thursday of each month from 9 – noon, limited to first 50 signatures.

**Salvation Army** 319-753-2038

217 S. 3<sup>rd</sup> St., Burlington, IA 52601  
Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men’s ministries, boys & girls club, character building programs, community recreation programs, provides meals.

**Southeast Regional Housing Authority** 319-753-5109  
218 N 3<sup>rd</sup> St, Ste 309, Burlington, IA 52601  
Rental assistance under section 8 housing choice voucher program  
**OUTSIDE** of Burlington city limits, includes Des Moines, Henry, Lee,  
and Louisa Counties.

## ***JUVENILE SERVICES***

**Bar Association Volunteer Board** 800-325-2909 or 515-243-3179  
625 E. Court Ave., Des Moines, IA 50309

**Des Moines County Attorney** 319-753-8209  
215 Columbia St., Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm  
[dmca@co.des-moines.ia.us](mailto:dmca@co.des-moines.ia.us)

**Eighth Judicial District Field Services** 319-753-5478  
835 Valley St., Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm

**Iowa Legal Aid** 800-272-0008 or 319-351-6570  
1700 S. 1<sup>st</sup> Ave., Ste. 10, Iowa City, IA 52240  
Monday – Friday, 8 am – 4:30 pm

**Iowa State Public Defender (Burlington)** 319-753-5163  
216 S. 3<sup>rd</sup> St., Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm

**Juvenile Court Services – Des Moines County** 319-753-8281  
District 8 – SEI  
513 N. Main St., Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm

**Residential Facility** 319-753-5179  
835 Valley St., Burlington, IA 52601  
Tuesday, Thursday, Saturday, 6:30 pm – 9 pm  
Sunday, 1:30 pm – 4:30 pm

# ***LEGAL***

## **Attorney Referral Services of the Iowa State Bar Association**

[www.iowafindalawyer.com](http://www.iowafindalawyer.com) 800-532-1108

## **Iowa State Public Defender**

319-753-5163  
216 S. 3<sup>rd</sup> St., Burlington, IA 52601

## **Iowa Legal Aid**

800-532-1275

Iowa City Office

Provides critical legal assistance to low-income and vulnerable Iowans who have nowhere else to turn.

[www.iowalegalaid.org](http://www.iowalegalaid.org)

## **State Attorney General**

515-281-5926 or 888-777-4590

Consumer Protection Division

[www.iowaattorneygeneral.org](http://www.iowaattorneygeneral.org)

# ***LIBRARIES***

## **Burlington Public Library**

319-753-1647

210 Court St., Burlington, IA 52601

Monday – Thursday, 9 am – 8 pm Friday & Saturday, 9 am – 5 pm

Closed Sunday & Holidays.

## **Danville Library**

319-392-8317

112 N. Main St., Danville, IA 52623

Monday, Wednesday, Friday 2 pm – 4 pm Saturday 10 am – 11:30 am

## **Great River Medical Center Library**

319-768-4075

1221 S. Gear Ave., West Burlington, IA 52655

Monday, 9 am – 1 pm Tuesday – Friday, 7:30 am – 4 pm

The library offers professional and community-health resources, including books, periodicals, and videos for on-site use and check-out.

## **Mediapolis Public Library**

319-394-3895

128 N. Orchard, Mediapolis, IA 52637

[www.mediapolis.lib.ia.us](http://www.mediapolis.lib.ia.us)

**SCC Library**

319-752-2731

1500 W. Agency Rd., West Burlington, IA 52655

***MENTAL PSYCHIATRIC  
HEALTH/PARENTAL RESOURCES***

*If you are having a mental health crisis – go to your local emergency room and let them know you are having a mental health crisis. They will provide emergency assistance.*

**Bridgeway**

319-208-0894

1105 Derek Lincoln Dr., West Burlington, IA 52655

Children & family services, development disability services, mental health services, outpatient services, recovery services, supported housing services, and vocational training.

<http://www.bway.org>

**Counseling Associates**

319-372-8045

1014 Ave H, Ste #1, Fort Madison, IA 52627

Adult integrated home health for Des Moines and Lee Counties (case management, home-based habilitation, day habilitation, prevocational services, and supported employment). Professional counseling services for individuals, couples and families.

**Families First**

888-316-3025

214 N 4<sup>th</sup> St, Ste 1A, Burlington, IA 52601

In-office therapy. In home counseling for youth and adults. May cover the following or other topics: Communication skills, anger management, conflict resolution, coping skills, decision making, ADHD, oppositional defiant disorder (ODD), sexual abuse (survivors), crisis intervention.

**Families First Counseling Services**

319-433-0395

560 Division St., # 270, Burlington, IA 52601

Children, adolescents, adult, individual & family counseling, and crisis intervention. Accepting Title XIX, private pay.

[www.families-first.net](http://www.families-first.net)

**Des Moines County Community Services**

319-754-8556

910 Cottonwood, Ste. 1000, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Case management services for persons with Iowa Medicaid to access waiver services. Information available on local options for mental health and intellectual disabilities services. General assistance office. Eligible programs funded by county, state or Medicaid.

**Great Prairie Area Education Agency**

319-753-6561

3601 West Ave., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Speech and language, hearing/audiology services, psychology, school social work, early childhood at risk, special education consultation, transition services, visually impaired, autism resource, assistive technology, and occupational & physical therapy services for Birth-21 years.

**Great River Mental Health**

319-768-3700

1225 S. Gear Ave., Ste. 251, Mercy Plaza, West Burlington, IA 52655

Monday – Friday, 8 am – 5 pm

Medication management, individual therapy, psychological testing, and physician referral. Accept all major insurance plans.

**HOPES**

319-753-8290

522 N. 3<sup>rd</sup> St., Burlington, IA 52601

Healthy Families Iowa in-home parent education, prenatal, birth – 5 years.

**Mid-Iowa Family Therapy Clinic**

319-208-1280

205 Washington St., Ste. 200, Burlington, IA 52601

Provide marriage and family therapy, play therapy individual therapy, behavioral health intervention services with an LPHA and we have web-based psychiatry/medication management. All of these services are for adults, children, and families. We accept Title XIX.

**Optimae Life Services**

319-754-4618

823 N. 6<sup>th</sup> St. Ste. 1, Burlington, IA 52601

Monday, Wednesday, Thursday, & Friday, 8 am – 5 pm

Tuesday, 8 am – 7 pm

Individual counseling, couples counseling, family and children’s counseling, psychiatry, psychiatric evaluations, individual community support services, respite services, and waiver home services.

[elybarger@optimaelifeservices.com](mailto:elybarger@optimaelifeservices.com)

**Therapy Group**

319-209-2084

506 Jefferson, Burlington, IA 52601

Counseling and therapy for couples, individuals and children, play therapy, anger management, and mediation.

**Turning Point Counseling**

319-392-4176

21589 Hwy 79, Danville, IA 52623

Monday – Friday, 8 am – 5 pm by appointment.

Individual counseling on men/women issues, couples counseling, etc.

Sliding fee scale available.

[russreed@danvilletelco.net](mailto:russreed@danvilletelco.net)

**Young House Family Services**

319-752-4000

400 S. Broadway, Burlington, IA 52601

Monday – Thursday, 8 am – 4:30 pm Friday, 8 am – 4 pm

Community counseling program for individuals, families, couples counseling, children, & adolescents. Pediatric Integrated Home Health (PIHH); free service for families with Medicaid benefits who have a child or children with emotional or behavioral health issues. Other services provided include adolescent residential substance abuse treatment, adolescent day treatment, remedial services for children and families who are Title XIX eligible. Sliding fee scale available and Title XIX.

***PERSONS WITH DISABILITIES***

**Autumn Heights**

319-753-2142

2830 Winegard Dr., Burlington, IA 52601

Housing for persons with disabilities and seniors.

**Bridgeway**

319-208-0894

1105 Derek Lincoln Dr., West Burlington, IA 52655

Children & family services, development disability services, mental health services, outpatient services, recovery services, supported housing services, and vocational training.

<http://www.bway.org>

**Hope Haven**

319-754-4689

1819 Douglas Street, Burlington, IA 52601

Can Redemption: Monday – Friday, 9 am – 4pm

Hopefully Yours Thrift Store: Monday – Friday, 9:30 am – 5 pm

Saturday, 9:30 am – 4 pm

Organization provides rehabilitation services for physically and mentally challenged persons.

**Insight Partnership Group**

319-208-1891

218 Jefferson St, #1E, Burlington, IA 52601

Respite services, money management/payee services, mediation management, obtain/maintain living environment, psychiatric and physical health symptom management, social activities/opportunities.

**Optimae Life Services**

319-754-4618

823 N. 6<sup>th</sup> St, Ste 1, Burlington, IA 52601

Monday, Wednesday, Thursday & Friday, 8 am – 5 pm

Tuesday, 8 am – 7 pm

Individual counseling, couples counseling, family and children’s counseling, psychiatry, psychiatric evaluations, individual community support services, respite services, and waiver home services.

[elybarger@optimaelifeservices.com](mailto:elybarger@optimaelifeservices.com)

**Partners (Recreational Services)**

319-752-6952

This organization serves people with disabilities, providing for their social needs as well as some financial assistance.

**Special Needs Foundation**

319-752-8711

829 Harrison Ave., Burlington, IA 52601

Monday, Wednesday and Friday, 10 am – 2pm



**Social Security Office**

800-772-1213 or 866-338-4183

3920 Division St., Burlington, IA 52601

Monday – Friday, 9 am – 3:30 pm Except Federal Holidays.

**Veterans Adm. Medical Center**

866-687-7382 or 319-338-0581

601 Hwy 6 West, Iowa City, IA 52246

The Iowa City Department of Veterans Affairs Health Care System is a comprehensive tertiary health care center, teaching hospital, and research facility. Referrals are accepted from VA Medical Centers throughout the nation for complex diagnostic and treatment modalities. The Iowa City facility is known for a wide range of specialized medical programs. It has a strong and effective affiliation with the University of Iowa, College of Medicine. The Medical Center operates 83 beds, including 43 medicine/neurology beds, 25 surgery, 10 intensive care beds, and 15 psychiatry beds.

***RECREATION***

**Des Moines County Conservation**

319-753-8260

13700 Washington Rd., West Burlington, IA 52655

Monday – Friday, 7 am – 3 pm

Office is closed 11 am – 12 pm for lunch.

- Camping
- Environmental Education
- Fishing
- Hunting
- Nature
- Parks

Parks include: Big Hollow Recreation Area, Chautauqua Park, 4<sup>th</sup> Pumping Plant Recreation Area, Hickory Bend, Hunt Woods, Luckenbill Woods, Starr’s Cave Park & Preserve, Waters Park, and Welter Recreation Area (Skunk River Access).

Planting services, shooting ranges, youth summer camps, and the Witte Observatory. Please see website for further detailed information. Des Moines County Conservation is dedicated to the sustainability of natural resources throughout the land stewardship, conservation education and by providing quality outdoor recreation opportunities.

**Rec Plex** 319-758-9419  
501 S. Broadway St., Burlington, IA 52655  
Rec Plex has baseball diamonds, batting cages, soccer fields, sand volleyball, and a Tot Lot for the young fans.

**YMCA** 319-753-6734  
2410 Mt. Pleasant St., Burlington, IA 52601  
Monday – Friday, 5 am – 10 pm Saturday, 7:30 am – 5 pm  
Open Sundays, October – April, 1 pm – 5 pm Closed Holidays.

## ***SENIOR CITIZENS***

**Alzheimer’s Association** 319-208-0271  
1000 Roosevelt Ave., # 8, Burlington, IA 52601  
Education on memory loss, dementia and the Alzheimer’s disease.

**Autumn Heights** 319-753-2142  
2830 Winegard Dr., Burlington, IA 52601  
Senior Housing

### **Community Action**

**MAP – Medication Assistance Program** 319-753-2893  
Community Action of Southeast Iowa, Des Moines County Center,  
700 Jefferson St, Burlington, IA 52601  
Program helps individuals who cannot afford nor have medical insurance to pay for their medications for chronic illness.

#### **Elderly services for those over 62**

**Meals on Wheels** 319-768-3400  
Great River Medical Center  
1221 S. Gear Ave., West Burlington, IA 52655

**Milestones Area Agency on Aging** 319-752-5433  
509 Jefferson St., Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm  
Information and referrals, senior nutrition, family caregiver programs, counseling, wellness and safety, elder rights and abuse prevention, older worker employment program. Services for those with disabilities, veterans, and family caregivers.

**RSVP**

319-753-8155

400 Washington St., Burlington, IA 52601

Tutoring/reading with school children, journaling project volunteers with students in the 4<sup>th</sup> – 6<sup>th</sup> grades, entertainers, singers & dancers, nursing home activity volunteers, summer reading program volunteers, craft projects (knitting, crocheting, quilting, sewing), senior center volunteers, delivery of meals to homebound, transportation assistance, clerical assistance, court mediation, library assistance, hospital volunteers, museum services, and more.

**Senior Center**

319-753-2567

501 Jefferson St., Burlington, IA 52601

Call for hours.

**Senior Health Insurance Information Program (SHIIP)**

1221 S. Gear Ave., West Burlington, IA 52655

319-768-3340

SHIIP is a free, confidential service of the State of Iowa that provides unbiased information to help Iowans make decisions about Medicare and other health coverage.

**Social Security Office (no local #)**

800-772-1213 or 866-338-4183

3920 Division St., Burlington, IA 52601

Monday, Tuesday, Thursday, and Friday, 9 am – 3 pm

Wednesday, 9 am – 12 pm

**Veteran's Affairs**

319-754-6049

**Veteran's Memorial Hospital**

319-338-0581 or 866-687-7382

601 Hwy 6 West, Iowa City, IA 52246

The Iowa City Department of Veteran's Affairs Health Care System is a comprehensive tertiary health care center, teaching hospital, and research facility. Referrals are accepted from VA Medical Centers throughout the nation for complex diagnostic and treatment modalities. The Iowa City facility is known for a wide range of specialized medical programs. It has a strong and effective affiliation with the University of Iowa College of Medicine. The Medical Center operates 83 beds, including 43 medicine/neurology beds, 25 surgery, 10 intensive care beds, and 15 psychiatry beds. Outpatient clinic in Coralville, Iowa.

# ***SUBSTANCE ABUSE***

**ADDS (Alcohol & Drug Dependency Services)** 319-753-6567  
1340 Mt. Pleasant Street, Burlington, IA 52601  
Monday – Friday, 8 am – 4:30 pm  
Drug and Alcohol outpatient and inpatient treatment. Gambling treatment and prevention.

**Celebrate Recovery** 319-392-4229  
Thursdays at the Loft, 415 Jefferson St., Burlington, IA 52601  
Joins us at 6 pm for a meal. Celebrate Recovery begins at 7 pm.  
Childcare provided for kids 0 – 3 years.

**Daily Bread Recovery Center** 319-752-8368 or 319-470-8905  
Christian based recovery center for men.

**DJ Assessments** 319-752-4667 or 319-671-1150  
313 E. Agency St., Ste. 7, West Burlington, IA 52655  
Monday – Friday, 9 am – 5 pm  
DJ Assessment & Consultation Services offer substance abuse evaluations, treatment plans (level 1), OWI evaluations, & DUI classes.  
[djservices@iowatelecom.net](mailto:djservices@iowatelecom.net) or [djassessments@iowatelecom.net](mailto:djassessments@iowatelecom.net)

**Effie Sue House** 3199208-1521  
909 Court St, Burlington, IA 52601  
Aftercare/transitional living program. Requires 30 days sobriety.  
Contact for an application.

**Great River Addiction Services** 319-768-3725  
1221 S. Gear Ave., Burlington, IA 52601  
Monday – Thursday, 9 am – 4 pm  
By appointment, Friday, 9 am – 12 pm  
The center provides professional counseling, aftercare, intervention, OWI evaluations, and educational treatment. Insurance, cash, check, or credit card.

**Young House Family Services**

319-752-4000

400 S. Broadway, P.O. Box 845, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Private social service agency that provides a comprehensive array of services to children and families in Southeast Iowa, including adoption services, foster care licensing, and the Resource Program for expecting parents or families who have children under the age of 5. Remedial services funded through Title XIX; brief intensive services (ages 6 – 17) no income eligibility requirements. Bilingual services are available.

***SUPPORT GROUPS***

**Alzheimer’s Association**

319-208-0271

1000 N. Roosevelt Ave., Ste. 8, Burlington, IA 52601

Several support groups are available in southeast Iowa for those caring for a loved one with Alzheimer’s memory loss or dementia. Additional services and educational workshops are available. Please call.

**Autism Support Group – Area Education Agency**

319-754-5726

North Hill School

825 N. 8<sup>th</sup> St., Burlington, IA 52601

First Thursday each month. Call for details.

**Al-Anon**

319-754-7591

Messiah Lutheran Church

2411 West Ave., Burlington, IA 52601

Tuesdays at 12 pm

**Gay, Lesbian, Bisexual, Transgender and Questioning (GLBTQ) Support Group**

319-752-1061

**LIFE Recovery**

319-209-0916

206 N. 3<sup>rd</sup> St., Burlington, IA 52601

Friday nights, 6:30 pm – 8 pm Lead by Pastor David Selmon.

Support group for anyone trying to get their life on track. A biblically based program.

**The Nest of Des Moines County**

319-753-3150

214 N. 4<sup>th</sup> St., Ste. 3-C, Burlington, IA 52601

Monday, 10 am – 6 pm in Burlington.

Thursday, 2 pm – 8 pm in Danville and Mediapolis (alternating quarterly).

The Nest of Des Moines County is a parent education program for prenatal and parents (male or female). Nest participants must be pregnant or have a child 5 years old or younger. They are encouraged to bring a support person with them to the Nest classes. Those enrolled in the Nest Family Support Program receive points for attending Nest classes; which are then redeemed for “New Store Incentive Items” at the Nest location in Burlington. All must call, the Burlington Nest, to make an appointment to register.

**(NAMI) National Alliance on Mental Illness**

319-750-2220

[namigreatriverarea@gmail.com](mailto:namigreatriverarea@gmail.com)

319-392-4016

NAMI Great River Area information and support groups for people with mental illness and their loved ones.

**Partners of Des Moines County**

319-752-6952

This organization serves persons with disabilities, providing for their social needs as well as some financial assistance.

**Stroke Support Group**

319-768-4200

Meets the 3<sup>rd</sup> Wednesday of every month at 10 am at GRMC’s Blackhawk Room, below the Center for Rehab. Stroke survivors and/or caregivers are welcome to attend. Different speaker every month with time to share/support others if interested.

***TRANSPORTATION***

**A2Z Taxi Service**

319-752-6866

**Burlington Trailways**

319-752-5453 or 800-992-4618

906 Broadway St., West Burlington, IA 52655

Monday – Sunday, 8 am – 8 pm   Holidays, 8 am – 8 pm

**Burlington Urban Service**

319-753-8162

300 S., Main, Burlington, IA 52601

BUS Transfers Monday – Friday, 7 am – 5:15 pm

Saturday, 9 am – 4:30 pm with previous reservations

\$1.25 per ride or can use bus passes

**(Regional Transit Authority) SEIBUS** 319-753-5107 or 866-753-5107

211 N. Gear Ave., West Burlington, IA 52655

Available to the general public and is wheelchair accessible.

Transportation provided county-wide. Medical shuttle to Iowa City hospitals and clinics.

**Motor Vehicle Registration**

319-753-8273

513 N. Main St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

**Yellow Cab**

319-752-6625

301 Angular St., Burlington, IA 52601

**TMS (Transportation Management Group)**

866-572-7662

Available to people with Medicaid to MD appointments in or out of Burlington.

***UTILITIES***

**BURLINGTON** – City of Burlington

**Access Energy:** 800-452-7819

**Cable Television:** Mediacom – 800-379-7412

**Gas/Electric:** Alliant Energy – 800-255-4268

**Telephone:** Century Link – 800-564-1121

Windstream – 877-907-4692

**Water, Sewage, Garbage:** Burlington Waterworks – 319-754-6501

500 N. 3<sup>rd</sup> St., Burlington, IA 52601

**DANVILLE** – City of Danville 319-392-4685  
105 W. Shepherd, Danville, IA 52623  
Monday – Friday, 8 am – 12 pm and 1 pm – 4:30 pm  
**Cable Television:** Danville Telecom – 319-392-6060  
**Gas:** Alliant Energy – 800-255-4268  
**Telephone:** Windstream – 877-907-4692  
**Water, Sewage, Garbage:** City of Danville – 319-392-8381

**MEDIAPOLIS** – City of Mediapolis 319-394-3125  
510 Main St., Mediapolis, IA 52637  
Monday – Friday, 8 am – 4:30 pm  
**Access Energy:** 800-452-7819  
**Gas:** Alliant Energy – 800-255-4268  
**Telephone:** Windstream – 877-907-4692  
**Water, Sewage, Garbage:** City of Mediapolis – 319-394-3212

**MIDDLETOWN** – City of Middletown 319-752-8340  
120 Mechanic St., Middletown, IA 52638  
Monday – Friday, 8 am – 4:30 pm  
**Gas:** Alliant Energy – 800-255-4268  
**Telephone:** Century Link – 800-564-1121  
Windstream – 877-907-4692  
**Water, Sewage, Garbage:** City of Middletown

**WEST BURLINGTON** – City of West Burlington 319-752-5451  
122 Broadway St., West Burlington, IA 52655  
Monday – Friday, 8am – 5pm  
**Cable Television:** Mediacom – 800-379-7412  
**Gas:** Alliant Energy – 800-255-4268  
**Telephone:** Century Link – 800-564-1121  
Windstream – 877-907-4692  
**Water, Sewer, Garbage, Recycling:** City of West Burlington



# ***VETERANS***

## **Des Moines County Veterans Affairs Office**

319-752-7171

910 Cottonwood St., #1001, Burlington, IA 52601

Monday – Friday, 7 am – 11 am and 1 pm – 3 pm

In addition to providing financial assistance with the basic needs as food assistance, financial help, rental assistance, utility assistance, and county burial, we also assist veterans with applying for any type of government pension or compensation for which they might be eligible. Help them get: travel to Iowa Veterans Home, secure military records, burial head stones, home loans, education benefits, into nursing homes, etc. Indigent military veterans or their surviving spouse/children. Need an Honorable Discharge? We require no payment.

[dmvets@hotmail.com](mailto:dmvets@hotmail.com)

## **Veterans Memorial Hospital**

319-338-0581 or 866-687-7382

601 Hwy 6 West, Iowa City, IA 52246

Provides a comprehensive tertiary health care center, teaching hospital, and research facility. Referrals are accepted from VA Medical Centers throughout the nation for complex diagnostic and treatment modalities. It has a strong and effective affiliation with the University of Iowa, College of Medicine.

# ***INFORMATION HELP LINES***

<b>ADDS – Alcohol &amp; Drug Dependency Services.....</b>	<b>319-753-6567</b>
<b>AIDS Hotline.....</b>	<b>IOWA 800-232-4636</b>
<b>AIDS Hotline.....</b>	<b>IOWA-Spanish 800-344-7432</b>
<b>Alcoholism &amp; Drug Dependence.....</b>	<b>800-622-2255</b>
<b>Alcohol – Drug Treatment Referral Network.....</b>	<b>800-996-3784</b>
<b>Alzheimer’s Association.....</b>	<b>800-272-3900</b>
<b>Alzheimer’s &amp; Related Disorders.....</b>	<b>800-272-3900</b>
<b>American Cancer Society.....</b>	<b>800-227-2345</b>
<b>American Heart Association.....</b>	<b>800-242-8721</b>
<b>American Lung Association of Iowa.....</b>	<b>800-586-4872</b>
<b>Better Business Bureau.....</b>	<b>563-355-6344 or 515-243-8137</b>
<b>Birth Certificate</b>	
<b>Des Moines County Recorder’s Office.....</b>	<b>319-753-8221</b>
<b>Des Moines County Recorder’s Office.....</b>	<b>319-753-8221</b>
<b>Bureau of Vital Statistics.....</b>	<b>515-281-4944</b>
<b>CDC Workplace Safety and Health Topics.....</b>	<b>800-232-4636</b>
<b>Center for Missing &amp; exploited Children, National.....</b>	<b>800-843-5678</b>
<b>Center for Substance Abuse Prevention, Workplace</b>	
	<b>Helpline 800-662-4357 or 800-967-5752</b>
<b>Child Abuse Council.....</b>	<b>309-736-7170</b>
<b>Child Abuse Hotline, National.....</b>	<b>800-422-4453</b>

**Child Support Recovery Unit**.....319-753-6322

**Child Care Resource Referral**.....866-324-3236 or 563-324-3236

**Civil Rights Commission**.....319-753-8178 or 800-457-4416

**Community Services**.....319-754-8556

**Community Health Center – Dental**.....319-752-5540

**Community Health Center – Medical**.....319-768-5858

**COMPASS, Iowa (for disabled and their families)**.....800-779-2001

**Cybertip Hotline (exploitation of children on internet  
& missing children)**.....800-843-5678

**Department of Human Services – DHS**.....319-754-4622

**Department of Inspections**.....319-753-8175

**Des Moines County Animal Control**.....319-753-8371

**Des Moines County Assessor**.....319-753-8224

**DNA Diagnostics – DNA Testing (Paternity Testing)**...800-362-2368

**Domestic Abuse Hotline**.....800-799-7233

**Equal Opportunity Employer**.....800-669-4000

**Families Extension Answer Line  
(ISU – home and family questions)**.....800-262-3804

**Foundation II Crisis Line, 24 hours  
(full service crisis line)**.....800-332-4224

**Gambling Hotline**.....800-238-7633

<b>Healthy Families (prenatal health care)</b> .....	800-369-2229
<b>Insurance Commissioner of Iowa</b> .....	877-955-1212
<b>Internal Revenue Service (IRS – Federal Income Tax Info)</b> .....	800-829-1040
<b>Iowa Concern Hotline (help with legal issues, crisis/disaster, overcoming adversity, stress, and financial concerns)</b> <u><a href="http://www.extension.iastate.edu/iowaconcern">www.extension.iastate.edu/iowaconcern</a></u> .....	800-447-1985
<b>Iowa Family Caregiver</b> .....	866-468-7887
<b>Iowa – Illinois Safety Council</b> .....	515-276-4724 or 800-568-2495
<b>Iowa Occupational Safety &amp; Health Division of Labor</b> .....	515-281-5387 or 800-562-4692
<b>Iowa Office of Consumer Affairs</b> .....	855-622-4692
<b>Iowa OSHA</b> .....	515-281-8066 or 515-284-4794
<b>Iowa Substance Abuse Information Center</b> .....	866-242-4111
<b>IOWA Weather &amp; Road Conditions</b> ..... <u><a href="http://hb.511ia.org/main.jsf">http://hb.511ia.org/main.jsf</a></u>	800-288-1047
<b>Lead Poisoning</b> .....	800-972-2026
<b>Legal Aid</b> .....	800-272-0008
<b>Medicare/Social Security Office</b> .....	800-772-1213
<b>Medicare Hotline</b> .....	800-633-4227
<b>Mold questions</b> .....	515-281-8561
<b>Narcotics Hotline (report suspected meth labs)</b> .....	800-532-0052
<b>National Crisis Hotline</b> .....	800-521-7128

<b>National Safety Council</b> .....	800-621-7615
<b>National Youth Crisis Hotline</b> .....	800-448-4663
<b>Poison Control Center</b> .....	515-281-8561
<b>Rape, Abuse, &amp; Incest National Network (RAINN)</b> ....	800-656-4673
<b>Sexual Abuse Hotline</b> .....	800-284-7821
<b>Social Security Hotline and Administration</b> .....	866-338-4183
<b>Social Security Disability (SSDI) Info</b> .....	866-338-4183
<b>Suicide Lifeline</b> .....	800-273-8255
<b>Supplemental Security Income (SSI)</b> .....	866-338-4183
<b>Substance Abuse Center IOWA</b> .....	866-242-4111
<b>TMS (Transportation Management Group)</b> .....	866-572-7662
<b>Teen Line</b> .....	800-443-8336
<b>University of Iowa Hospitals &amp; Clinics</b> .....	800-777-8442
<b>Veterans Services</b> .....	319-753-1671

**Weather & Road Information**

**Iowa Department of Transportation Travelers Info**....800-288-1047

**Zip Codes**

<u>Burlington, IA</u>	<u>52601</u>	<u>Morning Sun, IA</u>	<u>52640</u>
<u>Danville, IA</u>	<u>52623</u>	<u>Pleasant Grove, IA</u>	<u>52645</u>
<u>Dodgeville, IA</u>	<u>52650</u>	<u>Sperry, IA</u>	<u>52650</u>
<u>Kingston, IA</u>	<u>52637</u>	<u>Spring Grove, IA</u>	<u>52601</u>
<u>Kossuth, IA</u>	<u>52637</u>	<u>West Burlington, IA</u>	<u>52655</u>
<u>Mediapolis, IA</u>	<u>52637</u>	<u>Yarmouth, IA</u>	<u>52660</u>
<u>Middletown, IA</u>	<u>52638</u>		

# NOTES

## ¿Necesita ayuda con su factura de calefacción?

**Community Action of Southeast Iowa** tiene aplicaciones para la tercera edad y discapacitados de 10/1/17 y todos otros de 11/1/17 a través de 30/04/16 para los países de bajos ingresos Inicio energía asistencia programa (LIHEAP).

Elegibilidad para la participación se establece según las siguientes pautas de ingresos federales de hogar.

Household Size	Three Month Income	Annual Income
1	\$ 1,759	\$ 21,105.00
2	\$ 2,368	\$ 28,420.00
3	\$ 2,978	\$ 35,735.00
4	\$ 3,588	\$ 43,050.00
5	\$ 4,197	\$ 50,365.00
Por cada miembro adicional	Añadir \$ 610	Añadir \$ 7,315.00

### **YOU WILL NEED TO TAKE THE FOLLOWING WHEN YOU APPLY:**

- Comprobante de ingresos de las últimas 4 semanas o la más reciente declaración de impuestos (2016 o 2017).
- Factura de calefacción más reciente o propano vendedor.
- Factura de electricidad reciente.
- Fecha de nacimiento para todos los miembros del hogar.
- PRUEBA de números de Seguro Social son **Requeridos**.

### **Dónde llamar para su cita**

Des Moines County	Des Moines County Center....319-753-2893
Henry County	Tolson Center.....319-385-2310
Louisa County	Community Action Center....319-728-2314
North Lee County	Eichacker Center.....319-372-4471
South Lee County	Marie Tallarico Center .....319-524-6383

Este programa está diseñado para pagar una parte (no el total) de los costos de energía de un hogar. Elegibilidad es determinada por varios factores incluyendo: total de ingresos, tamaño del hogar, tipo de vivienda, tipo de combustible de calefacción, entre otros.

## **Do you need help with your heating bill?**

**Community Action of Southeast Iowa** is taking applications for the elderly and disabled from 10/01/17 and all others from 11/01/17 through 04/30/18 for the Low-Income Home Energy Assistance Program (LIHEAP).

Eligibility for participation is established according to the following Federal Household Income Guidelines.

<b>Household Size</b>	<b>One Month Income</b>	<b>Annual Income</b>
1	\$ 1,759	\$ 21,105.00
2	\$ 2,368	\$ 28,420.00
3	\$ 2,978	\$ 35,735.00
4	\$ 3,588	\$ 43,050.00
5	\$ 4,197	\$ 50,365.00
For each additional member	Add \$ 610	Add \$ 7,315.00

### **YOU WILL NEED TO TAKE THE FOLLOWING WHEN YOU APPLY:**

- Proof of income: 2017 Federal Tax Return (pages 1 & 2). If you have not filed your 2017 tax return, we can take your 2016 tax return or the last 30 days of all income.
- Current heating bill or propane vendor bill.
- Current electric bill.
- Birthdates for all household members
- **PROOF** of Social Security numbers are **REQUIRED** for all household members

### **Where to call for your appointment**

Des Moines County	Des Moines County Center....319-753-2893
Henry County	Tolson Center.....319-385-2310
Louisa County	Community Action Center....319-728-2314
North Lee County	Eichacker Center.....319-372-4471
South Lee County	Marie Tallarico Center.....319-524-6383

This program is designed to pay a portion (not the total) of a household's energy costs. Eligibility is determined by several factors including: total household income, household size, dwelling type, type of heating fuel, among others.