



## Community Action of Southeast Iowa

We can help your family:

- Find a job.
- Keep a job.
- Work with Promise Jobs.
- Access community resources.
- Reach a better quality of life.
- Learn skills to become independent of FIP benefits.
- Establish goals.
- Achieve educational goals.



## Locations

**Marie Tallarico Community Action Center**  
 220 S. 22<sup>nd</sup> St, Keokuk, IA 52632  
 319-524-6383 (phone) 319-524-3017 (fax)

**Eichacker Community Action Center**  
 3433 Avenue O, Fort Madison, IA 52627  
 319-372-4471 (phone) 319-372-4476 (fax)

**Tolson Community Action Center**  
 1303 West Washington St.  
 Mt. Pleasant, IA 52641  
 319-385-2310 (phone) 319-385-2877 (fax)

**Des Moines County Neighborhood Center**  
 700 Jefferson St, Burlington, IA 52601  
 319-753-2893 (phone) 319-753-0849 (fax)

**Louisa County Community Action**  
 202 E. Access Road, Suite D/PO Box 29  
 Columbus Junction, IA 52738  
 319-728-2314 (phone) 319-728-7510 (fax)

# Family Development and Self-Sufficiency (FaDSS)

*The Community Action of Southeast Iowa FaDSS Program is open to all eligible persons regardless of race, color, creed, national origin, religion, pregnancy, sex, gender identity, sexual orientation, age, physical or mental disability, genetic information, veteran's status, uniformed service, or any other characteristic protected by federal, state or local law.*

**Community Action of Southeast Iowa – Central Office**  
 2850 Mt. Pleasant Street, Suite 108  
 Burlington, Iowa 52601  
 319-753-0193 (phone)  
 319-753-0687 (fax)





# Family Development and Self-Sufficiency

FaDSS will help you to achieve the things you want. This may include helping you to:

- Continue your education, including high school diploma, GED, or college.
- Improve your job opportunities, through resume writing, interview skills and completing applications.
- Build on your parenting skills through parenting groups or at home visits.

**A FaDSS Specialist will meet with you in your home at least once a month and:**

- Help you look at your family's strengths as well as areas where you would like to make improvements.
- Work with you to identify your goals and make plans to reach them.
- Build your confidence in your abilities and assist you to advocate for yourself.

## FaDSS:

- Will help you reach your goals.
- Focuses on your family's long term success.
- Is voluntary and free.

## FaDSS will visit with you in your home to:

- Discover your family strengths.
- Set goals that address you and your family's dreams.
- Provide referrals to other community services.
- Advocate with you for other services.

## Eligibility:

- Receiving Family Investment Program Benefits (FIP).
- Required to participate in PROMISE JOBS.

## Study Participation:

- FaDSS is participating in a study by the U. S. Department of Health and Human Services.
- The study will examine whether coaches help people meet their goals and keep a job.
- To learn more about this study, contact 319-753-0193.