

DES MOINES COUNTY INTERAGENCY DIRECTORY

WINTER 2017



Central Office

2850 Mt Pleasant St, Suite 108

Burlington, IA 52601

319-753-0193



***Are you receiving FIP?
If so – you may qualify for this free help!***

The FaDSS Program (Family Development & Self-Sufficiency) helps families reach their personal goals of:

- Getting jobs
- Being better parents
- Getting your HiSet/GED
- Going to college
- Becoming self-sufficient, and much more

You may qualify if you are on FIP!

We help with:

Establishing & achieving your goals

Working with Promise Jobs

Help finding community resources

Reaching educational goals

Budgeting

Job seeking and job keeping

Getting better housing

**Community
Action
OF SOUTHEAST IOWA**

Central Office
2850 Mt Pleasant St,
Suite 108
Burlington, IA 52601
319-753-0193

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ABUSE

Child Abuse Hotline

800-422-4453

Department of Human Services

319-754-4622

560 Division St., Ste., 200, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Domestic Violence Intervention Program (DVIP)

800-373-1043

Apple Trees Museum, 1616 Dill Street I, Burlington, IA 52601

Provides comprehensive domestic violence services.

Prevent Child Abuse Iowa

515-244-2200 or 800-362-2178

505 Fifth Ave., Des Moines, IA 50309

Rape Victim Advocacy Program (RVAP)

319-541-9554

Monday – Friday, 9 am – 5 pm

1616 Dill St., Burlington, IA 52601

24-Hour Support, Advocacy & Referrals

RVAP Crisis Line: 800-228-1625

Iowa Sexual Abuse Hotline: 800-284-7821

Provides free, confidential and trauma-informed services, healing, support, education and advocacy for victims to all persons affected by sexual violence.

YMCA Domestic Violence Shelter

319-752-0606

Safe shelter for women and children, 24-hour crisis line, medical advocacy, legal advocacy, court advocacy support, individual counseling, referrals, protection orders, educational presentations, emergency cellular phones, domestic violence support group, sexual assault support group, child support group, pictures of injuries, agency training, volunteer and staff training.

24-Hour Crisis Line: 800-693-1399

1616 Dill St., Burlington, IA 52601

Monday – Friday, 8 am – 12 pm and 1 pm – 5 pm

CHILD CARE

Child Care Resource & Referral 563-324-3236 or 866-324-3236
500 E. 59th St., Davenport, IA 52807

Head Start and Early Head Start 319-7536-0193

Iowa Dept. of Human Services 319-754-4622 or 866-849-3537
560 Division Street, Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm

YMCA 319-753-6734
2410 Mt. Pleasant St., Burlington, IA 52601
Monday – Friday, 5 am – 10 pm Saturday, 7:30 am – 4 pm
Sunday 1 pm – 4 pm

CHILDREN, YOUTH AND FAMILIES

Birthright 319-753-2702
1113 S. Main St., Burlington, IA 52601
24 Hours
Offers confidential help to those who wish an alternative solution to abortion. Provide pregnancy counseling.

Boy Scouts Field Office 319-754-8413
3007 Flint Hills Drive, Burlington, IA 52601
Monday – Friday, 9:30 am – 5:30 pm
Boy Scouts and Cub Scouts are programs in each school neighborhood for boys in grades 1 – 12 (co-ed in high school) that build self-esteem, resourcefulness and leadership skills.

Child Health Specialty Clinics (CHSC) 641-682-8145
609 Church St., Ottumwa IA 52501
Monday – Thursday, 8 am – 4:30 pm Closed on Fridays.

Child Support Recovery Unit 319-753-6322
409 N. 4th St., Ste. 2, Burlington, IA 52601

Community Action of Southeast Iowa 319-753-0193
2850 Mt. Pleasant St., Ste. 108, Burlington, IA 52601
Central Office: Monday – Friday, 8:30 am – 5 pm

Des Moines County Center

319-753-2893

700 Jefferson St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

FaDSS (Family Development Self-Sufficiency Program)

Community Action of Southeast Iowa

319-753-0193

2850 Mt. Pleasant St., Ste. 108, Burlington, IA 52601

Program to assist families who are participating in the Family Investment Program (FIP) achieve economic and social self-sufficiency.

Head Start & Child Development programs provide educational & social activities, nutritious meals and snacks and medical & dental benefits for low-income children ages three to five.

Early Head Start provides similar services for children birth to three. Parents As Teachers in Des Moines County provides parent educators who provide in home services for children from birth to three years of age.

Child & Adult Care Food Program (CACFP) is available to registered child care providers. Early childhood education and support for child care professionals and parents.

The Women, Infants and Children Supplemental Food Program (WIC) provides medical and nutritional assessments, education and supplemental foods for pregnant women, breast feeding and non-nursing mothers, infants and children up to 5 years old.

Medication Assistance Program (MAP)

319-753-2893

Des Moines County Center, 700 Jefferson St., Burlington, IA 52601

Program helps individuals who cannot afford nor have medical insurance to pay for their medications for chronic illness.

Cradle of Hope Pregnancy Resource Center

319-931-5759

Call/text/24 hour hotline.

1400 East Washington St, Mt Pleasant, IA 52641

Monday – Friday 10 am – 5 pm

Open till 8 pm every Thursday

Burlington: My appointment call 319-986-5336

All services are a no cost and confidential. Pregnancy testing/verification, consultation on all your options, compassionate & non-judgmental care, limited ultrasound, ongoing pregnancy support. Referrals for community support services such as health care, legal,

adoption, support after an abortion, earn while you learn program, and fatherhood mentoring programs.

Iowa Department of Human Services (DHS)

319-754-4622

560 Division St., Ste. 200, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Economic Programs: Family Investment Program (FIP), food assistance, medical assistance (Medicaid), referrals/funding for service programs including: foster care, shelter care, institutional care, adoption, independent living, day care, family home studies, and child abuse assessments.

Families First Counseling Services

319-433-0395 or 888-316-3025

560 Division St., Ste. 270, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Provides family safety, risk and permanency services. Also provide Behavioral Health Intervention Services and assessments with an LPHA. These services are available for both children and adults.

Girl Scouts

319-752-3639

1308 Broadway, West Burlington, IA 52655

Monday – Friday, 8 am – 5 pm

Girls build character and skills for success in the real world. This is for school age girls.

www.girlscoutstoday.org (Girl Scouts of Eastern IA & Western IL)

Great Prairie Area Education Agency

319-753-6561

3601 West Ave, Burlington, IA 52601

Specialized services for children and students with diverse learning needs, including identification, diagnosis, planning, and therapies for those with disabilities.

Informed Choices

319-208-9445

Burlington Clinic

1013 S Central Ave, Burlington, IA 52601

Phone answered 24 hrs/day.

Pregnancy testing, limited obstetrical ultrasound, STD risk assessments, STD testing, diagnosis & treatment, early prenatal care, information-abortion: procedures, risks, side effects, referrals for OB care and social services, adoption services, certified adoption liaisons and referrals for

adoption services, abstinence education for middle & high school, post abortion recovery groups, & natural family planning education.

ISU Cooperative Extension, Des Moines County Extension & Outreach Office

Monday-Thursday 8:00 – 4:30, Friday 8:00 – Noon 319-671-7165
1700 W Mt Pleasant St, West Burlington, IA 52655

Monday – Friday, 8 am – 4:30 pm

Iowa State University Extension builds partnerships and provides research-based learning opportunities to improve the quality of life in Iowa. ISU Ext. reaches out to families across the lifespan. We provide research-based information and education to help families make decisions that improves and transforms their lives. We are the outreach arm of the College of Human Sciences at Iowa State University. We work in partnership with other organizations and agencies to meet the needs of Iowa families.

Mid-Iowa Family Therapy Clinic 319-208-1280

205 Washington St., Ste. 200, Burlington, IA 52601

Provides marriage and family therapy, play therapy, individual therapy, behavioral health intervention services with an LPHA and we have web-based psychiatry/medication management. All of these services are for adults, children, and families. We accept Title XIX.

Parents As Teachers 319-753-2893

Community Action of Southeast Iowa, Neighborhood Center
700 Jefferson St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Development and support for parents of children pre-natal thru 6.

Rec Plex 319-758-9419

501 S. Broadway St., West Burlington, IA 52655

Rec Plex has baseball diamonds, batting cages, soccer fields, sand volleyball, and a Tot Lot for the young fans.

The Nest of Des Moines County 319-753-3150

214 N. 4th St., Ste. 3-C, Burlington, IA 52601

Monday, 10 am – 6 pm in Burlington.

Thursday, 6 pm – 8 pm in Danville and Mediapolis (alternating quarterly).

The Nest of Des Moines County is a Parent Education Program for prenatal and parents (male or female). Nest participants must be pregnant or have a child 5 years old or younger, and be a Des Moines County resident. They are encouraged to bring a support person with them to the Nest classes. Those enrolled in the Nest Family Support Program receive points for attending Nest classes; which are then redeemed for “Nest Incentive Items.” All must call the Burlington Nest to make an appointment to register.

YMCA

319-753-6734

2410 Mt. Pleasant St., Burlington, IA 52601

Monday – Friday, 5 am – 10 pm Saturday, 7:30 am – 5 pm

Open Sundays, October – April, 1 pm – 5 pm. Closed Holidays.

Adults, children & youth programs, aquatics, sports activities, family activities, dances, health & fitness, 55+ program, child care center, babysitting, before & after school programs, parent’s day out, kids’ gym daycare.

Young House Family Services

319-752-4000

400 S. Broadway, P.O. Box 845, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Private social service agency that provides a comprehensive array of services to children and families in Southeast Iowa, including adoption services, foster care licensing, and the Resource Program for expecting parents or families who have children under the age of 5. Remedial services funded through Title XIX; brief intensive services (ages 6 – 17) no income eligibility requirements. Bilingual services are available.

COUNSELING

Alcohol and Drug Dependency Services (ADDS)

319-753-6567

1340 Mt. Pleasant St., Burlington, IA 52601

122 N. Main St., Mt. Pleasant, IA 52641

319-385-2216

Monday – Friday, 8 am – 5 pm

Outpatient substance abuse treatment, residential substance treatment (Burlington), problem gambling treatment, Drug Free Workplace

programming, prevention education, substance abuse screenings, OWI screenings and classes, Juvenile Diversion.

Problem gambling crisis intervention 800-BETS-OFF

www.addsiowa.org

Birthright

319-753-2702

1113 S. Main St., Burlington, IA 52601

Monday – Thursday, 11:30 am – 4:30 pm Friday, 9 am – 1 pm

Saturday, 11:30 am – 3:30 pm

24-Hour Hotline: 800-550-4900

International pregnancy service, pregnancy testing. Free and confidential. Call, a friend is waiting.

www.birthright.org

Counseling Associates, Inc.

319-372-8045

Integrated Health Home

1225 Ave H, Fort Madison, IA 52627

Serving Lee and Des Moines Counties. Individuals are eligible for Integrated Health Home (IHH) services if the individual is enrolled in Medicaid and is an adult with a serious mental illness.

Des Moines County Community Services

319-754-8556

910 Cottonwood, Ste. 1000, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Case Management services for persons with Iowa Medicaid to access Waiver Services. Information available on local options for mental health and intellectual disabilities services.

DJ Assessments

319-752-4667 or 319-671-1150

313 E. Agency St., Ste. 7, West Burlington, IA 52655

Monday – Friday, 9 am – 5 pm

DJ Assessment & Consultation Services offer substance abuse evaluations, treatment plans (level 1), OWI evaluations (operating-while-intoxicated), & DUI classes (driving-under-influence).

djservices@iowatelecom.net or djassessments@iowatelecom.net

Families First Counseling Services

888-316-3025

218 N. 3rd St., Ste. 816, Burlington, IA 52601

Great River Mental Health

319-768-3700

1225 S. Gear Ave., Ste. 251, Mercy Plaza, West Burlington, IA 52655
Monday – Friday, 8 am – 5 pm
GRMH provides medication management, individual therapy,
psychological testing.

Grinstead, Pierce, and Associates

319-754-8035

610 N. 4th St., River Park Place, Ste. 110A, Burlington, IA 52601
Individual, family counseling, group couple therapy, etc.
counselinginfo@ogpassociates.com

Mid-Iowa Family Therapy

319-208-1280

205 Washington St., Ste. 200, Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm
Provides marriage and family therapy, play therapy, individual therapy,
behavioral health intervention services with an LPHA and we have web-
based psychiatry/medication management. All of these services are for
adults, children, and families. We accept Title XIX.

Optimae Life Services

319-754-4618

407 N. 4th St., Burlington, IA 52601
Monday, Wednesday, Thursday, & Friday, 8 am – 5 pm
Tuesday, 8am – 7 pm
Individual counseling, couples counseling, family and children’s
counseling, psychiatry, psychiatric evaluations, individual community
support services, respite services and waiver home services.
elybarger@optimaelifeservices.com

Turning Point Counseling

319-392-4176

21589 Hwy 79, Danville, IA 52623
Monday – Friday, 8 am – 5 pm by appointment.
Individual counseling on men/women issues, couples counseling, etc.
russreed@danvilletelco.net

Young House Family Services

319-752-4000

400 S. Broadway, Burlington, IA 52601
Monday – Thursday, 8 am – 4:30 pm Friday, 8 am – 4 pm
Community counseling program for individuals, families, couples,
children, and adolescents. Other services provided include adolescent

residential substance abuse treatment, adolescent day treatment, and remedial services for children and families who are Title XIX eligible.

COURT SERVICES

Bar Association Volunteer Board 800-325-2909 or 515-243-3179
625 E. Court Ave., Des Moines, IA 50309
Monday – Friday, 8am – 5 pm

Des Moines County Attorney 319-753-8209
215 Columbia St., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm
dmca@co.des-moines.ia.us

Eighth Judicial District Field Services 319-753-5478
835 Valley St., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm

Iowa Legal Aid 800-272-0008 or 319-351-6570
1700 S. 1st Ave., Ste. 10, Iowa City, IA 52240
Monday – Friday, 8 am – 4:30 pm

Iowa State Public Defender (Burlington) 319-753-5163
216 S. 3rd St., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm

Juvenile Court Services - Des Moines County 319-753-8281
District 8 SEI
513 N. Main St., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm

EDUCATION/SCHOOLS

Birthright 319-753-2702
1113 S. Main St., Burlington, IA 52601
24 Hours
Offers confidential help to those who wish an alternative solution to abortion. Provide pregnancy counseling.

Burlington Community Schools 319-753-6791 or 319-753-2211
1429 West Ave., Burlington, IA 52601

Danville Community Schools 319-392-4221
419 S. Main St., Danville, IA 52623

Des Moines County Conservation 319-753-8260
13700 Washington Rd., West Burlington, IA 52655
Monday – Friday, 7 am – 3:30 pm
Office is closed 11 am – 12 pm for lunch.
Closed Saturdays, Sundays and Holidays.

- Camping
- Environmental Education
- Fishing
- Hunting
- Nature
- Parks
- Planting Services
- Shooting Ranges
- Youth Summer Camps
- Witte Observatory
- Much more!

Parks include: Big Hollow Recreation Area, Chautauqua Park, 4th Pumping Plant Recreation Area, Hickory Bend, Hunt Woods, Luckenbill Woods, Starr’s Cave Park & Preserve, Waters Park, and Welter Recreation Area (Skunk River Access).

Great River Christian School 319-753-2255
426 Harrison Ave., Burlington, IA 52601

The Hi-Set (GED) Classes at:

Southeastern Community College

1500 Agency St., Room # 513, West Burlington, IA 52655

Tuesday & Thursday, 5 pm – 8 pm

or

The Workforce Center

1000 N. Roosevelt Ave., Burlington, IA 52601

Monday & Friday, 12:30 pm – 3 pm

Great Prairie Area Education Agency

319-753-6561

3601 West Ave., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Staff members provide quality leadership and services, through partnerships that support efforts to improve the achievement of every learner. AEA provides assessment services, school-community planning, student activities. Special education staff members provide services for individuals from birth to age 21 which allow them to become active participants in their own environment. This is accomplished through the following services: speech and language, hearing/audiology services, social work, early childhood/at risk, special education consultation, transition services, visually impaired, autism resource, assistive technology, occupational, and physical therapy.

Head Start & Early Head Start Programs

319-753-0193

Community Action of Southeast Iowa

2850 Mt. Pleasant St., Ste. 108, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Offers Head Start and Early Head Start. Covers ages birth to 5 years at no cost. Applications are filled out in the spring.

Iowa State University Cooperative Extension

319-394-9433

102 W. Main St., Mediapolis, IA 52637

This organization provides educational programs to youth, adults, parents, and volunteer leaders.

Mediapolis Community Schools

319-394-3101 or 319-394-3237

725 N. Northfield St., Mediapolis, IA 52637

The Nest of Des Moines County

319-753-3150

214 N. 4th St., Ste. 3-C, Burlington, IA 52601

Monday, 10 am – 6 pm in Burlington.

Thursday, 2 pm – 8 pm in Danville and Mediapolis (alternating quarterly).

The Nest of Des Moines County is a Parent Education Program for prenatal and parents (male or female). Nest participants must be pregnant or have a child 5 years old or younger. They are encouraged to bring a support person with them to the Nest Classes. Those enrolled in the Nest Family Support Program receive points for attending Nest

classes; which are then redeemed for “New Store Incentive Items” at the Nest in Burlington. All must call the Burlington Nest to make an appointment to register.

Notre Dame Schools 319-752-3776
700 S. Roosevelt, Burlington, IA 52601

Southeast Iowa Adolescent Pregnancy Prevention Coalition
620 N. 8th St., Burlington, IA 52601 877-811-7526
Monday, 10:30 am – 6:30 pm Tuesday, 8 am – 12 pm
Wednesday, 12 pm – 5 pm Thursday, 2 pm – 6 pm
Friday, 8:30 am – 5 pm 3rd Saturday each month, 9 am – 1 pm
Provides community and school-based programming and assistance with programs specific to comprehensive sexuality education.

West Burlington Independent Schools 319-752-9380
211 Ramsey Street, West Burlington, IA 52655

Southeastern Community College 319-752-2731
1500 West Agency Rd., West Burlington, IA 52655
or
335 Messenger Rd., Keokuk, IA 52632 319-524-3321

EMERGENCY

FIRE 911 or 319-753-8396
City of Burlington
418 Valley St., Burlington, IA 52601
Administration: Monday – Friday, 7:30 am – 5 pm
Fire & Ambulance 24 hours a day, 7 days a week, 365 days a year.
City & county emergency fire & ambulance response, HAZMAT, confined space, crash fire rescue.
EMT-B certification to take Civil Service testing and Paramedic Certification. Payment plans accepted on ambulance billing.
watersd@burlingtoniowa.org

POLICE 911 or 319-753-8366
City of Burlington
424 N. 3rd St., Burlington, IA 52601

AMBULANCE

911 or 319-753-8396

City of Burlington

418 Valley St., Burlington, IA 52601

Administration: Monday – Friday, 7:30 am – 5 pm

City & county emergency fire & ambulance response, HAZMAT, confined space, crash fire rescue.

EMT-B certification to take Civil Service testing and Paramedic Certification.

watersd@burlingtoniowa.org

AMBULANCE/Superior Ambulance

319-768-4990

1221 S. Gear Ave., West Burlington, IA 52655

24 hours a day, 7 days a week

Critical and noncritical-care transfer services.

Child Abuse & Neglect

800-362-2178

During business hours

319-753-6311

Des Moines County Emergency Management

319-753-8206

512 N. Main St., Ste. 1, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Provides workshops, presentations and literature to businesses, industry, groups, clubs, social organizations, & individuals on how to be prepared for, respond to, and recovery from any type of natural, technological and manmade disasters/emergencies. They also are available to assist with development of facility emergency plans or plans for a local community event.

harding@co.des-moines.ia.us

Des Moines County Sheriff

319-753-8289

512 N. Main St., Burlington, IA 52601

Foundation II Crisis Line

800-332-4224

Full service crisis line for general problems, family issues, financial issues, abuse, rape, suicide, etc.

Iowa State Patrol

800-525-5555 or 319-385-8715

Hwy 218 S., Mt. Pleasant, IA 52641

Poison Control Center

800-222-1222

Salvation Army

319-753-2038

217 S. 3rd St., Burlington, IA 52601

Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men’s ministries, boys & girls club, character building programs, community recreation programs, provides meals.

EMPLOYMENT

FaDSS (Family Development Self-Sufficiency Program)

Community Action of Southeast Iowa

319-753-0193

2850 Mt. Pleasant St., Ste. 108, Burlington, IA 52601

Program to assist families who are participating in the Family Investment Program (FIP) achieve economic and social self-sufficiency.

Goodwill

165 W Burlington Ave, Burlington, IA 52601

866-466-7881

We provide supported employment, job development and Occupational Skills training for those with barriers to independence.

Hope Haven

319-754-4689

1819 Douglas St., Burlington, IA 52601

Can Redemption: Monday – Friday, 9 am – 4 pm

Hopefully Yours Thrift Store: Monday – Friday, 9:30 am – 5 pm

Saturday, 9:30 am – 4 pm

Organization provides rehabilitation services for physically and mentally challenged persons.

Manpower

319-753-1663 or 800-373-1236

3101 Flint Hills Dr., Burlington, IA 52601

Monday – Friday, 8 am – 5 pm Closed Saturday & Sunday

Provides career opportunities with the flexibility to match virtually any lifestyle. Offers part-time, full-time, temporary, permanent, & temp to permanent.

Milestones Area Agency on Aging 319-752-5433
509 Jefferson St., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm
Information and referrals, senior nutrition, family caregiver programs, counseling, wellness and safety, elder rights and abuse prevention, older worker employment programs. Services for those with disabilities, veterans and family caregivers.

QPS Employment Group 319-850-3270
214 Jefferson St, Burlington, IA 52601
We specialize in finding placements in clerical, light industrial, and factory settings. Our office has a team of Professional Placement Recruiters who can find a direct hire fit for you in industrial, technical, professional, and office roles.

Senior Internship Employment Program 319-753-1671
Monday – Friday, 8 am – 4:30 pm

Team Staffing 319-753-9844
1734 N Roosevelt Ave #124, Burlington, IA 52601
At Team Staffing Solutions, we connect great people with top companies. We offer workforce solutions throughout eastern Iowa, western Illinois and northeast Missouri in the areas of temporary staffing, temp-to-hire, direct hire and on-site management.

Temp Associates 319-754-8857
1000 N. Roosevelt, Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm
Temp helps to find temporary (sometimes permanent) jobs out in the workforce. Based on experience in some fields tests may be required.

Vocational Rehabilitation 319-753-2231
1000 N. Roosevelt, Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm
Work for and with individuals who have disabilities to achieve their employment, independence and economic goals.

Workforce Center

319-753-1671

1000 N. Roosevelt, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Assists adults, youths and dislocated workers. Work permits (issued to customers 14 – 15 to work), job placement, labor market information, and unemployment insurance. Offers job search assistance, career guidance and assessment, counseling, internships, skill upgrading, and training. Workforce Investment Act is a federally funded job-training program. WIA can help youth target their skills and special interests so that they can find a job. Burlington.WFC@iwd.iowa.gov

FOOD, CLOTHING, FINANCIAL

Birthright

319-753-2702

1113 S. Main St., Burlington, IA 52601

24 Hours

Offers confidential help to those who wish an alternative solution to abortion. Provide pregnancy counseling.

Christian Church West Burlington

319-752-3916

545 Melville Ave., West Burlington, IA 52655

Call for appointment.

Church of the Nazarene

319-752-4245

1015 S. Roosevelt Hwy 61, Burlington, IA 52601

2nd Saturday of the month from 8 – 2 pm

Community Action of Southeast Iowa

319-753-2893

700 Jefferson St., Burlington, IA 52601

Neighborhood Center, 8 am – 4:30 pm

Energy assistance (utility bills), food pantry, emergency assistance, etc.

Community Clothes Closet

319-931-9305

102 Meadow St (Cornerstone Community Church)

Mediapolis, IA 52637

Free clothing. Open Tuesdays, 3-5 pm and Saturdays (1st and 3rd) 9-noon

Des Moines County Community Service 319-754-8556
910 Cottonwood Ct # 1000, Burlington, IA 52601
Monday – Friday, 9 am – 5 pm. Assistance for Des Moines County families only.

Goodwill 319-208-0060
165 West Burlington Ave., Burlington, IA 52601

Harmony Bible Church & Kayla’s Cupboard 319-392-4229
21589 Hwy 79, Danville, IA 52623
Maple St Center: 904 Maple St., Burlington, IA 52601
Monday – Friday, 9 am – 4 pm
hbc@danvilletelco.net

Impact Program 319-572-6533
416 Jefferson St., (The Loft) Burlington, IA 52601
Assists families and individuals with immediate basic needs such as personal hygiene items, deodorant, toothbrushes and toothpaste, diapers, baby wipes, laundry supplies, and cleaning products.

Mediapolis Community Food Pantry 319-394-3330
Open Tuesday’s 3 pm – 5 pm
801 Middle St., (Mediapolis Presbyterian Church), Mediapolis, IA 52637

Milestones Area Agency on Aging 319-752-5433
509 Jefferson St., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm
See senior services for more details.

Neighborhood Center 319-753-2893
700 Jefferson St., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm
Food pantry, homeless prevention program, MAP (Medication Assistance Program), utility assistance.

Salvation Army 319-753-2038
271 S. 3rd St (Store: 323 Columbus Dr.), Burlington, IA 52601
Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men’s ministries, boys & girls club, character building programs, community recreation programs, provides meals.

St. Vincent de Paul

319-752-9332

700 Division St., Burlington, IA 52601

Monday – Friday, 1 pm – 3pm Food pantry only

You must show a picture ID and have (in hand) a social security card for every member of the family for which you are asking help.

Transitions DMC

319-209-2217

515 S Main St, Burlington, IA 52601

Helping the homeless find shelter, homes, food, furniture, clothes, household basics, emergency assistance and mentoring with a hand up, not a hand out.

WIC – Women, Infants & Children 319-753-0193 or 319-754-8283

801 S. Roosevelt Ave., Burlington, IA 52601

Hours vary, please call.

Zion United Church of Christ

319-752-2305

412 N. 5th St., Burlington, IA 52601

Monday, Wednesday and Friday, 9 am – 12 pm

Bridging the Gap Program. They offer non-perishable foods and some paper products. Limited financial assistance, job search assistance and budget counseling.

office@zionuccburlington.org

HEALTH CARE

Birthright

319-753-2702

1113 S. Main St., Burlington, IA 52601

24 Hours

Offers confidential help to those who wish an alternative solution to abortion. Provide pregnancy counseling.

Burlington Pediatric Association, P.C.

319-753-5177

1223 S. Gear Ave., Ste. 108, West Burlington, IA 52655

Monday – Friday, 8:30 am – 4:30 pm

Monday – Friday, 7 pm – 9 pm (emergencies only)

Saturday, 8:30 am – 12 pm. (emergencies only)

Pediatric practice caring for children newborn through 18 years. Cash, check or credit card. We file all insurance.

burlpeds@lisco.com

Community Health Centers of Southeast Iowa

Medical Clinic 319-768-5858

Dental Clinic 319-752-5540

1706 W. Agency Rd., West Burlington, IA 52601

Monday and Wednesday, 8 am – 7 pm

Tuesday, Thursday and Friday, 8 am – 5 pm

Closed Saturday & Sunday.

Medical and dental services.

All insurance types accepted including Title XIX & sliding fee scale.

Department of Human Services – Medicaid

319-754-4622

460 Division St., Ste. 200, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Economic Programs: Family Investment Program (FIP), food assistance, medical assistance (Medicaid), referrals/funding for service programs including: foster care, shelter care, institutional care, adoption, independent living, day care, family home studies, and child abuse assessments.

Des Moines County Public Health

319-753-8290

522 N. 3rd St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

IMMUNIZATION CLINIC: Tuesdays & Thursdays, 1:30 pm – 4 pm

TB tests on TUESDAY ONLY!

Home health care, skilled nursing, disease prevention & education, the Nail Program, environmental services, Hopes Program & Des Moines County Home Visitation Program.

Great River Health Systems

319-768-1000

1221 S. Gear Ave., West Burlington, IA 52655

Great River Health Systems is a 378-bed regional, integrated health-care system that includes acute, skilled and long-term care, retail pharmacies, retail medical equipment and supplies services, an outpatient renal dialysis center, and a network of specialty and primary-care clinics.

Great River Business Health

319-768-4100

1401 W. Agency Rd., West Burlington, IA 52655

Call for hours of operation.

Great River Business Health offers comprehensive health services for businesses, including drug and alcohol testing, DOT and pre-employment physicals, immunizations, fit-for-duty examinations, and workers’ compensation injury care.

Great River Home Health and Hospice

319-768-3350

1306 S. Washington Rd., West Burlington, IA 52655

Great River Hospice provides comprehensive physical, emotional and spiritual care in homes, long-term-care centers, and Great River Hospice House.

Great River QUICK Care

319-768-4320

624 S. Roosevelt Ave., Ste. 101, Burlington, IA 52601

Monday – Friday, 8 am – 8 pm Saturday, 8 am – 5 pm

Sunday, 12 pm – 5 pm

No appointment necessary. Open to anyone 18 months or older.

HCI Care Services

319-385-4472

118 N. Main, Mt. Pleasant, IA 52641

Hospice Care & ExtraCare services

Care for the terminally ill that include nursing, home health aides, chaplain services, volunteers, social workers, pharmacists, medical equipment, and bereavement counseling. HCI Palliative Medicine available to chronically and seriously ill individuals that are still seeking treatment but are looking for comfort care.

www.hospiceofcentraliowa.org

Hawk-I

800-458-6672 or 800-257-8563

Des Moines, IA

Monday – Friday, 8 am – 7 pm

Insurance coverage for newborn to age 19.

Heritage Medical Equipment & Supplies

319-768-4300

624 S. Roosevelt Ave., Burlington, IA 52601

1223 S. Gear Ave., Eastman Plaza

West Burlington, IA 52655

Hetta Gilbert Foundation

319-759-7091

Michelle LeKander

Mechell62@msn.com

Assistance for children’s medical needs. Prescriptions, glasses, dental, Dr. visits, shoes, and coats.

Iowa Health & Wellness Plan

319-754-4622

560 Division St., Burlington, IA 52601

Pick up & return an application for eligibility. Ages 19-64.

Lee County Health Department

319-372-5225 or 800-458-6672

#3 John Bennett Dr, PO Box 1426, Fort Madison, IA 52627

Monday – Friday, 8 am – 4:30 pm

LCHD provides Maternal & Child Health Programming in Des Moines County. Maternal Health includes nursing, social work and preventative oral health services. Child Health/Care for Kids includes explaining benefits of preventative medical & dental care, recommended schedules for exams, screenings and immunizations and providing both direct services such as developmental screens and enabling services such as referrals to providers. I-Smile helps families access dental care and provides preventative oral health services, including oral screenings, fluoride varnish applications and school-based dental sealants. LCHD can also approve presumptive Medicaid/Title XIX and facilitates Hawk-I medical insurance coverage, which has higher family income guidelines and can provide dental-only coverage if needed. Income and other guidelines vary by program. Large and sliding-fee scale depending on family income.

Lions Club

State Office: 515-232-2215

2300 S. Duff Ave., Ames, IA 50010

Lions Clubs are working to end preventable blindness. Preschool vision screening. Assistance obtaining corrective lenses. West Burlington: 319-572-3597, Burlington: 319-752-3262.

iowalions@aol.com

MAP – Medication Assistance Program

319-753-2893

Community Action of Southeast Iowa – Des Moines County Center

700 Jefferson St., Burlington, IA 52601

Assists individuals in need that have difficulty affording their medications for chronic health conditions. No charge to the individual.

Special Needs Foundation 319-752-8711
829 Harrison Ave., Burlington, IA 52601
Monday, Wednesday, Friday, 10 am – 2 pm

University of Iowa Children’s Hospital 319-384-5437
200 Hawkins Dr., Iowa City, IA 52242
24 hours a day, 7 days a week, 365 days a year.

University of Iowa Health Care 800-777-8442 or 319-356-1616
200 Hawkins Dr., Iowa City, IA 52242
24 hours a day, 7 days a week, 365 days a year.
People all over Iowa can now access UI Health Care 24/7 through their computer, tablet, or phone at <http://www.uiecare.com>. UIeCare is available anywhere in Iowa with an internet connection and a webcam, and works with desktop computers, tablets, and smartphones. The provider may ask you to use your webcam to show them a rash on your child’s skin, for example. Depending upon the condition and diagnosis, UIeCare providers may provide home-care advice, order a prescription, or recommend in-person clinic or hospital treatment. No appointment necessary. Receive care 24/7 via Video Chat or FaceTime.

Veterans Memorial Hospital 319-338-0581 or 866-687-7382
601 Hwy 6 West, Iowa City, IA 52246

HOSPITALS

Great River Medical Center 319-768-1000
1221 S. Gear Ave., West Burlington, IA 52655

Fort Madison Community Hospital 319-372-6530
5445 Avenue O, Fort Madison, IA 52627

St. Luke’s (Cedar Rapids) 319-369-7211
1026 A Ave. NE, Cedar Rapids, IA 52406

University of Iowa Health Care 319-356-1616
200 Hawkins Dr., Iowa City, IA 52242

Veterans Memorial Hospital 319-338-0581 or 866-687-7382
601 Hwy 6 West, Iowa City, IA 52246

HOUSING

Autumn Heights

Senior Housing – Autumn Heights 319-753-2142
Section 8 – 319-752-4042 - housing assistance applications for families and individuals.

Community Action of Southeast Iowa, Neighborhood Center

700 Jefferson St., Burlington, IA 52601 319-753-2893
Monday – Friday, 8 am – 4:30 pm
Food pantry, Homeless Prevention Program, emergency rent assistance, MAP (Medication Assistance Program), and utility assistance.

Department of Housing

319-753-8175

Homeless Shelter

319-754-6791

123 N. Marshall St., Burlington, IA 52601
Call for hours.

HUD

800-955-2232

Low Rent Housing

319-752-4042

Main office at Autumn Heights, 2
830 Winegard Dr, Burlington, IA 52601
Rental assistance under section 8 housing choice voucher program **WITHIN** Burlington city limits. Sign up for a later appointment on the first Thursday of each month from 9 – noon, limited to first 50 signatures.

Salvation Army

319-753-2038

217 S. 3rd St., Burlington, IA 52601
Disaster services, emergency assistance/financial/seasonal services, family counseling, older adult services, camping activities, worship center/services, children, teens and adult Sunday school, women & men’s ministries, boys & girls club, character building programs, community recreation programs, provides meals.

Southeast Regional Housing Authority

319-753-5109

218 N 3rd St, Ste 309, Burlington, IA 52601 Rental assistance under section 8 housing choice voucher program **OUTSIDE** of Burlington city limits, includes Des Moines, Henry, Lee, and Louisa Counties.

JUVENILE SERVICES

Bar Association Volunteer Board 800-325-2909 or 515-243-3179
625 E. Court Ave., Des Moines, IA 50309

Des Moines County Attorney 319-753-8209
215 Columbia St., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm
dmca@co.des-moines.ia.us

Eighth Judicial District Field Services 319-753-5478
835 Valley St., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm

Iowa Legal Aid 800-272-0008 or 319-351-6570
1700 S. 1st Ave., Ste. 10, Iowa City, IA 52240
Monday – Friday, 8 am – 4:30 pm

Iowa State Public Defender (Burlington) 319-753-5163
216 S. 3rd St., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm

Juvenile Court Services – Des Moines County 319-753-8281
District 8 – SEI
513 N. Main St., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm

Residential Facility 319-753-5179
835 Valley St., Burlington, IA 52601
Tuesday, Thursday, Saturday, 6:30 pm – 9 pm
Sunday, 1:30 pm – 4:30 pm

LEGAL

Attorney Referral Services of the Iowa State Bar Association

www.iowafindalawyer.com 800-532-1108

Iowa State Public Defender

319-753-5163

216 S. 3rd St., Burlington, IA 52601

Iowa Legal Aid

800-532-1275

Iowa City Office

Provides critical legal assistance to low-income and vulnerable Iowans who have nowhere else to turn.

www.iowalegalaid.org

State Attorney General

515-281-5926 or 888-777-4590

Consumer Protection Division

www.iowaattorneygeneral.org

LIBRARIES

Burlington Public Library

319-753-1647

210 Court St., Burlington, IA 52601

Monday – Thursday, 9 am – 8 pm Friday & Saturday, 9 am – 5 pm

Closed Sunday & Holidays.

Danville Library

319-392-8317

112 N. Main St., Danville, IA 52623

Monday, Wednesday, Friday 2 pm – 4 pm Saturday 10 am – 11:30 am

Great River Medical Center Library

319-768-4075

1221 S. Gear Ave., West Burlington, IA 52655

Monday, 9 am – 1 pm Tuesday – Friday, 7:30 am – 4 pm

The library offers professional and community-health resources, including books, periodicals, and videos for on-site use and check-out.

Mediapolis Public Library

319-394-3895

128 N. Orchard, Mediapolis, IA 52637

www.mediapolis.lib.ia.us

SCC Library

319-752-2731

1500 W. Agency Rd., West Burlington, IA 52655

MENTAL PSYCHIATRIC HEALTH/PARENTAL RESOURCES

If you are having a mental health crisis – go to your local emergency room and let them know you are having a mental health crisis. They will provide emergency assistance.

Bridgeway 319-208-0894
1105 Derek Lincoln Dr., West Burlington, IA 52655
Children & family services, development disability services, mental health services, outpatient services, recovery services, supported housing services, and vocational training.
<http://www.bway.org>

Counseling Associates 319-372-8045
1014 Ave H, Ste #1, Fort Madison, IA 52627
Adult integrated home health for Des Moines and Lee Counties (case management, home-based habilitation, day habilitation, prevocational services, and supported employment). Professional counseling services for individuals, couples and families.

Families First 888-316-3025
214 N 4th St, Ste 1A, Burlington, IA 52601
In-office therapy. In home counseling for youth and adults. May cover the following or other topics: Communication skills, anger management, conflict resolution, coping skills, decision making, ADHD, oppositional defiant disorder (ODD), sexual abuse (survivors), crisis intervention.

Families First Counseling Services 319-433-0395
560 Division St., # 270, Burlington, IA 52601
Children, adolescents, adult, individual & family counseling, and crisis intervention. Accepting Title XIX, private pay.
www.families-first.net

Des Moines County Community Services 319-754-8556
910 Cottonwood, Ste. 1000, Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm

Case management services for persons with Iowa Medicaid to access waiver services. Information available on local options for mental health and intellectual disabilities services. General assistance office. Eligible programs funded by county, state or Medicaid.

Great Prairie Area Education Agency 319-753-6561
3601 West Ave., Burlington, IA 52601
Monday – Friday, 8 am – 4:30 pm
Speech and language, hearing/audiology services, psychology, school social work, early childhood at risk, special education consultation, transition services, visually impaired, autism resource, assistive technology, and occupational & physical therapy services for Birth-21 years.

Great River Mental Health 319-768-3700
1225 S. Gear Ave., Ste. 251, Mercy Plaza, West Burlington, IA 52655
Monday – Friday, 8 am – 5 pm
Medication management, individual therapy, psychological testing, and physician referral. Accept all major insurance plans.

HOPES 319-753-8290
522 N. 3rd St., Burlington, IA 52601
Healthy Families Iowa in-home parent education, prenatal, birth – 5 years.

Mid-Iowa Family Therapy Clinic 319-208-1280
205 Washington St., Ste. 200, Burlington, IA 52601
Provide marriage and family therapy, play therapy individual therapy, behavioral health intervention services with an LPHA and we have web-based psychiatry/medication management. All of these services are for adults, children, and families. We accept Title XIX.

Optimae Life Services 319-754-4618
823 N. 6th St. Ste. 1, Burlington, IA 52601
Monday, Wednesday, Thursday, & Friday, 8 am – 5 pm
Tuesday, 8 am – 7 pm
Individual counseling, couples counseling, family and children’s counseling, psychiatry, psychiatric evaluations, individual community support services, respite services, and waiver home services.
elybarger@optimaeliveservices.com

Therapy Group

319-209-2084

506 Jefferson, Burlington, IA 52601

Counseling and therapy for couples, individuals and children, play therapy, anger management, and mediation.

Turning Point Counseling

319-392-4176

21589 Hwy 79, Danville, IA 52623

Monday – Friday, 8 am – 5 pm by appointment.

Individual counseling on men/women issues, couples counseling, etc.

Sliding fee scale available.

russreed@danvilletelco.net

Young House Family Services

319-752-4000

400 S. Broadway, Burlington, IA 52601

Monday – Thursday, 8 am – 4:30 pm Friday, 8 am – 4 pm

Community counseling program for individuals, families, couples counseling, children, & adolescents. Pediatric Integrated Home Health (PIHH); free service for families with Medicaid benefits who have a

child or children with emotional or behavioral health issues. Other services provided include adolescent residential substance abuse

treatment, adolescent day treatment, remedial services for children and families who are Title XIX eligible. Sliding fee scale available and Title

XIX.

PERSONS WITH DISABILITIES

Autumn Heights

319-753-2142

2830 Winegard Dr., Burlington, IA 52601

Housing for persons with disabilities and seniors.

Bridgeway

319-208-0894

1105 Derek Lincoln Dr., West Burlington, IA 52655

Children & family services, development disability services, mental

health services, outpatient services, recovery services, supported housing services, and vocational training.

<http://www.bway.org>

Hope Haven

319-754-4689

1819 Douglas Street, Burlington, IA 52601

Can Redemption: Monday – Friday, 9 am – 4pm

Hopefully Yours Thrift Store: Monday – Friday, 9:30 am – 5 pm

Saturday, 9:30 am – 4 pm

Organization provides rehabilitation services for physically and mentally challenged persons.

Insight Partnership Group

319-208-1891

218 Jefferson St, #1E, Burlington, IA 52601

Respite services, money management/payee services, mediation management, obtain/maintain living environment, psychiatric and physical health symptom management, social activities/opportunities.

Optimae Life Services

319-754-4618

823 N. 6th St, Ste 1, Burlington, IA 52601

Monday, Wednesday, Thursday & Friday, 8 am – 5 pm

Tuesday, 8 am – 7 pm

Individual counseling, couples counseling, family and children’s counseling, psychiatry, psychiatric evaluations, individual community support services, respite services, and waiver home services.

elybarger@optimaelifeservices.com

Partners (Recreational Services)

319-752-6952

This organization serves people with disabilities, providing for their social needs as well as some financial assistance.

Special Needs Foundation

319-752-8711

829 Harrison Ave., Burlington, IA 52601

Monday, Wednesday and Friday, 10 am – 2pm

Social Security Office

800-772-1213 or 866-338-4183

3920 Division St., Burlington, IA 52601

Monday – Friday, 9 am – 3:30 pm Except Federal Holidays.

Veterans Adm. Medical Center

866-687-7382 or 319-338-0581

601 Hwy 6 West, Iowa City, IA 52246

The Iowa City Department of Veterans Affairs Health Care System is a comprehensive tertiary health care center, teaching hospital, and research facility. Referrals are accepted from VA Medical Centers throughout the nation for complex diagnostic and treatment modalities. The Iowa City

facility is known for a wide range of specialized medical programs. It has a strong and effective affiliation with the University of Iowa, College of Medicine. The Medical Center operates 83 beds, including 43 medicine/neurology beds, 25 surgery, 10 intensive care beds, and 15 psychiatry beds.

RECREATION

Des Moines County Conservation

319-753-8260

13700 Washington Rd., West Burlington, IA 52655

Monday – Friday, 7 am – 3 pm

Office is closed 11 am – 12 pm for lunch.

- Camping
- Environmental Education
- Fishing
- Hunting
- Nature
- Parks

Parks include: Big Hollow Recreation Area, Chautauqua Park, 4th Pumping Plant Recreation Area, Hickory Bend, Hunt Woods, Luckenbill Woods, Starr’s Cave Park & Preserve, Waters Park, and Welter Recreation Area (Skunk River Access).

Planting services, shooting ranges, youth summer camps, and the Witte Observatory. Please see website for further detailed information. Des Moines County Conservation is dedicated to the sustainability of natural resources throughout the land stewardship, conservation education and by providing quality outdoor recreation opportunities.

Rec Plex

319-758-9419

501 S. Broadway St., Burlington, IA 52655

Rec Plex has baseball diamonds, batting cages, soccer fields, sand volleyball, and a Tot Lot for the young fans.

YMCA

319-753-6734

2410 Mt. Pleasant St., Burlington, IA 52601

Monday – Friday, 5 am – 10 pm Saturday, 7:30 am – 5 pm

Open Sundays, October – April, 1 pm – 5 pm Closed Holidays.

SENIOR CITIZENS

Alzheimer’s Association

800-272-3900

PO Box 548, West Burlington, IA 52655

We have a variety of services in person, virtual, phone and online to offer the community. All service information, educational opportunities, support group information etc. is located on our website at alz.org or by calling, which is answered by a live person 24/7 to assist callers.

Autumn Heights

319-753-2142

2830 Winegard Dr., Burlington, IA 52601

Senior Housing

Community Action

MAP – Medication Assistance Program

319-753-2893

Community Action of Southeast Iowa, Des Moines County Center,
700 Jefferson St, Burlington, IA 52601

Program helps individuals who cannot afford nor have medical insurance to pay for their medications for chronic illness.

Elderly services for those over 62

Meals on Wheels

319-768-3400

Great River Medical Center

1221 S. Gear Ave., West Burlington, IA 52655

Milestones Area Agency on Aging

319-752-5433

509 Jefferson St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Information and referrals, senior nutrition, family caregiver programs, counseling, wellness and safety, elder rights and abuse prevention, older worker employment program. Services for those with disabilities, veterans, and family caregivers.

RSVP

319-753-8155

400 Washington St., Burlington, IA 52601

Tutoring/reading with school children, journaling project volunteers with students in the 4th – 6th grades, entertainers, singers & dancers, nursing home activity volunteers, summer reading program volunteers, craft projects (knitting, crocheting, quilting, sewing), senior center volunteers, delivery of meals to homebound, transportation assistance, clerical assistance, court mediation, library assistance, hospital volunteers, museum services, and more.

Senior Center

319-753-2567

501 Jefferson St., Burlington, IA 52601
Call for hours.

Senior Health Insurance Information Program (SHIIP)

1221 S. Gear Ave., West Burlington, IA 52655 319-768-3340

SHIIP is a free, confidential service of the State of Iowa that provides unbiased information to help Iowans make decisions about Medicare and other health coverage.

Social Security Office (no local #) 800-772-1213 or 866-338-4183

3920 Division St., Burlington, IA 52601

Monday, Tuesday, Thursday, and Friday, 9 am – 3 pm

Wednesday, 9 am – 12 pm

Veteran’s Affairs

319-754-6049

Veteran’s Memorial Hospital 319-338-0581 or 866-687-7382

601 Hwy 6 West, Iowa City, IA 52246

The Iowa City Department of Veteran’s Affairs Health Care System is a comprehensive tertiary health care center, teaching hospital, and research facility. Referrals are accepted from VA Medical Centers throughout the nation for complex diagnostic and treatment modalities. The Iowa City facility is known for a wide range of specialized medical programs. It has a strong and effective affiliation with the University of Iowa College of Medicine. The Medical Center operates 83 beds, including 43 medicine/neurology beds, 25 surgery, 10 intensive care beds, and 15 psychiatry beds. Outpatient clinic in Coralville, Iowa.

SUBSTANCE ABUSE

ADDS (Alcohol & Drug Dependency Services)

319-753-6567

1340 Mt. Pleasant Street, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Drug and Alcohol outpatient and inpatient treatment. Gambling treatment and prevention.

Celebrate Recovery

319-392-4229

Thursdays at the Loft, 415 Jefferson St., Burlington, IA 52601

Joins us at 6 pm for a meal. Celebrate Recovery begins at 7 pm.

Childcare provided for kids 0 – 3 years.

Daily Bread Recovery Center

319-752-8368 or 319-470-8905

Christian based recovery center for men.

DJ Assessments

319-752-4667 or 319-671-1150

313 E. Agency St., Ste. 7, West Burlington, IA 52655

Monday – Friday, 9 am – 5 pm

DJ Assessment & Consultation Services offer substance abuse evaluations, treatment plans (level 1), OWI evaluations, & DUI classes.

djservices@iowatelecom.net or djassessments@iowatelecom.net

Effie Sue House

3199208-1521

909 Court St, Burlington, IA 52601

Aftercare/transitional living program. Requires 30 days sobriety.

Contact for an application.

Great River Addiction Services

319-768-3725

1221 S. Gear Ave., Burlington, IA 52601

Monday – Thursday, 9 am – 4 pm

By appointment, Friday, 9 am – 12 pm

The center provides professional counseling, aftercare, intervention, OWI evaluations, and educational treatment. Insurance, cash, check, or credit card.

Young House Family Services

319-752-4000

400 S. Broadway, P.O. Box 845, Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Private social service agency that provides a comprehensive array of services to children and families in Southeast Iowa, including adoption services, foster care licensing, and the Resource Program for expecting parents or families who have children under the age of 5. Remedial services funded through Title XIX; brief intensive services (ages 6 – 17) no income eligibility requirements. Bilingual services are available.

SUPPORT GROUPS

Alzheimer’s Association 319-208-0271
1000 N. Roosevelt Ave., Ste. 8, Burlington, IA 52601
Several support groups are available in southeast Iowa for those caring for a loved one with Alzheimer’s memory loss or dementia. Additional services and educational workshops are available. Please call.

Autism Support Group – Area Education Agency 319-754-5726
North Hill School
825 N. 8th St., Burlington, IA 52601
First Thursday each month. Call for details.

Al-Anon 319-754-7591
Messiah Lutheran Church
2411 West Ave., Burlington, IA 52601
Tuesdays at 12 pm

Gay, Lesbian, Bisexual, Transgender and Questioning (GLBTQ) Support Group 319-752-1061

LIFE Recovery 319-209-0916
206 N. 3rd St., Burlington, IA 52601
Friday nights, 6:30 pm – 8 pm Lead by Pastor David Selmon.
Support group for anyone trying to get their life on track. A biblically based program.

The Nest of Des Moines County 319-753-3150
214 N. 4th St., Ste. 3-C, Burlington, IA 52601
Monday, 10 am – 6 pm in Burlington.
Thursday, 2 pm – 8 pm in Danville and Mediapolis (alternating quarterly).

The Nest of Des Moines County is a parent education program for prenatal and parents (male or female). Nest participants must be pregnant or have a child 5 years old or younger. They are encouraged to bring a support person with them to the Nest classes. Those enrolled in the Nest Family Support Program receive points for attending Nest classes; which are then redeemed for “New Store Incentive Items” at the

Nest location in Burlington. All must call, the Burlington Nest, to make an appointment to register.

(NAMI) National Alliance on Mental Illness 319-750-2220

namigreatriverarea@gmail.com 319-392-4016

NAMI Great River Area information and support groups for people with mental illness and their loved ones.

Partners of Des Moines County 319-752-6952

This organization serves persons with disabilities, providing for their social needs as well as some financial assistance.

Stroke Support Group 319-768-4200

Meets the 3rd Wednesday of every month at 10 am at GRMC's Blackhawk Room, below the Center for Rehab. Stroke survivors and/or caregivers are welcome to attend. Different speaker every month with time to share/support others if interested.

TRANSPORTATION

A2Z Taxi Service 319-752-6866

Burlington Trailways 319-752-5453 or 800-992-4618

906 Broadway St., West Burlington, IA 52655

Monday – Sunday, 8 am – 8 pm Holidays, 8 am – 8 pm

Burlington Urban Service 319-753-8162

300 S., Main, Burlington, IA 52601

BUS Transfers Monday – Friday, 7 am – 5:15 pm

Saturday, 9 am – 4:30 pm with previous reservations

\$1.25 per ride or can use bus passes

(Regional Transit Authority) SEIBUS 319-753-5107 or 866-753-5107

211 N. Gear Ave., West Burlington, IA 52655

Available to the general public and is wheelchair accessible.

Transportation provided county-wide. Medical shuttle to Iowa City hospitals and clinics.

Motor Vehicle Registration 319-753-8273

513 N. Main St., Burlington, IA 52601

Monday – Friday, 8 am – 4:30 pm

Yellow Cab

319-752-6625

301 Angular St., Burlington, IA 52601

TMS (Transportation Management Group)

866-572-7662

Available to people with Medicaid to MD appointments in or out of Burlington.

UTILITIES

BURLINGTON – City of Burlington

Access Energy: 800-452-7819

Cable Television: Mediacom – 800-379-7412

Gas/Electric: Alliant Energy – 800-255-4268

Telephone: Century Link – 800-564-1121

Windstream – 877-907-4692

Water, Sewage, Garbage: Burlington Waterworks – 319-754-6501
500 N. 3rd St., Burlington, IA 52601

DANVILLE – City of Danville

319-392-4685

105 W. Shepherd, Danville, IA 52623

Monday – Friday, 8 am – 12 pm and 1 pm – 4:30 pm

Cable Television: Danville Telecom – 319-392-6060

Gas: Alliant Energy – 800-255-4268

Telephone: Windstream – 877-907-4692

Water, Sewage, Garbage: City of Danville – 319-392-8381

MEDIAPOLIS – City of Mediapolis

319-394-3125

510 Main St., Mediapolis, IA 52637

Monday – Friday, 8 am – 4:30 pm

Access Energy: 800-452-7819

Gas: Alliant Energy – 800-255-4268

Telephone: Windstream – 877-907-4692

Water, Sewage, Garbage: City of Mediapolis – 319-394-3212

MIDDLETOWN – City of Middletown 319-752-8340
120 Mechanic St., Middletown, IA 52638
Monday – Friday, 8 am – 4:30 pm
Gas: Alliant Energy – 800-255-4268
Telephone: Century Link – 800-564-1121
Windstream – 877-907-4692
Water, Sewage, Garbage: City of Middletown

WEST BURLINGTON – City of West Burlington 319-752-5451
122 Broadway St., West Burlington, IA 52655
Monday – Friday, 8am – 5pm
Cable Television: Mediacom – 800-379-7412
Gas: Alliant Energy – 800-255-4268
Telephone: Century Link – 800-564-1121
Windstream – 877-907-4692
Water, Sewer, Garbage, Recycling: City of West Burlington

VETERANS

Des Moines County Veterans Affairs Office 319-752-7171
910 Cottonwood St., #1001, Burlington, IA 52601
Monday – Friday, 7 am – 11 am and 1 pm – 3 pm
In addition to providing financial assistance with the basic needs as food assistance, financial help, rental assistance, utility assistance, and county burial, we also assist veterans with applying for any type of government pension or compensation for which they might be eligible. Help them get: travel to Iowa Veterans Home, secure military records, burial head stones, home loans, education benefits, into nursing homes, etc. Indigent military veterans or their surviving spouse/children. Need an Honorable Discharge? We require no payment.
dmvets@hotmail.com

Veterans Memorial Hospital 319-338-0581 or 866-687-7382
601 Hwy 6 West, Iowa City, IA 52246
Provides a comprehensive tertiary health care center, teaching hospital, and research facility. Referrals are accepted from VA Medical Centers throughout the nation for complex diagnostic and treatment modalities. It has a strong and effective affiliation with the University of Iowa, College of Medicine.

INFORMATION HELP LINES

ADDS – Alcohol & Drug Dependency Services.....	319-753-6567
AIDS Hotline.....	IOWA 800-232-4636
AIDS Hotline.....	IOWA-Spanish 800-344-7432
Alcoholism & Drug Dependence.....	800-622-2255
Alcohol – Drug Treatment Referral Network.....	800-996-3784
Alzheimer’s Association.....	800-272-3900
Alzheimer’s & Related Disorders.....	800-272-3900
American Cancer Society.....	800-227-2345
American Heart Association.....	800-242-8721
American Lung Association of Iowa.....	800-586-4872
Better Business Bureau.....	563-355-6344 or 515-243-8137
Birth Certificate	
Des Moines County Recorder’s Office.....	319-753-8221
Des Moines County Recorder’s Office.....	319-753-8221
Bureau of Vital Statistics.....	515-281-4944
CDC Workplace Safety and Health Topics.....	800-232-4636
Center for Missing & exploited Children, National.....	800-843-5678
Center for Substance Abuse Prevention, Workplace	
	Helpline 800-662-4357 or 800-967-5752
Child Abuse Council.....	309-736-7170

Child Abuse Hotline, National	800-422-4453
Child Support Recovery Unit	319-753-6322
Child Care Resource Referral	866-324-3236 or 563-324-3236
Civil Rights Commission	319-753-8178 or 800-457-4416
Community Services	319-754-8556
Community Health Center – Dental	319-752-5540
Community Health Center – Medical	319-768-5858
COMPASS, Iowa (for disabled and their families)	800-779-2001
Cybertip Hotline (exploitation of children on internet & missing children)	800-843-5678
Department of Human Services – DHS	319-754-4622
Department of Inspections	319-753-8175
Des Moines County Animal Control	319-753-8371
Des Moines County Assessor	319-753-8224
DNA Diagnostics – DNA Testing (Paternity Testing) ...	800-362-2368
Domestic Abuse Hotline	800-799-7233
Equal Opportunity Employer	800-669-4000
Families Extension Answer Line (ISU – home and family questions)	800-262-3804
Foundation II Crisis Line, 24 hours (full service crisis line)	800-332-4224

Gambling Hotline	800-238-7633
Healthy Families (prenatal health care)	800-369-2229
Insurance Commissioner of Iowa	877-955-1212
Internal Revenue Service (IRS – Federal Income Tax Info)	800-829-1040
Iowa Concern Hotline (help with legal issues, crisis/disaster, overcoming adversity, stress, and financial concerns) <u>www.extension.iastate.edu/iowaconcern</u>	800-447-1985
Iowa Family Caregiver	866-468-7887
Iowa – Illinois Safety Council	515-276-4724 or 800-568-2495
Iowa Occupational Safety & Health Division of Labor	515-281-5387 or 800-562-4692
Iowa Office of Consumer Affairs	855-622-4692
Iowa OSHA	515-281-8066 or 515-284-4794
Iowa Substance Abuse Information Center	866-242-4111
IOWA Weather & Road Conditions <u>http://hb.511ia.org/main.jsf</u>	800-288-1047
Lead Poisoning	800-972-2026
Legal Aid	800-272-0008
Medicare/Social Security Office	800-772-1213
Medicare Hotline	800-633-4227
Mold questions	515-281-8561

Narcotics Hotline (report suspected meth labs)	800-532-0052
National Crisis Hotline	800-521-7128
National Safety Council	800-621-7615
National Youth Crisis Hotline	800-448-4663
Poison Control Center	515-281-8561
Rape, Abuse, & Incest National Network (RAINN)	800-656-4673
Sexual Abuse Hotline	800-284-7821
Social Security Hotline and Administration	866-338-4183
Social Security Disability (SSDI) Info	866-338-4183
Suicide Lifeline	800-273-8255
Supplemental Security Income (SSI)	866-338-4183
Substance Abuse Center IOWA	866-242-4111
TMS (Transportation Management Group)	866-572-7662
Teen Line	800-443-8336
University of Iowa Hospitals & Clinics	800-777-8442
Veterans Services	319-753-1671
Weather & Road Information	
Iowa Department of Transportation Travelers Info	800-288-1047

Zip Codes

<u>Burlington, IA</u>	<u>52601</u>
<u>Danville, IA</u>	<u>52623</u>
<u>Dodgeville, IA</u>	<u>52650</u>
<u>Kingston, IA</u>	<u>52637</u>
<u>Kossuth, IA</u>	<u>52637</u>
<u>Mediapolis, IA</u>	<u>52637</u>
<u>Middletown, IA</u>	<u>52638</u>

<u>Morning Sun, IA</u>	<u>52640</u>
<u>Pleasant Grove, IA</u>	<u>52645</u>
<u>Sperry, IA</u>	<u>52650</u>
<u>Spring Grove, IA</u>	<u>52601</u>
<u>West Burlington, IA</u>	<u>52655</u>
<u>Yarmouth, IA</u>	<u>52660</u>

NOTES

¿Necesita ayuda con su factura de calefacción?

Community Action of Southeast Iowa tiene aplicaciones para la tercera edad y discapacitados de 10/1/17 y todos otros de 11/1/17 a través de 30/04/16 para los países de bajos ingresos Inicio energía asistencia programa (LIHEAP).

Elegibilidad para la participación se establece según las siguientes pautas de ingresos federales de hogar.

Household Size	Three Month Income	Annual Income
1	\$ 1,759	\$ 21,105.00
2	\$ 2,368	\$ 28,420.00
3	\$ 2,978	\$ 35,735.00
4	\$ 3,588	\$ 43,050.00
5	\$ 4,197	\$ 50,365.00
Por cada miembro adicional	Añadir \$ 610	Añadir \$ 7,315.00

YOU WILL NEED TO TAKE THE FOLLOWING WHEN YOU APPLY:

- Comprobante de ingresos de las últimas 4 semanas o la más reciente declaración de impuestos (2016 o 2017).
- Factura de calefacción más reciente o propano vendedor.
- Factura de electricidad reciente.
- Fecha de nacimiento para todos los miembros del hogar.
- PRUEBA de números de Seguro Social son **Requeridos**.

Dónde llamar para su cita

Des Moines County	Des Moines County Center....319-753-2893
Henry County	Tolson Center.....319-385-2310
Louisa County	Community Action Center....319-728-2314
North Lee County	Eichacker Center.....319-372-4471
South Lee County	Marie Tallarico Center319-524-6383

Este programa está diseñado para pagar una parte (no el total) de los costos de energía de un hogar. Elegibilidad es determinada por varios factores incluyendo: total de ingresos, tamaño del hogar, tipo de vivienda, tipo de combustible de calefacción, entre otros.

Do you need help with your heating bill?

Community Action of Southeast Iowa is taking applications for the elderly and disabled from 10/01/17 and all others from 11/01/17 through 04/30/18 for the Low-Income Home Energy Assistance Program (LIHEAP).

Eligibility for participation is established according to the following Federal Household Income Guidelines.

Household Size	One Month Income	Annual Income
1	\$ 1,759	\$ 21,105.00
2	\$ 2,368	\$ 28,420.00
3	\$ 2,978	\$ 35,735.00
4	\$ 3,588	\$ 43,050.00
5	\$ 4,197	\$ 50,365.00
For each additional member	Add \$ 610	Add \$ 7,315.00

YOU WILL NEED TO TAKE THE FOLLOWING WHEN YOU APPLY:

- Proof of income: 2017 Federal Tax Return (pages 1 & 2). If you have not filed your 2017 tax return, we can take your 2016 tax return or the last 30 days of all income.
- Current heating bill or propane vendor bill.
- Current electric bill.
- Birthdates for all household members
- **PROOF** of Social Security numbers are **REQUIRED** for all household members

Where to call for your appointment

Des Moines County	Des Moines County Center....319-753-2893
Henry County	Tolson Center.....319-385-2310
Louisa County	Community Action Center....319-728-2314
North Lee County	Eichacker Center.....319-372-4471
South Lee County	Marie Tallarico Center.....319-524-6383

This program is designed to pay a portion (not the total) of a household's energy costs. Eligibility is determined by several factors including: total household income, household size, dwelling type, type of heating fuel, among others.